Objective of the degree programme

A graduate from the University of Oulu is able to work independently in the medical doctor's profession in primary healthcare level tasks and diverse on-call duties, and has capabilities for continuing professional training and research.

After completing the Licentiate of Medicine degree programme, the student will have attained the following learning outcomes:

**Doctor as a professional**

- knows how to interpret key professional values in his or her work, including prioritisation of the patient’s best interest, integrity, respect and confidentiality
- knows how to make conclusions based on the principles of professional ethics
- knows how to plan and deliver treatment following recommendations and approved treatment methods
- knows how to make conclusions as a member of a healthcare team
- is able to plan his or her personal competence development and the activities of his or her work community as well as responsibly engage in health promotion work together with patients, other healthcare professionals and society

**Scientific knowledge in doctor’s profession**

- knows how to acquire and combine key clinical and scientific knowledge and skills
- is able to adjust scientific methods for the purposes of patient work
- is convincing as an expert and a developer of his or her field
- is able to evaluate information critically and interpret it while working in different healthcare roles

**Interaction in doctor’s profession**

- is able to communicate productively with patients and their family members, behaves with consideration and sympathy, and knows how to terminate communication with a patient if necessary
- in interaction and treatment, is able to take into account the religious and cultural background and social circumstances of patients and their families
- knows how to communicate orally and in writing with other healthcare professionals and supervise students in different teaching situations

**Clinical problem-solving in doctor’s profession**
knows how to plan individual treatment that takes the patient’s personal needs and preferences into account as well as prepare treatment plans for acute and chronic illnesses for patients of different ages
knows how to make diagnoses analytically and based on research data
is capable of differential diagnostic thinking in his or her work
is able to assess the significance of the healthcare system structure and financial impacts of healthcare on activities with patients
is able to assess the significance of the coordination of healthcare and its stakeholders for securing the continuity, safety and reliability of treatment

Doctor’s role in supporting patients and the community

knows how to promote comprehensive and high-quality treatment and rehabilitation of patients regardless of their culture, language, ethnic background or social status
is able to evaluate the importance of health promotion for society
is able to plan projects that improve the population’s well-being and promote the use of healthcare service organisations and society's resources in order to increase well-being

Doctor as a human being

recognises his or her own motives, values and restrictions and obtains proposals from others to develop his or her activities
recognises his or her reactions in difficult situations and strives to find means for staying in control in upsetting situations
is able to assess the impacts of these reactions on his or her life and work and strives to find an appropriate work-life balance
knows how to process medical errors and learn from them

The extent of the Licentiate of Medicine degree

The education is based on the Government Decree on University degrees (794/2004). The minimum extent of the Licentiate of Medicine degree is 360 credits. One Finnish credit equals to one ECTS credit. The average input of 1600 working hours needed for studies of one academic year is equivalent to 60 credits. The language of instruction is Finnish. The degree programme consists of general, basic, intermediate and advanced studies, language studies and compulsory practical training. Studies are carried out as contact teaching. Medical studies are pre-scheduled and organized according to the order presented in curriculum. The education is organized in such a way that with full-time attendance the degree can be taken in six years.

The preclinical stage lasts for two years (Semesters 1-4) and consists of general and basic studies. The completion of clinical studies takes four years (Semesters 5-12). During this phase, students focus on the occurrence, onset, diagnostics, treatment and prevention of various diseases. Bed-side teaching is part of students’ daily routine. Some clinical studies are integrated in the preclinical stage of studies.

General studies (total 23 ECTS)

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<td>043004Y</td>
<td>Knowledge and research II: Scientific communication</td>
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Language studies

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Basic studies (total 91 ECTS)

A540141  Anatomy and Medical cell and developmental biology 21 ECTS
A540142  Medical Biochemistry and Molecular Biology 13 ECTS
043026P  Genomic medicine I 2 ECTS
043027P  Psychology for Medical Students 4 ECTS
A540143  Physiology 15 ECTS
043037P  Public health 6 ECTS
043038P  Radiation Safety in Medicine 2 ECTS
A540144  Microbiology and immunology 10 ECTS
A540145  Pharmacology and toxicology 10 ECTS
043052P  General Pathology 5 ECTS
043053P  Basic skills in doctor-patient relationship 3 ECTS

Intermediate studies (total 161 ECTS)

083000A  Basic clinical skills and tools in physician's work I 5 ECTS
A540146  Pathology and diagnostics 10 ECTS
083010A  Acute medicine I 7 ECTS
083011A  Cardiology 6 ECTS
083012A  Gastrointestinal diseases 8 ECTS
083013A  Hematology and Endocrinology 5 ECTS
083014A  Nephrology/Urology 6 ECTS
083015A  Patient care and prevention 5 ECTS
083001A  Basic clinical skills and tools in physician's work II 2 ECTS
083021A  Forensic Medicine 4 ECTS
A540147  Diseases of the musculoskeletal system 12 ECTS
083030A  Infections and respiratory diseases 5 ECTS
083031A  Otorhinolaryngology 7 ECTS
083032A  Neurology and Neurosurgery 9 ECTS
083033A  Psychiatry and mental health 10 ECTS
083034A  General practice 5 ECTS
083040A  Pathology and diagnostics II 4 ECTS
A540148     Pediatrics 17 ECTS
083050A     Ophthalmology 4 ECTS
083051A     Dermatology and Venereology 5 ECTS
083052A     Obstetrics and Gynecology 10 ECTS
083002A     Basic clinical skills and tools in physician's work III 4 ECTS
083054A     Genomic medicine II 3 ECTS
083060A     Oncology and palliative care 4 ECTS
083061A     Geriatrics 4 ECTS

Advanced studies (total 61 ECTS)
044000S     Clinical patient work 5 ECTS
A540149     Measures and support for functioning 12 ECTS
044030S     Physician, health and society 7 ECTS
083062A     Acute medicine II 8 ECTS
Optional studies 9 ECTS
A540150     Thesis 20 ECTS

Practice (24 ECTS)
044001S     Practice 24 ECTS

Total 360 ECTS

The degree structure of each semester (2017)

1. Semester (C1 and C2) total 60 ECTS
043001Y     Introduction to medical profession 4 ECTS
043002Y     Knowledge and research I: Scientific writing 3 ECTS
043003Y     Knowledge and research I : Literature retrieval 2 ECTS
043004Y     Knowledge and research II: Scientific communication 5 ECTS
902155Y     Medical English 3 ECTS
901036Y     Second Official Language (Swedish), Written Skills 1,5 ECTS
901037Y     Second Official Language (Swedish), Oral Skills 1,5 ECTS
A540141     Anatomy and Medical cell and developmental biology 21 ECTS
A540142     Medical Biochemistry and Molecular Biology 13 ECTS
2. Semester (C3 and C4) total 60 ECTS

A540143 Physiology 15 ECTS
043037P Public health 6 ECTS
043038P Radiation Safety in Medicine 2 ECTS
A540144 Microbiology and immunology 10 ECTS
A540145 Pharmacology and toxicology 10 ECTS
043052P General Pathology 5 ECTS
043005Y Knowledge and Research II: Data-analysis 3 ECTS
043053P Basic skills in doctor-patient relationship 3 ECTS

Optional studies 6 ECTS

3. Semester (C5 and C6) total 60 ECTS

083000A Basic clinical skills and tools in physician's work I 5 ECTS
A540146 Pathology and diagnostics 10 ECTS
083010A Acute medicine I 7 ECTS
083011A Cardiology 6 ECTS
083012A Gastrointestinal diseases 8 ECTS
083013A Hematology and Endocrinology 5 ECTS
083014A Nephrology/Urology 6 ECTS
083015A Patient care and prevention 5 ECTS
044000S Clinical patient work 5 ECTS
044001S Practice 3 ECTS

4. Semester (C7 and C8) total 60 ECTS

083001A Basic clinical skills and tools in physician's work II 2 ECTS
083021A Forensic Medicine 4 ECTS
A540147 Diseases of the musculoskeletal system 12 ECTS
083030A Infections and respiratory diseases 5 ECTS
083031A Otorhinolaryngology 7 ECTS
083032A Neurology and Neurosurgery 9 ECTS
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**DEGREE PROGRAMME IN MEDICINE (Government Decree on University Degrees 794/2004)**

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Graduation requirements

The minimum extent of the Licentiate of Medicine degree is 360 ECTS credits. The degree programme consists of general, basic, intermediate and advanced studies, language studies and compulsory practical training. The thesis and a maturity test are included in the advanced studies. The total amount of compulsory practical training is 24 ECTS credits.

1) The student must demonstrate in studies included in education for a degree of Licentiate of Medicine or otherwise that he/she has attained:

- Proficiency in Finnish and Swedish which is required of civil servants in bilingual public agencies and organizations under Section 6(1) of the Act on the Knowledge of Languages Required of Personnel in Public Bodies (424/2003) and which is necessary for their field; and
- Skills in at least one foreign language needed to follow developments in the field and to operate in an international environment.

2) The provisions of subsection 1 do not concern a student who has been educated in a language other than Finnish or Swedish or a student who has been educated abroad. The language proficiency of such students shall be determined by the university.

3) For special reasons, the university may either totally or partially exempt a student from the requisite language skills referred to in subsection 1.

In order to gain a degree certificate the student has to supply an application to the faculty’s office according to instructions given by the faculty.

### Qualification requirements and regulations


#### Tutkintorakenteet

**Licentiate of Medicine**

Tutkintorakenteen tila: published

Lukuvuosi: 2018-19

Lukuvuoden alkamispäivämäärä: 01.08.2018

**General Studies**

- 043001Y: Introduction to medical profession, 4 op
- 043003Y: Knowledge and Research I: Literature retrieval, 2 op
- 043002Y: Knowledge and Research I: Scientific writing, 3 op
- 043004Y: Knowledge and Research II: Scientific communication, 5 op
- 043005Y: Knowledge and Research III: Data analysis, 3 op

**Language and Communication Studies**

- 902155Y: Medical English, 3 op
- 901037Y: Second Official Language (Swedish), Oral Skills, 2 op
- 901036Y: Second Official Language (Swedish), Written Skills, 1 op
Basic studies

A540141: Anatomy and Medical cell and developmental biology, 21 op

Compulsory
- 043010P: Anatomy: Medical cell and developmental biology, 7 op
- 043011P: Anatomy: Musculoskeletal system, 3 op
- 043012P: Anatomy: Organ systems, 3 op
- 043013P: Anatomy: Neuroanatomy, 3 op
- 043014P: Anatomy: Histology exercise, 2 op
- 043015P: Anatomy: Macroscopic anatomy exercise, 3 op

043053P: Basic skills in doctor-patient relationship, 3 op
043052P: General Pathology, 5 op
043026P: Genomic Medicine I, 2 op

A540142: Medical Biochemistry and Molecular Biology, 13 op

Compulsory
- 043020P: Medical Biochemistry and Molecular Biology: Basics of the molecular biology, 2 op
- 043021P: Medical Biochemistry and Molecular Biology: Basics of the metabolism, 3 op
- 043022P: Medical Biochemistry and Molecular Biology: Hormones and biochemistry of tissues, 2 op
- 043023P: Seminars and exercises of Medical Biochemistry and Molecular Biology, 2 op
- 043024P: Practical laboratory working in Medical Biochemistry and Molecular Biology, 2 op
- 043025P: Final exam of Medical Biochemistry and Molecular Medicine, 2 op

A540144: Microbiology and immunology, 10 op

Compulsory
- 043040P: Immunology, 4 op
- 043041P: Microbiology, 6 op

A540145: Pharmacology and toxicology, 10 op

Compulsory
- 043045P: Pharmacology and toxicology PART I, 4 op
- 043046P: Pharmacology and toxicology PART II, 5 op
- 043047P: Pharmacology and toxicology PART III, 1 op

A540143: Physiology, 15 op

Compulsory
- 043030P: Physiology, term paper, 2 op
- 043031P: Physiology interim exam, 5 op
- 043032P: Physiology group works, 2 op
- 043033P: Physiology final examination, 6 op
043027P: Psychology for Medical Students, 4 op
043037P: Public Health, 6 op
043038P: Radiation Safety in Medicine, 2 op

Intermediate Studies

083010A: Acute medicine I, 7 op
083062A: Acute medicine II, 8 op
083000A: Basic clinical skills and tools in physician's work I, 5 op
083001A: Basic clinical skills and tools in physician's work II, 2 op
083002A: Basic clinical skills and tools in physician's work III, 4 op
083011A: Cardiology, 6 op
083051A: Dermatology and venereology, 5 op

A540147: Diseases of the musculoskeletal system, 12 op

Compulsory
- 083022A: Diseases of the musculoskeletal system I: Surgery, 6 op
- 083023A: Diseases of the musculoskeletal system II: Surgery, 3 op
- 083024A: Diseases of the musculoskeletal system III: Physiatry and rheumatology, 3 op

083021A: Forensic Medicine, 4 op
083012A: Gastrointestinal diseases, 8 op
083034A: General practice, 5 op
083054A: Genomic Medicine II, 3 op
083061A: Geriatrics, 4 op
083013A: Hematology and Endocrinology, 5 op
083030A: Infections and respiratory diseases, 5 op
083014A: Nephrology/Urology, 6 op
083032A: Neurology and Neurosurgery, 9 op
083052A: Obstetrics and gynecology, 10 op
083060A: Oncology and palliative care, 4 op
083050A: Ophthalmology, 4 op
083031A: Otorhinolaryngology, 7 op
A540146: Pathology and diagnostics I, 10 op

Compulsory
083003A: Pathology and diagnostics I: Laboratory medicine, 1 op
083004A: Pathology and diagnostics II: Organ pathology, 6 op
083005A: Pathology and diagnostics III Radiology and safe practice in radiology, 3 op
083040A: Pathology and diagnostics II, 4 op
083015A: Patient care and prevention, 5 op
A540148: Pediatrics, 17 op

Compulsory
083041A: Pediatrics PART I (pediatrics), 14 op
083042A: Pediatrics PART II (child psychiatry), 3 op
083033A: Psychiatry and mental health, 10 op

Advanced Studies
Check the correct amount of ECTS credits for courses that have empty box on the scheduling tab.

044000S: Clinical patient work, 5 op
A540149: Measures and support for functioning, 12 op

Compulsory
044020S: General practice, 7 op
044021S: Physical and rehabilitation medicine, 3 op
044022S: Occupational health, 2 op
044030S: Physician, health and society, 7 op
044001S: Practical Training 1, 3 - 18 op
A540150: Thesis, 20 op

Compulsory
044010S: Thesis, Study plan, 4 op
044011S: Thesis, 16 op
044012S: Maturity exam (native language), 0 op

Optional studies (vähintään 9 op)
Optional studies 9 ECTS credits
Optional studies will be done so that the total extent of the degree is at least 360 credits. Optional studies can be chosen from courses organized by the Degree Programme in Medicine and from other courses organized by the university that clearly support the degree. In addition, studies done during students exchange, voluntary practices, and participation to national and international seminars or conferences can be accepted to optional studies. In the case of optional studies, if necessary, the student must agree with the organizing department for the participation for the course. Recommended optional courses organized by the Degree Programme in Medicine are:

2nd study year (6 ECTS credits):

044102S Dissection, 2 credits
044103S Medical Physics, 3 credits
044111S Basics of cell culture, 3 credits
044112S Tissue Analytics, 3 credits
044113S Basics in eHealth for Medical Students, 3 credits
902156Y Scientific Writing for Medics (online), 3 credits
044104S Evidence-based Medicine Toolkit, 1 credits
044114S Searching skills, finding the evidence, 1 credits
Diagnostics Tests, 1 credits
Statistics toolkit, 1 credits
Users’ guides to the medical literature, 2 credits

5th study year (3 ECTS credit):
Exercise physiology, 6 credits
Gastrointestinal pathophysiology, 6 credits
Military medicine, the basics of the field and catastrophe medicine, 2 credits
Ultrasound course, 1 credits
Dermatology: from basics to clinic, 1 credits
Elective course of surgery, 1 credits
Adolescent medicine, 4 credits
Surgical hand-skills -optional course, 2 credits
Connected Health/ Medical ICT innovations, 3 credits
Acuology advanced course, 4 credits
Patient cases in internal medicine, 1 credits
General practitioner’s essentials in internal medicine and pulmology: Gastroenterology, 1.5 credits
General practitioner’s essentials in internal medicine and pulmology: Pulmonary Diseases, 1.5 credits
General practitioner’s essentials in internal medicine and pulmology: Endocrinology, 1.5 credits
General practitioner’s essentials in internal medicine and pulmology: Hematology and Infectious Diseases, 1.5 credits
General practitioner’s essentials in internal medicine and pulmology: Rheumatology and nephrology, 1.5 credits
General practitioner’s essentials in internal medicine and pulmology: Cardiology, 1.5 credits
General practitioner’s essentials in internal medicine and pulmology: Acutology, 1.5 credits

Tutkintorakenteisiin kuulumattomat opintokokonaisuudet ja -jaksot

Anaesthesiology I, 3 - 4 op
Anesthesiology II, 3 op
Child psychiatry, 3 op
Clinical Anatomy, 3rd period, 1 op
Clinical Physiology, 3rd period, 2 op
Clinical genetics, 2 op
Clinical pharmacology and medicinal treatment, 1 op
Clinical pharmacology and prescriptions, 1 op
Dermatology and venereology, 5 op
Elective Course of Surgery, 1 op
Environment, Lifestyle and Health Studies, 1 op
Environment, Lifestyle and Health Studies, 4th period, 1 op
Evidence Based Medicine-studies, 1 op
Evidence Based Medicine-studies, 3rd period, 0.5 op
Forensic medicine, 4 op
Geriatrics, 4 op
Health Care Ethics, 1 op
Health Care Ethics Studies, 1 op
Internal Medicine 2, 4.5 op
Internal medicine I, 4.5 - 21 op
LAK: lectures, 0 op
Opintojaksojen kuvaukset

Tutkintorakenteisiin kuuluvien opintokohteiden kuvaukset

043001Y: Introduction to medical profession, 4 op

Voimassaolo: 01.08.2016 -
Opiskelumuoto: General Studies
Laji: Course
Vastuuyksikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Petri Kulmala
Opintokohteen kielet: Finnish
Leikkaavuudet:
   ay043001Y Introduction to Medicine (OPEN UNI) 2.0 op

Proficiency level:

-
Learning outcomes:
Upon completion of the course, the student:
- Is oriented to studying at the university (medicine or dentistry)
- Has time management skills
- Is aware of various roles of medical doctor and dentist in work life
- Understands the significance of professionalism and collegialism in studies and in work life
- Knows the specific features and principles of medical ethics
- Perceives the structure and function of health care system
- Understands the significance of interactive skills in studies and in the medical profession
- Is able to name the factors that effect the successful resuscitation and the risk factors related to resuscitation
- Is able to identify situations were immediate help or resuscitation is needed, and can prevent further progression of injuries and with simple procedures maintain life support
- Recognizes heart failure patient and is able to apply given treatment recommendation to the treatment of the patient, including cardiac massage and defibrillation
- Is motivated to maintain and practice resuscitation skills

Contents:
043001Y-01 Orientation for new students: curriculum, studying medicine, study-culture matters
043001Y-02 Medical profession: professionalism, various roles of a medical doctor, how to become a doctor?, collegialism, management of time and work
043001Y-03 Introduction to health services
043001Y-04 Basic life support

Mode of delivery:
The course is carried out as blended, multiform teaching

Learning activities and teaching methods:
Lectures: 38 h
Group work 60 h
Self study: 10 h
total. 108 h

Target group:
First year medical and dentistry students.

Prerequisites and co-requisites:
There is not any prerequisites for the course.

Recommended optional programme components:

Recommended or required reading:
All the material will be provided during the course.

Assessment methods and criteria:
Attending lectures, group work and practice; personal written tasks.

Grading:
The course utilizes verbal grading scale pass / fail.

Person responsible:
Petri Kulmala, Director of the medical curriculum.

Working life cooperation:
Part of the course is carried out at the local health care centers, in authentic work environment.

Other information:
043001Y-01 Orientation for new students: Petri Kulmala
043001Y-02 The Practice of Medicine: Petri Kulmala
043001Y-03 Introduction to health services: Markku Timonen
043001Y-04 Basic life support: Seppo Alahuhta
043003Y: Knowledge and Research I: Literature retrieval, 2 op

Voimassaolo: 01.08.2016 -
Opiskelumuoto: General Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Mimmi Tolvanen, Grekula, Sirpa Birgitta
Opintokohteen kielet: Finnish

Proficiency level: 
- 
Status: 
- 
Required proficiency level: 
- 
ECTS Credits: 
2 ECTS
Language of instruction: 
Finnish
Timing: 
1st year
Learning outcomes:
The student will be able to search research articles using basic literature retrieval methods and to use bibliographic databases available at the Medical Faculty.

Contents:
Library information systems, medical and dental publications, scientific online journals, Medline, Medic, Scopus, Cochrane Library, electronic books, reference management software.

Mode of delivery: 
Blended teaching
Target group:
Medical and dental students
Prerequisites and co-requisites: 
None.
Recommended optional programme components: 
- 
Recommended or required reading: 
Material in lessons small group lessons
Assessment methods and criteria: 
Completion of practical project
Grading: 
Pass/Fail
Person responsible: 
Associate professor Pentti Nieminen
Working life cooperation: 
-
Other information: 
-

043002Y: Knowledge and Research I: Scientific writing, 3 op

Voimassaolo: 01.08.2016 -
Opiskelumuoto: General Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Pentti Nieminen
Opintokohteen kielet: Finnish

Proficiency level:
- Status:
- Required proficiency level:
- ECTS Credits: 3 ECTS
Language of instruction: Finnish
Timing: 1st year

Learning outcomes:
By the end of the course the student has practiced the following skills: using information and communication technology resources in the University of Oulu, using workstations available in the Medical Faculty, applying basic software necessary in the studies. The student knows basics in scientific writing.

Contents:
Information and communication technology:
Workstations, information security and confidentiality, networks, and office software.
Guidelines for written assignments and word processing:
Structure of assignments and thesis, reporting of findings, tables and figures, citing and references.
Mode of delivery:
Blended teaching
Target group:
Medical and dental students
Prerequisites and co-requisites:
None.
Recommended or required reading:
Material in lessons and small group lessons
Person responsible:
Pentti Nieminen
Working life cooperation:
-
Other information:
-

043004Y: Knowledge and Research II: Scientific communication, 5 op

Voimassaolo: 01.08.2016 -
Opiskelumuoto: General Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Pentti Nieminen
Opintokohteen kielet: Finnish

Proficiency level:
- Status:
- Required proficiency level:
- ECTS Credits: 5 ECTS
Language of instruction:
 Timing: 
1st year

Learning outcomes:
The student is familiar with the research process and with the characteristics of scientific information including an ability to obtain and process scientific information, and to report and apply the results especially in the fields of medicine, dentistry and health sciences.
The student knows the role of scientific publications, can use and evaluate information sources critically. The student will be able to search research articles using basic literature retrieval methods and to use bibliographic databases available at the Medical Faculty.
The student knows basic principles in research ethics and good scientific practice.

Contents:
Guidelines for written assignments and word processing:
Structure of assignments and thesis, reporting of findings, tables and figures, citing and references.
Scientific information:
Principles of scientific research, ethics in research, research methods in the main disciplines (clinical medicine, epidemiology, biomedicine and health sciences).
Scientific communication:
Scientific journals, research articles, critical evaluation of research findings, ethics in scientific publication and bibliometrics.
Special issues in medical research:
Ethics in research, regulations in clinical research and use of animals in scientific research, research groups.

Mode of delivery:
Blended teaching

Learning activities and teaching methods:
040024Y (4 ECTS) Knowledge Management and Research II

Target group:
Medical, dental, health sciences and medical wellness technology students

Prerequisites and co-requisites:
None

Recommended optional programme components:
-

Recommended or required reading:
Material in lessons and small group lessons

Assessment methods and criteria:
Regular and active participation in the small group lessons, readiness tests and completion of practical projects.

Grading:
1 - 5, fail

Person responsible:
Associate professor Pentti Nieminen

Working life cooperation:
-

Other information:
-

043005Y: Knowledge and Research III: Data analysis, 3 op

Voimassaolo: 01.08.2016 -
Opiskelumuoto: General Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Pentti Nieminen
Opintokohteen kielet: Finnish

ECTS Credits:
3 ECTS
Language of instruction:
Finnish

Timing:
2nd year

Learning outcomes:
The student is familiar with statistical computing in the fields of medicine, dentistry and health sciences. Further, the student is able to analyze data with basic statistical methods, use basic statistical significance tests and inference methods, and evaluate critically scientific research reports.

Contents:
Aims and phases of statistical research, planning statistical research, obtaining data, variable distributions (frequencies, graphs and statistics), basics in statistical inference and methods (estimates, significance tests and confidence limits), basic methods in comparing groups and estimating associations between variables, specific methods applied in medical research.

Mode of delivery:
Blended teaching

Target group:
Medical and dental students

Prerequisites and co-requisites:
No

Recommended or required reading:
Material in lessons and small group lessons.

Assessment methods and criteria:
Exam

Grading:
1 - 5, fail

Person responsible:
Pentti Nieminen

Working life cooperation:
The course does not contain working life cooperation.

902155Y: Medical English, 3 op

Voimassaolo: 01.01.2017 -
Opiskelumuoto: Language and Communication Studies
Laji: Course
Vastuuysikkö: Languages and Communication
Arvostelu: 1 - 5, pass, fail
Opettajat: Eva Braidwood
Opintokohteen kielet: English
Leikkaavuudet:
  ay902155Y   Medical English (OPEN UNI)   3.0 op

Proficiency level:
B2-C1

Status:
This course is compulsory for students of medicine and dentistry. It is recommended for 1st year students.

Required proficiency level:
Students are expected to have had English as their A1 or A2 language at school or have acquired equivalent skills.

ECTS Credits:
3 op /ECTS = 80 hrs

Language of instruction:
English

Timing:
The course consists of 3 modules. Module 1 is held in the autumn semester, during period I & II. Groups in Module 2 are held in periods II and III, and Module 3 is held in period IV.

Learning outcomes:
Having completed the course successfully, students will be able to:
- understand and use basic medical terminology appropriately, and learn strategies for expanding your own medical vocabulary (MODULES 1 & 2);
- understand medical case reports related to specific body systems (MODULE 2);
- demonstrate your ability to communicate effectively with patients (patient-centred interviewing), and discuss cases with medical professionals using professional medical English (MODULE 2);
- discuss and present topics of interest in clinical psychology (MODULE 3);
- follow the conventions of scientific communication and general medical practice (MODULE 2);
- produce specific text types in English (scientific summary and scientific poster) (MODULES 1 & 3).

Contents:
The course consists of three modules.
Module 1 is integrated with the Cell Biology course. Students learn the structure, rules and conventions of appropriate language use in scientific reports in cell biology. This module is scheduled for Year 1 Period I (autumn semester in the first year).
Module 2 focuses on medical terminology and anatomy. Students learn the basics of medical terminology, and develop their own strategy for mastering English medical terms related to the body systems and their functions. Students will read case reports and learn about effective doctor-patient and doctor-doctor communication. This module is scheduled in Year 1 Period II-IV.
Module 3 is integrated with the course in clinical psychology. Students will report about the case studies they analyse and discuss in the Clinical Psychology course. To this end, they will work in teams and prepare a scientific abstract and an e-poster in English, which they will present in a mini-conference at the end of the term. This module is scheduled in Year 1 Period IV.

Mode of delivery:
Module 1: lectures supported by web-based practice and tutorials (writing clinic)
Module 2: contact teaching with online elements and web-based practice
Module 3: small group sessions with online support (the same groups as in the Clinical psychology course)

Learning activities and teaching methods:
Module 1: 20 hrs = 0.75 ECTS
10 hrs of guided teaching in the form of 3 lectures and 2 compulsory tutorials, 10 hrs independent work, team work

Module 2: 40 hrs = 1.5 ECTS
20 hrs guided teaching and 20 hrs independent work – Alternatively, students with C1 language skills can complete the course by participating in 10 hrs contact lessons and 30 hrs self-study and team work

Module 3: 20 hrs = 0.75 ECTS credits
14 hrs guided teaching, online learning and team work, 6 hrs participating in mini-conference

Target group:
Students studying medicine and dentistry; in the first year of their studies at the Faculty of Medicine.

Prerequisites and co-requisites:
Students taking the course should have studied English as their first foreign language and should have B1-B2-level language skills (CEFR scale).

Recommended optional programme components:
The course is integrated with Cell biology and Clinical psychology.

Recommended or required reading:
The course material is based on scientific texts and publications in leading medical journals. The selection of texts varies every year depending on the leading themes in the field (cell biology, clinical psychology). Module 2 is based on common medical terminology material and anatomy and physiology texts as well as case reports published in leading medical journals. The selection of material and sources are available for students in the university’s electronic learning platform (Optima) and through the university library.

Assessment methods and criteria:
This course utilises continuous assessment. During the three modules students will be compiling a learning journal with glossary. The journal contains the texts students produce in Module 1 and Module 3, the glossary of medical terms they compile in Module 2 and additional learning material they use and produce for doctor-patient communication (sample dialogues, extracts from case report). Peer-feedback will also be utilised and counted in the final assessment. The assessment criteria and matrix will be available in Optima.

Grading:
The course uses a numerical grading scale 1-5.

Person responsible:
Eva Braidwood

Working life cooperation:
The course includes guest lectures as and when available.

Other information:
Students with advanced (C1) language skills can complete the alternative version of Module 2 (less contact hrs and more independent/team work).

901037Y: Second Official Language (Swedish), Oral Skills, 2 op

Voimassaolo: 01.08.2014 -
Opiskelumuoto: Language and Communication Studies
Laji: Course
Vastuuyksikkö: Languages and Communication
Opettajat: Liisa Niemi
Opintokohteen kielet: Swedish
Leikkaavuudet:
  ay901037Y  Second Official Language (Swedish), Oral Skills (OPEN UNI)  2.0 op

Ei opintojaksokuvauksia.

901036Y: Second Official Language (Swedish), Written Skills, 1 op

Voimassaolo: 01.08.2014 -
Opiskelumuoto: Language and Communication Studies
Laji: Course
Vastuuyksikkö: Languages and Communication
Opettajat: Liisa Niemi
Opintokohteen kielet: Swedish
Leikkaavuudet:
  ay901036Y  Second Official Language (Swedish), Written Skills (OPEN UNI)  1.0 op

Ei opintojaksokuvauksia.

A540141: Anatomy and Medical cell and developmental biology, 21 op

Voimassaolo: 01.08.2017 -
Opiskelumuoto: Basic Studies
Laji: Study module
Vastuuyksikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Tuukkanen, Kaarlo Juha Kullervo, Lehenkari, Petri Pauli
Opintokohteen kielet: Finnish

Proficiency level:
-
Status:
-
Required proficiency level:
-
ECTS Credits:
21 ECTS credits / 567 hours of work
Language of instruction:
Finnish
Timing:
The course unit is held in the autumn semester. The course is recommended to complete mainly at the first autumn semester of medical or dental studies.
Learning outcomes:
Upon completion of the course the student should be able to:
- understand the structure, development and function of the human body in order to manage the rest of the preclinical and clinical studies
- identify and describe the structures essential for all medical doctors in diagnostics and treatment, especially for first aid.
- display common anatomical knowledge for understanding medical theory and research and for dealing with evidence based medicine.

Upon completion of the medical cell and developmental biology part of the course the student should be able to:
- describe the structure of various cell types (especially mammalian cells) and the structure and function of cell organelles
- describe cell growth and cell division
- present the principles of the regulation of cell function and genetic regulation
- list the common research techniques in cell biology
- display an understanding of gametogenesis, fertilization, embryonal development (0-40days) and its regulation as well as the development of embryonal malformations.
- display an understanding of human growth and development.
- identify and describe the basic tissues of the human body and the microscopic structure of the tissues for understanding their normal and pathological function

Upon completion of the anatomy part of the course the student should be able to describe the structure of the organs and their topography in the body as well as surface projections of the internal organs. The student should be able to understand the main principles of the embryonal development. By using light microscope and the student should be able to recognize the main structures that are important for the function of the organs as well as structures which are important for pathological processes. In addition the student should be able to demonstrate the organs in living body, in preparations of the cadavers, anatomical models, X-ray images, diagrammatic drawing and in manual examination.

Contents:
The course consists of the following study modules:
- 043010P Anatomy: Medical cell and developmental biology 7 ECTS
- 043011P Anatomy: Musculoskeletal system 3 ECTS
- 043012P Anatomy: Organ systems 3 ECTS
- 043013P Anatomy: Neuroanatomy 3 ECTS
- 043014P Anatomy: Histology exercise 2 ECTS
- 043015P Anatomy: Macroscopic anatomy exercise 3 ECTS

Mode of delivery:
Face-to-face teaching.

Learning activities and teaching methods:
Lectures 140h / small group exercise 75h / exams 10 h/ self-study 342 h (includes essay). Small group teaching will be provided in 2-4 h exercises. Each student will have 1-2 exercise sessions per week. Writing an essay in cell and developmental biology. An optional course of the anatomical dissection (044102S, 2 ECTS credits) is provided at 2nd year spring semester.

Target group:
First year medical and dental students.

Prerequisites and co-requisites:
- Recommended optional programme components:
The course must be completed during the preclinical stage of studies.

Recommended or required reading:
A.L. Kierszenbaum: Histology and Cell Biology: an introduction to pathology. Mosby, St Louis (last ed.).
or B. Young, J.S. Lowe, A. Stevens, J.W. Heath:

Assessment methods and criteria:
The assessment of the Anatomy and Medical Cell and Developmental Biology course is based on the grades of included courses and exercises

Grading:
Within the Anatomy and Medical Cell and Developmental Biology course the various course units are integrated. Especially the cell and developmental biology continues within the later anatomy section, where the development of
the various organ systems are included as well as the special histology of the tissues forming the organs. Each course unit utilizes a numerical grading scale 1-5. In the numerical scale zero stands for a fail. The course units proportions of the final grading are as follows:
- Cell and developmental biol. 0.25
- Musculoskeletal system 0.17
- Organ anatomy 0.25
- Neuroanatomy 0.08
- Practicals 0.25

Person responsible:
Professor Juha Tuukkanen

Working life cooperation:
Some of the lecturers are clinicians and the clinical methods are demonstrated and used in teaching

Other information:
Study entities completed in other medical faculty with same content and, extent may be accepted as compensatory credits

Compulsory

043010P: Anatomy: Medical cell and developmental biology, 7 op

Voimassaolo: 01.08.2016 -
Opiskelumuoto: Basic Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Lehenkari, Petri Pauli
Opintokohteen kielet: Finnish

Proficiency level:
-
Status:
-
Required proficiency level:
-
ECTS Credits:
7 ECTS credits / 189 hours of work
Language of instruction:
Finnish
Timing:
The course unit is held in the autumn semester. The course is recommended to complete mainly at the first autumn semester of medical or dental studies.

Learning outcomes:
Upon completion of the medical cell and developmental biology course the student is able to describe the structure of various cell types (especially mammalian cells) and the structure and function of cell organelles. The student can describe cell growth and cell division, present the principles of the regulation of cell function and genetic regulation and list the common research techniques in cell biology. In the addition the student can understand gametogenesis, fertilization and embryonal development (0-40days) and its regulation as well as human growth and development including the development of embryonal malformations.
After completion of the course the student can also identify and describe the basic tissues of the human body and the microscopic structure of the tissues for understanding their normal and pathological function. During the essay writing the student learns to find original publications and evaluate them critically. The essay leads the student to use scientific information and the principles of scientific work. The essay is collaboration with the EBM curriculum.
Contents:
Cell evolution and cell biology, human embryonal development (embryology), basic tissues which make up the organs (histology).

