Approaching the final goal – now what?
Transition

Graduation!!

Defence
Emotions

• Nervousness?
• Sadness?
• Stress?
• Excitement?
• Feelings of unsteadiness?

• After all it’s an end of an era
Closure

- What have you learned?
- What will you take with you?
Closure

• What have you learned?
• What will you take with you?

• Make peace with this part of your life coming towards the end
  • Let go
  • Accept imperfections
  • Power through the last bit
How many of you know what to do after graduation?
Looking ahead

• Uncertainty is inevitable

• Prepare to be distressed – it is normal

• Plan as far as you can

• Be positively curious about your future

• Re-focus
Re-focus

Graduation!!

Defence!
Explore yourself!

- Continuous, dynamic process
- Recognizing your personal skills, potential and know-how
- Estimating and evaluating yourself and your personality
- Reviewing your values and interests
- Searching for possibilities
- Evaluating your choices
- Considering your realistic options

...It’s about making decisions and taking action!
Expertise

Theoretical framework
Analytical skills
Reference/research skills
The appliance of science
General knowledge
Tolerance
Interculturalism

Social skills

Communication skills

Generic skills

Business awareness

Intercultural awareness

Technical skills

Communication skills

• Teamwork
• Adaptability
• Interpersonal skills

• Creativity
• Problem solving
• Independent work
• Project management
• Leadership

• Oral and written
• Public speaking
• Communication in foreign languages

• Computer skills
• Other technical skills

• Cross-cultural communication skills
• Cultural awareness
• Intercultural competence

Eric Carver: Humanisti valmis työelämään – oppiaineiden ja työnantajien näkökulma työelämävihkimyksen kehittämiseen
humanistisessa reaalialuekoulutuksessa, Arja Haapakorpi: Nörtti, pomo ja yleismiesjäantunen – akateemisten urat ja toimenkuvat
What skills have doctoral graduates learned during their studies? (Valtari & Viik-kajander, 2014)

- Research skills, managing different phases of the study
- Cause – effect -consequences
- Analytical thinking
- Applying for funding
- New knowledge, new perspectives, new ways of doing things
- Writing understandable text, to sum things up
- Problem determination and problem-solving
- Pedagogical understanding
- Foresight, interpretation of weak signals
"Research skills are the core of the work life skills", concretised:

- Time management
- Goal setting
- To get projects done
- Ability to handle, estimate and find relevant information
- Investigative approach to work and to develop organization
- Decision making
- Ability to write

- Conversational skills
- Presentation skills
- Management, leadership
- Adaptability
- Organize financing
- Multilingual, have international connections
- Ability to learn to learn, to develop oneself
- Ability to bear uncertainty

→ Project management skills
  + Industry-specific expertise
Doctoral defence

• Stage fright?

• Practice
  • Substance
  • Imagining the situation

• Imagine you’re at a coffee table talking with your colleagues – forget the audience