Mode of delivery:
Face-to-face teaching.

Learning activities and teaching methods:
Lectures 56 h / self-study 189 h (includes essay). The essay is done in collaboration with EBM course.

Target group:
First year medical and dental students.

Prerequisites and co-requisites:
-

Recommended optional programme components:
The course must be completed during the preclinical stage of studies.

Recommended or required reading:
Embryology:
T.W. Sadler: Langman's Medical Embryology. Williams&Wilkins co, Baltimore or
Cell Biology and Histology:

Assessment methods and criteria:
This course unit utilizes continuous assessment. In addition to this, the students will be compiling an essay, which will be assessed. The assessment of the whole course consists also of final examination.

Grading:
The course unit utilizes a numerical grading scale 1-5. In the numerical scale zero stands for a fail. The final grading includes final examination and the assessment of the essay writing.

Person responsible:
Professor Petri Lehenkari

Working life cooperation:
-

Other information:
-

043011P: Anatomy: Musculoskeletal system, 3 op

Voimassaolo: 01.08.2016 -
Opiskelumuoto: Basic Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Lehenkari, Petri Pauli
Opintokohteen kielet: Finnish

Proficiency level:
-

Status:
Required proficiency level:
-

ECTS Credits:
3 ECTS credits / 81 hours of work

Language of instruction:
Finnish

Timing:
The course unit is held in the autumn semester. The course is recommended to complete at the first autumn semester of medical or dental studies.

Learning outcomes:
Upon completion of the course the student should be able to understand the structure and function of the human musculoskeletal system in order to manage the rest of the preclinical and clinical studies. The student learns to identify and describe the structures essential for all medical doctors in diagnostics and treatment of common musculoskeletal disorders.

Upon completion of the musculoskeletal part of anatomy course the student should be able to describe the bones, joints, muscles and neurovascular structure of the extremities and spine. The structure of pelvis (and the differences of male and female pelvis) should be understood for locomotion and childbirth. The supporting structures of the skull and key points in the skull should be learned in this section. The student can show the structures in a living body, cadaver, anatomical models, x-ray images and medical drawings.

Contents:
The bony structures of the skull, extremities, spine and pelvis and their muscles and neurovascular structures and the basics of functional anatomy.

Mode of delivery:
Face-to-face teaching.

Learning activities and teaching methods:
Lectures 22 h / self-study 81 h.

Target group:
First year medical and dental students.

Prerequisites and co-requisites:
-

Recommended optional programme components:
The course must be completed during the preclinical stage of studies.

Recommended or required reading:
Textbooks
Anatomy atlases:
Pocket Atlases:

Assessment methods and criteria:
This course unit utilizes continuous assessment.

Grading:
The course unit utilizes a numerical grading scale 1-5. In the numerical scale zero stands for a fail.

Person responsible:
Professor Juha Tuukkanen

Working life cooperation:
-
Other information:
-

043012P: Anatomy: Organ systems, 3 op

Voimassaolo: 01.08.2016 -
Opiskelumuoto: Basic Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Tuukkanen, Kaarlo Juha Kullervo
Opintokohteen kielet: Finnish

Proficiency level:
-
Status:
-
Required proficiency level:
-
ECTS Credits:
3  ECTS credits / 81 hours of work

Language of instruction:
Finnish

Timing:
The course unit is held in the autumn semester. The course is recommended to complete at the first autumn semester of medical or dental studies.

Learning outcomes:
Upon completion of the organ anatomy part of the course the student should be able to describe the structure of the organs and their topography in the body as well as surface projections of the internal organs. The student should be able to understand the main principles of the embryonal development. The student should be able to demonstrate the organs in living body, in preparations of the cadavers, anatomical models, X-ray images, diagrammatic drawings and in manual examination and understands the principles of topographic anatomy and projection of structures in various imaging techniques. The student can recognize normal structures in manual examination and understands the principles of anatomical variation. The student should also understand the normal function of the organ systems.

Contents:
Systemic anatomy: cardiovascular system and lymphatic system, thorax and respiratory system, abdomen and alimentary system, integument, pelvis, urinary system, genital systems, and endocrine system.
Regional anatomy and topographical anatomy, organ development and histology integrated with the previous titles. Examples of the applications of the anatomical knowledge in clinical cases and manual palpation of main organs and structures.

Mode of delivery:
Face-to-face teaching.

Learning activities and teaching methods:
Lectures 22 h / self-study 81 h

Target group:
First year medical and dental students.

Prerequisites and co-requisites:
-

Recommended optional programme components:
The course must be completed during the preclinical stage of studies.
Recommended or required reading:

Textbooks

Anatomy atlases:

Pocket Atlases:

Assessment methods and criteria:
This course unit utilizes continuous assessment. The assessment of the whole course consists also of final examination.

Grading:
The course unit utilizes a numerical grading scale 1-5. In the numerical scale zero stands for a fail.

Person responsible:
Professor Juha Tuukkanen

Working life cooperation:
-

Other information:
-

043013P: Anatomy: Neuroanatomy, 3 op

Voimassaolo: 01.08.2016 -
Opiskelumuoto: Basic Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Tuukkanen, Kaarlo Juha Kullervo
Opintokohteen kielet: Finnish

Proficiency level:
-

Status:
-

Required proficiency level:
-

ECTS Credits:
3 ECTS credits / 81 hours of work

Language of instruction:
Finnish

Timing:
The course unit is held in the autumn semester. The course is recommended to complete at the first autumn semester of medical or dental studies.

Learning outcomes:
Upon completion of the neuroanatomy course the student is able to describe the structure and location of the central nervous system and the somatic and autonomous divisions of the peripheral nervous system and the principles of their embryologic development. The student will learn the structures that surround the central nervous system, the meninges and the formation and circulation of the cerebrospinal fluid. The
student understands the blood supply of the central nervous system and the symptoms related to
circulatory diseases. Cranial nerves, main motor and sensory pathways and the structure and function of
visual, hearing and balance systems can be described. The student can describe the structures in a living
body, cadaver, anatomical models, x-ray (CT/MRI) images and drawings.

- **Contents:**
The principles of the embryology and developmental defects of the nervous system, cerebral structure and
the functional cortical areas, spinal cord, medulla and pons, midbrain, diencephalon and cerebellum, blood
circulation of the central nervous system, meninges and the circulation of the cerebrospinal fluid, cranial
nerves, peripheral nervous system, spinal nerves and autonomic nervous system, motor and sensory
pathways and sensory organs eye and ear.

- **Mode of delivery:**
Face-to-face teaching.

- **Learning activities and teaching methods:**
Lectures 22 h / self-study 81 h.

- **Target group:**
First year medical and dental students.

- **Prerequisites and co-requisites:**

- **Recommended optional programme components:**
The course must be completed during the preclinical stage of studies.

- **Recommended or required reading:**

  - **Textbooks**
ed.) or K.L. Moore: Clinically oriented Anatomy, Williams & Wilkins co (latest ed.)

  - **Atlases:**
  Pocketatlases:
tai Dorland's/Gray's Pocket Atlas of Anatomy Richard L. Drake, A. Wayne Vogl

- **Assessment methods and criteria:**
This course unit utilizes continuous assessment.

- **Grading:**
The course unit utilizes a numerical grading scale 1-5. In the numerical scale zero stands for a fail.

- **Person responsible:**
Professor Juha Tuukkanen

- **Working life cooperation:**

- **Other information:**

- **043014P: Anatomy: Histology exercise, 2 op**

  - **Voimassaolo:** 01.08.2016 -
  - **Opiskelumuoto:** Basic Studies
  - **Laji:** Course
  - **Vastuuysikkö:** Medicine
  - **Arvostelu:** 1 - 5, pass, fail
Opettajat: Sanna Palosaari, Lehenkari, Petri Pauli
Opintokohteen kielet: Finnish

Proficiency level:
-

Status:
-

Required proficiency level:
-

ECTS Credits:
2 ECTS credits / 53 hours of work

Language of instruction:
Finnish

Timing:
The course unit is held in the autumn semester. The course is recommended to complete at the first autumn semester of medical or dental studies.

Learning outcomes:
Upon completion of the small group exercises of histology the student can use light microscope and learns how the tissues looks with the common histological stains. The student learns the histology of basic tissues and how they are expressed in the organ structures. The student can identify the normal cells and structures in each organ systems in microscope preparates, virtual microscopy and pictures. The student learns the features of healthy tissues which is the requirement later to learn pathology.

Contents:
Microscopy and histological techniques, basic tissues and normal histology of various organs.

Mode of delivery:
Face-to-face teaching.

Learning activities and teaching methods:
Small group exercise 30 h / Self-study 53 h. Small group teaching will be provided in 2-4 h exercises, where the student practice microscopic anatomy with histological preparates, virtual microscopy and histological images. There is an examination after each exercise and attendance of 100% at the course is required.

Target group:
First year medical and dental students.

Prerequisites and co-requisites:
Studying the exercise document and answering the preliminary questions before the small group exercise.

Recommended optional programme components:
The course must be completed during the preclinical stage of studies.

Recommended or required reading:
Textbooks

Assessment methods and criteria:
This course unit utilizes continuous assessment. During the course unit, there are small exams during each of the 11 group practical (pass / fail). At least half of the exams should be passed.

Grading:
In small group assessments, the grading is pass / fail.

Person responsible:
Professor Juha Tuukkanen, MSc. Elina Kylmäoja
043015P: Anatomy: Macroscopic anatomy exercise, 3 op

Voimassaolo: 01.08.2016 -
Opiskelumuoto: Basic Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Tuukkanen, Kaarlo Juha Kullervo, Antti Koskela
Opintokohteen kielet: Finnish

Proficiency level:
-

Status:
-

Required proficiency level:
-

ECTS Credits:
3 ECTS credits / 81 hours of work.

Language of instruction:
Finnish

Timing:
The course unit is held in the autumn semester. The course is recommended to complete at the first autumn semester of medical or dental studies.

Learning outcomes:
Upon completion of the small group exercises of macroscopic anatomy the student should be able to describe the structure of the organs and their topography in the body as well as surface projections of the internal organs. In addition the student should be able to demonstrate the organs in living body, in preparations of the cadavers, anatomical models, X-ray images, CT / MR imaging, ultrasound imaging, diagrammatic drawings and in manual examination.

Contents:
Systemic anatomy: cardiovascular system and lymphatic system, thorax and respiratory system, abdomen and alimentary system, integument, pelvis, urinary system, genital systems, and endocrine system. Regional anatomy and topographical anatomy, organ development and histology integrated with the previous titles. Examples of the applications of the anatomical knowledge in clinical cases and manual palpation of main organs and structures.

Mode of delivery:
Face-to-face teaching.

Learning activities and teaching methods:
Small group exercise 57 h / Self-study 81 h (includes self-study of the introductory exercise followed by examination). Small group teaching will be provided in 2-4 h exercises, where the student practice macroscopic anatomy with bones, anatomical models and palpation and x-ray images. There is an examination after each exercise and attendance of 100% at the course is required.

Target group:
First year medical and dental students.

Prerequisites and co-requisites:
Studying the exercise document and answering the preliminary questions before the small group exercise.
Recommended optional programme components:
The course must be completed during the preclinical stage of studies.

Recommended or required reading:

Textbooks

Atlases:

Pocketatlases:

Assessment methods and criteria:
This course unit utilizes continuous assessment. During the course unit, there are small exams during each of the 21 group practical (pass / fail). The first orienting exercise is a terminology examination of the introductory document. The course is organized in blocks and at least half of the exams in each block should be passed.

Grading:
In small group assessmen excize the grading is pass / fail.

Person responsible:
Professor Juha Tuukkanen, MD.PhD Antti Koskela

Working life cooperation:
-

Other information:
-

043053P: Basic skills in doctor-patient relationship, 3 op

Voimassaolo: 01.08.2016 -
Opiskelumuoto: Basic Studies
Laji: Course
Vastuuyksikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Juha Auvinen
Opintokohteen kielet: Finnish

ECTS Credits:
3 ECTS

Language of instruction:
Finnish

Timing:
The second year (C4), spring semester

Learning outcomes:
Upon completion of the course, the student is able to:
- distinguish the basic concepts of doctor-centered and patient-centered communication;
- describe the term “reflection” and know the different definitions of “reflection”
- describe the interprofessional team-work in the physician’s as well as the dentist’s work

Contents:
The course includes introduction to basic concepts of doctor-centered and patient-centered communication. In addition, students will write reflection diary about their feelings concerning practical training in health centers and small group training.

Mode of delivery:
Face-to-face teaching
Learning activities and teaching methods:
Lectures, introductory seminar, small group teaching, exercise session for doctor-patient communication, practical period in health care center (3 days), and closing work-shop. Writing reflection diary.

Target group:
The students from medicine and dentistry

Prerequisites and co-requisites:
C1

Recommended optional programme components:
The course has to be completed during preclinical period (the first two years) of medical and dental studies.

Recommended or required reading:

Assessment methods and criteria:
Participation in the introductory seminar, small group teaching, exercise session for doctor-patient communication, practical period in health care center, and in closing work-shop. Writing the reflection diary.

Grading:
Pass/fail

Person responsible:
Juha Auvinen

Working life cooperation:
The course does not contain working life cooperation.

043052P: General Pathology, 5 op

Voimassaolo: 01.08.2016 -
Opiskelumuoto: Basic Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Mäkinen, Markus Juhana
Opintokohteen kielet: Finnish

ECTS Credits:
5 ECTS

Language of instruction:
Finnish

Timing:
2nd year, autumn (C3/DC3)

Learning outcomes:
The course is designed to provide medical and dental students with the principles underlying the etiology, mechanisms and development of disease. It aims to prepare the students to identify and evaluate the morphological changes caused by various diseases as well as to understand the functional and clinical significance of these changes.

Upon completion the student will be expected to have acquired the knowledge of the basic disease mechanisms (etiology and pathogenesis), their basic morphological, functional and clinical characteristics, and the terminology related with diseases. The student should have acquired the skills to recognize the most common macroscopic and microscopic features of diseases and be able to reason the relationship between these features and the clinical manifestations of diseases.

Contents:
Cellular adaptation; cell and tissue injury; healing; infections and immunological mechanisms in disease; genetic and environmental causes of disease; inflammation; storage diseases; disorders of fluid balance and circulation; basic pathology of neoplastic diseases; diagnostic pathology.

Mode of delivery:
Multifaceted teaching.
Learning activities and teaching methods:
Lectures 34 hours, small group teaching 15 hours. Self-study 81 hours. Written examinations 3 hours.

Target group:
Medical and dental students.

Prerequisites and co-requisites:
Preliminary examination. Previous completion of the courses of anatomy and physiology is recommended.

Recommended optional programme components:
The course has to be completed during the preclinical period of medical and dental studies.

Recommended or required reading:
Material provided during the course: lecture handouts; guidebook for virtual microscopy demonstrations; guidebook for autopsy demonstrations.

Assessment methods and criteria:
Participation in the compulsory demonstrations and passing in the end-of-course examination.

Grading:
1-5/fail.

Person responsible:
Professor Markus Mäkinen

Working life cooperation:
Clinical demonstrations and teaching related to medical autopsies is organised in collaboration with the Department of Pathology, Oulu University Hospital.

Other information:
Only medical and dental students participate in autopsy and other clinical demonstrations. Other students accomplish the course with 3.5 credits.

043026P: Genomic Medicine I, 2 op

Voimassaolo: 01.08.2016 -
Opiskelumuoto: Basic Studies
Laji: Course
Vastuuysikkö: Faculty of Biochemistry and Molecular Medicine, Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Karppinen, Peppi Leena Elina, Joni Mäki, Jukka Moilanen
Opintokohteen kielet: Finnish

Proficiency level:
-

Status:
-

Required proficiency level:
-

ECTS Credits:
2 ECTS credits / 54 hours of work

Language of instruction:
Finnish

Timing:
The course unit is held in the spring semester of the 1st year.

Learning outcomes:
Upon completion of the course, the student will be able to understand major principles of the inheritance of man and is capable to analyse the central characteristics and ethical issues of inherited diseases. Furthermore, student will explore the usage of biobanks and understands basics of the modern techniques in medical genetics.

Contents:
Basics of inheritance of man, selected basic methodology used in medical genetics, bioinformatics, biobanks, ethical aspects of genomics.

Mode of delivery:
Lectures, exercises and exam.
Learning activities and teaching methods:
22 hours of lectures including some exercises and exam.

Target group:
Major students.

Prerequisites and co-requisites:
Recommended course to be taken simultaneously:
- 043020P Basics of the Molecular Biology 2 ECTS

Recommended optional programme components:

- 

Recommended or required reading:

Assessment methods and criteria:
Exam

Grading:
The course utilizes a numerical grading scale 1-5. Zero stands for a fail.

Person responsible:
Peppi Karppinen (implemetation of teaching and practical matters), Jukka Moilanen (responsible person of Genomic medicine I and II)

Working life cooperation:

- 

Other information:

- 

A540142: Medical Biochemistry and Molecular Biology, 13 op

Voimassaolo: 01.08.2017 -

Opiskelumuoto: Basic Studies

Laji: Study module

Vastuuysikkö: Faculty of Biochemistry and Molecular Medicine

Arvostelu: 1 - 5, pass, fail

Opettajat: Karppinen, Peppi Leena Elina

Opintokohteen kielet: Finnish

Proficiency level:

- 

Status:

- 

Required proficiency level:

- 

ECTS Credits:
13 ECTS / 350 hours of work.

Language of instruction:
Finnish

Timing:
The course unit is held in the spring semester.

Learning outcomes:
Upon completion of the course, the student will be able to:
- explain genes structure, function and regulation both in normal physiology and diseases
- know what proteins are, how they are produced and what are their functions
- understand the nature of the mutations in genes, both in DNA and protein level
- recognize the central DNA-related techniques used currently in medicine, and understand their central applications
- recognize the sources of errors in diagnostic laboratory techniques
- know how to classify the enzymes and understand their functions in cellular systems, and understand priniciples of their use in diagnostics
- identify and name fundamental molecules in metabolism (carbohydrates, lipids, amino acids, nucleotides) and understand their realationships to the medicine
- name the most fundamental metabolic pathways and their metabolites, and understand the common regulation of the various metabolic pathways
- interpret the changes in metabolism of the diseases or other conditions
- classify and name the main hormones
- explain most common effects of the hormones on their target cells and tissues
- interpret the effects of abnormal hormonal regulation
- name the basic components of the extracellular matrix and connective tissue, and identify their specific functions in organs and medical relevance
- understand the general systemic roles of blood, its composition and clotting
- understand the role of hypoxia regulation in tissues, and its applications in medicine

Contents:
- 043020P Basics of the Molecular Biology 2 op
- 043021P Basics of the metabolism 3 op
- 043022P Hormones and biochemistry of tissues 2 op
- 043023P Seminars and exercices of Medical Biochemistry and Molecular Biology 2 op
- 043024P Practical laboratory working in Medical Biochemistry and Molecular Biology 2 op
- 043025P Final exam of Medical Biochemistry and Molecular Biology 2 op

Mode of delivery:
Lectures, laboratory work including tutorial teaching and verbal evaluation, tutorial teaching, theme day containing preliminary preparations, exams.

Learning activities and teaching methods:
Lectures 92h, laboratory work including tutorial teaching and verbal evaluation 30 h, tutorial teaching 3t, theme day containing preliminary preparations 9 h, remote educational tasks, exams.

Target group:
Major students.

Prerequisites and co-requisites:
-

Recommended optional programme components:
-

Recommended or required reading:

Assessment methods and criteria:
Medical biochemistry and molecular biology course includes 3 different intermediate exams which will be graded 1-5 (4 questions). Final exam consist of 5 essays, and will be graded 1-5. All the intermediate exams (043020P, 043021P, 043022P) should be passed before participation in final exam.

Grading:
The course unit utilizes a numerical grading scale 1-5. In the numerical scale zero stands for a fail.

Person responsible:
Peppi Karppinen, substitute Joni Mäki.

Working life cooperation:
-

Other information:
-

Compulsory

043020P: Medical Biochemistry and Molecular Biology: Basics of the molecular biology, 2 op

Voimassaolo: 01.08.2016 -
Opiskelumuoto: Basic Studies
Laji: Course
Vastuuysikkö: Faculty of Biochemistry and Molecular Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Karppinen, Peppi Leena Elina, Joni Mäki
Opintokohteen kielet: Finnish

Proficiency level:
-

Status:
Required proficiency level:
-
ECTS Credits:
2 ECTS/54 hours of work

Language of instruction:
Finnish

Timing:
The course unit is held in the spring semester.

Learning outcomes:
Upon completion of the course, the student will be able to:
- explain genes structure, function and regulation both in normal physiology and diseases
- know what proteins are, how they are produced and what are their functions
- understand the nature of the mutations in genes, both in DNA and protein level
- recognize the central DNA-related techniques used currently in medicine, and understand their central applications
- recognize the sources of errors in diagnostic laboratory techniques
- know how to classify the enzymes and understand their functions in cellular systems, and understand principles of their use in diagnostics

Contents:
The structure, function and regulation of the genes; genetic code, mutations in genes and their affects on gene functions; DNA repairing mechanisms; proto-oncogenes, oncogenes, tumour suppressors, growth factors and cytokines; basics of DNA technology; properties of proteins and protein synthesis; classification and function of the enzymes; hypoxia response of the cells.

Mode of delivery:
Lectures and exam.

Learning activities and teaching methods:
27 hours of lectures and exam.

Target group:
Major students.

Prerequisites and co-requisites:
-

Recommended optional programme components:
These courses are recommended to be completed in same Spring semester:
-043021P Basics of the metabolism 3 ECTS
-043022P Hormones and biochemistry of tissues 2 ECTS
-043023P Seminars and exercises of Medical biochemistry and Molecular Biology 2 ECTS
-043024P Practical laboratory working in Medical Biochemistry and Molecular Biology 2 ECTS
-043025P Final exam of Medical Biochemistry and Molecular Biology 2 ECTS

Recommended or required reading:

Assessment methods and criteria:
Exam

Grading:
The exam will be graded 1-5. In the numerical scale zero stands for a fail.

Person responsible:
Peppi Karppinen, substitute Joni Mäki.

Working life cooperation:
-

Other information:
-
043021P: Medical Biochemistry and Molecular Biology: Basics of the metabolism, 3 op

Voimassaolo: 01.08.2016 -
Opiskelumuoto: Basic Studies
Laji: Course
Vastuuysikkö: Faculty of Biochemistry and Molecular Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Karppinen, Peppi Leena Elina, Joni Mäki
Opintokohteen kielet: Finnish

Proficiency level:
-

Status:
-

Required proficiency level:
-

ECTS Credits:
3 ECTS credits / 78 hours of work.

Language of instruction:
Finnish

Timing:
1st spring semester.

Learning outcomes:
Upon completion of the course, the student will be able to:
-identify and name fundamental molecules in metabolism (carbohydrates, lipids, amino acids, nucleotides) and understand their relationships to the medicine
-name the most fundamental metabolic pathways and their metabolites, and understand the common regulation of the various metabolic pathways
-interpret the changes in metabolism of the diseases or other conditions

Contents:
Metabolism and catabolism of the carbohydrates, lipids, amino acids and nucleotides, and the integration of whole metabolism; biological oxidations and energy metabolism; cholesterol and lipoproteins.

Mode of delivery:
Lectures, exam.

Learning activities and teaching methods:
39 hours of lectures, exam.

Target group:
Major students.

Prerequisites and co-requisites:
The recommended prerequisite is the completion of the following course:
-043020P Basics of the Molecular Biology 2 ECTS

Recommended optional programme components:
These courses are recommended to be completed in same spring semester:
-043020P Basics of the Molecular Biology 2 ECTS
-043022P Hormones and biochemistry of tissues 2 ECTS
-043023P Seminars and exercises of Medical Biochemistry and Molecular Biology 2 ECTS
-043024P Practical laboratory working in Medical Biochemistry and Molecular Biology 2 ECTS
-043025P Final exam of Medical Biochemistry and Molecular Biology 2 ECTS
Recommended or required reading:

Assessment methods and criteria:
Lectures, exam.

Grading:
The exam will be graded 1-5. In the numerical scale zero stands for a fail.

Person responsible:
Peppi Karppinen, substitute Joni Mäki.

Working life cooperation:
-

Other information:
-

043022P: Medical Biochemistry and Molecular Biology: Hormones and biochemistry of tissues, 2 op

Voimassaolo: 01.08.2016 -
Opiskelumuoto: Basic Studies
Laji: Course
Vastuuysikkö: Faculty of Biochemistry and Molecular Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Karppinen, Peppi Leena Elina, Joni Mäki
Opintokohteen kielet: Finnish

Proficiency level:
-

Status:
-

Required proficiency level:
-

ECTS Credits:
2 ECTS credits / 52 hours of work.

Language of instruction:
Finnish

Timing:
1st Spring semester.

Learning outcomes:
Upon complettion of the course, the student will be able to:
- classify and name the main hormones
- explain most common effects of the hormones on their target cells and tissues
- interpret the effects of abnormal hormonal regulation
- name the basic components of the extracellular matrix and connective tissue, and identify their specific functions in organs and medical relevance
- understand the general systemic roles of blood, its composition and clotting
- understand the role of hypoxia regulation in tissues, and its applications in medicine

Contents:
Classification, function and regulation of the hormones; eicosanoids; biochemistry of connective tissue; composition and properties of the blood; porphyrins and bile pigments.

Mode of delivery:
Lectures, exam.

Learning activities and teaching methods:
Lectures 26 hours, exam.

**Target group:**
Major students.

**Prerequisites and co-requisites:**
- 

**Recommended optional programme components:**
The recommended prerequisite is the completion of the following course:
- 043020P Basics of the Molecular Biology 2 ECTS
- 043021P Basics of the metabolism 3 ECTS

**Recommended or required reading:**

**Assessment methods and criteria:**
Lectures, exam.

**Grading:**
The exam will be graded 1-5. In the numerical scale zero stands for a fail.

**Person responsible:**
Peppi Karppinen, substitute Joni Mäki.

**Working life cooperation:**
- 

**Other information:**
- 

043023P: Seminars and exercises of Medical Biochemistry and Molecular Biology, 2 op

**Voimassaolo:** 01.08.2016 -
**Opiskelumuoto:** Basic Studies
**Laji:** Course
**Vastuuysikkö:** Faculty of Biochemistry and Molecular Medicine
**Arvostelu:** 1 - 5, pass, fail
**Opettajat:** Karppinen, Peppi Leena Elina, Joni Mäki
**Opintokohteen kielet:** Finnish

**Proficiency level:**
- 

**Status:**
- 

**Required proficiency level:**
- 

**ECTS Credits:**
2 ECTS credits / 47 hours of work.

**Language of instruction:**
Finnish

**Timing:**
1st Spring semester.

**Learning outcomes:**
Upon completion of the course, the student will be able to:
- popularize scientific and medicine related data that is connected to the medical biochemistry and molecular biology
- give oral presentations and act as an opponent
- ask relevant questions concerning the presentations and his/her own knowledge about the biochemistry
- explain and analyze biochemical relationships in pathological conditions and nutritional cases
- learn general knowledge about different topics in medicine besides of their association to the biochemistry
- know generally what causes the diabetes and how it is related to metabolism
- solve selected exercises based on anamnesis, status and laboratory tests

Contents:
Themes can vary annually.

Mode of delivery:
Lectures (themeday), seminars, remote excercises.

Learning activities and teaching methods:
Lectures 8 t, seminars with panelists 3 t, independent work by student 12 hours, remote excercises 16 hours.

Target group:
Major students.

Prerequisites and co-requisites:
Recommended courses during the same Spring:
- 043020P Basics of the Molecular Biology 2 ECTS
- 043021P Basics of the metabolism 3 ECTS
- 043022P Hormones and biochemistry of tissues 2 ECTS
- 043024P Practical laboratory working in Medical Biochemistry and Molecular Biology 2 ECTS

Recommended optional programme components:
Recommended courses during the same Spring:
- 043020P Basics of the Molecular Biology 2 ECTS
- 043021P Basics of the metabolism 3 ECTS
- 043022P Hormones and biochemistry of tissues 2 ECTS
- 043024P Practical laboratory working in Medical Biochemistry and Molecular Biology 2 ECTS

Recommended or required reading:

Assessment methods and criteria:
Obligator presence in lectures and in seminars, returned assignments.

Grading:
Passed/Fail.

Person responsible:
Peppi Karppinen, substitute Joni Mäki.

Working life cooperation:

Other information:

043024P: Practical laboratory working in Medical Biochemistry and Molecular Biology, 2 op

Voimassaolo: 01.08.2016 -
Opiskelumuoto: Basic Studies
Laji: Course
Vastuuysikkö: Faculty of Biochemistry and Molecular Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Karppinen, Peppi Leena Elina, Joni Mäki
Opintokohteen kielet: Finnish
Proficiency level:
-
Status:
-
Required proficiency level:
-
ECTS Credits:
2 ECTS credits / 60 hours of work
Language of instruction:
Finnish
Timing:
1st Spring semester.
Learning outcomes:
Upon complettion of the course, the student will be able to:
- recognize the central DNA- and protein related techniques used currently in medicine, and understand their central applications and has practical experience on their implementation
- work in laboratory
- recognize the sources of errors in diagnostic laboratory techniques
Contents:
Cloning of DNA-fragments; The expression of recombinant proteins in bacterial cells; Diagnostics of AGU-disease with PCR; Kinetics of enzymatic reactions.
Mode of delivery:
Laboratory course.
Learning activities and teaching methods:
Practical working in laboratory, preparing casebook and oral exam.
Target group:
Major students.
Prerequisites and co-requisites:
The recommended prerequisite is the completion of the following course:
-043020P Basics of the Molecular Biology 2 ECTS
Recommended optional programme components:
These courses are recommended to be completed in same spring semester:
-043020P Basics of the Molecular Biology 2 ECTS
Recommended or required reading:
Laboratory handout.
Assessment methods and criteria:
Attendance at laboratory is compulsory. Pass/Fail.
Grading:
Pass/Fail.
Person responsible:
Peppi Karppinen, substitute Joni Mäki.
Working life cooperation:
-
Other information:
Attendance at laboratory is compulsory.
Proficiency level:
-
Status:
-
Required proficiency level:
-
ECTS Credits:
2 ECTS credits / 53 hours of work.
Language of instruction:
Finnish
Timing:
1st Spring semester.
Learning outcomes:
Upon completion of the course, the student will be able to:
- explain genes structure, function and regulation both in normal physiology and diseases
- know what proteins are, how they are produced and what are their functions
- understand the nature of the mutations in genes, both in DNA and protein level
- recognize the central DNA-related techniques used currently in medicine, and understand their central applications
- recognize the sources of errors in diagnostic laboratory techniques
- know how to classify the enzymes and understand their functions in cellular systems, and understand principles of their use in diagnostics
- identify and name fundamental molecules in metabolism (carbohydrates, lipids, amino acids, nucleotides) and understand their realationships to the medicine
- name the most fundamental metabolic pathways and their metabolites, and understand the common regulation of the various metabolic pathways
- interpret the changes in metabolism of the diseases or other conditions
- classify and name the main hormones
- explain most common effects of the hormones on their target cells and tissues
- interpret the effects of abnormal hormonal regulation
- name the basic components of the extracellular matrix and connective tissue, and identify their specific functions in organs and medical relevance
- understand the general systemic roles of blood, its composition and clotting
- understand the role of hypoxia regulation in tissues, and its applications in medicine

Contents:
The basic concepts of medical biocemistry and molecular biology:
The structure, function and regulation of the genes; genetic code, mutations in genes and their effects on gene functions; DNA repairing mechanisms; proto-oncogenes, oncogenes, tumour suppressors, growth factors and cytokines; basics of DNA technology; properties of proteins and protein synthesis; classification and function of the enzymes; hypoxia response of the cells; metabolism and catabolism of the carbohydrates, lipids, amino acids and nucleotides, and the integration of whole metabolism; biological oxidations and energy metabolism; cholesterol and lipoproteins; classification, function and regulation of the hormones; eicosanoids; biochemistry of connective tissue; composition and properties of the blood; porphyrins and bile pigments.

Mode of delivery:
Final exam.
Learning activities and teaching methods:
Reading and learning 53 hours.

Target group:
Major students.

Prerequisites and co-requisites:
Courses that has to be passed prior to participation final exam:
-043020P Basics of the Molecular Biology 2 ECTS
-043021P Basics of the metabolism 3 ECTS
-043022P Hormones and biochemistry of tissues 2 ECTS

Recommended optional programme components:
Recommended courses prior participating the final exam:
-043024P Practical laboratory working in Medical Biochemistry and Molecular Biology 2 ECTS
-043023P Seminars and exercises of Medical Biochemistry and Molecular Biology 2 ECTS

Recommended or required reading:
Lectures and book:

Assessment methods and criteria:
Medical biochemistry and molecular biology course includes 3 different intermediate exams which will be graded 1-5 (4 questions). Final exam consists of 5 essays, and will be graded 1-5. All the intermediate exams should be passed before participation in final exam.

Grading:
The course unit utilizes a numerical grading scale 1-5. In the numerical scale zero stands for a fail.

Person responsible:
Peppi Karppinen, substitute Joni Mäki.

Working life cooperation:
-

Other information:
-

A540144: Microbiology and immunology, 10 op

Voimassaolo: 01.08.2017 -
Opiskelumoto: Basic Studies
Laji: Study module
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Hörkkö, Sohvi Helena Tellervo
Opintokohteen kielet: Finnish

ECTS Credits:
10 ECTS credits / 270 hours of work

Language of instruction:
Finnish, some lectures given in English

Timing:
The course starts autumn period continuing to spring. Second year, C3 and C4.

Learning outcomes:
Upon completion of the study module, the student masters the basic structure of immune defense mechanisms in humans. The student can use the professional terminology to discuss about the functional entities of immune system
in the defense against different pathogens. The student masters the functions of immune system in hypersensitivity and in the pathogenesis of autoimmune diseases.

During the study module the student focuses on the pathogens that are important in the Finnish health care system. Student knows the properties, the diseases, the antimicrobial treatment and the prevention of the essential pathogens. The student also masters the suitable diagnostic methods and their limitations in the detection of the pathogens.

The student will gain skills of working as a member of expert group by group-work in this study module. The group work also guides the student in scientific communication and carrying the responsibility of building collaborative knowledge. The student will learn skills to give feedback to peers and appreciate the feedback obtained in the group work.

**Contents:**

**Immunology:**
- Innate immunity, antigen capture and presentation to lymphocytes, antigen recognition in the adaptive immune system, T-cell mediated immunity, effector mechanisms of T-cell mediated immunity, humoral immune responses, effector functions of humoral immunity, immunological tolerance and autoimmunity, immune responses to tumors and transplants, hypersensitivity

**Microbiology:**
- Introduction to bacteriology and virology, microbiological samples and obtaining the samples, basic diagnostics in microbiology, the most important bacteria and viruses in respiratory infections, the infections of alimentary canal, urinary tract and sexually transmitted infections, skin infections, zoonotic infections, sepsis and difficult infections, infections in primary health care, resistance to antimicrobial agents, anaerobic bacteria, mechanisms of pathogenesis in infectious diseases.

**Mode of delivery:**

Mainly face-to-face teaching. Collaborative learning objectives are issued via e-learning platform.

**Learning activities and teaching methods:**

**Immunology:**
- 14h lectures
- 30h self-study for group work
- 15h group work
- 2h immunology examination
- 47h independent work

**Microbiology:**
- 14h lectures
- 30h self-study for group work
- 15h group work
- 2h laboratory practice
- 2h preparing the presentation
- 2h microbiology examination
- 97h independent work

**Target group:**
Medicine and dentistry students

**Prerequisites and co-requisites:**
No prerequisites.

**Recommended optional programme components:**
The course has to be completed during the first two years of medical and dental studies.

**Recommended or required reading:**
Abbas, Lichtman & Pillai: Basic Immunology: 5th ed.
Murray et al. Medical Microbiology, 8th ed.

**Assessment methods and criteria:**
The assessment of the course is based on the learning outcomes of the course. This course utilizes shared expertise and collaborative learning methods. Attendance, preparation and participation in the group work is mandatory for the completion of the study module. The student will get feedback from the peers about the expert role in discussions.

The immunology and microbiology parts are evaluated separately and both parts have to be passed. Passed examination is more than 60% of the total points.

The student has a possibility to complete the immunology examination in the mid-course after the immunology entity or in combination with the final examination.

**Grading:**
The course utilizes a numerical grading scale 1-5. In the numerical scale zero stands for a fail.
The group-work is evaluated by pass/fail scale

**Person responsible:**
Professor of medical microbiology and immunology.

**Working life cooperation:**
Clinical introductory lectures are given by the lecturers from the local primary health care units, hospitals and diagnostic companies.

**Compulsory**

043040P: Immunology, 4 op

- **Voimassaolo:** 01.08.2016 -
- **Opiskelumuoto:** Basic Studies
- **Laij:** Course
- **Vastuuysikkö:** Medicine
- **Arvostelu:** 1 - 5, pass, fail
- **Opettajat:** Hörkkö, Sohvi Helena Tellervo, Antti Nissinen
- **Opintokohteen kielet:** Finnish

**ECTS Credits:**
4 ECTS credits / 108 hours of work

**Language of instruction:**
Finnish, some lectures given in English

**Timing:**
The course is held in the autumn semester. Second year, C3.

**Learning outcomes:**
Upon completion of the study module, the student masters the basic structure of immune defense mechanisms in humans. The student can use the professional terminology to discuss about the functional entities of immune system in the defense against different pathogens. The student masters the functions of immune system in hypersensitivity and in the pathogenesis of autoimmune diseases. The student will gain skills of working as a member of expert group by group-work in this study module. The group work also guides the student in scientific communication and carrying the responsibility of building collaborative knowledge. The student will learn skills to give feedback to peers and appreciate the feedback obtained in the group work.

**Contents:**
Immunology:
- Innate immunity, antigen capture and presentation to lymphocytes, antigen recognition in the adaptive immune system, T-cell mediated immunity, effector mechanisms of T-cell mediated immunity, humoral immune responses, effector functions of humoral immunity, immunological tolerance and autoimmunity, immune responses to tumors and transplants, hypersensitivity

**Mode of delivery:**
Mainly face-to-face teaching. Collaborative learning objectives are issued via e-learning platform.

**Learning activities and teaching methods:**
Immunology:
- 14h lectures
- 30h self study for group work
- 15h group work
- 2h immunology examination
- 47h independent work

**Target group:**
Medicine and dentistry students

**Prerequisites and co-requisites:**
No prerequisites.

**Recommended optional programme components:**
The course has to be completed during the first two years of medical and dental studies.
Recommended or required reading:
Abbas, Lichtman & Pillai: Basic Immunology: 5th ed.

Assessment methods and criteria:
The assessment of the course is based on the learning outcomes of the course. This course utilizes shared expertise and collaborative learning methods. Attendance, preparation and participation in the group work is mandatory for the completion of the study module. The student will get feedback from the peers about the expert role in discussions.
Examination will be held at the end of the immunology course or together with the microbiology examination. Passed examination is more than 60% of the total points.

Grading:
The course utilizes a numerical grading scale 1-5. In the numerical scale zero stands for a fail.
The group-work is evaluated by pass/fail scale

Person responsible:
Professor of medical microbiology and immunology.

Working life cooperation:
Clinical introductory lectures are given by the lecturers from the local primary health care units, hospitals and diagnostic companies.

043041P: Microbiology, 6 op

Voimassaolo: 01.08.2016 -
Opiskelumuoto: Basic Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Hörkkö, Sohvi Helena Tellervo, Antti Nissinen
Opintokohteen kielet: Finnish

ECTS Credits:
6 ECTS credits / 162 hours of work

Language of instruction:
Finnish, some lectures given in English

Timing:
The course will be held spring-semester. Second year, C4.

Learning outcomes:
During the study module the student gets familiar with the essential pathogens and knows their most important properties, can associate the common diseases with the pathogens, and knows the basics of antimicrobial treatment and the prevention of the diseases. The student also masters the suitable diagnostic methods and their limitations in the detection of the pathogens.
The student will gain skills of working as a member of expert group by group-work in this study module. The group work also guides the student in scientific communication and carrying the responsibility of building collaborative knowledge. The student will learn skills to give feedback to peers and appreciate the feedback obtained in the group work.

Contents:
Microbiology:
introduction to bacteriology and virology, microbiological samples and obtaining the samples, basic diagnostics in microbiology, the most important bacteria and viruses in respiratory infections, the infections of alimentary canal, urinary tract and sexually transmitted infections, skin infections, zoonotic infections, sepsis and difficult infections, infections in primary health care, resistance to antimicrobial agents, anaerobic bacteria, mechanisms of pathogenesis in infectious diseases.

Mode of delivery:
Mainly face-to-face teaching. Collaborative learning objectives are issued via e-learning platform.
Learning activities and teaching methods:
Microbiology:
14h lectures
30h self-study for group work
12h group work
3h laboratory practice
2h preparing the presentation
2h microbiology examination
99h independent work

Target group:
Medicine and dentistry students

Prerequisites and co-requisites:
No prerequisites.

Recommended optional programme components:
The course has to be completed during the first two years of medical and dental studies.

Recommended or required reading:
Murray et al. Medical Microbiology, 8th ed.

Assessment methods and criteria:
The assessment of the course is based on the learning outcomes of the course. This course utilizes shared expertise and collaborative learning methods. Attendance, preparation and participation in the group work is mandatory for the completion of the study module. The student will get feedback from the peers about the expert role in discussions.
The microbiology part is evaluated in final examination. Passed examination is more than 60% of the total points.

Grading:
The course utilizes a numerical grading scale 1-5. In the numerical scale zero stands for a fail.
The group-work is evaluated by pass/fail scale.

Person responsible:
Professor of medical microbiology and immunology

Working life cooperation:
Clinical introductory lectures are given by the lecturers from the local primary health care units, hospitals and diagnostic companies.

A540145: Pharmacology and toxicology, 10 op

Voimassaolo: 01.08.2017 -
Opiskelumuoto: Basic Studies
Laji: Study module
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Risto Kerkelä
Opintokohteen kielet: Finnish

ECTS Credits:
10 ECTS credits/ 270 hours of work.

Language of instruction:
Finnish

Timing:
The course is held during the spring semester in the second study year (C4 / DC4).

Learning outcomes:
After passing the courses, the student has ability to carry out safe and efficient drug therapy. Upon completion of the courses, the student:
- is able to explain pharmacokinetics of a specific drug after administration
- is able to explain physiologic effects of drugs and their mechanisms of action
- is familiar with major drug classes and their role in the treatment of diseases.
- understands the basis of individualized drug therapy.
- understands the basics of toxicology

In addition, the student will learn team working skills and presentation skills.

Contents:

043046P Pharmacology and toxicology PART II 5 ECTS: Systematic review of major classes of drugs: drugs affecting gastrointestinal drugs, drug treatment of pain, psychiatric medications, neurological drugs. Toxicology: the basics of toxicology, the most common poisonings and fundamentals of toxicological risk assessment.

043047P Pharmacology and toxicology PART III 1 ECTS: Systematic review of major classes of drugs and basics of toxicology.

Mode of delivery:
Face-to-face teaching

Learning activities and teaching methods:
043045P Pharmacology and toxicology PART I 4 ECTS: Lectures 34h / tutorials 8h / Self-study 66h. The tutorials are completed as small group work.

043046P Pharmacology and toxicology PART II 5 ECTS: Lectures 40h / tutorials 12h / Self-study 83h. The tutorials are completed as small group work.

043047P Pharmacology and toxicology PART III 1 ECTS: Self-study 27 h

Target group:
Medical and dental students. Also other students can be admitted to the course.

Recommended or required reading:
Recommended or required reading: Pelkonen O, Ruskoaho H., Hakkola J., et al: Lääketieteellinen farmakologia ja toksikologia (Kustannus Oy Duodecim, latest edition). The electronic version of the book can be found in “oppiportti” and in “Duodecim lääketietokanta”. Other textbooks that can be used are “Farmakologia ja Toksikologia” edited by Markku Koulu and Eero Mervaala or Rang, Ritter, Flower, Henderson: Rang & Dale's Pharmacology, Churchill Livingstone (latest edition). In addition, Duodecim and Suomen lääkärilehti publish articles of current advances in drug therapy.

Assessment methods and criteria:
043045P Pharmacology and toxicology PART I 4 ECTS: Lectures. Active participation in tutorials that are mandatory. At the beginning of the course students study independently for an exam evaluating the required level of knowledge of basic pharmacokinetics and pharmacodynamics. In addition, an exam is given. The exam is graded on a pass/fail basis.

043046P Pharmacology and toxicology PART II 5 ECTS: Lectures. Active participation in tutorials that are mandatory. At the beginning of the course students study independently for an exam evaluating the required level of knowledge of basic pharmacokinetics and pharmacodynamics. In addition, an exam is given. The exam is graded on a pass/fail basis.

043047P Pharmacology and toxicology PART III 1 ECTS: The course includes an exam. Two failed answers in final exam result in failing of the exam.

Grading:
043045P: Pharmacology and toxicology: Exam. The grading scale for the course is pass/fail.

043046P Pharmacology and toxicology PART II: Exam. The grading scale for the course is pass/fail.

043047P Pharmacology and toxicology PART III: Exam. Two failed answers in final exam result in failing of the exam. The course utilizes a numerical grading scale 1-5. In the numerical scale zero stands for a fail.

Person responsible:
Professor Risto Kerkelä
Working life cooperation:
The course includes guest lectures from specialists from Oulu University Hospital.

Compulsory

043045P: Pharmacology and toxicology PART I, 4 op

Voimassaolo: 01.08.2016 -
Opiskelumuoto: Basic Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Risto Kerkelä
Opintokohteen kielet: Finnish

ECTS Credits:
4 ECTS credits/ 108 hours of work.

Language of instruction:
Finnish

Timing:
The course is held during the spring semester in the second study year (C4 / DC4).

Learning outcomes:
After passing the course, the student has ability to carry out safe and efficient drug therapy. Upon completion of the course, the student:
- is able to explain pharmacokinetics of a specific drug after administration
- is able to explain physiologic effects of drugs and their mechanisms of action
- is familiar with major drug classes and their role in the treatment of diseases.

In addition, the student will learn team working skills and presentation skills.

Contents:
The basic terminology of pharmacology: pharmacodynamics and pharmacokinetics. Systematic review of major classes of drugs: drugs affecting cardiovascular system, anti-diabetic medications, drugs affecting the respiratory tract, antimicrobial agents.

Mode of delivery:
Face-to-face teaching

Learning activities and teaching methods:
Lectures 34h / tutorials 8h / Self-study 66h. The tutorials are completed as small group work.

Target group:
Medical and dental students. Also other students can be admitted to the course.

Recommended or required reading:
Recommended or required reading: Pelkonen O, Ruskoaho H., Hakkola J., et al: Lääketieteellinen farmakologia ja toksikologia (Kustannus Oy Duodecim, latest edition). The electronic version of the book can be found in "oppiportti" and in "Duodecim lääketietokanta". Other textbooks that can be used are "Farmakologia ja Toksiologia" edited by Markku Koulu and Eero Mervaala or Rang, Ritter, Flower, Henderson: Rang & Dale's Pharmacology, Churchill Livingstone (latest edition). In addition, Duodecim and Suomen lääkärilehti publish articles of current advances in drug therapy.

Assessment methods and criteria:
Lectures. Active participation in tutorials that are mandatory. At the beginning of the course students study independently for an exam evaluating the required level of knowledge of basic pharmacokinetics and pharmacodynamics. In addition, an exam is given. The exam is graded on a pass/fail basis.

Grading:
The grading scale for the course is pass/fail.

Person responsible:
Professor Risto Kerkelä

Working life cooperation:
**043046P: Pharmacology and toxicology PART II, 5 op**

**Voimassaolo:** 01.08.2016 -
**Opiskelumuoto:** Basic Studies
**Laji:** Course
**Vastuuysikkö:** Medicine
**Arvostelu:** 1 - 5, pass, fail
**Opettajat:** Risto Kerkelä
**Opintokohteen kielet:** Finnish

**ECTS Credits:**
5 ECTS credits / 135 hours of work

**Language of instruction:**
Finnish

**Timing:**
The course is held during the spring semester in the second study year (C4 / DC4).

**Learning outcomes:**
After passing the course, the student has ability to carry out safe and efficient drug therapy. Upon completion of the course, the student:
- is able to explain pharmacokinetics of a specific drug after administration
- is able to explain physiologic effects of drugs and their mechanisms of action
- is familiar with major drug classes and their role in the treatment of diseases.
- understands the basis of individualized drug therapy.
- understands the basics of toxicology

In addition, the student will learn team working skills and presentation skills.

**Contents:**
Systematic review of major classes of drugs: drugs affecting gastrointestinal drugs, drug treatment of pain, psychiatric medications, neurological drugs.

Toxicology: the basics of toxicology, the most common poisonings and fundamentals of toxicological risk assessment.

**Mode of delivery:**
Face-to-face teaching

**Learning activities and teaching methods:**
Lectures 40h / tutorials 12h / Self-study 83h. The tutorials are completed as small group work.

**Target group:**
Medical and dental students. Also other students can be admitted to the course.

**Recommended or required reading:**
Recommended or required reading: Pelkonen O, Ruskoaho H., Hakkola J., et al: Lääketieteellinen farmakologia ja toksikologia (Kustannus Oy Duodecim) (latest edition). The electronic version of the book can be found in “oppiportti” and in “Duodecim lääketietokanta”. Other textbooks that can be used are “Farmakologia ja Toksikologia” edited by Markku Koulu and Eero Mervaala or Rang, Ritter, Flower, Henderson: Rang & Dale’s Pharmacology, Churchill Livingstone (latest edition). In addition, Duodecim and Suomen lääkärilehti publish articles of current advances in drug therapy.

**Assessment methods and criteria:**
Lectures. Active participation in tutorials that are mandatory. At the beginning of the course students study independently for an exam evaluating the required level of knowledge of basic pharmacokinetics and pharmacodynamics. In addition, an exam is given. The exam is graded on a pass/fail basis.

**Grading:**
The grading scale for the course is pass/fail.
Person responsible:
Professor Risto Kerkelä

Working life cooperation:
The course includes guest lectures from specialists from Oulu University Hospital.

043047P: Pharmacology and Toxicology PART III, 1 op

Voimassaolo: 01.08.2016 -
Opiskelumuoto: Basic Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Risto Kerkelä
Opintokohteen kielet: Finnish

ECTS Credits:
1 ECTS credit / 27 hours of work

Language of instruction:
Finnish

Timing:
The course is held during the spring semester in the second study year (C4 / DC4).

Learning outcomes:
After passing the course, the student has the ability to carry out safe and efficient drug therapy. Upon completion of the course, the student:
- is able to explain pharmacokinetics of a specific drug after administration
- is able to explain physiologic effects of drugs and their mechanisms of action
- is familiar with major drug classes and their role in the treatment of diseases.
- understands the basis of individualized drug therapy.
- understands the basics of toxicology

Contents:
Systematic review of major classes of drugs and basics of toxicology.

Mode of delivery:
Self-study

Learning activities and teaching methods:
Self-study 27h.

Target group:
Medical and dental students. Also other students can be admitted to the course.

Prerequisites and co-requisites:
The required prerequisite is the completion of the following courses prior to enrolling for the course:
043045P Pharmacology and Toxicology, part 1 and 043046P Pharmacology and Toxicology, part 2.

Recommended or required reading:
Recommended or required reading: Pelkonen O, Ruskoaho H., Hakkola J., et al: Lääketieteellinen farmakologia ja toksikologia (Kustannus Oy Duodecim) (latest edition). The electronic version of the book can be found in “oppiporti” and in “Duodecim lääketietokanta”. Other textbooks that can be used are “Farmakologia ja Toksikologia” edited by Markku Koulu and Eero Mervaala or Rang, Ritter, Flower, Henderson: Rang & Dale's Pharmacology, Churchill Livingstone (latest edition). In addition, Duodecim and Suomen lääkärilehti publish articles of current advances in drug therapy.

Assessment methods and criteria:
The course includes an exam. Two failed answers in final exam result in failing of the exam.

Grading:
The course utilizes a numerical grading scale 1-5. In the numerical scale zero stands for a fail.
Person responsible:
Professor Risto Kerkelä

A540143: Physiology, 15 op

Voimassaolo: 01.08.2017 -
Opiskelumuoto: Basic Studies
Laji: Study module
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opintokohteen kielet: Finnish

ECTS Credits:
15 ECTS credits / 402 hours of work. Contains items 043030P (2 ECTS credits) ja 043031P (ECTS 5 credits) plus additional 8 ECTS credits / 215 hours of work.

Language of instruction:
Finnish. Some lectures, a practical and some of the term papers in English.

Timing:
The course unit is held in the autumn semester. The course must completed during the first two years of the Medical School curriculum.

Learning outcomes:
After completion of the course the student:
- knows the principles of the function, regulation, and interrelations of the cells, tissues and organ systems of the healthy human being, as required for independent work as a physician or dentist
- can evaluate the knowledge and apply it for investigations of clinical physiological problems and mechanisms of diseases
- can follow and evaluate the development of medical physiology as a science, and maintain and improve knowledge in it
- can apply knowledge in physiology for acquiring, evaluating and reporting scientific medical and dental information

After reaching the learning aims the student has sufficient knowledge and skills in physiology for studies leading to the degrees of Licenciate of Medicine and Licenciate of Dentistry, and for continuous learning.

Contents:
1. Cell physiology
2. Fundamentals of biophysics
3. Physiological functions of the body
4. Physiological regulation and integrative physiology
5. Applied physiology

Mode of delivery:
Face-to-face teaching

Learning activities and teaching methods:
Guidance and tutorial (3 h), lectures (106 h), practicals (38 h), term paper (2 h), interim and final examinations (8 h), independent study (245 h).

Target group:
Second year medical and dental students.

Prerequisites and co-requisites:
The student should have completed the courses of Anatomy, Cell Biology, and Medical Biochemistry & Molecular Biology.

Recommended or required reading:
- Ganong's Review of Medical Physiology (most recent edition).
- Lecture notes can be found in Optima Environment (http://optima.oulu.fi).

Assessment methods and criteria:
At the beginning of the course there is an examination on the subject of the practicals, which has to be passed. In the middle of the course there is an interim examination on the course contents 1 to 3, and at the end the final examination. The student has to obtain one third of the maximum points to pass these examinations. In addition, in the final examination only one answer may be under the pass limit (one third of the maximum points) though not zero. Detailed requirements can be found during the course period in the Optima Environment (http://optima.oulu.fi).

Grading:
Graded 1-5 or fail.
043030P: Physiology, term paper, 2 op

Voimassaolo: 01.08.2016 -
Opiskelumuoto: Basic Studies
Laji: Course
Vastuuyksikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opintokohteen kielet: Finnish

ECTS Credits:
2 ECTS credits /52 hours of work

Language of instruction:
Finnish. Some term paper subjects, tutorial and feedback sessions in English.

Timing:
Autumn semester. The term paper must be written during the first two years of the Medical School curriculum.

Learning outcomes:
After completion of the course the student:
- can better find and combine fundamental scientific and clinical knowledge and skills
- can evaluate critically new knowledge according to the EBM principles, and apply it in clinical work
- can better apply medical research in diagnosing diseases
- can better follow and evaluate medical knowledge, and maintain and develop the knowledge both in Finnish and English
- can apply knowledge in physiology for acquiring, evaluating and reporting scientific medical information
- can better serve as an authority in the medical field
- can better communicate medical knowledge both to professionals and laymen

Contents:
1. Term paper subject (choice from 10 titles)
2. Tutorial session (obligatory)
3. Obtaining and perusing the literature
4. Writing and submitting (via Urkund) the term paper
5. Feedback briefing session (obligatory)

Mode of delivery:
Face-to-face teaching and independent study

Learning activities and teaching methods:
Guidance and tutoring (1 h), writing and submitting the term paper (50 h), feedback session (1 h).

Target group:
Second year medical and dental students.

Prerequisites and co-requisites:
The student should have completed the courses of Anatomy, Cell Biology, and Medical Biochemistry & Molecular Biology.

Recommended or required reading:
- Literature search according to the subject matter. International peer-reviewed medical/dental literature (original publications and reviews).

Assessment methods and criteria:
Familiarising with the subject matter and writing the term paper. Detailed instructions can be found during the course period in the Optima Environment (http://optima.oulu.fi).

Grading:
Graded 1-5 or fail.

**Person responsible:**
Professor Olli Vuolteenaho

**Working life cooperation:**
No

043031P: Physiology interim exam, 5 op

**Voimassaolo:** 01.08.2016 -
**Opiskelumuoto:** Basic Studies
**Laji:** Course
**Vastuuysikkö:** Medicine
**Arvostelu:** 1 - 5, pass, fail
**Opintokohteen kielet:** Finnish

**ECTS Credits:**
5 ECTS credits /135 hours of work

**Language of instruction:**
Finnish. Some lectures and practicals in English.

**Timing:**
The course unit is held in the autumn semester. The course must completed during the first two years of the Medical School curriculum

**Learning outcomes:**
After completion of the course the student:
- knows the basic principles of the function, regulation, and interrelations of the cells, tissues and organ systems of the healthy human being, as required for independent work as a physician or dentist
- can critically evaluate the knowledge and apply it for investigations of clinical physiological problems and mechanisms of diseases
- can follow and evaluate the development of medical physiology as a science, and independently maintain and improve knowledge in it
- can creatively apply knowledge in basic physiology for acquiring, evaluating and reporting scientific medical and dental information

After reaching the learning aims the student has sufficient knowledge, skills and ability of basic physiology to apply them in further studies leading to the degrees of Licenciate of Medicine and Licenciate of Dentistry, and for continuous learning.

**Contents:**
1. Cell physiology
2. Fundamentals of biophysics
3. Physiological maintenance functions of the body

**Mode of delivery:**
Face-to-face teaching

**Learning activities and teaching methods:**
Lectures (56 h), practicals (23 h), independent study (56 h).

**Target group:**
Second year medical and dental students.

**Prerequisites and co-requisites:**
The student should have completed the courses of Anatomy, Cell Biology, and Medical Biochemistry & Molecular Biology.

**Recommended or required reading:**
Ganong's Review of Medical Physiology (most recent edition).
- Lecture notes can be found in Optima Environment (http://optima.oulu.fi).
Assessment methods and criteria:
Written examination. The student has to obtain one third of the maximum points to pass. Detailed requirements can be found during the course period in the Optima Environment (http://optima.oulu.fi).

Grading:
Graded 1-5 or fail.

Person responsible:
Professor Karl-Heinz Herzig

Working life cooperation:
No

043032P: Physiology group works, 2 op

Voimassaolo: 01.08.2016 -
Opiskelumuoto: Basic Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opintokohteen kielet: Finnish

ECTS Credits:
2 ECTS credits /52 hours of work

Language of instruction:
Finnish. One practical is in English.

Timing:
Autumn semester. The term paper must be written during the first two years of the Medical School curriculum.

Learning outcomes:
After completion of the course the student:
- can better find and combine fundamental scientific and clinical knowledge and skills
- can function as member of a team when performing medical procedures
- can make diagnostic decisions as a member of a team
- can apply medical knowledge to medical skills and procedures
- can better make diagnostic decisions based on firsthand empirical evidence
- can better apply differential diagnostics thinking in medical work
- can better handle errors in medical workup and learn from them

Contents:
1. Entry examination on the Physiology Practicals workbook (obligatory)
2. Seven practicals in clinically applied physiology (obligatory)
3. Two group sessions on medical biophysics (obligatory)

Mode of delivery:
Face-to-face teaching and independent study

Learning activities and teaching methods:
Entry examination (1 h), practicals and group sessions (34 h), independent study (15 h).

Target group:
Second year medical and dental students.

Prerequisites and co-requisites:
The student should have completed the courses of Anatomy, Cell Biology, and Medical Biochemistry & Molecular Biology.

Recommended or required reading:
- Ganong's Review of Medical Physiology (most recent edition).
Assessment methods and criteria:
Entry examination (multiple choice, pass/fail). Active participation in the practicals and the group sessions. Detailed instructions can be found during the course period in the Optima Environment (http://optima.oulu.fi).

Grading:
Pass/fail.

Person responsible:
Professor Karl-Heinz Herzig

Working life cooperation:
No

043033P: Physiology final examination, 6 op

Voimassaolo: 01.08.2016 -
Opiskelumuoto: Basic Studies
Laji: Course
Vastuuyksikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opintokohteen kielet: Finnish

ECTS Credits:
6 ECTS credits / 165 hours of work.

Language of instruction:
Finnish. Some lectures, practicals and term paper subjects in English.

Timing:
The course unit is held in the autumn semester. The course must completed during the first two years of the Medical School curriculum

Learning outcomes:
After completion of the course the student:
- knows the principles of the function, regulation, and interrelations of the cells, tissues and organ systems of the healthy human being, as required for independent work as a physician or dentist
- can evaluate the knowledge and apply it for investigations of clinical physiological problems and mechanisms of diseases
- can follow and evaluate the development of medical physiology as a science, and maintain and improve knowledge in it
- can apply knowledge in physiology for acquiring, evaluating and reporting scientific medical and dental information

After reaching the learning aims the student has sufficient knowledge and skills in physiology for studies leading to the degrees of Licenciate of Medicine and Licenciate of Dentistry, and for continuous learning.

Contents:
1. Cell physiology
2. Fundamentals of biophysics
3. Physiological functions of the body
4. Physiological regulation and integrative physiology
5. Applied physiology

Mode of delivery:
Face-to-face teaching

Learning activities and teaching methods:
Lectures (106 h), practicals (8 h), independent study (155 h).

Target group:
Second year medical and dental students.

Prerequisites and co-requisites:
The student should have completed the courses of Anatomy, Cell Biology, and Medical Biochemistry & Molecular Biology.

**Recommended or required reading:**
- Ganong's Review of Medical Physiology (most recent edition).
- Lecture notes can be found in Optima Environment (http://optima.oulu.fi).

**Assessment methods and criteria:**
Final examination. The student has to obtain one third of the maximum points to pass. In addition, a maximum of one answer may be under the pass limit (one third of the maximum points) though not zero. Detailed requirements can be found during the course period in the Optima Environment (http://optima.oulu.fi).

**Grading:**
Graded 1-5 or fail.

**Person responsible:**
Professor Olli Vuolteenaho

**Working life cooperation:**
No

### 043027P: Psychology for Medical Students, 4 op

**Voimassaolo:** 01.08.2016 -
**Opiskelumuoto:** Basic Studies
**Laji:** Course
**Vastuuysikkö:** Medicine
**Arvostelu:** 1 - 5, pass, fail
**Opettajat:** Tuula Hurtig
**Opintokohteen kielet:** Finnish

**Proficiency level:**
-
**Status:**
-
**Required proficiency level:**
-
**ECTS Credits:**
4 ECTS credits/106 hours of work
**Language of instruction:**
Finnish
**Timing:**
The course is held in spring semester, during periods III and IV

**Learning outcomes:**
A student learns to see a human and human development in lifespan, finds ways to observe and to influence on patients and their behaviour using psychological knowledge. Furthermore, an objective is to help future medical doctors and dentists to observe their influence on the behavior of patients, and to the health care system. Finally, a goal is to develop interactional skills of future doctors and to promote their wellbeing as students and doctors.

**Contents:**
Human psychological development from the perspective of developmental psychology, human behaviour from the perspective of social psychology, and motivation in health behaviour from the perspective of health psychology.

**Mode of delivery:**
The tuition will be implemented as contact teaching.

**Learning activities and teaching methods:**
Lectures 24 hours, pre-course material 5 hours, group teaching 10 hours, group work 5 hours, individual work 20 hours, web-based group discussion 5 hours.

**Target group:**
The course is compulsory for 1st year students of medicine and dentistry.

**Prerequisites and co-requisites:**
- 

**Recommended optional programme components:**
The course is integrated with English Module III.

**Recommended or required reading:**
Contents of the lectures, pre-course material in Optima.

**Assessment methods and criteria:**
Individual scientific essay, web-based discussion.

**Grading:**
The course utilizes verbal grading scale Pass/Fail

**Person responsible:**
University Lecturer Tuula Hurtig

**Working life cooperation:**
-

**Other information:**
-

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**043037P: Public Health, 6 op**

Voimassaolo: 01.08.2016 -
Opiskelumuoto: Basic Studies
Laji: Course
Vastuuyksikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Aino-Kaisa Rantala, Timo Hugg, Taina Lajunen
Opintokohteen kielet: Finnish

**ECTS Credits:**
6 ECTS credits / 163 hours of work

**Language of instruction:**
Finnish/English

**Timing:**
The course is held at the 2nd spring semester (C4).

**Learning outcomes:**
Upon completion of the course, the student will:
- understand the essential challenges of public health
- identify the common chronic diseases and their risk factors
- understand the structure and function of Finnish health care system
- be aware of the importance of assessment and surveillance of health status and promotion among population,
  and as an expert in health care sector he/she is able to put it into practice
- understand the system and the function of environmental health
- identify the most harmful environmental factors and the health risks associated with those
- understand the role of doctor in the field of environmental health
- understand the basic epidemiologic thinking, is able to define the basic concepts of epidemiology, is able to identify the central types of epidemiologic studies and know how to apply epidemiological methods in public health

**Contents:**
1. Basics of public health
   - Prevalence and incidence of population health in different phase of life
   - Lifestyle, behavior and health
   - Socioeconomic factors and health
   - Finnish health care system
   - Assessment and surveillance of health status among population
   - Health promotion
   - Global public health

2. Epidemiology
   - Causal thinking in epidemiology
   - Measures of disease occurrence and effect
   - Types of epidemiologic studies: cohort studies and case-control studies
   - Data analysis and reasoning
3. Environmental health
- Environment and health
- Risk factors in outdoor and indoor environments and their health effects
- Climate change, temperature and health
- Environmental radiation and noise
- Microbiological and chemical risks of drinking water and food
- Municipal environmental health control and exceptional situations related to environmental health
- Role of doctor in environmental health

Mode of delivery:
Face-to-face teaching and web-based teaching

Learning activities and teaching methods:
Lectures 19 h, group work 26 h, seminars 22 h, exams 6 h and independent work 94 h. Independent work includes preparation for the exams and producing the written works and presentations for the seminars. Written works, as population profile and health promotion, will be broken down in group meetings. Essay and presentation for the public health seminar are produced of the common chronic diseases as a group work. Environmental health part of the course will be covered during four half-day seminars. Epidemiology exercises will be performed as a group work. The course includes three exams.

Target group:
The students from medicine and dentistry

Recommended optional programme components:
The course has to be completed during preclinical period of medical and dental studies. The course is linked to Advanced course in public health sciences (040116A, C11) –course.

Recommended or required reading:
Required: Lecture material and exercise material.
Recommended literature:

Assessment methods and criteria:
Participation to the mandatory teaching as well as passing the written works, presentations and exams. The assessment criteria are based on the learning outcomes of the course.

Grading:
The course utilizes a numerical grading scale 1-5. In the numerical scale zero stands for a fail.

Person responsible:
Aino Rantala (Taina Lajunen ja Timo Hugg)

Working life cooperation:
Population profile and lifestyle guidance will be implemented during the practical training in health centers which is carried out during or before the course. The course includes the guest lectures of the environmental health.

043038P: Radiation Safety in Medicine, 2 op

Voimassaolo: 01.08.2016 -
Opiskelumuoto: Basic Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Miika Nieminen
Opintokohteen kielet: Finnish

ECTS Credits:
2 ECTS/53 hours of work

Language of instruction:
Finnish
Timing:
2nd autumn semester
Learning outcomes:
After the course the student can describe different forms of radiation and their application in medicine, explain the biological effects and mechanisms of radiation, define the decrees pertaining to the use of radiation and describe the
radiation safety measures in the hospital working environment. The student can apply knowledge in practice and guide others to safe working practices.

**Contents:**
Basics of radiation physics, basics of radiation biology, decree of radiation protection, radiation safety procedures in working environment, the use of radiation in medicine.

**Mode of delivery:**
Face-to-face teaching

**Learning activities and teaching methods:**
Lectures 20h, feedback session for independently performed assignments 2h, independent studying 32h, final exam.

**Target group:**
Students of medicine and dental medicine

**Recommended optional programme components:**
The course is an independent entity and does not require additional studies carried out at the same time. Nonetheless, the course relates to tuition of imaging diagnostics and oncology

**Recommended or required reading:**
Kliininen radiologia, Roberto Blanco Sequeiros ym (toim), Duodecim, 2016

**Assessment methods and criteria:**
Participation to lectures, mandatory session for reviewing study assignments, exam in Optima-environment.

**Grading:**
pass/fail

**Person responsible:**
Professor Miika Nieminen

**Working life cooperation:**
Lecturers are experts in clinical use of radiation.

**Other information:**
The course is statutory radiation protection education in medical training.

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**083010A: Acute medicine I, 7 op**

**Voimassaolo:** 01.08.2017 -

**Opiskelumuoto:** Intermediate Studies

**Laji:** Course

**Vastuuysikkö:** Medicine

**Arvostelu:** 1 - 5, pass, fail

**Opettajat:** Alahuhta, Seppo Matias, Janne Liisanantti

**Opintokohteen kielet:** Finnish

**ECTS Credits:**
7 ECTS credits / 189 hours of work

**Language of instruction:**
The course can be completed in English as a book examination associated with clinical training

**Timing:**
The course will be held for the first time during the period 2019-2020

**Learning outcomes:**
Learning outcomes are outcome descriptions showing, from the student’s point of view, what the student is expected to master at the end of the course in order to receive a passing grade. The learning outcomes are clear and simply stated sentences which describe student’s skills and which are easy to evaluate. The learning outcomes have been compiled enabling the student to reach them during the course. Write each learning outcome on a separate line as follows:

E.g. 1. “Upon completion of the course, the student will be able to:
- explain the software and hardware problematics of signal handling implementations and the roles of design solutions
- knows how to change the fixed point of a digital filter designed for floating point arithmetics into implementation and optimize the word lengths to reach the behavior complying with the specifications
- will be able to explain the most significant algorithm implementation structures and to recognize their applications
is able to model solutions that adapt signal handling of the fixed point passably, utilizing Matlab and Simulink software, and to interpret the gained results.

See further information about learning outcomes (in Finnish)

Prerequisites and co-requisites:
Pre-clinical studies
Person responsible:
Professor Seppo Alahuhta

083062A: Acute medicine II, 8 op

Voimassaolo: 01.08.2016 -
Opiskelumuoto: Intermediate Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Alahuhta, Seppo Matias
Opintokohteen kielet: Finnish

Proficiency level:
- Status:
- Required proficiency level:
- ECTS Credits:
8 ECTS credits
Language of instruction:
Finnish
Timing:
Sixth year
Learning outcomes:
The students will be motivated to refresh his or her knowledge in recognition, diagnostic and initial management of the critically ill patient.
The student knows the basics of the patient triage and is motivated to continuous learning and training in emergency medicine.
The student refreshes his or her knowledge on patient safety issues.
The students will be motivated to refresh his or her skills in communication, team working, leadership, hand-over, treatment of the critically ill patient in a multidisciplinary environment, and knowledge in trauma psychotherapy and patient safety.
The student knows the basics of the EMS system and organisation.
The student refreshes his/her skills on acute medicine.
The student refreshes his/her skills on acute surgery.

Contents:
Recognition, assessment and treatment of critically ill patient. Triage, leadership, situation awareness, communication, hand-over patient data, patient safety and trauma psychotherapy.

Mode of delivery:
Blended teaching

Learning activities and teaching methods:
Multidisciplinary simulation teaching for small groups including web-based pre-exam
Lectures
Two-day sessions in small groups focusing specific issues on acute medicine and critical care including OSCHE-exam

Target group:
Students of the sixth year
Prerequisites and co-requisites:
The required prerequisite is the completion of the following courses prior to enrolling for the course unit:
Anesthesiology 1

Recommended optional programme components:
-
Recommended or required reading:
Given during the course

Assessment methods and criteria:
Multidisciplinary simulation teaching for small groups including web-based pre-exam
Lectures
Two-day sessions in small groups focusing specific issues on acute medicine and critical care including OSCE-exam

Grading:
Pass/fail

Person responsible:
Clinical lecturer Janne Liisanantti

Working life cooperation:
-

Other information:
-

083000A: Basic clinical skills and tools in physician's work I, 5 op

Voimassaolo: 01.08.2016 -
Opiskelumuoto: Intermediate Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Olavi Ukkola, Hannuksela, Jokke Mikael
Opintokohteen kielet: Finnish

ECTS Credits:
5 ECTS

Language of instruction:
Finnish

Target group:
Medical doctor degree students, 3rd year

083001A: Basic clinical skills and tools in physician's work II, 2 op

Voimassaolo: 01.08.2016 -
Opiskelumuoto: Intermediate Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Essi Varkki
Opintokohteen kielet: Finnish

Status:
This course is compulsory to all students of medicine (MD degree)

ECTS Credits:
2 ECTS credits / 53 hours of work

Language of instruction:
This course is available only in Finnish

Timing:
The course is completed during the 4th year of studies

Learning outcomes:
After completion of the course students are able to:

- describe the principles of social and insurance medicine and systems and bring these principles to practice including different medical statements.
• understand an appropriate way to write prescriptions. The student knows authoritative regulations and restrictions concerning the prescription and delivery of pharmaceuticals.
• know the most essential patient recording systems used in primary health care.
• understand the concept of patient safety, and how promoting patient safety can prevent risk events and improve the effectiveness of care.
• understand the concept of human factor in health care and its significance to patient safety

Contents:
Health care and social security legislation and medical statements.
The most essential patient recording systems used in primary health care.
Laws and rules regarding prescribing. The construction of a prescription. The information to be entered to the prescription. The authoritative regulations concerning the prescription and delivery of pharmaceuticals. The role of pharmacy in drug delivery, pharmaceutical forms, the quality control and storage of pharmaceuticals.

Principles of patient safety.

Mode of delivery:
The tuition will be arranged as face-to-face teaching

Learning activities and teaching methods:
Lectures 14 hours
Prescription demonstration 2 hours
Small group teaching 4 hours

Target group:
Target group is medical students.

Prerequisites and co-requisites:
Completion of the course "Basic clinical skills and tools in physician’s work 1"

Recommended optional programme components:
This course is in connection with "Basic clinical skills and tools in physician’s work 1 ja 3"

Recommended or required reading:
Terveysportti: (http://www.terveysportti.fi)
The National Archive of Health Information www-pages (http://kanta.fi/en)
National legislation and guidance regarding prescribing (www.finlex.fi)

Assessment methods and criteria:
Small group teaching sessions are obligatory, and a written examination

Grading:
pass/ fail

Person responsible:
Professor of General Medicine

Working life cooperation:
Lectures lectured by a medical advisor from KELA (National social insurance institution)

083002A: Basic clinical skills and tools in physician’s work III, 4 op

Voimassaolo: 01.08.2016 -
Opiskelumuoto: Intermediate Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajan: Markku Timonen
Opintokohde: Finnish

083011A: Cardiology, 6 op

Voimassaolo: 01.08.2016 -
Opiskelumuoto: Intermediate Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Juha Perkiömäki
Opintokohteen kielet: Finnish

ECTS Credits:
6 credit points
Language of instruction:
Finnish
Timing:
The course will be delivered during the 3rd year medical studies (M.D. degree students)

Learning outcomes:
After completion of a course a student can.

- Knows how to examine a cardiological patient.
- Understands the principles of diagnostics, treatment and follow-up of coronary artery disease.
- Is able to recognize the different types of acute coronary syndrome, knows their acute and long-term treatment.
- Knows the etiology of heart failure, its diagnostics, treatment and follow-up.
- Understands the principles of diagnostics, follow-up and treatment of valvular diseases.
- Knows the etiological factors of myocarditis and the most common cardiomyopathies and their diagnostics and the principles of treatment
- Understands the general principles of the follow-up of the most common congenital heart diseases in adults.
- Knows the significance of cardiac premature depolarizations in different conditions, is able to adjust the needed further examinations in different situations and is able to assess, if the cardiac premature depolarizations need any specific
- Knows the most important risk factors of atrial fibrillation, is able to recognize atrial fibrillation, knows its classification, the strategies of rhythm and rate control, the indications and contraindications of anticoagulant treatment in different situations as well as the general principles of medical and electrical cardioversion. Knows the drugs used in the anticoagulant treatment.
- Is able to recognize supraventricular tachycardias, is ware of the principles of their acute and long-term treatment. Is also able to recognize WPW syndrome from an electrocardiogram during sinus rhythm.
- Is able to recognize ventricular tachyarrhythmias: ventricular fibrillation, sustained and nonsustained ventricular tachycardia. Knows their acute treatment and understands the principles of their long-term treatment. Understands in general the electrocardiographic and etiological differences of monomorphic, polymorphic and torsades de pointes ventricular tachycardias.
- Knows the factors which may cause cardiogenic syncope and knows the principles of their treatment.
- Is able to recognize pacemaker rhythm. Knows the general indications and basic treatment principles of pacemakers, implantable cardioverter-defibrillators and cardiac resynchronization therapy.
- Can measure QT interval from ECG and correct it for heart rate. Knows when one should suspect congenital or acquired (e.g., caused by drugs) long QT syndrome and how to manage with them.
- Understands the genesis of different waves and intervals of ECG in normal and pathological conditions. Can interpret normal ECG and understands when there is something abnormal. Knows how to register ECG.
- Particularly, is able to recognize the ECG abnormalities in acute coronary syndrome (ST elevation myocardial infarction, non-ST elevation myocardial infarction, unstable angina pectoris) and knows the differential diagnostics of these changes.
- Is able to recognize left ventricular hypertrophy and atrial load from ECG.
- Is able to recognize bundle branch blocks and hemiblocks from ECG.
- Can recognize the different degrees of the disturbances of atrial-ventricular conduction from ECG, understands the significance and possible need for treatment of these changes. Can also suspect sick sinus syndrome as a cause of bradycardia.
- Knows the basic principles of specific cardiological examinations, such as echocardiography, bicycle ergometer stress test, 24-hour electrocardiographic recording, coronary angiography and electrophysiological examinations.
- Knows the basic principles of specific cardiological treatments, such as percutaneous coronary intervention (PCI), the catheter ablation of arrhythmias and the implantation of pacemakers.
- Knows the basic principles of cardiac surgery, particularly coronary artery bypass grafting and heart valve surgery as well as the principles of extracorporeal circulation.
- Can recognize the major complications occurring after cardiac surgery.
- Knows the pathophysiology and treatment of chest injuries.
- Be able to insert a pleural drainage.
- Can recognize and treat pneumothorax.
- Can recognize and treat pericardial tamponade.
- Can make a diagnosis of acute lower limb ischemia, rupture of the abdominal aorta and aortic dissection and know the basic principles of treatment of this vascular emergencies
- Knows the basic principle of treatment of vascular disease.
- Knows the main diseases of the chest as well as general thoracic surgery procedures

Contents:
Clinical examination of a cardiological patient (anamnesis, status).
Diagnostics, treatment and follow-up of coronary artery disease.
The different types of acute coronary syndrome, acute treatment and the principles of long-term treatment.
Etiology, diagnostics, treatment and follow-up of heart failure.
Diagnostics, follow-up and treatment of valvular diseases.
Etiology, diagnostics and treatment of myocarditis and the most common cardiomyopathies.
Diagnostics and treatment of cardiac arrhythmias:
- Significance, evaluation and possible treatment of premature depolarizations
- Evaluation and general treatment principles of atrial fibrillation
- Evaluation and treatment of supraventricular tachycardias
- Significance and treatment of ventricular tachyarrhythmias
- Bradyarrhythmias, atrio-ventricular conduction disturbances, sick sinus syndrome

Interpretation of ECG:
- Normal ECG
- Myocardial infarction, ischemia and differential diagnostic aspects
- Hypertrophy and bundle branch blocks
- Tachyarrhythmias
- Disturbances of atrio-ventricular conduction
- Sick sinus syndrome
- Evaluation of QT interval
- Clinical evaluation of patients with chest trauma
- Clinical evaluation of patients with vascular diseases
- Clinical evaluation of patients with vascular emergencies (lower limb ischemia, rupture of the abdominal aortic aneurysm)
- Indications for coronary artery bypass grafting
- Indications for heart valve surgery
- Diagnosis of complications occurring after cardiac surgery
- Diagnosis of the causes of acute chest pain and/or dyspnea requiring cardiothoracic surgery.

Mode of delivery:
The course is implemented as face-to-face teaching.

Learning activities and teaching methods:
The course contains:
Small group teaching, theme day(s), lectures.

Target group:
Medical degree (M.D.) students of 3rd year.

Prerequisites and co-requisites:
Qualification of candidate of medicine

Recommended optional programme components:
The course is an independent unity.

Recommended or required reading:
Recommended textbooks:
Kustannus Oy Duodecim.
Braunwald’s Heart Disease, A Textbook of Cardiovascular Medicine (the latest edition).

Assessment methods and criteria:
There are examinations in the connection of cardiological small group teaching. This facilitates learning and the evaluation of learning. Dealing with and discussing about patient cases interactively helps to monitor students’ progress in learning. Polling equipments are used during the theme days to resolve patient cases, which also facilitates the evaluation of students learning. Interaction and use of polling equipments during lectures also facilitates the evaluation of students’ learning. Group teaching sessions on wads provides good opportunities for more learning. At the same time, the students’ learning can be monitored. At the end of the cardiological course, there is an examination, which evaluates cardiological knowledge widely.

Grading:
Numeric scale from 1 to 5 is used in the evaluation in the cardiological course. Score 0 corresponds a failed examination.

Person responsible:
Person in charge of the course: Juha Perkiömäki, Associate Professor

Working life cooperation:
Part of the teaching will be delivered in an authentic clinical working environment
083051A: Dermatology and venereology, 5 op

Voimassaolo: 01.08.2016 -
Opiskelumuoto: Intermediate Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Kaisa Tasanen-Määttä, Laura Huilaja
Opintokohteen kielet: Finnish

ECTS Credits:
5.0 ECTS / 148 hours of work
Language of instruction:
The tuition is arranged in Finnish
Timing:
The course unit is held in the autumn/spring semester C9-C10
Learning outcomes:
Objective of the course expressed in terms of learning outcomes: After this course the student has the knowledge and skills in diagnostics and treatment of common skin diseases in order to be able to work as a general practitioner or house officer. Furthermore, the student has basic skills to diagnose and treat allergological and venereal diseases.
Contents:
Mode of delivery:
The tuition will be implemented as lectures, theme days, face-to-face teaching and web-based teaching (Optima).
Learning activities and teaching methods:
Theoretical teaching 52 h
1. Lectures 32 h
2. Interactive lectures 6 h
3. Theme days 8h
4. Examinations 6 h

Practical teaching 15 h
1. Small group teaching in the outpatient ward 11 h
2. Small group teaching in the inpatient ward 6 h

Self study
1. Self study using material available in the Optima.

Target group:
Medical students
Prerequisites and co-requisites:
The recommended prerequisite is the completion of studies for previous semesters.
Recommended optional programme components:
The study cannot be completed alternatively
Recommended or required reading:
Books:

Assessment methods and criteria:
Initial examination has to be passed before starting the practical teaching. The end-of-course examination: books, lectures and small group teaching. Obligatory presence in the theme day teaching of allergology and in the theme day of venereology.
Grading:
The course unit utilizes a numerical grading scale 1-5.

The end-of-course examination contains 10 questions which are graded from 0-3. Maximal grade is 30 points and the level of acceptance is 15 points.

**Person responsible:**
Clinical lecturer Laura Huilaja

**Working life cooperation:**
No

**Other information:**
Research projects / Department of Dermatology
1. Molecular biology of bullous skin diseases
   Responsible person: professor Kaisa Tasanen-Määttä
   1 student per year

2. Epidemiology of skin diseases in Finland
   Responsible person: professor Kaisa Tasanen-Määttä
   1 student per year

3. Epidemiology of skin diseases in Northern Finland Birth Cohort (NFBC1966)
   Responsible person: professor Kaisa Tasanen-Määttä
   1 student per year

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**A540147: Diseases of the musculoskeletal system, 12 op**

**Voimassaolo:** 01.08.2017 - 
**Opiskelumuoto:** Intermediate Studies  
**Laji:** Study module  
**Vastuuysikkö:** Medicine  
**Arvostelu:** 1 - 5, pass, fail  
**Opettajat:** Leppilahti, Juhana Ilmari  
**Opintokohteen kielet:** Finnish

Ei opintojaksokuvauksia.

**Compulsory**

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**083022A: Diseases of the musculoskeletal system I: Surgery, 6 op**

**Voimassaolo:** 01.08.2016 - 
**Opiskelumuoto:** Intermediate Studies  
**Laji:** Course  
**Vastuuysikkö:** Medicine  
**Arvostelu:** 1 - 5, pass, fail  
**Opettajat:** Leppilahti, Juhana Ilmari  
**Opintokohteen kielet:** Finnish

**ECTS Credits:**

TULES I 6 ECTS  
SURGERY (lectures and exam)  
ORTHOPAEDICS AND TRAUMATOLOGY: 3,4 ECTS credits /89 hours of student's work  
PLASTIC SURGERY 0.75 CREDITS/16 h  
HAND SURGERY: 0.75credits / 16 h  
PATHOLOGY: 0.5, credits/ 15 h  
CHRONIC PAIN: 1 credits /27 h

**Language of instruction:**
Timing:
Third and fourth year of medical school

Learning outcomes:

ORTHOPAEDICS AND TRAUMATOLOGY
Upon completion of the course the student is able to perform profound clinical musculoskeletal examination of the patient and is able to evaluate the significance of the findings of the examination and make a diagnosis.
Furthermore student is able to treat the most common musculoskeletal disorders and injured patients at the level of the primary health care.
Furthermore student is able to evaluate when to refer the patient with the injury or musculoskeletal disorder to the specialized medical care for the examinations and treatment.

PLASTIC SURGERY:
After completion the course the student
- knows the main features of the plastic surgery and what kind of patients are treated by plastic surgeons
- knows how to study the plastic surgeon patient
- can treat in primary health certain patients (small, superficial burns, dermatologic tumors, subcutaneous tissue tumors, etc.)
- is able to evaluate when to send a plastic surgeon patient to the spesial health care unit for studies and treatment
- can make an appropriate referral to special health care

HAND SURGERY:
Upon completion of the course the student knows the anatomy and biomechanics of the hand, understands how a hand surgical patient is being studied, can identify various types of diseases and injuries in the hand, and can evaluate when to send a patient to a specialist health care unit.

PATHOLOGY
Upon completion of the course, the student is able to describe etiology, pathogenesis and basic patterns of progression of diseases and conditions included in the course, is able recognize their most important macroscopical and microscopical features and their association with symptoms and clinical findings, and to use all of this knowledge in clinical diagnostics and selection of treatment. The student is able to use diagnostic pathology services in the clinical work of general practicner, and knows their main limitations and sources of error.

CHRONIC PAIN
Upon completion of the course, the student is able to describe the significance of chronic pain in public health and economy, can explain the mechanisms of chronic pain, transmission and regulation in the nervous system and design the treatment of pain.
Student can classify chronic pain, take pain anamnnesis and pain status, can apply chronic pain medicines, and take advantage of multiprofessional vision in the diagnosis and treatment of chronic pain patient.

Contents:

ORTHOPAEDICS AND TRAUMATOLOGY:
Musculoskeletal disorders; examination, diagnostics and the treatment.
Traumatology, examination of the single injuries and multi-trauma patient, diagnostics and the treatment

PLASTIC SURGERY:
Examination, diagnostics and the treatment.

HAND SURGERY:
Examination, diagnostics and the treatment.

PATHOLOGY
Etiology, pathogenesis and basic patterns of progression of diseases in the course, and most important macroscopical and microscopical features

CHRONIC PAIN
Mechanism of chronic pain, transmission and regulation. Examination, diagnostics and treatment

Mode of delivery:

ORTHOPAEDICS AND TRAUMATOLOGY:
Face-to-face teaching

PLASTIC SURGERY:
Face-to-face teaching

HAND SURGERY:
Face-to-face teaching

PATHOLOGY:
Face-to-face teaching

CHRONIC PAIN:
Multiple teaching

Learning activities and teaching methods:
One common exam including the whole course (MUSKE I)
ORTHOPAEDICS:
Lectures 12

TRAUMATOLOGY:
Lectures 7h

PLASTIC SURGERY:
Lectures 8h
Self study 30h

HAND SURGERY:
Lectures 10h

PATHOLOGY:
Lectures 4h

CHRONIC PAIN:
Lectures 4h, exam

Target group:
Third and fourth year medical students

Prerequisites and co-requisites:
The required prerequisite for the course is the completion of the first and second year’s preclinical studies as well as the online optima course exam of surgery has to be passed.

Recommended optional programme components:

ORTHOPAEDICS AND TRAUMATOLOGY:
Musculoskeletal anatomy course from the first year will be a good base for this course. The course of radiology, situated at third year, will be supportive for this course as well.

PLASTIC SURGERY:
Multiprofessionality is emphasized.
Mamma surgery: Co-operation with onkology, radiology and pathology.
Lower limb ulcers; Co-operation with dermatologist, diabetes doctor, vascular surgeon and orthopaedic surgeon.

HAND SURGERY:
Musculoskeletal anatomy course from the first year will be a good base for this course. The course of radiology at third year and pathology will be supportive for this course as well.

PATHOLOGY:
Musculoskeletal anatomy in the first year and radiology in the third year.

CHRONIC PAIN:
The student has completed Acutology I at third year.

Recommended or required reading:

ORTHOPAEDICS:
Textbook: Orthopaedics, kandidaattikustannus Oy, 2012

TRAUMATOLOGY:
Textbook: Traumatology, 7.renewed edition: Kandidaattikustannus oy 2010
Current treatment recommendations: Osteoarthritis of hip and knee, Low back pain, Tendinitis of the shoulder

OPTIMA: lecture and group-study materials

PLASTIC SURGERY:
Textbook: SURGERY, Duodecim 2000

Next paragraphs:

1. Wound healing
2. Surgical infections
3. Instruments
4. Wound saturation
5. Dirty and contaminated wounds
6. Small surgical procedures
29.Burn-frostbite injuries*
31.Gas gangrene
73.Mammary gland*
74. Plastic Surger

Current treatment recommendations:
Diabetic foot problems 2009
Chronic lower limb ulcer 2014
Breast cancer, diagnostics and treatment 2016
Handbook: Breast reconstruction

OPTIMA: Lecture materials

HAND SURGERY:
Textbooks: HAND SURGERY, Candidate edition, 2016
Current treatment recommendations: hand and forearm stress disorders, distal radius fractures

OPTIMA: Lecture materials

PATHOLOGY:
- Textbook: Pathology (Duodecim; in Finnish) or: Kumar: Robbins Basic Pathology, 9th ed., section 21, Musculoskeletal system: Joints, Bones, soft tissue tumors.
- Lecture notes in Optima; Material for virtual microscopy practicals in PathXL.

CHRONIC PAIN:
- Guides:
  - Cancer pain treatment (in finnish) [http://www.suomenkivuntutkimusyhdistys.fi/system/files/files/Sy%C3%B6p%C3%A4kivunhoito-opas.pdf](http://www.suomenkivuntutkimusyhdistys.fi/system/files/files/Sy%C3%B6p%C3%A4kivunhoito-opas.pdf)

Assessment methods and criteria:
- One common exam including the whole course (MUSKE I). Questions are from all courses

Grading:
- MUSKE I includes 1 numeric grading (0-5).

Person responsible:
- Professor Juhana Leppilahti

Working life cooperation:
- Part of the teaching will take place in authentic hospital and/ or health center environment.

083023A: Diseases of the musculoskeletal system II: Surgery, 3 op

Voimassaolo: 01.08.2016 -
Opiskelumuoto: Intermediate Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Leppilahti, Juhana Ilmari
Opintokohteen kielet: Finnish

ECTS Credits:
- 3 credits points

Language of instruction:
- Finnish

Timing:
- Third and fourth year MD students

Learning outcomes:

ORTHOPAEDICS AND TRAUMATOLOGY
- Upon completion of the course the student is able to perform profound clinical musculoskeletal examination of the patient and is able to evaluate the significance of the findings of the examination and make a diagnosis.
- Furthermore student is able to treat the most common musculoskeletal disorders and injured patients at the level of the primary health care.
- Furthermore student is able to evaluate when to refer the patient with the injury or musculoskeletal disorder to the specialized medical care for the examinations and treatment.

PLASTIC SURGERY:
- After completion the course the student
  - knows the main features of the plastic surgery and what kind of patients are treated by plastic surgeons
  - knows how to study the plastic surgeon patient
  - can treat in primary health certain patients (small, superficial burns, dermatologic tumors, subcutaneous tissue tumors, etc.)
  - is able to evaluate when to send a plastic surgeon patient to the special health care unit for studies and treatment
- can make an appropriate referral to special health care

PATHOLOGY
Upon completion of the course, the student is able to describe etiology, pathogenesis and basic patterns of progression of diseases and conditions included in the course, is able recognize their most important macroscopical and microscopical features and their association with symptoms and clinical findings, and to use all of this knowledge in clinical diagnostics and selection of treatment. The student is able to use diagnostic pathology services in the clinical work of general practitioner, and knows their main limitations and sources of error.

CHRONIC PAIN
Upon completion of the course, the student is able to describe the significance of chronic pain in public health and economy, explain the mechanisms of chronic pain, transmission and regulation in the nervous system, and design the treatment of pain.
Student can classify chronic pain, take pain anamnesis and pain status, can apply chronic pain medicines, and take advantage of multiprofessional vision in the diagnosis and treatment of chronic pain patient.

Contents:

ORTHOPAEDICS AND TRAUMATOLOGY:
Theme days, seminars and small group teaching.
Musculoskeletal disorders; examination, diagnostics and the treatment.

TRAUMATOLOGY:
examination of the single injuries and multi-trauma patient, diagnostics and the treatment

PLASTIC SURGERY:
2 theme days

PATHOLOGY:
Small group teaching

CHRONIC PAIN:
Theme days, seminars, preliminary tasks

Mode of delivery:

Face-to-face teaching

Learning activities and teaching methods:

ORTHOPAEDICS:
theme day/seminars 9 h, small group teaching 4.5 h

TRAUMATOLOGY:
small-group teaching 4.5h

PLASTIC SURGERY:
Two theme days 12h

PATHOLOGY:
group teaching 2h

CHRONIC PAIN:
group teaching 2 h, seminar 6 h, preliminary tasks

Target group:
Third and fourth year MD students

Prerequisites and co-requisites:
The first and second year preclinical studies have been successfully completed, as well as the start of the course Optima Network Exam must be completed successfully.

Recommended optional programme components:

ORTHOPAEDICS AND TRAUMATOLOGY:
Musculoskeletal anatomy course from the first year will be a good base for this course. The course of radiology, situated at third year, will be supportive for this course as well.

PLASTIC SURGERY:
Multiprofessional is emphasized.
Mamma surgery: Co-operation with onkology, radiology and pathology.
Lower limb ulcers; Co-operation with dermatologist, diabetes doctor, vascular surgeon, orthopaedic surgeon and infection doctor.

PATHOLOGY:
Musculoskeletal anatomy in the first year and radiology in the third year.

CHRONIC PAIN:
The student has completed Acutology I at third year.

Recommended or required reading:

ORTHOPAEDICS:
Textbook: Orthopaedics, kandidaattikustannus Oy, 2012

TRAUMATOLOGY:
Textbook: Traumatology, 7. uusittu painos, Kandidaattikustannus oy 2010
National level treatmentline recommendations: Osteoarthritis of hip and knee, Low back pain, Tendinitis of the shoulder

OPTIMA: lecture and group-study materials

PLASTIC SURGERY:
Textbook: SURGERY, Duodecim 2000
Next chapters (*important):
1. Wound healing
2. Surgical infections
3. Instruments
4. Wound saturation
5. Dirty and contaminated wounds
6. Small surgical procedures
7. Burn-frostbite injuries*
8. Gas gangrene
9. Mammary gland*
10. Plastic Surgery*

Current treatment recommendations:
- Diabetic foot problems 2009
- Chronic lower limb ulcer 2014
- Breast cancer, diagnostics and treatment 2016

Handbook: Breast reconstruction
OPTIMA: Lecture materials

PATHOLOGY:
PATHOLOGY: Textbook: Patologia (Duodecim; in Finnish) or: Kumar: Robbins Basic Pathology, 9th ed., section 21, Musculoskeletal system.

Lecture notes in Optima; Material for virtual microscopy practicals in PathXL.

CHRONIC PAIN:
Guides:
- Cancer pain treatment (in finnish) [http://www.suomenkivuntutkimusyhdistys.fi/system/files/files/Sy%C3%B6p%C3%A4kivunhoito-opas.pdf](http://www.suomenkivuntutkimusyhdistys.fi/system/files/files/Sy%C3%B6p%C3%A4kivunhoito-opas.pdf)

Assessment methods and criteria:
Participation in theme days, seminars and small group teaching

Grading:
Pass/ Fail

Person responsible:
Professor Juhana Leppilahti

083024A: Diseases of the musculoskeletal system III: Physiatry and rheumatology, 3 op

Voimassaolo: 01.08.2016 -
Opiskelumuoto: Intermediate Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Karjalainen, Anna Helena, Karppinen, Jaro Ilari
Opintokohteen kielet: Finnish

ECTS Credits:
MUSKE III: PHYSIATRY and RHEUMATOLOGY 3 ECTS

Language of instruction:
Finnish

Learning outcomes:
PHYSIATRY:
Upon completion the student understands the principles of diagnostics, differential diagnostics, treatment and evaluation of functional ability of musculoskeletal problems. The student is able to adapt his/her knowledge to primary health care practice.

**RHEUMATOLOGY:**
After completing the course, the student knows the general diagnosis, treatment and care of arthritis and other rheumatic diseases, identifies the patients who are being sent to special medical care and takes care of further care, knows indications, contraindications, techniques and devices of joint injections, as well as in the required extent immunosuppressive and biological anti-rheumatic drugs and perceives the multiprofessional care of rheumatic diseases.

**Contents:**

**PHYSIATRY:**
The definitions and assessment methods of functional ability during a thematic day in spring (1/2 day)
From Oppiportti webportal [http://www.oppiportti.fi/op/okk00008](http://www.oppiportti.fi/op/okk00008) musculoskeletal disorders part of the clinical physiatry. Two questions & answers sessions of musculoskeletal disorders in autumn.
Clinical examination of a musculoskeletal patient in health care center (together with rheumatology)

**Mode of delivery:**

**PHYSIATRY:**
Webportal lectures of musculoskeletal disorders and two questions & answers sessions in autumn.
Thematic day (1/2 day) with focus on functional ability.
Clinical examination of musculoskeletal patients in health care center.

**RHEUMATOLOGY**
Face-to-face teaching.

**Learning activities and teaching methods:**

**PHYSIATRY:**
Webportal lectures ca. 450 min. Questions and answers sessions of internet lectures 3h
Assessment of a patient with musculoskeletal disorder at the 4th study year (2h).
½ thematic day (3h)

**RHEUMATOLOGY:**
Lectures 12h
Group teaching together with physiatry

**Target group:**

**PHYSIATRY:**
Fourth year medical students

**RHEUMATOLOGY:**
Fourth year medical students

**Prerequisites and co-requisites:**
The required prerequisite for the course is the completion of the first and second years.’s preclinical studie

**Recommended optional programme components:**

**PHYSIATRY:**
Clinical examination of health care center patient organized together with rheumatology

**RHEUMATOLOGY:**

**Person responsible:**

**PHYSIATRY**
Professor Jaro Karppinen.
Professor Mauri Kallinen

**RHEUMATOLOGY**
MD, PhD Anna Karjalainen

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083021A: Forensic Medicine, 4 op

**Voimassaolo:** 01.08.2016 -
**Opiskelumuoto:** Intermediate Studies
**Laji:** Course
**Vastuuysikkö:** Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Philippe Lunetta
Opintokohteen kielet: Finnish

ECTS Credits:
4 ECTS credits / 90 hours of studies

Language of instruction:
Finnish

Timing:
The course is held in the spring semester. It is recommended to complete the course during the spring semester on the 4th year of a student studies.
The course will be held for the first time in the academic year 2020-2021

Learning outcomes:
Once the course has been completed, the student will:

- know the main aspects of the Finnish medico-legal system and the outlines of medical legislation
- be able to detail the legislation concerning the assessment of cause of death and to list the indications for the medico-legal assessment of cause of death and apply them in practice
- be able to specify the main causes of natural, sudden and unexpected death
- recognize primary and secondary post-mortem changes and their value to diagnose death and the time of death
- recognize the different types of physical injuries and be able to assess their mechanisms of production and their age
- manage to use appropriate medico-legal procedures and approaches to determine the cause and manner of death
- manage to perform the main clinical forensic medicine investigations (sexual crimes, toxicological investigations, body packer) according to the current legislation
- manage to compile a certificate of cause of death and write a medico-legal statement in criminal cases, using the current rules and legislation

Contents:
1. Organization of Forensic Medicine in Finland
2. Investigations into the cause of death and forensic traumatology
   - legislation
   - primary and secondary post-mortem changes
   - assessment of the time of death
   - vital reaction and wound age estimation
   - sudden unexpected natural death
   - injury deaths
   - blunt injuries
   - injuries by sharp instruments
   - gunshot wounds
   - other injuries
   - drowning
   - other asphyxia deaths
   - cadaver’s external examination and the related report
3. Clinical forensic medicine
   - sexual crimes
   - crimes against life and healthy
   - body packers
   - driving under the influence of alcohol and drugs
   - medico-legal reports and criminal law
4. Other branches of forensic medicine
   - forensic toxicology
   - forensic genetic
   - forensic odontoiatry
5. Legislation concerning medical activities
   - Monitoring medical doctors
   - Complaints against medical doctors
   - Medical doctor’s and patient’s legal status
6. Collaboration between medical doctors and authorities

Further details on the course contents will be provided later

Mode of delivery:
Face-to-face teaching

**Learning activities and teaching methods:**
Lectures 30 h / Autopsy and external examination, group teaching 10 h / Self-studies 50 h (total 90 h = 4 ECTS credits)

Further details on learning activities and teaching methods will be provided later

**Target group:**
Medical Degree students, 4th year

**Prerequisites and co-requisites:**
The courses of the previous academic years must have been passed

**Recommended optional programme components:**
Possible recommended optional programme components will be provided later

**Recommended or required reading:**
Textbook:
Other suggested textbooks:
- Di Maio D, Di Maio VJM. Forensic Pathology, CRC Press, Boca Raton, 2001

Further and updated details on recommended or required reading will be provided later

**Assessment methods and criteria:**
Participation to lectures, group-teaching, cadaver’s external examination and autopsy.
Participating and passing the final examination

**Grading:**
Details on the grading system will be provided later

**Person responsible:**
Philippe Lunetta, Professor in Forensic Medicine

**Working life cooperation:**
The course includes guest lectures or group teaching by specialists in forensic medicine of the National Institute for Health and Welfare (NIHW). The cadaver’s external examination and autopsy demonstrations will be held in the autopsy rooms of the NIHW.

**Other information:**
The course is included in the medical degree program of the new curriculum starting in 2017. The first year the course will be held is given under the “TIMING” section.

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**083012A: Gastrointestinal diseases, 8 op**

Voimassaolo: 01.08.2016 -
Opiskelumuoto: Intermediate Studies
Laji: Course
Vastuuyksikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Vasunta, Riitta-Liisa, Mäkelä, Jyrki Tapani, Jukka Palm
Opintokohteen kielet: Finnish

ECTS Credits:
8 ECTS credits

Language of instruction:
Finnish

Timing:
The course is held during years 3.-6. of medical education, mainly in the 3th year.

**Learning outcomes:**
Gastroenterology: Upon completion of the course the student will be able to
- know the diagnostical criteria of typical gastroenterological and gastrosurgical illnesses, their treatment and situations when senior consultation is needed
- independently diagnose common gastroenterological and gastrosurgical diseases based on the anamnesis, status and clinical findings
- start medication in acute gastroenterological and gastrosurgical situations and recognizes emergency situations when immediate consultation is mandatory
- differentiate gastroenterological and gastrosurgical entities from each other

Contents:
The basic concepts of gastroenterological and gastrosurgical diseases and their treatment.
**Mode of delivery:**
Face-to-face-teaching, lections, seminars, bed side-learning, learning in policlinic and emergency department, independent learning by literature, task-based learning

**Learning activities and teaching methods:**
Gastroenterology: lections 12 h, optional lection 2 h (6th year), bed side-learning (2 h), learning practical skills in gastroenterological unit (10-16 students), additional demonstration in enteroscopy (1-2h + 2 h), voluntary participating in patient appointments with gastroenterologist (0-3 h), possibility to produce a limited dissertation in gastroenterology (1-6 students/year). Studying independently 60 h.
Gastroenterology + gastrosurgery: seminarium (3x8h + preparing hours for the preparing student group 15-20 h).

**Target group:**
Medical students (3th-6th years)

**Prerequisites and co-requisites:**
Years 1.-2. (preclinical years) completed

**Recommended optional programme components:**
The course in an independent entity.

**Recommended or required reading:**

**Assessment methods and criteria:**
Gastroenterology and gastrosurgery: collaborated exam. Grading system 1-5, zero stands for a fail

**Grading:**
The course utilizes grading scale 1-5. Zero stands for a fail. Students are supposed to read additional specified literature before the lections and bed side-learning appointments. Learning will be controlled mutually or literally during the course.

**Person responsible:**
Riitta-Liisa Vasunta, clinical teacher

**Working life cooperation:**
Possibility to participate in working life during duty on department.

**Other information:**
The student practises in acute care, policlinical appointments and patient care at hospital as part of bed side-learning. The student takes part of operations during their on duty at the surgical unit. The on duty period at the internal medicine and gastrsurgical department consists of following the senior round, examining the patient independently and following the examinations (e.g. endoscopic and radiological examinations).

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**083034A: General practice, 5 op**

Voimassaolo: 01.08.2016 -
Opiskelumuoto: Intermediate Studies
Laji: Course
Vastuuyksikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Markku Timonen
Opintokohteen kielet: Finnish

ECTS Credits:
5 ECTS /132,5 hours of work
Language of instruction:
Finnish
Timing:
The course is completed during the 4th year of studies

Learning outcomes:
After completion of the course students is able to
- use holistic biopsychosocial approach to a patient
- use family-centered approach in clinical practice
- use multidisciplinary team in network meetings while helping patient and his/her family
- use holistic approach to assessment of older adults' special needs during inpatient admission
- diagnose and treat typical acute diseases of older adults'
- understand the main principles in pain relief and palliative care of older adults’
to write a treatment and rehabilitation plan

Contents:
- patient-centered interview
- holistic biopsychosocial approach
- family-centered approach
- multidisciplinary team work
- holistic approach to older adults’ diseases
- management of pain relief and palliative care of older adults’
- critical reiew of medicines
- Treatment and rehabilitation plan

Mode of delivery:
The course will be arranged as face-to-face teaching.

Learning activities and teaching methods:
Lectures 12 hours, prescription demonstration 2 hours, small group teaching 4 x 4 hours, and one week (5 days * 8 h = 40 h) practical work in health center wards

Target group:
Forth year medical students

Prerequisites and co-requisites:
The earlier courses of general practice

Recommended optional programme components:
A part of the continuum of the courses of general practice in basic medical education.

Recommended or required reading:
A text book of general practice, Duodecim
A text book of geriatry, Duodecim

Grading:
Pass/Fail

Person responsible:
Markku Timonen / Juha Auvinen

083054A: Genomic Medicine II, 3 op

Voimassaolo: 01.08.2016 -
Opiskeluumo: Intermediate Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Jukka Moilanen, Karppinen, Peppi Leena Elina
Opintokohteen kielet: Finnish

Leikkaavuudet:
083056A Medical Genetics II 3.0 op
080505A Clinical genetics 2.0 op

Ei opintojaksokuvauksia.

083061A: Geriatrics, 4 op

Voimassaolo: 01.08.2016 -
Opiskeluumo: Intermediate Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Antikainen, Riitta Liisa
Opintokohteen kielet: Finnish

Proficiency level:
-
Status:
Required proficiency level:

ECTS Credits:
5 ECTS credits

Language of instruction:
Finnish

Timing:
C11

Learning outcomes:

Contents:

Mode of delivery:

Learning activities and teaching methods:

Target group:

Prerequisites and co-requisites:

Recommended optional programme components:

Recommended or required reading:

Assessment methods and criteria:

Grading:

Person responsible:
Professor Riitta Antikainen

Working life cooperation:

Other information:

083013A: Hematology and Endocrinology, 5 op

Voimassaolo: 01.08.2016 -
Opiskelumuoto: Intermediate Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Hannuksela, Jokke Mikael, Olavi Ukkola
Opintokohteen kielet: Finnish

ECTS Credits:
5 ECTS credits

Language of instruction:
Finnish

Target group:
3rd year M.D. degree students of University of Oulu
Prerequisites and co-requisites:
Pre-clinical studies

083030A: Infections and respiratory diseases, 5 op

Voimassaolo: 01.08.2016 -
Opiskelumuoto: Intermediate Studies
Course: Nephrology/Urology, 6 op

Voimassaolo: 01.08.2016 -
Opiskelumuoto: Intermediate Studies

ECTS Credits: 5 ECTS
Language of instruction: Finnish

Timing:
The course is held in the autumn and spring semesters, during the 4th year (C7-8)

Learning outcomes:
Upon completion of the course, the student will be able to diagnose and treat the most common pulmonary and infectious diseases on the level of primary health care. The student also knows how to prevent infectious and pulmonary diseases and is able to identify and deal with emergency situations of these conditions. In addition, the student knows the basic epidemiology of pulmonary and infectious diseases and the main principles of controlling epidemic infections

Contents:
The most essential respiratory and infectious diseases, their treatment, prevention and identification of rare, more serious infectious conditions are covered from a general practitioner’s point of view.

Mode of delivery:
Face-to-face teaching
Lectures
Web-based learning

Learning activities and teaching methods:
Various teaching and learning methods are used in the course:
There are lectures, seminaries, small group and bedside lessons as well as written exams. Teaching is compulsory apart from lectures.

Target group:
Medical degree students, C7-C8

Prerequisites and co-requisites:
Student must have completed interviewing and examining patients - course

Recommended optional programme components:
The course is performed simultaneously with other studies of the fourth year.

Recommended or required reading:
Textbooks:
Kaarteenaho R, Brander P, Halme M, Kinnula V. Keuhkosairaudet – Diagnostiikka ja hoito (Duodecim, in Finnish)
Käypä hoito –recommendations, which are applicable for the course (in Finnish)
Separate papers
Web courses

Assessment methods and criteria:
Attendance in the compulsory teaching and passing the examinations.

Grading:
The course utilizes a numerical grading scale 1-5. In the numerical scale zero stands for a fail.

Person responsible:
Professor Riitta Kaarteenaho, docent Timo Hautala

Working life cooperation:
Small group classes on the ward and at the outpatient department are to apply the theoretical knowledge to practice in authentic environment.
Learning outcomes:

- The student recognizes and is able to raise conversation with the patient about voiding disorders in the holistic patient care. He/She recognizes treatment requirements of abnormal symptoms and findings.
- The student observes and recognizes common renal and urinary tract symptoms and is able to diagnose these on the primary care level.
- The student is able to treat and follow up e.g. the benign prostatic hyperplasia patient and recognizes the situations, when the patient needs to be examined and treated in specialized care.
- The student understands the principles of cancers of the kidneys and urinary tract.
- The student is able to treat emergency situations of the urinary tract and urinary tract trauma on the first aid level in the emergency department.
- Student is able to treat acute urinary retention.
- Student knows the main causes, diagnosis and the treatment of acute kidney injury.
- Student recognizes nephrotic syndrome, knows the etiology and the diagnostic examinations.
- Student knows how to diagnose diabetic nephropathy, knows main principles of the treatment and the follow-up.
- Student knows the most common glomerulonephritis, interstitial nephritis, polycystic kidney disease and renal vasculitis.
- Student recognizes chronic renal insufficiency and knows the management.
- Student is familiar with the renal replacement therapies.

Contents:

- Congenital anomalies of the urinary tract.
- Disseminated kidney cancer treatment in special care.
- Catheterization of urinary bladder.
- Prostatic diseases diagnosis and treatment.
- Hemotamponation of the urinary bladder.
- The diagnosis and treatment of hematuria.
- Urinary tract trauma and emergency care.
- Diagnosis and treatment of urethral diseases.
- Diagnosis and treatment of voiding disorders.
- Evaluation of kidney function and urinary analysis.
- Diagnosis and treatment of the most common renal diseases: diabetic nephropathy, glomerulonephritis, polycystic kidney disease, tubulointerstitial nephritis and renal vasculitis.
- Chronic renal insufficiency: conservative and active management.

Mode of delivery:
Blended teaching.

Learning activities and teaching methods:

Urology:
Lectures 24h (+ self learning 24h)
Patient centered student group teaching
on the urological ward and outpatient clinic 4h (self learning 8h)
Theme days 12h (+ self learning 12h)
Exam 8h
Final Exam 32h

Nefrology:
Lectures 12h
Patient centered group teaching 2h
Seminars 4h
Exam
Final exam

**Target group:**
3rd year medical degree students

**Prerequisites and co-requisites:**
Previous studies completed acceptably.

**Grading:**
Numeric 1-5.
Value 0 stands for fail.

**Person responsible:**
Teija Parpala, clinical teacher

**Working life cooperation:**
Part of the teaching will take place in the clinical hospital environment.

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083032A: Neurology and Neurosurgery, 9 op

**Voimassaolo:** 01.08.2016 -

**Opiskelumuoto:** Intermediate Studies

**Laji:** Course

**Vastuuysikkö:** Medicine

**Arvostelu:** 1 - 5, pass, fail

**Opettajat:** Majamaa, Kari Gunnar

**Opintokohteen kielet:** Finnish

**ECTS Credits:**
9 ECTS credits

**Language of instruction:**
Finnish

**Timing:**
The course begins in the autumn semester and major part is in the spring semester. The course is available from 2020 – 2021.

**Learning outcomes:**
The course supports the professional growth of students and increases their ability to meet the patients. After the course the students will be able to diagnose and treat neurological and neurosurgical patients as primary health care physician and will be able to work in a multiprofessional work community.

- After completion of the course, the student
  - masters the basics of neurology and neurosurgery, neuroradiology and clinical neurophysiology at the level required from general practioner
  - is able to perform the neurological examination on a patient and interpret the findings
  - understands the most important clinical features and neuropathological changes of neurological and neurosurgical disease progression and major changes in the anatomic structures explaining the manifestations of various symptoms and findings
  - is able to evaluate the urgency of neurological and neurosurgical conditions and understands the life-threatening nature of these diseases. The course educates the student to diagnose and give emergency treatment to neurological and neurosurgical acute patients at the hospital ER clinic
  - knows the indications of the most common neurophysiological and neuroradiological examinations and is able to interpret their results

**Contents:**
- Course opening and initial information
- Lectures, can be followed online (recorded)
- Seminars, can be followed online (partly recorded)
- The initial exams (neurology and neurosurgery)
- Group teaching of clinical neurological examination
- Contact teaching period (group teaching)
  - at the outpatient clinic
  - at the hospital ward of neurosurgery and in the operating room
  - the neurology ward section [spinal tap training with the simulator, attending ward round, teaching session on stroke, examining the patients, teaching session on summary of the section]
- attending emergency clinic work of neurology
  - Exam after the contact teaching period (neurology)
  - Final exam

Exchange students can also earn 3.0 ETCS credits (Neurosurgery) through the Erasmus program clinical elective. This requires full time (8.00 am – 3.45 pm) participation in all clinical activities for minimum of one week and participation in group sessions. For ETCS credits the final examination in neurosurgery section must be passed.

**Learning activities and teaching methods:**
Lectures, small group teaching, clinical studies

**Target group:**
Medical degree students, 4th year.

**Prerequisites and co-requisites:**
Preclinical studies, clinical studies during the 3rd year

**Recommended optional programme components:**
The course is an independent entity and no simultaneous studies are required

**Recommended or required reading:**
Requirements in the final exams include all theory and practice taught during the course and the material used and the corresponding subjects in the textbooks:
- Neurology (Duodecim). Link to the textbook: [http://www.oppiportti.fi/op/neu00001/do](http://www.oppiportti.fi/op/neu00001/do)
- Chapter on Neurosurgery in the textbook Surgery (Duodecim). Link to the textbook: [http://www.oppiportti.fi/op/opk04494](http://www.oppiportti.fi/op/opk04494)
- Chapter on Nervous system and muscle in the textbook Pathology (Duodecim). Link to textbook: [http://www.oppiportti.fi/op XX](http://www.oppiportti.fi/op XX)
- Chapter on Neuroradiology in the textbook Radiology (Duodecim). Link to the textbook: [http://www.oppiportti.fi/op XX](http://www.oppiportti.fi/op XX)
- Clinical Neurophysiology (Duodecim). Link to the textbook: [http://www.oppiportti.fi/op XX](http://www.oppiportti.fi/op XX)


Literature is available in the internet pages of Oppiportti of Duodecim and other study material in the electronic portal of Oulu University (Optima).
The literature of neurosurgery for Erasmus-students is available at the Oulu university library.

**Assessment methods and criteria:**
Exams will be held during the course. The initial exams in neurology and neurosurgery are graded pass/fail.
Neurology exam following the contact teaching period is graded numerically and approved grades must be reached. These grades contribute to the final grading.
Approved grades must be reached in final exam.
Attendance is compulsory in several teaching sessions during the course.
Read more about assessment criteria at the University of Oulu webpage.

**Grading:**
The initial exams are graded pass/fail. The grade of the exam following the contact teaching period contributes to the final grade. The grade of the final exam is 1-5.

**Person responsible:**
Neurology: Kari Majamaa, professor
Neurosurgery: Ville Leinonen, professor
Neuropathology: Tuomo Karttunen, professor
Neuroradiology: Osmo Tervonen, professor
Clinical Neurophysiology: Mika Kallio, clinical director

**Working life cooperation:**
All clinical phases of the course are conducted in the university hospital. The students meet patients in outpatient clinic appointments and in the ward.

**Other information:**
The course is included in the new curriculum of medical studies from 2017. The course will be carried out for the first time in 2020. The course is conducted by the Research Units of Clinical Neuroscience (neurology, neurosurgery), Cancer and Translational Medicine (pathology), Medical Imaging, Physics and Technology (radiology and clinical neurophysiology)

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**083052A: Obstetrics and gynecology, 10 op**

**Voimassaolo:** 01.08.2016 -

**Opiskelumuoto:** Intermediate Studies

**Laji:** Course

**Vastuuysikkö:** Medicine
083060A: Oncology and palliative care, 4 op

Voimassaolo: 01.08.2016 -
Opiskelumuoto: Intermediate Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Turpeenniemi-Hujanen, Taina Marjatta
Opintokohteen kielet: Finnish

Proficiency level:
-
Status:
-
Required proficiency level:
-
ECTS Credits:
4 ECTS credits
Language of instruction:
Finnish/English
Timing:
September-November.
Learning outcomes:
-
Contents:
The diagnostics, oncological therapeutic modalities and the patient follow-up of solid cancers and lymphomas. Palliative care and end-of-life care of oncological patients.
Mode of delivery:
Lectures, web-based teaching, seminars, small group teaching.
Learning activities and teaching methods:
Lectures 33 h/ Small Group Teaching 10h/ Oncological Seminars 10h. Preliminary Examination 3 h (online). Final Examination 2 h.
Target group:
Target groups are the 6th year medical students (MD).
Prerequisites and co-requisites:
The required prerequisite for participation to the course unit is the completion of 5 years of medical studies in Oulu curriculum.
Recommended optional programme components:
Teaching is also given during other courses (e.g. anesthesiology, geriatry, general medicine, neurology, urology, plastic surgery).
Recommended or required reading:
Joensuu, Roberts, Teppo, Tenhunen: Syöpätaudit, last edition, Kustannus Oy Duodecim
UICC: TNM-luokituskirja ja UICC Clinical Oncology, viim.painos.
Recommended literature:
Saarto T ym: Palliattiivinen hoito. Duodecim viim.painos.
Lahtinen T, Holsti LR: Kliininen säteilybiologia. Duodecim viim.painos.
Elonen E ym: Syöpälääkeopas. Viim. painos.
Assessment methods and criteria:
During the course unit, there are preliminary and final exams. Both of them should be passed. In addition, passing of preliminary exam is required before the final exam.

**Grading:**
The course unit utilizes a numerical grading scale 1-5. In the numerical scale zero stands for fail.

**Person responsible:**
Taina Turpeenniemi-Hujanen, Professori
Peeter Karihtala, Clinical lecturer
Jussi Koivunen, Clinical lecturer

**Working life cooperation:**
Small group teching includes examining patients.

**Other information:**

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**083050A: Ophthalmology, 4 op**

Voimassaolo: 01.08.2016 -
Opiskelumuoto: Intermediate Studies
Laji: Course
Vastuuyskikko: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Nina Hautala
Opintokohteen kielet: Finnish

Ei opintojaksokuvausia.

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**083031A: Otorhinolarynology, 7 op**

Voimassaolo: 01.08.2016 -
Opiskelumuoto: Intermediate Studies
Laji: Course
Vastuuyskikko: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Alho, Olli-Pekka
Opintokohteen kielet: Finnish

ECTS Credits:
7 ECTS credits / 187 hours of work

Language of instruction:
Finnish

Timing:
The course is held in the autumn and spring semester during the 4th year of studies

Mode of delivery:
Blended teaching

Target group:
4th year medical degree students

Person responsible:
Professor Olli-Pekka Alho

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**A540146: Pathology and diagnostics I, 10 op**

Voimassaolo: 01.08.2017 -
Opiskelumuoto: Intermediate Studies
Laji: Study module
Vastuuyskikko: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Mäkinen, Markus Juhana
Opintokohteen kielet: Finnish

ECTS Credits:
10 ECTS credits

Laboratory Medicine:
1.0 ECTS/ 27 hours of work

Organ Pathology:
6.0 ECTS credits/162 hours of work

Radiology:
3 ECTS credits /80 hours of work

Language of instruction:
Finnish

Timing:
Laboratory medicine:
C5 (3rd year, Autumn semester)

Organ pathology:
Autumn semester of 3rd year, except autopsy teaching that extends to Spring semester of 3rd year.

Radiology:
C5-6 (3rd year, Autumn and Spring semester)

Learning outcomes:

Laboratory medicine:
By the end of the course the student can list the most frequently used tests in clinical chemistry and their indications and critical interpretation. The student can standardize sample taking so that the above facts that increase the deviation in test results can be eliminated. The student can specify the basics of the quality control of the laboratory tests. The student understands the feedback control systems in endocrinology and on this base can diagnose the common endocrine disorders and their reasons. The student can list the hormone determinations and indications to use them. The student knows the common weaknesses and disturbing factors of hormone determinations. The student understands how to diagnose heritable metabolic diseases and the use of cancer markers. The student knows the effects of childhood, pregnancy and older age on the laboratory methods. The student can work as a member in a team.

Organ pathology:
The student is expected to:
Understand the key aspects of disease pathology, their clinical correlation and clinical relevance; to know the principles of histo- and cytopathological diagnostics, limitations and the main sources of errors and artifacts. After taking the course, student will:
• Master the basics of pathology at the level required in primary health care
• Understand the pathogenesis, pathological changes of the most important diseases and their clinical course, symptoms and findings of the disease and the correlation of the underlying diseases
• Understand the possibilities and limitations of diagnostic pathological studies and the main sources of error in diagnosis
• Know the indications of the most common pathology studies and can interpret pathologist responses
• Understand the role of pathologist in patient care and multiprofessional co-operation and can work in a team

Radiology
Upon completion of this first curricular unit of radiology, student should be able to understand the principle of justification of radiological studies. Additionally student should have competence to explain the most important indications for radiological studies and principles of radiological modalities, including nuclear medicine. After completing the unit, student should master basic image interpretation skills of radiographs and know the most common findings of these examinations. Student can work in a group.

Contents:

Laboratory medicine:
Lectures contain following subjects: Clinical Chemistry as a medical speciality, diagnostics of heart and vascular disorders, examination of kidneys and urinary tracts, clinical enzymology, examination of liver and gastrointestinal tract, tests to analyse water, sodium and potassium balance, therapeutic drug monitoring and chemical toxicology, most frequently used laboratory test and their indications. Theoretical background of clinical endocrinology, hormone determinations, adrenal function and its disorders, hypothalamic and hypophysis hormones, the follow up of pregnancy by clinical chemical methods, endocrinology of aging, thyroid

Contents of small group practical courses: taking blood samples and preparation of samples for different tests, results of laboratory test in healthy individuals, reference ranges, sources of errors and their origin and quality controls of laboratory tests.

Goal of the theme day: The students can perform to point of care tests.

**Organ pathology:**
Lectures 25 h
Seminars integrated into other Clinical Courses 1 h
Seminars 2 x 4 h = 8 h
Exercises, total. 33 h
Autopsy exercises 3 x 2 h = 6 h
- Autopsy demonstrations 3 x 1 h = 3 h
- Group teaching 3 x 2 h = 6 h
- Histopathology 6 x 2 h = 12 h
- Laboratory of Pathology 1 x 2h = 2h
- Meetings 2 x 1 h = 2 h
- Preparing for seminar 2 x 1h = 2h
Exam 3 h
Total 70 h

**Self study:**
Lectures 24 h
Seminars 8 h
Exercises:
Autopsy exercises and demonstrations 0 h
Group teaching 9 h
Histopathology 18 h
Preparing for seminars 0.125 x 8 h = 1h
Preparing for the final exam 32 h

A total of 162 hours of student work = 6 credits

**Radiology:**
General introduction to radiology (techniques) and indications, principle of justification, emergency radiology, musculoskeletal radiology, thoracic radiology, abdominal radiology, neuroradiology and nuclear medicine and molecular imaging

Flipped learning approach is used applying G Suite learning environment.

**Mode of delivery:**
Blended learning.

**Learning activities and teaching methods:**
**Laboratory medicine:**
Lectures 10 h, small group practical courses 4 h and one theme day. In addition the student has independent preparation for small group practical courses and for the theme day.

**Organ pathology:**
Lectures and exercises are interactive teaching. Some of the lectures can be provided with the opportunity to follow the lectures through the network.

Group teaching and histology exercises are guided exercises, and a student is expected to prepare oneself to the subject beforehand.

In the autopsy exercises and demonstrations, students have an opportunity to get familiar with the pathological changes resulting from various diseases, and to their relationship with the cause of death. These teachings are offered in an authentic situation and medical records.

Meetings and laboratory teaching deal with authentic patient cases.
Exam is a traditional final exam. Examination of microscopic changes (histology) can be used to utilize the online learning environment (PathXL).

**Radiology:**

The implementation methods of the course vary.

The learning methods are based on flipped classroom, i.e. independent self-education based on electronic materials and teacher guided checkpoints in small group.

**Target group:**
3rd year medical doctor degree students

**Prerequisites and co-requisites:**
Completion of preclinical studies (first 2 years of medical school)

**Recommended optional programme components:**
There are no alternative courses.

**Recommended or required reading:**

**Laboratory medicine:**

**Organ pathology:**
Books: Mäkinen M et al. (Eds.): Pathology, Duodecim (2012)
Alternatives:
Cross SS, Underwood's Pathology, a Clinical Approach (6th or newer edition)
Kumar V et al., Robbins Basic Pathology (9th or newer edition)
Optima course material (Finnish): Seminars; Lecture handouts; guide to autopsy (Optimassa)
Course contents (histology lessons) at https://lieko.oulu.fi
Käypä hoito recommendations
Recommended: The articles published in Duodecim and Finnish Medical Journal that are related to the course topics and are published during the course

**Radiology:**
Books:
Either, Roberto Blanco Sequeiros et al (Editors): Kliininen radiologia [in Finnish] or Mettler, FA (Editor): Essentials of Radiology
100-tärkeintä rtg-kuva (National teaching image base): Distributed through university Optima online environment.

**Assessment methods and criteria:**

**Laboratory medicine:**
At the end there will be an essay examination based on materials given in lectures, small group practical courses, in textbooks and other materials given to the students.

**Organ pathology:**
Lectures are voluntary but recommended. Group teachings and seminars are compulsory and attendance is recorded.

Compulsory teachings must be completed prior to the final exam.

The final exam must be completed successfully.

**Radiology:**
This course unit utilizes online short questions and multiple choice exam assessment.

**Grading:**
0-5

**Person responsible:**
Markus Mäkinen

**Working life cooperation:**
Student learns partially in an authentic clinical environment as a team member. No clinical internship placements during the courses.

*Compulsory*

**083003A: Pathology and diagnostics I: Laboratory medicine, 1 op**
Voimassaolo: 01.08.2017 -
Opiskelumuoto: Intermediate Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opintokohteen kielet: Finnish

ECTS Credits:
Laboratory Medicine: 1.0 ECTS/ 27 hours of work

Language of instruction:
Finnish

Timing:
Laboratory medicine: C5 (3rd year, Autumn semester)

Learning outcomes:
Laboratory medicine:
By the end of the course the student can list the most frequently used tests in clinical chemistry and their indications and critical interpretation. The student can standardize sample taking so that the above facts that increase the deviation in test results can be eliminated. The student can specify the basics of the quality control of the laboratory tests. The student understands the feedback control systems in endocrinology and on this base can diagnose the common endocrine disorders and their reasons. The student can list the hormone determinations and indications to use them. The student knows the common weaknesses and disturbing factors of hormone determinations. The student understands how to diagnose heritable metabolic diseases and the use of cancer markers. The student knows the effects of childhood, pregnancy and older age on the laboratory methods.

Contents:
Laboratory medicine:
Lectures contain following subjects: Clinical Chemistry as a medical speciality, diagnostics of heart and vascular disorders, examination of kidneys and urinary tracts, clinical enzymology, examination of liver and gastrointestinal tract, tests to analyse water, sodium and potassium balance, therapeutic drug monitoring and chemical toxicology, most frequently used laboratory test and their indications. Theoretical background of clinical endocrinology, hormone determinations, adrenal function and its disorders, hypothalamic and hypophysis hormones, the follow up of pregnancy by clinical chemical methods, endocrinology of aging, thyroid function and its disorders and calcium metabolism and its disorders. Analyzing congenital heritable metabolic diseases and cancer markers.
Contents of small group practical courses: taking blood samples and preparation of samples for different tests, results of laboratory test in healthy individuals, reference ranges, sources of errors and their origin and quality controls of laboratory tests.
Goal of the theme day: The students can perform to point of care tests.

Mode of delivery:
Face-to-face teaching

Learning activities and teaching methods:
Lectures 10 h, small group practical courses 4 h and one theme day. In addition, the student has independent preparation for small group practical courses and for the theme day.

Target group:
3rd year medical doctor degree students

Prerequisites and co-requisites:
Completion of preclinical studies (first 2 years of medical school)

Recommended optional programme components:
There are no alternative courses.

Recommended or required reading:
Assessment methods and criteria:
At the end there will be an essay examination based on materials given in lectures, small group practical courses, in textbooks and other materials given to the students.

Grading:
Numerical grading with a grading scale 0-5, when 0 stands for fail and 5 for excellent.

Person responsible:
Professor Juha Risteli

Working life cooperation:
During the course, a student will learn partially in an authentic laboratory environment. No clinical internship placements are involved during the course.

083004A: Pathology and diagnostics II: Organ pathology, 6 op

Voimassaalo: 01.08.2017 -
Opiskelumuoto: Intermediate Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Mäkinen, Markus Juhana
Opintokohteenviite: Finnish

ECTS Credits:
6 ECTS credits

Language of instruction:
Finnish

Timing:
Autumn semester of 3rd year, except autopsy teaching that extends to Spring semester of 3rd year.

Learning outcomes:
The student is expected to:
Understand the key aspects of disease pathology, their clinical correlation and clinical relevance; to know the principles of histo- and cytopathological diagnostics, limitations and the main sources of errors and artifacts.
After taking the course, student will
- Master the basics of pathology at the level required in primary health care
- Understand the pathogenesis, pathological changes of the most important diseases and their clinical course, symptoms and findings of the disease and the correlation of the underlying diseases
- Understand the possibilities and limitations of diagnostic pathological studies and the main sources of error in diagnosis
- Know the indications of the most common pathology studies and can interpret pathologist responses
- Understand the role of pathologist in patient care and multiprofessional co-operation and can work in a team

Contents:
Lectures 25 h
Seminars integrated into other Clinical Courses 1 h
Seminars 2 x 4 h = 8 h
Exercises, total. 33 h
Autopsy exercises 3 x 2 h = 6 h
- Autopsy demonstrations 3 x 1 h = 3 h
- Group teaching 3 x 2 h = 6 h
- Histopathology 6 x 2 h = 12 h
- Laboratory of Pathology 1 x 2h = 2h
- Meetings 2 x 1 h = 2 h
- Preparing for seminar 2 x 1h = 2h

Exam 3 h
Total 70 h

Self study:
Lectures 24 h
Seminars 8 h

Exercises:
Autopsy exercises and demonstrations 0 h
Group teaching 9 h
Histopathology 18 h
Preparing for seminars 0.125 x 8 h = 1h
Preparing for the final exam 32 h
A total of 162 hours of student work = 6 credits

Mode of delivery:
Blended learning.

Learning activities and teaching methods:
Lectures and exercises are interactive teaching. Some of the lectures can be provided with the opportunity to follow the lectures through the network.
Group teaching and histology exercises are guided exercises, and a student is expected to prepare oneself to the subject beforehand.
In the autopsy exercises and demonstrations, students have an opportunity to get familiar with the pathological changes resulting from various diseases, and to their relationship with the cause of death. These teachings are offered in an authentic situation and medical records.
Meetings and laboratory teaching deal with authentic patient cases.
Exam is a traditional final exam. Examination of microscopic changes (histology) can be used to utilize the online learning environment (PathXL).

Target group:
3rd year medical doctor degree students

Prerequisites and co-requisites:
Completion of preclinical studies (first 2 years of medical school)

Recommended optional programme components:
The course is an independent entity and no simultaneous studies are required.

Recommended or required reading:
Books: Mäkinen M et al. (Eds.): Pathology, Duodecim (2012)
Alternatives:
Cross SS, Underwood's Pathology, a Clinical Approach (6th or newer edition)
Robbins Basic Pathology (9th or newer edition)
Optima course material (Finnish): Seminars; Lecture handouts; guide to autopsy (Optimassa)
Course contents (histology lessons) at https://lieko.oulu.fi
Käypä hoito recommendations
Recommended: The articles published in Duodecim and Finnish Medical Journal that are related to the course topics and are published during the course.

Assessment methods and criteria:
Group teaching and theme days are compulsory, and the attendance will be recorded.
Acceptably completed final examination is compulsory.

Grading:
Acceptably completed final examination will be assessed in a grading scale 1-5

Person responsible:
Markus Mäkinen

Working life cooperation:
Group teachings are conducted using authentic patient cases in the university hospital. Autopsy teaching, laboratory practical and meetings are taught as a part of clinical practice.

**Other information:**
The course is included in the new curriculum of medical studies from 2017. The course will be carried out for the first time in 2019.

083005A: Pathology and diagnostics III Radiology and safe practice in radiology, 3 op

**Voimassaolo:** 01.08.2016 -
**Opiskelumuoto:** Intermediate Studies
**Laji:** Course
**Vastuuysikkö:** Medicine
**Arvostelu:** 1 - 5, pass, fail
**Opettajat:** Tervonen, Osmo Antti, Jaakko Niinimäki
**Opintokohteen kielet:** Finnish

**ECTS Credits:**
3 ECTS credits /80 hours of work

**Language of instruction:**
Tuition is organized in Finnish.

**Timing:**
The course unit is held during the autumn and spring semester of the third year of medical studies.

**Learning outcomes:**
Upon completion of this first curricular unit of radiology, student should be able to understand the principle of radiological studies. Additionally student should have competence to explain the most important indications for radiological studies and principles of radiological modalities, including nuclear medicine. After completing the unit, student should master basic image interpretation skills of radiographs and know the most common findings of these examinations.

**Contents:**
The English curriculum consists both Radiology 1 and 2. The English curriculum also includes voluntary modules of Radiation safety and Nuclear medicine (separate exam).

Radiology:
General introduction to radiology (techniques) and indications, principle of justification, emergency radiology, musculoskeletal radiology, thoracic radiology, abdominal radiology, neuroradiology and nuclear medicine and molecular imaging

Flipped learning approach is used applying G Suite learning environment.

**Mode of delivery:**
The mode of delivery for the course unit is flipped learning i.e. self-education and face-to-face checkpoints.

**Learning activities and teaching methods:**
The implementation methods of the course vary.
The learning methods are based on flipped classroom, i.e. independent self-education based on electronic materials and teacher guided checkpoints in small group.

**Target group:**
Target group are the 3rd year medical degree students (MD).

**Prerequisites and co-requisites:**
Prerequisite for participation to the course unit is the completion of preclinical studies (first 2 years of medical school)

**Recommended optional programme components:**
There are no alternative courses.

**Recommended or required reading:**
100-tärkeintä rtg-kuva (National teaching image base): Distributed through university Optima online environment.

Assessment methods and criteria:
This course unit utilizes online short questions and multiple choice exam assessment.

Grading:
The course unit utilizes passed/failed grading scale. The grade will not be given until all the obligatory teaching courses are completed.

Person responsible:
Osmo Tervonen, Professor
Jaakko Niinimäki, Professor
Vesa Kiviniemi, clinical lecturer

Working life cooperation:
Student learns partially in an authentic clinical environment as a team member.

**083040A: Pathology and diagnostics II, 4 op**

Voimassaolo: 01.08.2016 -
Opiskelumuoto: Intermediate Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opintokohteen kielet: Finnish

Ei opintojaksokuvauksia.

**083015A: Patient care and prevention, 5 op**

Voimassaolo: 01.08.2016 -
Opiskelumuoto: Intermediate Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Tero Raiskila
Opintokohteen kielet: Finnish

ECTS Credits:
5 ECTS credits
Language of instruction:
Finnish

Mode of delivery:
Face-to-face teaching
Prerequisites and co-requisites:
Pre-clinical medical studies
Working life cooperation:
Part of the teaching will be held in health center with guidance of GP and clinical teacher

**A540148: Pediatrics, 17 op**

Voimassaolo: 01.08.2017 -
Opiskelumuoto: Intermediate Studies
Laji: Study module
Vastuuysikkö: Medicine
Compulsory

083041A: Pediatrics PART I (pediatrics), 14 op

Voimassaolo: 01.08.2016 -
Opiskelumuoto: Intermediate Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opintokohteen kielet: Finnish

Ei opintojaksokuvauksia.

083042A: Pediatrics PART II (child psychiatry), 3 op

Voimassaolo: 01.08.2016 -
Opiskelumuoto: Intermediate Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Petri Kulmala
Opintokohteen kielet: Finnish

Ei opintojaksokuvauksia.

083033A: Psychiatry and mental health, 10 op

Voimassaolo: 01.08.2016 -
Opiskelumuoto: Intermediate Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Pirkko Riipinen
Opintokohteen kielet: Finnish

ECTS Credits:
10 ECTS credits
Language of instruction:
Finnish
Timing:
The course is held in the 4th year, beginning at August.
Learning outcomes:
A student who has passed the course in psychiatry is expected to have mastered the following modules:
- Basic knowledge of psychiatry from a general practitioner’s perspective
- Basic skills, required for independent medical practice, in the diagnosis and treatment of common mental disorders to the extent needed in general medical practice (psychotherapeutic therapies, drug therapy, family and network activities)
- Basic knowledge of the identification of common and serious mental disorders and substance abuse at different stages of life: at the perinatal stage and among youths, adults and the elderly
- Treatment classification: the timely referral of patients for psychiatric consultation and specialist hospital care
Evaluation of need for sick leave on psychiatric grounds
Basic knowledge of urgent treatment during psychological crises
Evaluate risk for suicidality
Knowledge of the legal and insurance psychiatric regulations necessary for a general practitioner and their application to one’s own work (especially Mental Health Act, Child Welfare Act and the Finnish Transport Safety Agency’s (Trafi’s) instructions on the capacity to drive)

Basic knowledge of interaction in a patient/physician relationship and multi-professional work

• Understanding the importance of one’s own personality and emotions, the physician-patient relationship, and instructions for professionals on the success of treatment and taking such instructions into account in the care relationship
• Understanding the importance of cooperation with the patient’s relatives and with other employees involved in psychiatric care: health centre and school psychologist, nurse, psychiatric nurse, public health nurse
• Familiarity with the basics of network and family therapy
• Taking account of the situation of children of psychiatric patients
• Knowledge of the most common psychological tests and readiness to cooperate with health centre psychologists
• Ability to act as a specialist in a psychiatric organisation, under the guidance of a specialist and in cooperation with other psychiatric healthcare staff

Contents:
Basic knowledge of psychiatry as a general practitioner, identification of the most common mental disorders and substance abuse problems, and treatment at different stages of life: perinatal stage, youths, adults and the elderly, as well as referring the patient for psychiatric specialist care.

Mode of delivery:
The tuition will be implemented mainly as face-to-face teaching.

Learning activities and teaching methods:
Lectures 42 hours, group teaching 18 hours, seminars 40 hours and group work 10 hours, examining patients 10 hours, apprenticeship in psychiatric ward 1-2 weeks and in emergency duty 6 hours, web-based teaching 40 hours, final exam and individual work 64 hours.

Target group:
The course is compulsory for 4th year students of medicine.

Prerequisites and co-requisites:
Previous medical studies have to be completed.

Recommended optional programme components:
The course is an independent entity and does not require additional studies carried out at the same time.

Recommended or required reading:
As a textbook by Lönnqvist J, et al. (ed.) Psykiatria. (Psychiatry, in Finnish only) published by Oy Duodecim, Helsinki, latest edition. Kumpulainen K et al. (ed.) Lastenpsykiatria ja nuorisopsykiatria, Kustannus Oy Duodecim (Child Psychiatry and Adolescent Psychiatry), published by Oy Duodecim, Helsinki, latest edition (for adolescent psychiatry, in Finnish only). In addition, the final examination includes the topics covered in the lectures, group teaching, seminars and theme days, as well as the related preliminary materials. Recommended reading includes the Evidence Based Guidelines (www.terveysportti.fi), the Mental Health Act and Mental Health Decree, and the Child Welfare Act (http://www.finlex.fi/en/laki/ - legislation) and Duodecim’s books on alcohol dependence and drug and pharmaceutical addiction (in Finnish only).

Assessment methods and criteria:
Students complete the preliminary test in Optima at the beginning of the course. During the course, students gather entries on completed courses in the logbook: opening session, group sessions, M1 seminar, theme days, clinical training and on-call duty. Feedback sessions (group chat, inquiry and feedback session, and Optima feedback form) are also part of the learning process. The grade for the course is based on a written final exam.

Grading:
The grade for the psychiatry course is based on a final exam, which is graded on a scale of 0 to 5 (where 0 is a fail).

Person responsible:
Professor Pirkko Riipinen and clinical lecturers

Working life cooperation:
The course includes a clinical practice period lasting one week in psychiatric units.

044000S: Clinical patient work, 5 op

Voimassaolo: 01.08.2016 -
Opiskelumoto: Advanced Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Jukka Palm
Opintokohteen kielet: Finnish

ECTS Credits:
5 ECTS credits
Language of instruction:
Finnish

Timing:
3rd year of medical studies (M.D. degree students)
Grading:
Pass-fail.
Working life cooperation:
Authentic clinical working environment

A540149: Measures and support for functioning, 12 op

Voimassaolo: 01.08.2017 -
Opiskelumuoto: Advanced Studies
Laji: Study module
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Leena Ala-Mursula
Opintokohteen kielet: Finnish

Proficiency level:
-
Status:
-
Required proficiency level:
-

ECTS Credits:
12 ECTS credits
Language of instruction:
Finnish
Timing:
The course is held during the 6th year of the curriculum, from semester 2022-23 onwards
Learning outcomes:
Upon completion of the course, the student
- is able to evaluate functioning in a holistic manner and is able to support the patient’s actorship
- is able to consider work-related origins of ill health, as well as the aspect of promoting work ability, when seeing working-aged patients
- knows the structure of the Finnish Occupational Health Care (OHC) system and the principles of its collaboration with other parts of Health Care and with working life
- understands the goals and principles of rehabilitation as a discipline and knows the structure and principles of the Finnish rehabilitation system
- is able to coordinate care regarding main public health issues with special reference to both multi-morbidity and to patient groups with particular needs
- understands the relevance of continuity of care as well as planning actions together with the patient
Contents:
- The basic theoretical concepts of general practice, occupational health care and rehabilitation in regard to the learning goals listed above
- Techniques of patient-centered interview
- Multi-disciplinary collaboration and how to lead networking meetings
- The making of plans of care and rehabilitation together with the patient and the stakeholders
- The optimal use of various systems of care and rehabilitation
Mode of delivery:
-
Learning activities and teaching methods:
Target group:
Tuition is targeted to 6th year medical students

Prerequisites and co-requisites:
The earlier studies in the curriculum of basic medical education

Recommended optional programme components:
The course is a compulsory one and cannot be replaced with other courses, although it has interfaces with several disciplines

Recommended or required reading:
Text books: General Practice, Health from work, Physiatrics (in Finnish)
Course materials
Current Care Guidelines with relevance to the course

Assessment methods and criteria:
To be confirmed later; several evaluations during the course with regard to the specified learning goals

Grading:
Pass/fail

Person responsible:
Person responsible: Leena Ala-Mursula. Deputy: Juha Auvinen

Working life cooperation:
Part of the tuition will take place at workplaces

Other information:

Compulsory

044020S: General practice, 7 op

Voimassaolo: 01.08.2016 -
Opiskelumuoto: Advanced Studies
Laji: Course
Vastuuyksikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Juha Auvinen
Opintokohteen kielet: Finnish

Proficiency level:
-

Status:
-

Required proficiency level:
-

ECTS Credits:
7 ECTS credits

Language of instruction:
Finnish

Timing:
The sixth year (CXI-XII), autumn and spring semester

Learning outcomes:
Upon completion of the course, the student is able to:
- describe factors affecting morbidity on individual and population level
- diagnose and treat common diseases
- uncover patient’s experience of her/his disease and find out patient’s own relation to her/his illness
- act as an expert in preventive medicine in primary care
- apply health promoting and disease preventing methods on individual, family and population level
- function as a member in interprofessional team and benefit from the expertise of other team members
- manage time in patient practice
Contents:
Supervision of health professionals, insurance in medicine, military medicine?, health legislation, child welfare policlinic, medical certificates, patient with multiple issues in primary health care, patient care in primary health care in light of medical guidelines, critical evaluation and practical use of research in primary health care. Health centre practice

Mode of delivery:
Face-to-face teaching. One week practical training in health centers.

Learning activities and teaching methods:
Lectures, seminars and small group teaching. One week practice period in health centers

Target group:
The students from medicine

Recommended or required reading:

Assessment methods and criteria:
Written examinations. participation in seminars and small group teaching and practical period in health centers.

Grading:
The final examination is an OSCE -examination having five questions. Each question utilizes verbal grading scale “pass/ fail”. To pass the exam student has to pass each questions. The final grading scale is also pass/fail

Person responsible:
Professor of general practice Markku Timonen

Working life cooperation:
The course includes one week practical period in the health center

Other information:

044021S: Physical anf rehabilitation medicine, 3 op

Voimassaolo: 01.08.2016 -
Opiskelumuoto: Advanced Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Karppinen, Jaro Ilari
Opintokohteen kielet: Finnish

Proficiency level:
-

Status:
-

Required proficiency level:
-

ECTS Credits:
3 ECTS credits

Language of instruction:
Timing:
The course is held in the autumn and spring terms of the sixth year

Learning outcomes:
Upon completion the student understands the principles of diagnostics, differential diagnostics, treatment, evaluation of functional ability and rehabilitation in the field of Physical and Rehabilitation Medicine. The student is able to adapt his/her knowledge to primary health care practice.

Contents:
The definitions and assessment methods of functional ability in the context of ICF (International Classification of Functioning and Health)
Multi-professionality in rehabilitation
Low back disorders
Neck disorders
Lower extremity disorders
Upper extremity disorders
Rehabilitation of spinal cord injuries
Rehabilitation of strokes
Rehabilitation of brain injuries
Limb amputations, prostheses and rehabilitation
Principles of physiotherapy
Principles of occupational therapy
Social work in rehabilitation
Pain psychology
Assistive devices
Vocational rehabilitation
Recognition of obstacles in functional ability and finding solutions for these

Mode of delivery:
Internet lectures, lecture-related exercises and questions & answers sessions
Thematic days with focus on functional ability

Learning activities and teaching methods:
Internet lectures ca. 30-40h
Exercises linked to lectures ca. 15-20h
Questions and answers sessions 6h
Visit of rehabilitation ward or spinal cord policlinic 2,5 h
Thematic days 8h (+ 4h within Geriatrics)
Exercises related to thematic days 12h (+ 6h within Geriatrics)
Assessment of a patient with musculoskeletal disorder at the 4th study year 2h
Musculoskeletal clinical examination at the 6th study year (optional) 5h

Target group:
Medical students sixth year

Prerequisites and co-requisites:
-

Recommended optional programme components:
Theme days will be arranged in collaboration with Geriatrics and Oulu University of Applied Sciences

Recommended or required reading:

Assessment methods and criteria:
Internet lectures-related exercises (>100), of which 50% has to be solved
Final examination (essay)

Grading:
Approved/failed (50% of maximum points)

Person responsible:
Professor Jaro Karppinen
044022S: Occupational health, 2 op

Voimassaolo: 01.08.2016 -
Opiskelumuoto: Advanced Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Leena Ala-Mursula
Opintokohteen kielet: Finnish

Proficiency level:
-
Status:
-
Required proficiency level:
-
ECTS Credits:
2 ECTS credits
Language of instruction:
Finnish

Timing:
The course is held in the 6th year, C11

Learning outcomes:
Upon completion of the course, the student is able to take notice of potential work-related origins of ill health, as well as the aspect of promoting work ability, when seeing working-aged patients
The student will be able to understand the structure of the Finnish Occupational Health Care (OHC) system and the principles of its collaboration with other parts of Health Care and with the workplaces

Contents:
The Finnish Occupational Health Care (OHC) system and the guidelines of its collaboration with the working life and the health care sector
Relationships between work and health, work-related diseases, occupational diseases
The assessment and supporting of work ability

Mode of delivery:
Kurssi toteutetaan lähiopetuksena. Luentoja voi seurata myös etänä.

Learning activities and teaching methods:
There will be 14 hours of lectures and 10 hours of guided group teaching. The remaining 30 hours of self-study includes preparatory and reflective tasks attached to the group tuition sessions, conducted both individually and in small groups. Activating methods are utilized in all teaching.

Target group:
Medical students in their 6th year, C11.

Prerequisites and co-requisites:
The earlier studies in the curriculum of basic medical education.

Recommended optional programme components:
Recommended or required reading:
Material is mainly in Finnish, see left column

Assessment methods and criteria:
The students’ progress towards the learning goals is discussed and supported during the group tuitions, which are based on the presentations and documents prepared by the students. The passing of the course examination is required. An anonymous electronical survey for evaluation and feedback is organized after the course, asking e.g. the students’ self-perception of reaching the central learning goals of the course. Feedback of the feedback is provided to the students in the electronical learning environment, including an overview of the performance in the examination and the ideas received for further development of the tuition.

Grading:
Pass/Fall

Person responsible:
Professor of Occupational Health Care Leena Ala-Mursula

Working life cooperation:
-

Other information:
-

044030S: Physician, health and society, 7 op

Voimassaolo: 01.08.2016 -
Opiskelumuoto: Advanced Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Tiina Ikaheimo
Opintokohteen kielet: Finnish

Proficiency level:
-

Status:
-

Required proficiency level:
-

ECTS Credits:
7 ECTS credits

Language of instruction:
Finnish/English

Timing:
The sixth year. autumn semester (C11)

Learning outcomes:
The course is structured based on the interaction between the general population and individuals. Understanding the state of health of the population and factors related to it is necessary, for cost-efficient and effective treatment of patients, appropriate professional orientation, as well as rational decision-making. Respectively, knowing the state of an individual/patient and applying holistic and effective care increases wellbeing and reduces the burden of health care at the population level. The objective of the course is that students understand the population-based approach and close connection with clinical work, identify how public health science is associated with the practical work of a medical doctor and know how to apply it in their own work. The more specific learning objectives are to understand the specific features of population health, enable critical examination and interpretation of epidemiologic research, understand the framework of health economy as a part of cost-accounting of health care, understand the various structures of health leadership, gain knowledge of the principles and systems related to insurance medicine and rehabilitation, as well as legislation the obliges health care practitioners. One objective is also that a student understands the significance of multiculturalism in the work of a physician, as well as receive an overview of the global public health challenges, and how these are reflected in the health status of the Finnish population.
Contents:
Lectures and theme days:
- Epidemiology of diseases
- Fundamentals of health economics
- Leadership in different health systems
- Rehabilitation
- Health promotion and disease prevention
- Health policy
- Health sociology
- Health care legislation
- Multiculturalism in the work of a physician
- Global health
- Public health science and the work of a medical doctor
- Insurance medicine
Group work and seminars:
- The topics of the group work include major public health threatening environmental and lifestyle risk factors and diseases. Solutions are sought for preventing or reducing the adverse health effects from a national, regional and individual doctor’s perspective.

Mode of delivery:
Face-to-face teaching

Learning activities and teaching methods:
Lectures, theme days, group work and seminars.

Target group:
Students of medicine

Prerequisites and co-requisites:

Recommended optional programme components:
The course is linked to C4 – Public health science (public health science, environmental health care, epidemiology)

Recommended or required reading:

Assessment methods and criteria:
Written examinations. Participation in the lectures, theme days, group work and seminars.

Grading:
Final grade of public health course will consist of final written exam and seminar assessment. Seminar work is assessed as a pass/fail. Final examination of public health comprises 3-4 questions, 2.5–10 points each. At least 10 points are required for passing the examination.

Person responsible:
Docent Tiina Ikäheimo

Working life cooperation:

Other information:

044001S: Practical Training 1, 3 - 18 op

Voimassaolo: 01.08.2016 -
Opiskelumuoto: Practical Training
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opintokohteen kielet: Finnish
Voidaan suorittaa useasti: Kyllä

Proficiency level:
-
Status:
-
Required proficiency level:
ECTS Credits:
Degree of medical licentiate includes 24 ECTS of clinical training. Training has to be done at least in 2 weeks periods (2 weeks = 3 ECTS).

Language of instruction:
finnish

Timing:
1.-6. years of medical studies

Learning outcomes:
The aim of the training is to depend the knowledge and skills of medical students in practical work. During the training student applies the learned skills in practice, performs basic operations under supervision ja gets acquainted to work in a multi professional environment and to the operation of hospitals and health care centers

Contents:
Compulsory training is included in the degree of medical licentiate. The regulations regarding training are defined in Finnish in a separate document (Harjoitteluohjesääntö) that has been taken in effect at 1.1.2013. These regulations will be applied to all clinical training for the students who have started their medical school in 2011 or later. Each student has to fill the learning diary during each period of clinical training. The students are encouraged to carefully get acquainted with the instructions defined in the regulations (Harjoitteluohjesääntö) and in the learning diary booklet, before the beginning of a training period.

Mode of delivery:
The regulations regarding training are defined in Finnish in a separate document (Harjoitteluohjesääntö)

Learning activities and teaching methods:
Degree of medical licentiate includes 24 ECTS of clinical training. Training has to be done at least in 2 weeks periods (2 weeks = 3 ECTS). Please contact the coordinator of international affairs in the Faculty for further information (Virpi.parkkila@oulu.fi)

Target group:
Medical students

Grading:
Pass/fail

Person responsible:
Responsible person of the study programme

A540150: Thesis, 20 op

Voimassaolo: 01.08.2017 -
Opiskelumuoto: Advanced Studies
Laji: Study module
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Petri Kulmala
Opintokohteen kielet: Finnish

Ei opintojaksonkuvausia.

Compulsory

044010S: Thesis, Study plan, 4 op

Voimassaolo: 01.08.2016 -
Opiskelumuoto: Advanced Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Petri Kulmala
Opintokohteen kielet: Finnish

Ei opintojaksonkuvausia.
044011S: Thesis, 16 op

Voimassaolo: 01.08.2016 -
Opiskelumuoto: Advanced Studies
Laji: Diploma thesis
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Petri Kulmala
Opintokohteen kielet: Finnish

Ei opintojaksokuvauksia.

044012S: Maturity exam (native language), 0 op

Voimassaolo: 01.08.2016 -
Opiskelumuoto: Advanced Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Petri Kulmala
Opintokohteen kielet: Finnish

Ei opintojaksokuvauksia.

Tutkintorakenteisiin kuulumattomien opintokokonaisuuksien ja -jaksojen kuvaukset

080601A: Anaesthesiology I, 3 - 4 op

Opiskelumuoto: Intermediate Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Alahuhta, Seppo Matias
Opintokohteen kielet: Finnish

ECTS Credits:
4 ECTS/ 106 hours of work
Language of instruction:
Finnish.
Timing:
During third year, C 5-C 6
Learning outcomes:
The students recognize cardiac arrest and can resuscitate. He or she knows what belongs to advanced life support both in adults and children. The student knows how to treat the patient after successful resuscitation. He or she recognizes life threatening cardiac arrhythmias. The student knows how to examine the patient pre-operatively. He or she knows the basics of fluid and nutritional therapy. The student knows the basics of infusion therapy and knows how to manage the airway. He or she knows the local anaesthetics and the techniques of regional anaesthesia. The student understands the basics of general anaesthesia and monitoring during the anaesthesia. He or she is able to recognize the unstable patient and knows how to start the treatment.

Contents:
Theoretical part: resuscitation and first aid, pre-operative examination and treatment, anaesthetic drugs and anaesthesia methods, regional anaesthesia, monitoring of the patient, nutrition and infusion therapy.
Small group teaching: cardio pulmonary resuscitation, managing the airway, basics of fluid therapy, managing of critically ill pateints, practical duty in operating theatres.

Mode of delivery:
Blended teaching

Learning activities and teaching methods:
Lectures, theme days, practicing in small groups, practicing in operation theatres, web exams (Optima).

Target group:
For the students of the third year.

Prerequisites and co-requisites:
Preclinical studies completed

Recommended optional programme components:
The course is performed simultaneously with other third’s year’s courses.

Recommended or required reading:
Material handed out during the course.

Assessment methods and criteria:
Taking part into the group teaching events, theme days and practicing in operation theatres. Web exam of resuscitation. Written end examination.

Grading:
Internet examination evaluated pass/fail
Familiarize with pre-course material and good knowledgement of content. A teacher will decide of acceptance of performance and possible extra work.
The course unit utilizes a numerical grading scale 1-5. In the numerical scale zero stands for a fail.

Person responsible:
Professor Seppo Alahuhta

Working life cooperation:
Yes (practical training in the operating room)

Other information:
No other information

080613A: Anesthesiology II, 3 op

Voimassaolo: 01.08.2013 -
Opiskelumuoto: Intermediate Studies
Laji: Course
Vastuuyksikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Alahuhta, Seppo Matias
Opintokohde: Finnish

ECTS Credits:
3 ECTS

Language of instruction:
Finnish

Timing:
Fourth year, C 7- C 8

Learning outcomes:
Upon completion of the course the student:

- has theoretical and practical knowledge of pain treatment both in acute and chronic pain
- is able to explain the social and economical meaning of the pain
- understand basic mechanism of the pain and pain control and can plan the treatment of the pain patient
- knows how to treat pain among special patient groups (e.g. children and elderly people)
- can consultate the multidisciplinary professional team for diagnostics and treatment of chronic pain patient
- knows how to treat cancer pain
- is able to recognize and start treatment in disorders of vital signs in different patient groups
- masters fluid and nutrition disorders in-depth.
Contents:

The student will deepen his or her knowledge on fluid and nutritional therapy.

Mode of delivery:
Blended teaching.

Learning activities and teaching methods:
Variable teaching and learning methods:
Lectures 8 h
Practicing in small groups 2 h
Other compulsory teaching
Exams (1) (Variable evaluation methods: book examination, oral examination, web-exam)

Target group:
For the students of the fourth year.

Prerequisites and co-requisites:
The required prerequisite is the completion of the following course prior to enrolling for the course unit:
Anesthesiology 1.

Recommended optional programme components:
No

Recommended or required reading:
Textbooks:

Guides:
- Syöpäkivunhoito-opas http://www.suomenkivuntutkimusyhdistys.fi/system/files/files/Sy%C3%B6p%C3%A4kivunhoito-opas.pdf

Material handed out in course.

Assessment methods and criteria:
Taking part actively into teaching events.
Optima-examination.

Grading:
Pass/fail

Person responsible:
Professor Seppo Alahuhta

Working life cooperation:
No

Other information:
No other information

080503A: Child psychiatry, 3 op

Opiskelumuoto: Intermediate Studies
Laji: Course
Vastuuyksikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Ebeling, Hanna Elina
Opintokohteen kielet: Finnish

ECTS Credits:
3.0 ECTS / 84 hours of work

**Language of instruction:**
Finnish

**Timing:**
C 9 and C 10
Half of the students C9 and the other half C10

**Learning outcomes:**
The student who has passed the course of Child Psychiatry understands the normal psychological development of children, developmental risks and protective factors, and he/she is able to distinguish mental disorders in different developmental phases. He is acquainted with the child psychiatric health care organization, legislation and is able to diagnose and organize treatment of the most common child psychiatric disorders. The students will have readiness to work as a physician in health care centers and as a junior trainee in hospitals.

**Contents:**
1) Lectures:
- the diagnostics and treatment of the most common child psychiatric disorders and child psychiatric health care organization
- prevention of child psychiatric disorders, risks and protective factors
2) Special themes:
- sexual abuse and child molestation
- and legislation
- intoxications: drugs and alcohol
3) Own patients:
- getting acquainted with the own patient case, examination and treatment
- participating to the discussions of diagnostics and treatment
- getting acquainted with the child psychiatric treatment
4) Out-patient teaching:
- following of two out-patient sessions, discussion of the examiantion
5) Problem based learning:
- solving and representing the example patient cases in the study group
- getting acquainted with the evidence based practices
- important legislation in child psychiatry

**Mode of delivery:**
Lectures
Special theme days
Small group teaching: Own patients, Out-patient teaching and Problem based learning.

**Learning activities and teaching methods:**
Lectures 15h
Theme-day 6h
Part of the pediatric theme-day 1h
Small group teaching:
Outpatient sessions 4h
Own patient
- discussions 5h
- examining 6h
Problem based learning:
- guided teaching 4h

The admission exam 1h
The Final exam 2 h
Self-study 40h

**Target group:**
Medical Students

**Prerequisites and co-requisites:**
The prerequisites for the course unit are previous studies (C1-8 course units).

**Recommended optional programme components:**
No alternative course units.
Simultaneously with Pediatrics 080502A.

**Recommended or required reading:**
or

**Assessment methods and criteria:**
The assessment of the course unit is based on the learning outcomes of the course unit.

The admission exam:
Required literature: Text book, part 1: Psychological development of the child and adolescent. The admission exam is either a web-based multiple choice test or viva voce. Exam is required to be passed.

Attending to all compulsory teaching.

The final exam (Requirements: text book, lectures and group teaching material) is evaluated from 0 to 10 points (the approval limit is 5 points), grading scale pass/ fail.

Grading:
The course unit utilizes verbal grading scale pass/ fail.

The course is approved when all exams are approved and the student has attended to all compulsory teaching,

Person responsible:
Professor Hanna Ebeling

Working life cooperation:
No.

040038Y: Clinical Anatomy, 3rd period, 1 op

Voimassaolo: 01.08.2014 -
Opiskelumuoto: Intermediate Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Tuukkanen, Kaarlo Juha Kullervo
Opintokohteen kielet: Finnish

ECTS Credits:
1 ECTS credits / 25-30 hours of work

Language of instruction:
Finnish

Timing:
The course is organized during spring semester of third year. It is recommended to complete the course after the radiology course.

Learning outcomes:
Upon completion of the course, the student will be able to use clinical viewer of computer tomography and magnetic resonance image stacks. Selected anatomical structures are analyzed as they are visualized clinically in 3D.

Contents:
The basic contents are a lecture and introductory exercises, which are conducted with clinical viewer software. The 3D clinical CT and MR image stacks are studied with help of anatomical books, anatomical models and other sources.

Mode of delivery:
After the lecture the student performs the introductory exercises with the image viewer and after that starts the electronic examination in Optima portal.

Learning activities and teaching methods:
Lectures 2h / Self-study

Target group:
The course is targeted for the third year medical students to support the skills of radiological 3D clinical anatomy.

Prerequisites and co-requisites:
In addition to the first year anatomy course the radiology course should be mainly lectured.

Recommended optional programme components:
The course is an independent entity and does not require additional studies carried out at the same time.

Recommended or required reading:
Through the Optima portal the student will receive the clinical viewer loaded with three dimensional image stacks. The portal provides also the lecture material and introductory texts for the imaging modalities. Links for the electronic books are provided as well.

Assessment methods and criteria:
The electronic examination has 20 image questions.

**Grading:**
The assessment is pass/fail. The level of acceptance is 10/20.

**Person responsible:**
Professor Juha Tuukkanen.

**Working life cooperation:**
No.

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**040040Y: Clinical Physiology, 3rd period, 2 op**

**Voimassaolo:** 01.08.2014 -

**Opiskelumuoto:** Intermediate Studies

**Laji:** Course

**Vastuuysikkö:** Medicine

**Arvostelu:** 1 - 5, pass, fail

**Opettajat:** Vuolteenaho, Olli Jaakko Tuomas

**Opintokohteen kielet:** Finnish

**ECTS Credits:**
2 ECTS credits / 54 hours of work.

**Language of instruction:**
Finnish

**Timing:**
C5-C6

**Learning outcomes:**
Upon completion of the course, the student will be familiar with basic methods of clinical physiology and clinical neurophysiology, and their application to clinical work.

**Contents:**
Kliinisen fysiologian ja kliinisen neurofysiologian keskeiset menetelmät ja niiden soveltaminen potilastyössä sekä fysiologian integroitujaa luentoja tai itsenäistä opiskelua 3. lukuvuoden oppiaineiden yhteydessä.

**Mode of delivery:**
Lectures and demonstrations.

**Learning activities and teaching methods:**
Lectures 16 h, demonstration 2 h, examination 1 h, self-study 35 h.

**Target group:**
Medical students

**Prerequisites and co-requisites:**
Physiology (040112A, 15 ECTS credits).

**Recommended optional programme components:**
Internal Medicine, Pulmonary Medicine, Anesthesiology.

**Recommended or required reading:**
Lectures and lecture materials.

**Assessment methods and criteria:**
Attending the demonstrations is compulsory.
Multiple choice examination
Read more about assessment criteria at the University of Oulu webpage (link)

**Grading:**
Pass/ fail

**Person responsible:**
Professor Olli Vuolteenaho

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**080505A: Clinical genetics, 2 op**

**Opiskelumuoto:** Intermediate Studies

**Laji:** Course

**Vastuuysikkö:** Medicine

**Arvostelu:** 1 - 5, pass, fail

**Opintokohteen kielet:** Finnish
Leikkaavuudet:
083054A Genomic Medicine II  3.0 op

ECTS Credits:
2 ECTS credits / 53 hours of work

Language of instruction:
Finnish.

Timing:
C 9-10, in the autumn and spring semester.

Learning outcomes:
Upon completion the student will be able to identify/suspect a genetic disease in the patient/family, identify patients who need genetic counselling and refer them further to a clinical genetics unit, describe the structure of chromosomes and genes, their examination and to interpret the results of a chromosome or DNA examination, explain the recurrence risks in different modes of inheritance and to discuss their significance for family members and the possibilities of prenatal diagnostics, explain the unique spectrum of genetic disease in Finland, understand the special nature of genetic disease and recognize the ethical problems related to genetic testing, and to recognize the need of special care for families with a child suffering from congenital malformations/genetic disease and adult patients with serious genetic conditions.

Contents:

Mode of delivery:
Blended teaching

Learning activities and teaching methods:
Lectures 18h / Small group teaching 2h. Independent work and online work 33h.

Target group:
Medical students.

Prerequisites and co-requisites:
The required prerequisite is the completion of preclinical courses prior to enrolling for the course unit.

Recommended optional programme components:
No alternative course units.

Recommended or required reading:

Assessment methods and criteria:
During the course, the students compile a learning diary, which will be assessed. In addition, the students prepare a written coursework with peer review as the assessment method. Final exam is worth 60 percent of the total grade. The assessment criteria are based on the learning outcomes of the course. Participation in obligatory teaching events is required.

Grading:
The course unit utilizes verbal grading scale “pass/fail”.

Person responsible:
Jukka Moilanen, Clinical Lecturer in Clinical Genetics.

Working life cooperation:
Teachers have a position at Oulu University Hospital and have personal experience of the current working life.

040128A: Clinical pharmacology and medicinal treatment, 1 op

Voimassaolo: 01.08.2015 -
Opiskelumuoto: Intermediate Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Miia Turpeinen
Opintokohteen kielet: Finnish
ECTS Credits:
1.0 ECTS/26 hours of work

Language of instruction:
Finnish

Timing:
The course is held in the autumn semester. It is recommended to complete the course at the C9-10.

Learning outcomes:
After passing the course the student understands the principles of rational drug treatment and should have ability to safe, efficient and cost effective drug therapy. The student should understand the basis for drug therapy from the point of view of general practitioner and the treatment of most common intoxications.

Contents:
Factors affecting drug selection, dosage and therapy will be discussed applying knowledge of basic pharmacology. Furthermore, the common problem cases of drug therapy will be discussed. Use of major classes of drugs, special treatment situations and most common intoxications will also be discussed.

Mode of delivery:
Face-to-face teaching

Learning activities and teaching methods:
Clinical pharmacology patient case discussions in study groups (2 h). Thematic seminars (7 x 2 h) will cover major areas of drug therapy and special situations of drug treatment and most common intoxications. Final exam.

Target group:
Medical Students.

Prerequisites and co-requisites:
The required prerequisite is the completion of the following courses prior to enrolling for the course unit:
Pharmacology and toxicology (040106A)

Recommended optional programme components:
The course is an independent entity and does not require additional studies carried out at the same time. No alternative courses.

Recommended or required reading:

Assessment methods and criteria:
Attending the patient case discussion with the tutor and passing of the final exam.

Grading:
The course unit utilizes verbal grading scale pass/fail.

Person responsible:
Doc., specialist Miia Turpeinen (miia.turpeinen@oulu.fi)

Working life cooperation:
No

040127A: Clinical pharmacology and prescriptions, 1 op

Voimassaolo: 01.08.2013 -
Opiskelumuoto: Basic Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Miia Turpeinen
Opintokohteen kielet: Finnish

ECTS Credits:
1 ECTS credits /26 hours of work

Language of instruction:
Finnish

Timing:
The course is held in the autumn semester. It is recommended to complete the course at the 3rd autumn semester.

Learning outcomes:
understand an appropriate way to write prescriptions. The student knows authoritative regulations and restrictions concerning the prescription and delivery of pharmaceuticals. In addition the student understands the role of pharmacy in delivering the drugs. The student understands principles of personalized drug therapy and mechanisms and significance of adverse drug reactions.

**Contents:**
Laws and rules regarding prescribing. The construction of a prescription. The information to be entered to the prescription. The authoritative regulations concerning the prescription and delivery of pharmaceuticals. The role of pharmacy in drug delivery, pharmaceutical forms, the quality control and storage of pharmaceuticals. Effect of diseases on pharmacokinetics, adverse drug reactions and reporting adverse drug reactions. Personalized drug therapy. Prescription demonstration.

**Mode of delivery:**
The tuition will be arranged as face-to-face teaching.

**Learning activities and teaching methods:**
Lectures 12 hours, prescription demonstration 2 h, self-study 12 h. Final exam.

**Target group:**
Target group is medical students.

**Prerequisites and co-requisites:**
The recommended prerequisite for participation to the course is the completion of the Pharmacology and toxicology course (040106A).

**Recommended optional programme components:**
The course is an independent entity and does not require additional studies carried out at the same time. No alternative courses.

**Recommended or required reading:**

**Assessment methods and criteria:**
Exam assessment.

**Grading:**
The course utilizes verbal grading scale: pass/ fail.

**Person responsible:**
Doc., Specialist Miia Turpeinen

**Working life cooperation:**
No

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**080203A: Dermatology and venereology, 5 op**

**Opiskelumuoto:** Intermediate Studies

**Laji:** Course

**Vastuuysikkö:** Medicine

**Arvostelu:** 1 - 5, pass, fail

**Opettajat:** Kaisa Tasanen-Määttä

**Opintokohdteen kielet:** English

**ECTS Credits:**
5,0 ECTS/148 hours of work

**Language of instruction:**
The tuition is arranged in Finnish. The course unit can be completed in English by group teaching.

**Timing:**
The course unit is held in the autumn/spring semester C9-C10.

**Learning outcomes:**
Objective of the course expressed in terms of learning outcomes: After this course the student has the knowledge and skills in diagnostics and treatment of common skin diseases in order to be able to work as a general practitioner or house officer. Furthermore, the student has the basic skills to diagnose and treat allergological and venereal diseases.
Contents:
Practical teaching: Demonstrations, patient examination, small group teaching, bedside teaching, outpatient clinic, self study (material available in the Optima)

Mode of delivery:
The tuition will be implemented as lectures face-to-face teaching and web-based teaching (Optima).

Learning activities and teaching methods:
Theoretical teaching 52 h
1. Lectures 32 h (partly mandatory)
2. Interactive lectures 6 h
3. Theme days 8 h
4. Examinations 6 h
Practical teaching 15 h
5. Small group teaching in the outpatient ward 11 h
6. Small group teaching in the inpatient ward 6 h
Self study
7. Self study using material available in the Optima

Practical teaching 15 h
3. Small group teaching in the outpatient ward 9 h
4 Small group teaching in the inpatient ward 6 h

Self study
6. Self study using material available in the Optima.

Target group:
Medical students

Prerequisites and co-requisites:
The recommended prerequisite is the completion of studies for previous semesters.

Recommended optional programme components:
The study unit cannot be completed alternatively.

Recommended or required reading:
Books:


Assessment methods and criteria:
Initial examination in the Optima has to be passed before starting the practical teaching. The end-of-course examination: books, lectures and small group teaching. Obligatory presence in the theme day teaching of allergology and in the theme day of venereology.
Read more about assessment criteria at the University of Oulu webpage.

Grading:
The course unit utilizes a numerical grading scale 1-5.

The end-of-course examination contains 10 questions which are graded from 0-3. Maximal grade is 30 points and the level of acceptance is 15 points.

Person responsible:
Clinical lecturer Laura Huilaja

Working life cooperation:
No

Other information:
Research projects / Department of Dermatology
1. Molecular biology of bullous skin diseases
   Responsible person: professor Kaisa Tasanen-Määttä
   1 student per year

2. Epidemiology of bullous skin diseases in Finland
   Responsible person: professor Kaisa Tasanen-Määttä
   1 student per year

3. Epidemiology of skin diseases in Northern Finland Birth Cohort (NFBC1966)
   Responsible person: professor Kaisa Tasanen-Määttä
080722A: Elective Course of Surgery, 1 op

Opiskelumuoto: Advanced Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Mäkelä, Jyrki Tapani, Leppilahti, Juhana Ilmari
Opintokohteen kielet: Finnish

Proficiency level:
- Status:
- Required proficiency level:
- ECTS Credits:
  1 ECTS
Language of instruction:
The tuition shall be arranged in Finnish.
Timing:
During the sixth year
C 11-12
Learning outcomes:
The student will be familiar with the symptoms, diagnostics and treatment of the most usual surgical diseases.
Contents:
The repetition concerning most problems in important surgical diseases. Lessons during two days of Orthopedics, Thoracic and Vascular surgery, Pediatric surgery, Gastroenterological surgery and Urology.
Mode of delivery:
Face-to-face teaching
Learning activities and teaching methods:
Lessons and contact teaching 20h, independent work 7 hours.
Target group:
This is an intensive unit course of surgery is of particular benefit for medical students who will shortly graduate.
Prerequisites and co-requisites:
Surgery 1 and 2
Recommended optional programme components:
-
Recommended or required reading:
Lecture material.
Assessment methods and criteria:
Obligatory study
Read more about assessment criteria at the University of Oulu webpage.
Grading:
Pass/fail
Person responsible:
Professor Tatu Juvonen and professor Jyrki Mäkelä.
Working life cooperation:
No
Other information:
No other information

041002Y-05: Environment, Lifestyle and Health Studies, 1 op

Voimassaolo: 01.08.2011 -
Opiskelumuoto: Intermediate Studies
Laji: Partial credit
Vastuuyksikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opintokohteen kielet: Finnish

**ECTS Credits:**
1 ECTS

**Language of instruction:**
Finnish

**Timing:**
5th year

**Learning outcomes:**
Sexual Health (0.5 ECTS CR)
Global health (0.5 ECTS cr): The student will recognize the main challenges of global health/global public health. The student will understand that global health/morbidity is strongly associated with the availability and allocation of resources, the undisturbed development of societies and functionality of political systems.

**Contents:**
Sexual Health (0.5 ECTS CR)
A Theme day of sexual health included in the courses of gynaecology and venereology. Female sexual disorders, the impact of pregnancy and child birth for human sexuality, sexuality in intimate relationship, the impact of diseases such as cancer for sexual health.

Global health (0.5 ECTS cr): Including contents from the following topics
- Health, education, poverty and the economy
- Ethical and human rights concerns in global health
- An introduction to health systems
- Culture and health
- Women’s and child health
- Communicable and non-communicable diseases
- Unintentional injuries and violence
- Natural disasters and complex humanitarian emergencies
- Reproductive health
- Global mental health
- Management and planning of global health
- Pharmaceuticals
- Evaluations of large-scale health programs
- Cooperation in global health

**Mode of delivery:**
Sexual Health (0.5 ECTS CR) Face-to-face teaching
Global health (0.5 ECTS cr) Face-to-face teaching, group and independent work

**Learning activities and teaching methods:**
Sexual Health (0.5 ECTS CR) Theme day and other integrated teaching
Global health (0.5 ECTS cr): Theme day type course consists of group works (7 h) in the Optima environment and the theme day (6 h) where the main results of group works are summarized, presented and discussed. Students are working as 5-6 person groups. Every group will receive 1–2 chapters of the textbook to work with it. The group has to summarize the relevant information and give 5–10 minutes presentation based on the content of the textbook in the theme day.

**Recommended and required reading:**

**Target group:**
Medical students.

**Prerequisites and co-requisites:**
No.

**Assessment methods and criteria:**
Read more about assessment criteria at the University of Oulu webpage.

**Grading:**
The course unit utilizes verbal grading scale “pass/fail”

**Person responsible:**
The person in charge of the ELH-studies is Timo Hugg

Following persons are in charge of the sub-tracks:
040029Y: Environment, Lifestyle and Health Studies, 4th period, 1 op

Voimassaolo: 01.08.2014 -
Opiskelumuoto: General Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Timo Hugg
Opintokohteen kielet: Finnish

Ei opintojaksokuvauksia.

041001Y-05: Evidence Based Medicine-studies, 1 op

Voimassaolo: 01.08.2011 -
Opiskelumuoto: Intermediate Studies
Laji: Partial credit
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opintokohteen kielet: Finnish

ECTS Credits:
1 ECTS
Timing:
5th year
Learning outcomes:
The students knows how search and appraise medical literature and how to perform systematic clinical reasoning.
Contents:
Practising EBM with real patient problems. More about systematic reasoning.
Mode of delivery:
Face-to-face teaching
Grading:
pass/fail

040033Y: Evidence Based Medicine-studies, 3rd period, 0,5 op

Voimassaalo: 01.08.2014 -
Opiskelumuoto: Intermediate Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Marjo Renko
Opintokohteen kielet: Finnish

ECTS Credits:
0,5 ECTS
Learning outcomes:
The student understands what is normal and abnormal, the principles of causation and clinical reasoning and is able to appraise diagnostic tests.
Contents:
The teaching includes principles of causation, basics of information technology, biostatistics, epidemiology and clinical decision making. Estimating the appropriateness of diagnostic tests.

080202A: Forensic medicine, 4 op

Opiskelumuoto: Intermediate Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Philippe Lunetta
Opintokohteen kielet: Finnish

ECTS Credits: 4 ECTS
Language of instruction: Finnish
Timing: During spring term of the 4th year (C8)
Learning outcomes: Upon completion of the course the student knows the legislation and legal status concerning doctor and patient, knows how to write medical certificates and statements, knows the principles of death investigation and especially investigation of unexpected and violent deaths, and is familiar with forensic way of thinking, e.g. how to act as a medical authority.


Mode of delivery: Face-to-face teaching

Learning activities and teaching methods: Lectures 28 h. Autopsy demonstrations and slide shows 8 h, medical certificates 8 h. A visit to Oulu police department 1.5 h.

Target group: For the medical students of the fourth year

Prerequisites and co-requisites: All earlier studies in the curriculum of basic medical education.

Recommended optional programme components: The course is performed simultaneously with other courses including the curriculum in 4th year.

Recommended or required reading: Lectures, slide shows and written exercises (medical certificates).

Assessment methods and criteria: Obligatory participation in autopsy demonstrations. Lectures, slide shows and practical training on medical certificates. Examination. Examination with 7 questions. The evaluation scale of each question is from 0 to 6. The evaluation scale of the examination is 0-5, according to the total sum of the 7 questions (0-42). The student will not pass the examination if two or more of the answers are graded as 0. Three examinations are arranged each year.

Grading: The evaluation scale is 0-5 (0=fail, 5=excellent).

Person responsible: Lasse Pakanen

080914A: Geriatrics, 4 op
040015Y-04: Health Care Ethics, 1 op

Voimassaolo: 01.08.2010 -
Opiskelumuoto: General Studies
Laji: Partial credit
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Minna Soini-Kivari
Opintokohteen kielet: Finnish
Voidaan suorittaa useasti: Kyllä

Proficiency level:
Upon completion of the course, the student will be able to contemplate and discuss the ethical issues involved in clinical work and how to apply them to practice. The student will be able to recognize and evaluate his or her own attitudes towards the issues of health care ethics and the ethical questions concerning the beginning of life, and their background.
Contents:
The ethical questions of different patient groups and individual patients in clinical practice, the ethical questions of the beginning of life.

Mode of delivery:
Face-to-face teaching

Learning activities and teaching methods:
Lectures 1 x 90min, seminar and theme day.

Target group:
Medical students and dental students.

Prerequisites and co-requisites:
No

Recommended optional programme components:
The course is part of Professional development in medicine –studies including into new curriculum of Medicine

Recommended or required reading:
Lääkärin etiikka (2013) Finnish Medical Association (in Finnish). In addition other scientific literature of the student's choice.

Assessment methods and criteria:
Lectures and theme day, contemplation assignment.

Grading:
Pass/fail

Person responsible:
Minna Soini-Kivari

Working life cooperation:
No

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080716A: Internal Medicine 2, 4,5 op

Voimassaolo: 01.08.2014 -
Opiskelumuoto: Intermediate Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Olavi Ukkola
Opintokohteen kielet: Finnish

ECTS Credits:
4,5 ECTS/ 122 hours of work

Language of instruction:
Finnish

Timing:
4th year, C7-C8

Learning outcomes:
Internal medicine: This course gives the student advanced knowledge in internal medicine and skills of critical thinking. The student is able to treat the patients appropriate way in health care system. The student understands the significance of different levels of healthcare.
Infectious Diseases: After this course student recognices the main infectious diseases, knows their diagnostics, treatment and epidemiology. He/she understands the main principles of the infection control in the hospital and outpatient care.
Rheumatology: The student will identify the most common rheumatic diseases. The students understand the role of health centers in the treatment of rheumatic diseases and situations in which the patient should be immediately referred to a specialist hospital.

Contents:
Infectious Diseases: Most common infectious diseases: diagnostics, treatment and prevention.
Rheumatology: Most common rheumatologic diseases and treatments.
Internal medicine: Essential issues of internal medicine.

Mode of delivery:
Blended teaching (web-based teaching and face to face teaching).
Learning activities and teaching methods:
Variable teaching and learning methods
Lectures, small group classes, theme days and seminars. Attendance is compulsory.
Ward practice, 1 week
Small group classes, theme days and seminars are compulsory.

Target group:
Medical students, C7-C8

Prerequisites and co-requisites:
Student must have completed the course of Internal Medicine I.

Recommended optional programme components:
The course is performed simultaneously with other fourth year's courses.

Recommended or required reading:
Infectious Diseases:


Internal medicine: Internal medicine literature C5-C6

Assessment methods and criteria:
Attendance at compulsory teaching. Small exams and final exam of internal medicine.

Grading:
Infectious Diseases: The course unit utilizes a numerical grading scale 1-5. In the numerical scale zero stands for a fail.

Rheumatology: The course unit utilizes a numerical grading scale 1-5. In the numerical scale zero stands for a fail.

Final exam of Internal medicine: Exam consists of eight short essays: general internal medicine, endocrinology and metabolic diseases, cardiology and ECG, kidney diseases, haematology, infectious diseases, rheumatology and gastroenterology. The exam utilizes a numerical grading scale 1-5. In the numerical scale zero stands for a fail.

Proportion of Infectious Diseases and Rheumatology is 50% and proportion of Final exam is 50% in the grade of ‘Internal Medicine II’.

Person responsible:
Professor: Olavi Ukkola (olavi.ukkola@oulu.fi)
Infectious Diseases: Heikki Kauma (heikki.kauma@ppshp.fi)
Rheumatology: Anna Karjalainen (anna.karjalainen@ppshp.fi)

Working life cooperation:
Yes

Other information:
The final grade of internal medicine (A540131) consists of the Internal Medicine I and Internal Medicine II.
Proportion of Internal Medicine I is 40% and proportion of Internal Medicine II is 60% in the final grade of internal medicine.

080711A: Internal medicine I, 4,5 - 21 op

Voimassaolo: 01.08.2014 -
Opiskelumuoto: Intermediate Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Olavi Ukkola
Opintokohteen kielet: Finnish
Voidaan suorittaa useasti: Kyllä

ECTS Credits:
16,5 ECTS credits/ 440 hours of work

Language of instruction:
Finnish

Timing:
C5-C6

Learning outcomes:
After this course the student is familiar with diseases of internal medicine as well as diagnostics and treatment of these diseases. The student understands the connection between internal medicine and other medical specialities. The student learns independent problem solving and critical thinking and also to cooperate with healthcare professionals.

Contents:
Endocrinology and metabolic diseases (nutrition), cardiology, kidney diseases, haematology, gastroenterology and emergencies in internal medicine.

Mode of delivery:
Face to face teaching

Learning activities and teaching methods:
1. Lectures 77 h
2. Guided medical procedures and examinations. Carried out in small group classes and in ward practice.
3. Small group classes and seminars 22 h. Attendance is compulsory.
4. Practice in outpatient clinic 8 h. Attendance is compulsory.
5. Practice in the Department of Emergency (Internal Medicine) 3 x 6 h. Attendance is compulsory.
6. Ward practice 40 h. Attendance is compulsory. Part of practice is carried out in the hospitals of Northern Finland. Student writes accurate patient history and status of patients that he/she has examined carefully.
7. Theme days 45 h. Problem-oriented discussions about wider thematic entities. Attendance is compulsory.
8. Exams 11 h

Target group:
Medical students

Prerequisites and co-requisites:
Student must have completed preclinical studies.

Recommended optional programme components:
The course is performed simultaneously with other third year’s courses.

Recommended or required reading:

Varsinaiset oppikirjat/Tekst books:

Suositeltavia oppikirjoja/ Recommended reading:
- Vauhkonen I, Holmström P: Sisäaudiot. (4. painos, 2012), Sanoma pro (suosittelen luettavaksi ennen kurssille tuloa)
- Heikkilä J, Mäkijärvi M. EKG (2003), Kustannus Oy Duodecim
- Pasternack, A (toim.): Nefrologia (2012), Kustannus Oy Duodecim
- Koskenvuo K. (toim.): Sairauksien ehkäisy (2003), Kustannus Oy Duodecim
Assessment methods and criteria:
Attendance in teaching.
Examinations of endocrinology and metabolic diseases, cardiology, kidney diseases, haematology and gastroenterology.

Grading:
Grading scale in intermediate examinations is 1-5. In the numerical scale zero stands for a fail.
The course unit 'Internal Medicine I' utilizes mean scale of all intermediate examinations.

The course unit Internal Medicine I utilizes mean scale of all intermediate examinations.

Person responsible:
Professor Olavi Ukkola
(olavi.ukkola@oulu.fi)

Working life cooperation:
Yes. Small group teaching, ward practice, practice in outpatient clinic and in the department of emergency.

Other information:
The course unit 'Internal Medicine II' will be held during the fourth year.
The final grade of internal medicine (A540131) consists of the Internal Medicine I and Internal Medicine II.

Proportion of Internal Medicine I is 40% and proportion of Internal Medicine II is 60% in the final grade of internal medicine.

040036Y-01: LAK: lectures, 0 op
Voimassaolo: 01.08.2018 -
Opiskelumuoto: Intermediate Studies
Laji: Partial credit
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Olli Vainio
Opintokohteen kielet: Finnish

Ei opintojaksokuvauksia.

080633A: Laboratory medicine, 3 op
Voimassaolo: 01.08.2013 -
Opiskelumuoto: Intermediate Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Risteli, Juha
Opintokohteen kielet: Finnish

ECTS Credits:
3.0 ECTS/ 80 hours of work
Language of instruction:
Finnish
Timing:
Timing C5-6
Learning outcomes:
Objectives
By the end of the course the student can list the most frequently used tests in clinical chemistry and haematology and their indications and critical interpretation. The student can specify the facts that affect the deviation of the laboratory tests, biological variation, pre-analytical and analytical factors, and understand their importance in interpreting the test results. The student can standardize sample taking so that the above facts that increase the deviation in test results can be eliminated. The student can specify the basics of the quality control of the laboratory tests. The student understands the feedback control systems in endocrinology and on this base can diagnose the common endocrine disorders and their reasons. The student can list the hormone determinations and indications to use them. The student knows the common weaknesses and disturbing factors of hormone determinations. The student understands how to diagnose heritable metabolic diseases and the use of cancer markers. The student knows the effects of childhood, pregnancy and older age on the laboratory methods. The student knows what methods are available in the health centers and how the student can order other methods available.

Contents:

Lectures contain following subjects: Clinical Chemistry as a medical speciality, diagnostics of heart and vascular disorders, examination of kidneys and urinary tracts, clinical enzymology, examination of liver and gastrointestinal tract, laboratory tests in haematology, tests to analyze water, sodium and potassium balance, therapeutic drug monitoring and chemical toxicology, most frequently used laboratory test and their indications.

Contents of small group practical courses: taking blood samples and preparation of samples for different tests, results of laboratory test in healthy individuals, reference ranges, sources of errors and their origin and quality controls of laboratory tests, basic blood cell count and microscopic examination of blood cells. Theoretical background of clinical endocrinology, hormone determinations, adrenal function and its disorders, hypothalamic and hypophysis hormones, the follow up of pregnancy by clinical chemical methods, endocrinology of aging, thyroid function and its disorders and calcium metabolism and its disorders. Analyzing congenital heritable metabolic diseases and cancer markers.

Goal of the theme day: The students can perform to point of care tests.

Mode of delivery:
Face-to-face teaching

Learning activities and teaching methods:

Working methods
Lectures 22 h, small group practical courses 6 h and one theme day. In addition the student has independent preparation for small group practical courses and for the theme day.

Target group:
Medical students in clinical phase.

Prerequisites and co-requisites:
Candidate of Medicine

Recommended or required reading:

Study materials

Assessment methods and criteria:

Assessment methods
Assessment is at the beginning based on multiple choice examination where lectures of basic laboratory medicine and beginning fourth of the textbook are tested. At the end there will be an essay examination based on materials given in lectures, small group practical courses, in textbooks and other materials given to the students.

Grading:
Numerical grading 0-5.

Person responsible:
Professor Juha Risteli

Working life cooperation:
No

040017Y: Leadership in Health Care, 2 op

Voimassaolo: 01.08.2013 -
Opiskelumuoto: General Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Wiik, Heikki Tapani
040300A: Maturity exam (native language), 0 op

Opiskelumuoto: Advanced Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Outi Mikkola
Opintokohteen kielet: Finnish

ECTS Credits:
0 ECTS Credits
Language of instruction:
Finnish
Contents:
Student writes an essay in his/her native language about the topic of the thesis to show a good command of the language and the content of the thesis. If the student's native language is another than Finnish or Swedish the Faculty will define separately the requirements for the language test.
Learning activities and teaching methods:
Writing an essay.
Assessment methods and criteria:
The essay is examined first by the supervisor of the thesis and then by the language teacher.
Grading:
Pass / fail

042001Y-07: Medical Biochemistry and Molecular Biology, clinical studies 2, 1 op

Voimassaolo: 01.08.2011 -
Opiskelumuoto: Intermediate Studies
Laji: Partial credit
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Heljasvaara, Ritva-Leena
Opintokohteen kielet: Finnish

Proficiency level:
-
Status:
-
Required proficiency level:
-
ECTS Credits:
1 ECTS credits / 27 hours of work
Language of instruction:
Finnish
Timing:
The course unit is held in the 6th autumn semester (prior to clinical oncology).
Learning outcomes:
Upon completion of this course student will be introduced to mechanisms that underlie in cancer development, and to the common cellular pathways affected in cancer and to the significance of tumor microenvironment to cancer development and progression.
Contents:
Basics of cancer biology, examples of targets of highly selective drugs in cancer treatment and cancer genetics.
Mode of delivery:
Lectures, essays and oral presentations.

**Learning activities and teaching methods:**
Lectures 8 h + 2 h seminars, essays as a teamwork.

**Target group:**

-  

**Prerequisites and co-requisites:**
No.

**Recommended optional programme components:**
It is recommended to pass this course before the course “Clinical oncology (080204A)”.

**Recommended or required reading:**
Lectures

**Assessment methods and criteria:**
Attendance at lectures is compulsory (80%)

**Grading:**
Course is evaluated with principle of fail or accepted.

**Person responsible:**
Docent Ritva Heljasvaara

**Working life cooperation:**
No

**Other information:**

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040039Y: Medical Biochemistry and Molecular Biology, clinical studies, 3rd period, 1 op

**Voimassaolo:** 01.08.2014 -

**Opiskelumuoto:** Intermediate Studies

**Laji:** Course

**Vastuuysikkö:** Faculty of Biochemistry and Molecular Medicine

**Arvostelu:** 1 - 5, pass, fail

**Opettajat:** Karppinen, Peppi Leena Elina

**Opintokohteen kielet:** Finnish

Ei opintojaksokuvauksia.

080301A: Neurology, 6 - 6,5 op

**Opiskelumuoto:** Intermediate Studies

**Laji:** Course

**Vastuuysikkö:** Medicine

**Arvostelu:** 1 - 5, pass, fail

**Opettajat:** Majamaa, Kari Gunnar

**Opintokohteen kielet:** Finnish

** Voidaan suorittaa useasti:** Kyllä

**ECTS Credits:**
6 ECTS/ 162 hours of work

**Language of instruction:**
Finnish

**Timing:**
4th year, C7 – C8

**Learning outcomes:**
The course focuses on pathogenesis, diagnostics, treatment and prevention of common neurological diseases and rehabilitation of neurological patients. After completing this course the student should
- be able to carry out the neurological examination of the patient;
- be familiar with the diagnosis and management of common neurological illnesses;
- be familiar with ancillary investigations that are used for neurological evaluation;
- be familiar with current developments in the clinical neurosciences.
Contents:
The neurology course consists of an introductory course on clinical neurological examination and the main neurology course. Lectures will be given in Finnish and are voluntary. Small group sessions will be held in outpatient neurology clinic and neurology ward. Lumbar puncture will be practised with a torso simulated manikin. Each student also participates in the clinical evaluation of patients at the emergency department and at the neurology ward and examines patients under supervision at the outpatient clinic. Attendance is mandatory in small group sessions and emergency service. Course also includes seminars, three of them are mandatory. There is a written final exam in the end of the course.

Mode of delivery:
Blended teaching (web-based teaching and face to face teaching).

Learning activities and teaching methods:
- Introduction 2 h (in Finnish)
- Lectures 24 h
- Introductory course of clinical neurological examination 3 h
- Seminars 13 h
- Small group sessions at the outpatient clinic and neurology ward 14 h
- Service at neurology ward 12h including practicing lumbar puncture
- Practising at emergency department 5 h

Target group:
Medical students, C7-C8

Prerequisites and co-requisites:
All earlier studies in the curriculum of basic medical education.

Recommended optional programme components:
The course is performed simultaneously with other fourth year's courses.

Recommended or required reading:

Assessment methods and criteria:
Attendance to all small group sessions and clinical examination of patients in neurology ward and emergency department, attendance to three seminars and passed examination.
A written final examination consists of five questions. The requirements of the final exam include the textbook, issues raised in the lectures, small group sessions and seminars. Zero points is allowed only in one question. In order to pass the exam the student must obtain half of the total points.

Grading:
The evaluation scale is 0-5 (0=fail, 5=excellent).

Person responsible:
Professor: Kari Majamaa (kari.majamaa@oulu.fi)

Working life cooperation:
In small group sessions held in outpatient neurology clinic and neurology ward. Each student also participates in the clinical evaluation of patients at the emergency department and at the neurology ward and examines patients under supervision at the outpatient clinic.

Other information:
Updated 1 FEB 2017

080304A: Neurosurgery, 3 op

Opiskelumuoto: Intermediate Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Ville Leinonen
Opintokohteen kielet: Finnish

ECTS Credits:
3.0 ECTS credits/ 82 hours of work

Language of instruction:
Finnish

Timing:
C8
Learning outcomes:
After the course the student has knowledge of clinical manifestations, diagnostics and treatment of neurosurgical diseases from the general practitioners point of view. The student can evaluate the urgency of treatment of neurosurgical conditions and understands the life-threatening nature of these diseases.

Contents:
- 6 lectures (1.5 hours each)
- 2 group sessions
- 3 symposia (4 hours each)

Mode of delivery:
- Lectures and symposia can be seen in internet through ConnectPro-system
- Group sessions are face-to face teaching

Learning activities and teaching methods:
- Lectures (12h) including patient demonstrations. Mandatory small group patient rounds and discussion (6h + 2h).
- Three symposia.

Target group:
Medical students

Recommended optional programme components:
- No alternative course units.

Recommended or required reading:

Assessment methods and criteria:
- The course requirements include participation in compulsory group sessions and passing the end-of-course examination.

Grading:
- The evaluation scale is 1-5/fail.
- Final examination (6 essay and multiple choice questions). At least half of the total points are needed to pass the test, and a minimum of 1 point per question must be achieved. One month clinical intership can enhance the grade.

Person responsible:
Professor Sami Tetri

Working life cooperation:
- Alternatively, international students can also get full ETCS credits trough the Erasmus program clinical elective. This requires full time (8.00 am – 3.45 pm) participation in all clinical activities for minimum of one week and participation on group sessions. For ETCS credits the above textbook final examination must be passed; it is usually taken during the last week of practice.

080510A: OSCE, 0 op

Opiskelumuoto: Intermediate Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Petri Kulmala
Opintokohteen kielet: Finnish
Voidaan suorittaa useasti: Kyllä

ECTS Credits:
0.0 ECTS

Language of instruction:
Finnish

Timing:
C10

The course unit is held in the spring semester.

Learning outcomes:
To assess the abilities of student performance on the subjects of the 5th year curriculum.

Contents:
A joined examination of the subjects on the fifth year.

Mode of delivery:
Contact teaching
Learning activities and teaching methods:
Each student makes a circuit of about 15 exam sites comprising of practical tests in different disciplines. 8 minutes/site, 2 minutes for transferring between sites. Total time about 2 hours 30 minutes.

Target group:
Medical Students

Prerequisites and co-requisites:
The prerequisites for the course unit are previous studies (C1-10 course units).

Recommended optional programme components:
No alternative course units.

Recommended or required reading:
Textbooks and lecture notes of the fifth year.

Assessment methods and criteria:
The assessment of the course unit is based on the learning outcomes of the 5th year course units. The examiner on each exam site assesses the performance of the student.

Read more about assessment criteria at the University of Oulu webpage.

Grading:
Pass/fail in every single exam site.

The course is approved when all practical tests are approved.

The course unit utilizes verbal grading scale pass/ fail.

Person responsible:
Doc. Petri Kulmala

Working life cooperation:
No

Other information:
OSCE exam is compulsory examination for the fifth year students. The final grade of the course unit is required for the sixth year student.

080401A: Obstetrics and gynecology, 10 op

Opiskelumuoto: Intermediate Studies
Laji: Course
Vastuuyksikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Hannu Martikainen
Opintokohteen kielet: Finnish

ECTS Credits:
10,0 ECTS/ 267 hours of work

Language of instruction:
Finnish

Timing:
C9 and C10
The course unit is held in the autumn semester and spring semester

Learning outcomes:
After completing the course Obstetrics and Gynecology the student will have sufficient theoretical and practical knowledge in obstetrics and the most common gynecological illnesses, as well as the diagnostics, treatments and prevention thereof. Furthermore, the student will learn about a normal pregnancy, childbirth and puerperium. The course will provide the student skills required to work in a public health center as a general practitioner and to handle the treatment of acute cases.

Contents:
Introduction: patient's anamnesis and examination, diagnosis and treatment plan, ultrasonography and other medical procedures, sexology.
Obstetrics: physiology of a pregnancy, planning and monitoring of pregnancy, multiple pregnancy, fetal growth retardation, infections during pregnancy, internal medicine problems during pregnancy, 3rd trimester hemorrhaging, miscarriage, premature delivery, monitoring of childbirth, puerperium.

Gynecology: menstrual cycle, birth control, termination of pregnancy, gynecological endocrinology, infertility, gynecological infections, uterine prolapse, incontinence, endometriosis, abnormal gynecological bleeding, hormonal replacement therapy, benign and malignant tumors.

Mode of delivery:
Blended teaching

Learning activities and teaching methods:
Lectures 27 h
Theme-days 10 h
Student Congress 4 h
Practical training in Central Hospitals 40 hours

Small group teaching
- Group teaching 15 h
- Ward rounds and learning at wards, following of the own patient 22 h
- Outpatient clinic learning 17 h
- Maternity care center and health care center learning 4.5 h (learning diagnostics and treatment of real patients)

Problem based learning:
- guided teaching 16 h
- without guidance either privately or in a group 24 h

The admission exam 6 h (web-based)
Week exams I, II and III (web-based) 6 h
The Patient cases exam 4 h

Self-study (preparing for Theme-days, congress and exams) 95 h.

Target group:
Medical students.

Prerequisites and co-requisites:
The prerequisites for the course unit are previous studies (C1-8 course units).

The admission exam (web-based) should be passed.

Recommended optional programme components:
No alternative course units.

Recommended or required reading:
Text book:

Recommended reading:

Assessment methods and criteria:
The assessment of the course unit is based on the learning outcomes of the course unit.

The admission exam is multiple choice test. Required literature: text book. Exam should be passed.

Attending to all compulsory teaching
(evaluated pass/fail)

Week exams I, II and III.
Ggrading: 1-5/fail.

The Patient cases exam (final exam): evaluated from 0-48 points, approval limit is 24 points.
Grading: 1-5/fail.

Read more about assessment criteria at the University of Oulu webpage.

Grading:
The course unit utilizes a numerical grading scale 1-5. In the numerical scale zero stands for a fail.
The final grade of the course is formed of
Patient cases exam (70 %) and Week exams (30 %).

Person responsible:
Working life cooperation:
Each student will participate the work of gynecologist/obstetrician taking care of patients in one central hospital during one week.
In maternity care center and health care center learning diagnostics and treatment of real patients.
Other information:
Multi-professional work

080410A: Occupational health, 2 op

Opiskelumuoto: Intermediate Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Leena Ala-Mursula
Opintokohteen kielet: Finnish

Proficiency level:
-
Status:
-
Required proficiency level:
-
ECTS Credits:
2.0 ECTS credits / 54 hours of work
Language of instruction:
The course is held in Finnish
Timing:
The course unit is held in the autumn semester
Learning outcomes:
Upon completion of the course, the student is able to take notice of potential work-related origins of ill health, as well as the aspect of promoting work ability, when seeing working-aged patients

The student will be able to understand the structure of the Finnish Occupational Health Care (OHC) system and the principles of its collaboration with other parts of Health Care and with the workplaces

Contents:
The Finnish Occupational Health Care (OHC) system and the guidelines and practices of co-operation with the working life and the health care sector
Relationship between work and health, work-related diseases, occupational diseases
Assessment of and possibilities of supporting work ability.
Mode of delivery:
Face-to-face tuition is used. Lectures are also webcasted.
Learning activities and teaching methods:
There will be 14 hours of lectures and 10 hours of guided group teaching. The remaining 30 hours of self-study includes preparatory and reflective tasks attached to the group tuition sessions, conducted both individually and in small groups. Activating methods are utilized in all teaching.

Target group:
Medical students in their 6th year, C11.
Prerequisites and co-requisites:
The earlier studies in the curriculum of basic medical education.
Recommended optional programme components:
-
Recommended or required reading:
Material is mainly in Finnish, see left column.
Assessment methods and criteria:
The students’ progress towards the learning goals is discussed and supported during the group tuitions, which are based on the presentations and documents prepared by the students.
The passing of the course examination is required.

An anonymous electronical survey for evaluation and feedback is organized after the course, asking e.g. the students’ self-perception of reaching the central learning goals of the course.

Feedback of the feedback is provided to the students in the electronical learning environment, including an overview of the performance in the examination and the ideas received for further development of the tuition.

**Grading:**
Pass/Fail

**Person responsible:**
Leena Ala-Mursula
Professor, Occupational Health

**Working life cooperation:**
No

**Other information:**

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**080204A: Oncology, 4 op**

**Opiskelumuoto:** Intermediate Studies

**Laji:** Course

**Vastuuysikkö:** Medicine

**Arvostelu:** 1 - 5, pass, fail

**Opettajat:** Karihtala, Peeter Johannes, Turpeenniemi-Hujanen, Taina Marjatta

**Opintokohteen kielet:** Finnish

- **Proficiency level:**
- **Status:**
- **Required proficiency level:**
- **ECTS Credits:**
4.0 ECTS credits /107 hours of work

**Language of instruction:**
Tuition shall be arranged in Finnish.

**Timing:**
The course unit is held in the end of the autumn semester (September-December).

**Learning outcomes:**
Upon completion of this curricular unit, student should be able to understand principles of cancer ethiology, diagnosis, therapeutic modalities and will be able to give basic chemotherapies based on instructions. In addition, student will be able to detect and treat possible advert events of therapeutic modalities, organize outpatients controls of common malignanacies and advice patients to rehabilitation after cancer therapy. Furthermore, the student will be able to master principles of palliative care and consult a specialist when needed.

**Contents:**
The diagnostics, oncological therapeutic modalities and monitoring of solid cancers and lymphomas.

**Mode of delivery:**
The tuition will be implemented as blended teaching.

**Learning activities and teaching methods:**
Lectures 33 h/ Small Group Teaching 10h/ Oncological Seminars 10h
Preliminary Examination 3 h (online)
Final Examination 2 h

**Target group:**
Target groups are the 5-6 th year medical students (MD).

**Prerequisites and co-requisites:**
The required prerequisite for participation to the course unit is the completion of 5 years of medical studies.

**Recommended optional programme components:**
Teaching is also given during other courses (neurology, urology, plastic surgery).

**Recommended or required reading:**
Joensuu, Roberts, Teppo, Tenhunen: Syöpätaudit, last edition, Kustannus Oy Duodecim
UICC: TNM-luokituskirja ja UICC Clinical Oncology, viim.painos.
**Recommended literature:**

Availability of the course book can be checked by clicking this link.

**Assessment methods and criteria:**
During the course unit, there are preliminary and final exams. Both of them should be passed. In addition, passing of preliminary exam is required before the final exam.

Read more about assessment criteria at the University of Oulu webpage.

**Grading:**
The course unit utilizes a numerical grading scale 1-5. In the numerical scale zero stands for fail.

**Person responsible:**
Taina Turpeenniemi-Hujanen, Professor
Peeter Karihtala, Clinical lecturer
Jussi Koivunen, Clinical lecturer

**Working life cooperation:**
Yes, Students will examine cancer patients at an outpatient clinic and at ward round (8h).

**Other information:**

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**080303A: Ophthalmology, 4 op**

**Opiskelumuoto:** Intermediate Studies

**Laji:** Course

**Vastuuysikkö:** Medicine

**Arvostelu:** 1 - 5, pass, fail

**Opettajat:** Nina Hautala

**Opintokohteen kielet:** Finnish

**ECTS Credits:**
4 ECTS Credits/108 hours

**Language of instruction:**
English (but lectures are in Finnish)

**Timing:**
(C9-10)

**Learning outcomes:**
The course of ophthalmology is focused on learning basic ophthalmology and skills needed for working in general practice. After completing the course the student will have basic knowledge of symptoms, diagnostics and treatment options of ophthalmic diseases and of relationship of systemic diseases and ophthalmic problems. The student will be able to examine vision and eye health for purposes of health check up, screening a child’s vision, treatment of common eye diseases and assessing the need and urgency for consultation.

**Contents:**
Examination of eyes and visual acuity and treatment of ophthalmic diseases focusing on the skills needed as a general practitioner.

**Mode of delivery:**
Face-to-face teaching

**Learning activities and teaching methods:**
The course contains lectures (40 h, Finnish), group sessions (12 h) and evaluation of the course through exams (7 h). Optional studies and self-study 49 hours.

**Target group:**
Medical students

**Prerequisites and co-requisites:**
The studies of the prior terms of medical school have been passed.
Recommended or required reading:

Assessment methods and criteria:
The student has to attend the obligatory learning sessions. The assessment is based on examination.
Read more about assessment criteria at the University of Oulu webpage.

Grading:
Preliminary examination: pass/fail; final examination 0-5.

Person responsible:
Professor Nina Hautala

Working life cooperation:
Examination of a referred eye patient.

Other information:
Optional studies are available in Finnish.

080633A-04: Optima test, 0 op

Voimassaolo: 01.08.2018 -
Opiskeluvalmius: Intermediate Studies
Laji: Partial credit
Vastuuvaltuutettu: Medicine
Arvostelut: 1 - 5, pass, fail
Opettajat: Risteli, Juha
Opintokohteen kielet: Finnish

Ei opintojaksovalttomaa.

080224A: Organ pathology 3, 2 op

Voimassaolo: 01.08.2014 -
Opiskeluvalmius: Intermediate Studies
Laji: Course
Vastuuvaltuutettu: Medicine
Arvostelut: 1 - 5, pass, fail
Opettajat: Mäkinen, Markus Juhana
Opintokohteen kielet: Finnish

ECTS Credits:
2.0 ECTS credits/54 hours of work

Language of instruction:
Finnish

Timing:
C 9-10, spring semester

Learning outcomes:
Upon completion the student should know, for each organ system included, the basic mechanisms of diseases (etiology and pathogenesis), their basic morphological, functional and clinical characteristics, and terminology related with diseases. The student should be able to recognize and classify the most common diseases of the organ systems, understand the relationship between these features of the diseases and their symptoms and other clinical manifestations. The student should know the most important sources of error in histopathological diagnostics, and be familiar with the collaboration between clinician and pathologists needed in every day clinical work.

Contents:

Mode of delivery:
Face-to-face teaching

Learning activities and teaching methods:
Lectures 6 hours; theme days 8 hours, Practicals 6 hours. Self study 33 hours, written examination 2 hour.

Target group:
Medical students

**Prerequisites and co-requisites:**
The required prerequisite is the completion of the following courses prior to enrolling for the course unit: 040108A General pathology; 080211A-01 Organ Pathology I; integrated studies of basic sciences 042001Y Pathology; Organ pathology 2 (4. year medical studies).

**Recommended optional programme components:**
No alternative course units.

**Recommended or required reading:**

**Assessment methods and criteria:**
The course requirements include participation in compulsory practicals and passing the end-of-course examination.

**Grading:**
The evaluation scale is 1-5/fail.

**Person responsible:**
Markus Mäkinen

**Working life cooperation:**
No

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080222A: Organ pathology I, 6 op

**Voimassaolo:** 01.08.2013 -

**Opiskelumuoto:** Intermediate Studies

**Laji:** Course

**Vastuuysikkö:** Medicine

**Arvostelu:** 1 - 5, pass, fail

**Opettajat:** Mäkinen, Markus Juhana

**Opintokohteen kielet:** Finnish

**ECTS Credits:**
6 ECTS/ 154 hours of work

**Language of instruction:**
Finnish

**Timing:**
C5-6 (3rd year)

**Learning outcomes:**
This course focuses on the essential features of etiology, pathogenesis and structural changes of diseases of the different organ systems. Pathophysiological aspects of diseases are reviewed as well as relationship between the abnormal function and structure and the clinical manifestations of disease, such as symptoms and clinical findings. After the course, students should be able to describe etiology and pathogenesis of the most important diseases of each organ system, and the structural abnormalities of such diseases. The student should be able to explain how structural and functional abnormalities manifest themselves as clinical symptoms and signs. In addition, students should be able to identify and classify the most common types of macroscopic and microscopic abnormalities in different organ systems. He/she should know the most important sources of error in surgical pathological and cytological diagnostics, and be prepared on a proper teamwork with pathologists in his/her clinical work, for the best of his/her patients. The student should master relevant concepts and terminology and be able to use them in professional communication.

**Contents:**

**Mode of delivery:**
The tuition will be implemented as face-to-face teaching.

**Learning activities and teaching methods:**
Lectures 22 h, theme days 8 h, practical training 32 h,
exam 3h.
Independent work 88 h

**Target group:**
Medical students.

**Prerequisites and co-requisites:**
040108A General Pathology
040037Y, Pathology integrated studies, 1 credits (2nd year)

**Recommended or required reading:**
Or: Cross SS: Underwood’s Pathology, a clinical approach (6th ed. 2013)
Other: Kumar V. et al.: Robbins and Cotran, Pathologic basis of disease (8 th ed. 2010).
Lecture handouts; Guidebook for autopsy (in Finnish). Material associated with virtual pathology teaching program (in Finnish).

**Assessment methods and criteria:**
Attendance in compulsory teaching, examination.

**Grading:**
1 - 5, fail

**Person responsible:**
Prof. Tuomo Karttunen

**Working life cooperation:**
Autopsy teaching and introduction to activities in the Department of Pathology are organized in collaboration with the Department of Pathology, Oulu University Hospital. Students attend selected clinicopathological conferences arranged by the Department of Pathology and Clinical Departments of Oulu University Hospital.

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**080223A: Organ pathology II, 2 op**

Voimassaolo: 01.08.2014 -
Opiskelumuoto: Intermediate Studies
Laji: Course
Vastuuyksikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Mäkinen, Markus Juhana

Opintokohteen kielet: Finnish

**ECTS Credits:**
2 ECTS credits/ 52 hours of work

**Language of instruction:**
Finnish

**Timing:**
C 7-8, autumn semester

**Learning outcomes:**
Upon completion the student should know, for each organ system included, the basic mechanisms of diseases (etiology and pathogenesis), their basic morphological, functional and clinical characteristics, and terminology related with diseases. The student should be able to recognize and classify the most common diseases of the organ systems, understand the relationship between these features of the diseases and their symptoms and other clinical manifestations. The student should know the most important sources of error in histopathological diagnostics, and be familiar with the collaboration between clinician and pathologists needed in every day clinical work.

**Contents:**
Neuropathology, oral pathology, pathology of ear and eye diseases, pathology of the respiratory tract.

**Mode of delivery:**
Face-to-face teaching.

**Learning activities and teaching methods:**
Lectures 12 hours, Practicals 10 hours. Self study 36 hours. Written examination 2 hour.

**Target group:**
Medical students.

**Prerequisites and co-requisites:**
The required prerequisite is the completion of the following courses prior to enrolling for the course unit: 040108A General pathology; 080222A Organ Pathology I

**Recommended or required reading:**
Books: Cross SS: Underwood's Pathology, a clinical approach (6th ed. 2013) sections relating on the organs /organs systems, which are on the focus of this course (see Contents); or Underwood JCE: General and systematic pathology (5th ed. 2009); or Kumar V. et al.: Robbins Basic Pathology, (9th ed. 2012 or 8th ed. 2007). Alternatives: Kumar V. et al.: Robbins and Cotran, Pathologic basis of disease (8th ed. 2010)

**Assessment methods and criteria:**
The course requirements include participation in compulsory practicals and passing the end-of-course examination.

**Grading:**
The evaluation scale is 1-5/fail.

**Person responsible:**
Prof. Tuomo Karttunen

**Working life cooperation:**
No

080302A: Oto-rhino-laryngology, 6 op

**Opiskelumuoto:** Intermediate Studies

**Laji:** Course

**Vastuuysikkö:** Medicine

**Arvostelu:** 1 - 5, pass, fail

**Opettajat:** Alho, Olli-Pekka

**Opintokohteen kielet:** Finnish

**ECTS Credits:**
6 ECTS credits / 159 hours of work

**Language of instruction:**
Finnish

**Timing:**
The course is held in the autumn and spring semester, during the fourth year

**Learning outcomes:**
The aim of the course is to familiarize the student with examining, treating and referring an otorhinolaryngological patient. After the course, the student has the knowledge and skills needed to work as an independent general practitioner.

**Contents:**
The course deals with diseases of the ear, nose, paranasal sinuses, mouth, throat, salivary glands and larynx as well as facial trauma. The epidemiology, diagnostics, treatment and also rehabilitation regarding these diseases are handled. An introduction to the specialty of Foniatics is included. The group instructions, theme day and independently performed tasks focus on diagnostics and treatment of the ear, throat and nose diseases as well as on techniques of the most common ambulatory procedures.

**Mode of delivery:**
The course is delivered as blended teaching (web-based+face-to-face).

**Learning activities and teaching methods:**
Lectures 38 h (+self study 38 h)
Policlinical real-case based group teaching 14 h (+self study 14 h).
Independently performed tasks 6 h
Theme day 4 h (+self study 4 h)
Entering examination 8 h
Final examination 32 h

**Target group:**
For the medical students of the fourth year

**Prerequisites and co-requisites:**
All earlier courses in the curriculum are completed

**Recommended optional programme components:**
The course is an independent entity and does not require additional studies carried out at the same time.

**Recommended or required reading:**
Textbook: Korva-, nenä- ja kurkkutautioppi ja Foniatrian perusteet. Korvatieto Oy (the most recent edition)
Material given in the lectures.

**Assessment methods and criteria:**
The teachers monitor, evaluate and give feed back to the students during all face-to-face teaching situations. At the beginning of the course, the students have an entering examination. Performed group teaching sessions, independent tasks and theme day are registered in the course log book. At the end, the students have the final examination.

Read more about assessment criteria at the University of Oulu webpage.
Read more about assessment criteria at the University of Oulu webpage.

**Grading:**
The course utilizes a numerical grading scale 1-5 (based on the final exam). In the numerical scale zero stands for a fail.

**Person responsible:**
Professor Olli-Pekka Alho

**Working life cooperation:**
No

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**080502A: Pediatrics, 14 op**

**Opiskelumuoto:** Intermediate Studies
**Laji:** Course
**Vastuuysikkö:** Medicine
**Arvostelu:** 1 - 5, pass, fail
**Opettajat:** Mika Rämät

**Opintokohteen kielet:** Finnish

**ECTS Credits:**
14 ECTS / 370 hours of work

**Language of instruction:**
Finnish, some teaching in English

**Timing:**
C9 and C10

The course unit is held in the autumn semester and spring semester

**Learning outcomes:**
Upon completion the student is able
- to diagnose and treat the most common pediatric diseases as a general practioner or as a first-year resident in a hospital
- to provide first aid to acutely and critically ill children
- to suspect and recognize child maltreatment
- to understand pediatric preventive health care and health education

**Contents:**
Growth and development; medical history and clinical examination of a child; allergology; endocrinology; diabetology, gastroenterology, hematology, infectious diseases; cardiology, pediatric surgery; pediatric neurology, nephrology, neonatology; oncology; emergency medicine.

**Mode of delivery:**
Blended teaching

**Learning activities and teaching methods:**
Lectures 65 h
Theme-day 4 h

Small group teaching
- Group teaching 39 h
- Ward rounds and learning at wards including examination of own patients 24 h
- Outpatient clinic based learning 26 h
- Following work at the pediatric emergency room (including patient examinations and 7 written case reports) 12 hours
Seminars 16 h
Practical training in Central Hospitals 40 h
The admission exam 1 h (web-based)
The patient exam 1 h
The final exam 4 h

Self-study 138 h

Target group:
Medical Students.

Prerequisites and co-requisites:
The prerequisites for the course unit are successfully completed previous studies (C1-8 course units).

Recommended optional programme components:
No alternative course units.

Recommended or required reading:

Recommended reading:
1) Lastenneuvolakäsikirja http://www.thl.fi/fi/web/lastenneuvolakasikirja

Assessment methods and criteria:
The assessment of the course unit is based on the learning outcomes of the course unit.

Admission test is a multiple choice test. Required literature: text book. The test is evaluated from 0 to 50 points (the approval limit is 20 points). Exam should be passed during the first week of the course.

Attending to all compulsory teaching
(evaluated pass/fail)

Patient cases exam (evaluated from 0 to 20 points, approval limit is 5 points)
Grading: 1-5/fail

The final exam (evaluated from 0-60 points, approval limit is 35 points.
Grading: 1-5/fail.

Read more about assessment criteria at the University of Oulu webpage.

Grading:
The course unit utilizes a numerical grading scale 1-5. In the numerical scale zero stands for a fail. The final grade of the course is formed of final exam (85%) and patient cases exam(15%)

Person responsible:
Prof. Mika Rämet

Working life cooperation:
Yes. Each student will follow the work of pediatricians taking care of patients in a Central hospital for one week.

080916A: Physiathry and rehabilitation, 5 op

Voimassaolo: 01.08.2011 -
Opiskelumuoto: Intermediate Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Karppinen, Jaro Ilari
Opintokohteen kielet: Finnish

Proficiency level:
-
Status:
-
Required proficiency level:

ECTS Credits:
5 ECTS

Language of instruction:
Finnish

Timing:
The course is held in the autumn and spring terms of the sixth year in the medical school.

Learning outcomes:
Upon completion the student understands the principles of diagnostics, differential diagnostics, treatment, evaluation of functional ability and rehabilitation in the field of Physical and Rehabilitation Medicine. The student is able to adapt his/her knowledge to primary health care practice.

Contents:
The definitions and assessment methods of functional ability in the context of ICF (International Classification of Functioning and Health)
Multi-professionality in rehabilitation
Low back disorders
Neck disorders
Lower extremity disorders
Upper extremity disorders
Rehabilitation of spinal cord injuries
Rehabilitation of strokes
Rehabilitation of brain injuries
Limb amputations, prostheses and rehabilitation
Principles of physiotherapy
Principles of occupational therapy
Social work in rehabilitation
Pain psychology
Assistive devices
Vocational rehabilitation
Recognition of obstacles in functional ability and finding solutions for these

Mode of delivery:
Internet lectures, lecture-related exercises and questions & answers sessions
Thematic days with focus on functional ability

Learning activities and teaching methods:
Internet lectures ca. 30-40h
Exercises linked to lectures ca. 15-20h
Questions and answers sessions 6h
Visit of rehabilitation ward or spinal cord policlinic 2,5 h
Thematic days 8h (+4h within Geriatrics)
Exercises related to thematic days 12h (+6h within Geriatrics)
Assessment of a patient with musculoskeletal disorder at the 4th study year 2h
Musculoskeletal clinical examination at the 6th study year (optional) 5h

Target group:
Medical students (sixth year)

Prerequisites and co-requisites:

Recommended optional programme components:
Theme days will be arranged in collaboration with Geriatrics and Oulu University of Applied Sciences

Recommended or required reading:

Assessment methods and criteria:
Internet lectures-related exercises (>100), of which 50% has to be solved
Final examination (essay)

Grading:
Approved/failed (50% of maximum points)

Person responsible:
Professor Jaro Karppinen
Professor Mauri Kallinen

Working life cooperation:

ECTS Credits:
The Licentiate of Medicine degree programme includes 24 ECTS cr of practical training that can be completed in periods of two weeks minimum (2 weeks = 3 cr).

Language of instruction:
Finnish

Timing:
1. - 6. academic year

Learning outcomes:
The goal of practical training is to deepen the medical students’ skills and knowledge in practical work. During the practical training the student applies the abilities received from theoretical studies into practice, performs general practitioner level procedures under supervision, and explores multi-professional work and the operation of hospitals and health centres.

The goal of the practical training periods is to strengthen the competences included in the Licentiate of Medicine degree, which are:
- Doctor’s work as a professional
- Using science-based information in practical work
- Communication skills
- Skills in solving clinical problems
- A doctor’s role in supporting patients and the community
- Recognising and controlling one’s own motivations, values, and limitations

The practical training periods are an essential part of professional growth as a doctor. It is important to visualise the learning that takes place during the practical training periods. A practical training book is used during every practical training period. The practical training book is where the student evaluates their own performance, and receives feedback from, as well as gives it to, their supervisor and the work community. Before the practical training period begins, the student uses the practical training book to define their most essential learning goals (knowledge goals) for the training period. Also the supervisor of the training period can express certain training period expectations for the student.

Contents:
The content and implementation of the practical training are specified in the practical training regulations. The student must read the practical training regulations carefully when planning the practical training period.

A supervisor agreement is drawn up before the beginning of each practical training period. A supervisor agreement form can be found from the practical training website at http://www.oulu.fi/ltk/node/2118. The supervisor agreement must be delivered to the Medical Faculty student affairs services before the beginning of the practical training.

Each practical training period is supervised by a designated supervisor in the establishment the training takes place. The supervisor can be either a specialist or a registrar. The trainee and the supervisor must be in an employment relationship with the operator of the organisational unit where the practical training takes place. The organisational unit where the training takes place can be a municipality, a federation of municipalities or a public employer, or other completely outsourced organisational unit.

The practical training includes using a practical training book as described in the practical training regulations and in the practical training book. The practical training book is a general tool for planning and evaluating learning and giving feedback about it. The clinics can add their own sections to the book if required. The training book includes sections for self-evaluation and feedback from the supervisor.
The trainee must follow the general employee regulations of the workplace, and possible separate guidelines regarding practical training. The trainee is responsible for their actions according to general legal principles.

The student participating in the practical training must have the necessary guidance and supervision, sufficient possibilities for consultation, and training in performing the procedures that are part of the work in the workplace. The trainee must participate in medical doctors’ training organised in the workplace within the limits of the weekly working hours. Time spent in emergency duty is included in the practical training time. A maximum of 1/3 of the total working hours can be work done during a hospital's hours of emergency duty.

**Mode of delivery:**
The practical training is organised as described in the [practical training regulations](#).

**Learning activities and teaching methods:**
The degree programme in Medicine includes a required practical training of a total of 24 ECTS cr (16 weeks) completed during the studies. The practical training is carried out in places chosen by the student themselves, and must be organised in **minimum periods of 2 weeks as full weeks and working in at least three different specialities**. The student can simultaneously work only in one training place, and the practical training must be full-time.

The practical training can be carried out working as a paid trainee with the salary paid from the Northern Ostrobothnia hospital district's EVO-funding. The practical training can also be carried out working as a doctor in a specialist-led hospital or health centre, in the Defence Forces or during non-military service, in Finland or abroad.

The practical training periods at OYS are coordinated by Oulun Lääketieteellinen Kilta r.y. (Oulu medical society). OYS traineeship posts are organised by the society and an application form is used when applying to them. Separate assignment regulations are used when the traineeship posts are filled.

Before the practical training is carried out, an approved supervisor agreement must be returned to the student affairs services. If the student wishes to carry out the training **somewhere else than at OYS**, they must **agree beforehand** on the contents of training, and get a written permission on the supervisor agreement form from the discipline's person responsible for training. The disciplines may also have separate guidelines about traineeship posts outside OYS.

Working in research or teaching tasks at a department of a Faculty of Medicine for a minimum of two weeks and a maximum of four weeks can also be approved as a practical training. A supervisor agreement for a research traineeship must have an attached research plan that must be delivered before the training period. The student evaluates the training by writing a free-form report on the research done: evaluating their own performance during the traineeship and giving feedback to the supervisor.

**Target group:**
Students of the degree programme in Medicine.

**Prerequisites and co-requisites:**
The practical training is carried out after the study phase of the discipline in question has been completed. If the student wants to carry out training in a speciality they have taken no studies in, they must beforehand request a written permission to do the practical training from the discipline’s person responsible for training.

**Recommended optional programme components:**
The trainee’s tasks and discipline-related learning outcomes have been defined in the trainee’s job description created in every discipline.

**Recommended or required reading:**
According to what has been arranged with the supervisor. The student can orient themselves in the practical training period by reading literature related to the traineeship’s speciality.

**Assessment methods and criteria:**
After the practical training period, the student evaluates the realisation of the learning outcomes they had set in the practical training book. The supervisor and the work community also evaluate the student's learning and development during the practical training period. The student also enters feedback for the training place in the training book. The practical training regulations define practices regarding working hours, absences, and compensations.

The practical training is recorded in the study attainment register after the training period has ended, and the student has delivered a reference or a testimonial of service and the last page of the training book, or, in teaching and research practice, a final report to the student affairs services. The completed practical training must be applied to be included in the degree immediately after the training has been completed, by the end of next August at the latest.

Read more about [grading study attainments](#) from the university’s web site.

**Grading:**
The training is graded as pass/fail.
Working life cooperation:
Includes learning by working as defined in each discipline, and agreed upon with the practical training supervisor.

Other information:
The practical training is carried out as defined in the practical training regulations. The regulations and the training-related forms are available on the website.

040036Y: Professional Development in Medicine Studies, 3rd period, 1 op

Voimassaolo: 01.08.2014 -
Opiskelumuoto: Intermediate Studies
Laji: Course
Vastuuyksikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Päivi Lindholm
Opintokohteen kielet: Finnish

ECTS Credits:
1 ECTS
Timing:
3.yrs
Learning outcomes:
The student is able to analyze the doctor’s practice as a situation from an interactional perspective and is conscious and can recognize interactional factors that relate to doctor’s practice. The student is able to observe their own interaction as well as that of others in diverse situations. The student is able to reflect on the strengths of their interactional skills as well as areas in need of development.

Contents:
1) Lectures:
   - On the significance of interaction in doctor’s practice and patient-doctor relationship
   - How can interactional skills be developed
2) Group work:
   - Reflection in small groups on different situations in doctor’s practice and written summaries of the conversations that took place
   - One group produces material for the seminar
3) Individual exercises:
   - Written analysis of one doctor’s practice situation
   - Keeping a learning diary for eight weeks
4) Seminar and final lecture:
   - The seminar includes reflection on interactional skills as part of professional skills in medicine supported by video and other material
Summary of students’ group and individual exercises during the final lecture of the course.

Mode of delivery:
Face-to-face teaching, group and individual work.

Learning activities and teaching methods:
Lectures and seminar, group work, individual exercises.

Target group:
Medical students.

Prerequisites and co-requisites:
1st year lecture on the basics of interaction and the interaction and communication track as part of the professional development in medicine track (2x45mins.).

Recommended optional programme components:
Descriptions of doctor’s practice situations produced during the course are used in teaching in Public health.

Recommended or required reading:
Lecture and other material in Optima.

Assessment methods and criteria:
Read more about assessment criteria at the University of Oulu webpage.

Grading:
Pass/fail

Person responsible:
Päivi Lindholm
ECTS Credits:
ECTS credits 12.0

Language of instruction:
Finnish language

Timing:
S7-S8, 4th year, August and January

Learning outcomes:
To provide basic facts on psychiatric diseases and treatment, particularly in primary health care. Students are able to identify common mental disorders and know how to treat them in adult patients, in accordance with the Treatment Recommendations (psychotherapy, psychopharmacology) in primary and specialist level health care settings. Students can identify severe mental disorders in adolescents, adults and elderly patients and be able to send the patients to the psychiatric emergency and psychiatric care, involuntarily if necessary. The student can identify patients with psychosis and those patients at risk of suicide or violent acts.

Contents:

Mode of delivery:
Face–to-face teaching

Learning activities and teaching methods:
 Lectures covering various themes in psychiatry (psychiatric epidemiology, schizophrenia and other psychoses, depression, anxiety disorders, substance use disorder, perinatal mental disorders, psychiatry in health care center, adolescent psychiatry etc.). Besides lectures, the teaching consists mainly of group teaching, several seminars and also clinical practice which includes following clinical work in psychiatric units on emergency duty. There is a final written examination. Question time and feedback, including questionnaire in Optima. The student has to understand and speak Finnish fluently in order to be able to participate in the course.

Target group:
Fourth year medical students.

Prerequisites and co-requisites:
Pervious medical studies has to be completed.

Recommended optional programme components:
The course is an independent entity and does not require additional studies carried out at the same time.

Recommended or required reading:

Assessment methods and criteria:
Taking part to compulsory studies and practice including group studies, theme days and clinical practice. Final written examination. Question time and feedback, including questionnaire in Optima.
Grading:
The evaluation scale for the final examination is 0-5 (and in the intranet Optima: pass/fail). The best grading is 5.

Person responsible:
Professor Pirkko Riipinen

Working life cooperation:
In the course in included clinical practise period lasting one week.

080427A-03: Public Health, 5 op

Voimassaolo: 01.08.2015 -
Opiskelumuoto: Intermediate Studies
Laji: Partial credit
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Markku Timonen
Opintokohteen kielet: Finnish

ECTS Credits:
5,0 ECTS credits/ 134 hours of work

Language of instruction:
Finnish

Timing:
C 10, the course unit is held in the spring semester.

Learning outcomes:
The student is familiar with the main examination and management strategies used in general practice, and understands the role which the probability of disease has for the selection of a management strategy. The student gains experience in: management of a range of clinical problems which present to primary care; coordination and organization of treatment; and working using a patient-centred approach. The student gains insight into: disease prevention and health promotion in paediatric, antenatal-care and school-based health care settings; main examination and treatment strategies in general practice; issuing expert statements in matters of social security system, rehabilitation and employment; time management and coordination of clinical work in primary care; multidisciplinary team work.

Contents:
Theoretical learning of the "key principles" of general practice. Practical learning in different areas of general practice: scheduled and acute appointment at the health centre; antenatal- and maternity-, paediatric-, family-planning- and school services, inpatient care on the health care centre wards, and inpatient care on long-term wards, community care. Principal skills in e-Health.

Mode of delivery:
Blended teaching.

Learning activities and teaching methods:
Lectures 7,5 h including independent work 7,5 h. E-health theme day.
Group work for four days (32 hours). Critical appraisal of evidence; independent work 7 h.
Two-week practical training in health care centres (74 hours).

Target group:
Medical students.

Prerequisites and co-requisites:
All earlier studies in the curriculum of basic medical education.

Recommended optional programme components:
No alternative course units.

Recommended or required reading:

Assessment methods and criteria:
The assessment of the course unit is based on the learning outcomes of the course unit.

Attending to all compulsory teaching
The assessment of the learning outcomes: The final examination during the sixth year of medical education.

Grading:
The course unit utilizes verbal grading scale “pass/ fail “

The final examination during the sixth year of medical education utilizes a grading scale pass/fail

Person responsible:
Markku Timonen, professor of general practice

Working life cooperation:
Yes, during the two-week practical training in health centres

080427A-04: Public Health 4, 8 - 9 op

Voimassaolo: 01.01.2016 -
Opiskelumuoto: Intermediate Studies
Laji: Partial credit
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Juha Auvinen
Opintokohteen kielet: Finnish

Proficiency level:
-
Status:
-
Required proficiency level:
-
ECTS Credits:
8 op
Language of instruction:
Finnish
Timing:
The sixth year (CXI-XII), autumn and spring semester

Learning outcomes:
Upon completion of the course, the student is able to:
- describe factors affecting morbidity on individual and population level
- diagnose and treat common diseases
- uncover patient’s experience of her/his disease and find out patient’s own relation to her/his illness
- act as an expert in preventive medicine in primary care
- apply health promoting and disease preventing methods on individual, family and population level
- function as a member in interprofessional team and benefit from the expertise of other team members
- manage time in patient practice

Contents:
Supervision of health professionals, insurance in medicine, military medicine?, health legislation, child welfare policlinic, medical certificates, patient with multiple issues in primary health care, patient care in primary health care in light of medical guidelines, critical evaluation and practical use of research in primary health care. Health centre practice.

Mode of delivery:
Face-to-face teaching. One week practical training in health centers.

Learning activities and teaching methods:
Lectures, seminars and small group teaching. One week practice period in health centers.

Target group:
The students from medicine.

Prerequisites and co-requisites:
-

Recommended optional programme components:
-

Recommended or required reading:
Yleislääketiede, Kumpusalo E, Ahto M, Eskola K, Keinänen-Kiukaanniemi, S, Kosunen E, Kunnamo I, Lohi J (toim) Kustannus Oy Duodecim 2005; Laki potilaan asemasta ja oikeuksista 17.8.1992/785; Laki terveydenhuollon...
Assessment methods and criteria:
Written examinations. Participation in seminars and small group teaching and practical period in health centers.

Grading:
The final examination is an OSCE –examination having five questions. Each question utilizes verbal grading scale "pass/ fail ". To pass the exam student has to pass each questions. The final grading scale is also pass/fail.

Person responsible:
Professor of general practice Markku Timonen

Working life cooperation:
The course includes one week practical period in the health center.

Other information:

081421A: Public Health, 3rd period, 1 op

Voimassaolo: 01.08.2014 -
Opiskelumuoto: Intermediate Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Juha Auvinen
Opintokohteen kielet: Finnish

ECTS Credits:
1 ECTS credits

Language of instruction:
Finnish

Timing:
The third year (C6), spring semester

Learning outcomes:
Upon completion of the course, the student is able to:
- meet patient discreetly and appropriately
- perform independently the patient-centered communication;
- describe the importance of reflection in the communication.

Contents:
Communication training: lecture (1,5 hours), small group teaching.

Mode of delivery:
Face-to-face teaching

Learning activities and teaching methods:
Lecture and small group teaching.

Target group:
The students from medicine

Prerequisites and co-requisites:
Interviewing and examining patients, C6

Recommended or required reading:


Assessment methods and criteria:
Attending to all compulsory teaching: lecture, small-group work.

Grading:
Pass/fail

Person responsible:
Professor of general practice Markku Timonen

Working life cooperation:
No.
Other information:
This course is closely connected to Communication-track.

081422A: Public Health, 4th period, 1 op

Voimassaolo: 01.08.2014 -
Opiskelumuoto: Intermediate Studies
Laji: Course
Vastuuyksikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Markku Timonen
Opintokohteen kielet: Finnish

ECTS Credits:
1 ECTS credits
Language of instruction:
Finnish
Timing:
The third year (C6), spring semester
Learning outcomes:
Upon completion of the course, the student is able to:
- meet patient discreetly and appropriately
- perform independently the patient-centered communication;
- describe the importance of reflection in the communication
Contents:
Communication training: lecture (1,5 hours), small group teaching, perform short video of the communication.

Mode of delivery:
Face-to-face teaching
Learning activities and teaching methods:
Lecture and small group teaching. One communication in the video

Target group:
The students from medicine
Prerequisites and co-requisites:
Interviewing and examining patients, C4
Recommended or required reading:
Assessment methods and criteria:
Attending to all compulsory teaching: lecture, small-group work and making video of his/her own interview.
Grading:
Pass/fail

Person responsible:
Professor of general practice Markku Timonen

040116A: Public health science, 5 op

Voimassaolo: 01.08.2014 -
Opiskelumuoto: Intermediate Studies
Laji: Course
Vastuuyksikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Tiina Ikäheimo
Opintokohteen kielet: Finnish
Proficiency level: 
- 
Status: 
- 
Required proficiency level: 
- 
ECTS Credits: 
5.0 ECTS credits 
Language of instruction: 
Finnish/English 
Timing: 
The sixth year, autumn semester, C11 
Learning outcomes: 
The course is structured based on the interaction between the general population and individuals. Understanding the state of health of the population and factors related to it is necessary, for cost-efficient and effective treatment of patients, appropriate professional orientation, as well as rational decision-making. Respectively, knowing the state of an individual/patient and applying holistic and effective care increases wellbeing and reduces the burden of health care at the population level. The objective of the course is that students understand the population-based approach and close connection with clinical work, identify how public health science is associated with the practical work of a medical doctor and know how to apply it in their own work. The more specific learning objectives are to understand the specific features of population health, enable critical examination and interpretation of epidemiologic research, understand the framework of health economy as a part of cost-accounting of health care, gain knowledge of the principles and systems related to insurance medicine and rehabilitation, as well as legislation the obliges health care practitioners. One objective is also that a student will receive an overview of the global public health challenges, and how these are reflected in the health status of the Finnish population. 
Contents: 
Lectures and theme days: 
- Epidemiology of diseases 
- Fundamentals of health economics 
- Rehabilitation 
- Health promotion and disease prevention 
- Health policy 
- Health sociology 
- Health care legislation 
- Global health 
- Public health science and the work of a medical doctor 
- Insurance medicine 
Group work and seminars: 
The topics of the group work include major public health threatening environmental and lifestyle risk factors and diseases. Solutions are sought for preventing or reducing the adverse health effects from a national, regional and individual doctor’s perspective 
Mode of delivery: 
Face-to-face teaching 
Learning activities and teaching methods: 
Luennot, teemapäivät, ryhmätyöskentely ja seminaarit. 
Target group: 
The students of medicine. 
Prerequisites and co-requisites: 
- 
Recommended optional programme components: 
The course is linked to C4 – Public health science (public health science, environmental health care, epidemiology) 
Recommended or required reading: 
Assessment methods and criteria: 
Written examinations. Participation in the lectures, theme days, group work and seminars. 
Grading: 
Final grade of public health course will consist of final written exam and seminar assessment. Seminar work is assessed as a pass/fail. The best seminar work (written and oral presentation) from each seminar is selected by the group of supervisors and awarded with 3 additional points in the final exam. Final examination of public health comprises 3-4 questions, 2.5–10 points each. At least 10 points are required for passing the examination.

**Person responsible:**
Docent Tiina Ikäheimo

**Working life cooperation:**

**Other information:**

080205A: Pulmonary diseases, 3 op

**Opiskelumuoto:** Intermediate Studies

**Laji:** Course

**Vastuuysikkö:** Medicine

**Arvostelu:** 1 - 5, pass, fail

**Opettajat:** Riitta Kaarteenaho

**Opintokohteen kielet:** Finnish

**ECTS Credits:**
3 ECTS credits / 80 hours of work

**Language of instruction:**
Finnish

**Timing:**
The course is held in the autumn and spring semesters, during the 4th year (C7-8)

**Learning outcomes:**
Upon completion of the course, the student will be able to diagnose and treat the most common pulmonary conditions on the level of primary health care. These include asthma, chronic obstructive pulmonary disease (COPD), prolonged cough, obstructive sleep apnea and respiratory infections, in which the diagnostics, treatment, follow-up and estimation for the need for specialist care assessment should be possessed by the student. Basic principles of the diagnostic and treatment of acute and chronic respiratory failure, interpretation of spirometry and PEF, arrangement of smoking cessation, evaluation of pleural diseases and pleural effusion, the most common occupational lung diseases, and interstitial and fibrotic lung diseases as well as palliative treatment of respiratory symptoms are aimed to be possessed. The student should be able to enter the essential facts of the patient having a respiratory disease or condition when composing a referral to a special health care clinic.

**Contents:**
The respiratory examination, chronic obstructive pulmonary disease, asthma, lower respiratory tract infections, obstructive sleep apnea of adults, pulmonary tumors, interstitial and rare lung diseases, pleural diseases, respiratory failure, occupational lung diseases, smoking cessation and palliative care of lung diseases/symptoms are covered from a general practitioner’s point of view.

**Mode of delivery:**
Face-to-face teaching
Lectures
Web-based learning

**Learning activities and teaching methods:**

Various teaching and learning methods are used in the course: There are lectures, small group and bedside lessons on the respiratory ward and at the outpatient department and theme-days as well as examinations in the beginning, in the meantime and at the end of the course. The main focus will be on the most common lung diseases, which will be taught not only in lectures but also in small group and bed-side lessons by utilizing problem and case based learning.

Lectures 20 h, preliminary examination in the beginning of the course 2 h (attendance is compulsory), preliminary exercises for small group classes, small group classes 2 h on the respiratory ward (compulsory), small group practice at the respiratory outpatient clinic 4 h (compulsory), theme days 6 h (compulsory), intermediate examination on the topic of the
theme day (compulsory), final examination 2h (compulsory), web-based learning (voluntary), self-study about 50 h.

**Target group:**
Medical students, C7-C8

**Prerequisites and co-requisites:**
Student must have completed interviewing and examining patients - course

**Recommended optional programme components:**
The course is performed simultaneously with other studies of the fourth year.

**Recommended or required reading:**
Current Care Guidelines which applicable (in Finnish)
Web-courses

**Assessment methods and criteria:**
Attendance in the compulsory small group teaching, the theme days and the examinations. The preliminary and intermediate examinations of the course must be passed before the participation in the final examination.

**Grading:**
The course utilizes a numerical grading scale 1-5. In the numerical scale zero stands for a fail. The final grade consist of the sum of the points in the preliminary, intermediate and final examinations:
- 36-40 # 5
- 32-35 # 4
- 28-31# 3
- 24-27 # 2
- 20-23 # 1

The maximal score is 10 points in the preliminary and intermediate examinations. There are three questions in the final examination, each counts for 10 points.
The completement of voluntary web-based pulmonary function course may raise the final grade in borderline cases.

**Person responsible:**
Professor Riitta Kaarteenaho

**Working life cooperation:**
Small group classes on the respiratory ward and at the outpatient department as well as the practical periods of the internal medicine course are to apply the theoretical knowledge to practice in authentic environment.

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**080803A: Radiology I, 3,5 - 5 op**

**Voimassaolo:** 02.08.2012 -
**Opiskelumuoto:** Intermediate Studies
**Laji:** Course
**Vastuuysikkö:** Medicine
**Arvostelu:** 1 - 5, pass, fail
**Opettajat:** Tervonen, Osmo Antti
**Opintokohteen kielet:** Finnish

**ECTS Credits:**
3,5 ECTS credits /93 hours of work

**Language of instruction:**
Tuition shall be arranged in Finnish.

**Timing:**
The course unit is held during the autumn and spring semester of the third year of medical studies.

**Learning outcomes:**
Radiology 1
Upon completion of this first curricular unit of radiology, student should be able to understand the principle of justification of radiological studies. Additionally student should have competence to explain the most important indications for radiological studies and principles of radiological modalities, including nuclear medicine. After completing the unit, student should master basic image interpretation skills of radiographs and know the most common findings of these examinations.
Contents:
General introduction to radiology (techniques) and indications, principle of justification, emergency radiology, musculoskeletal radiology, thoracic radiology, abdominal radiology, neuroradiology and nuclear medicine and molecular imaging.

Mode of delivery:
The mode of delivery for the course unit is face-to-face teaching.

Learning activities and teaching methods:
The implementation methods of the course vary.
Interactive lectures consist of 32 hours. There will be 20 hours of guided small group teaching events (image interpretation, Image acquisition [x-ray], Ultrasound anatomy, Emergency duty, Ultrasound clinical surveillance) and c. 40 hours of studying privately or in a group.

Target group:
Target group are the 3rd year medical students (MD).

Prerequisites and co-requisites:
Prerequisite for participation to the course unit is the completion of preclinical studies (first 2 years of medical school)

Recommended optional programme components:
There are no alternative courses.

Recommended or required reading:
100-tärkeintä rtg-kuvaa (National teaching image base): Distributed through university Optima online

Assessment methods and criteria:
This course unit utilizes online multiple choice exam assessment.

Grading:
The course unit utilizes passed/failed grading scale. The grade will not be given until all the obligatory teaching courses are completed.

Person responsible:
Osmo Tervonen, Professor
Jaakko Niinimäki, Professor

Working life cooperation:
No

080813A: Radiology II, 2 op

Voimassaolo: 01.08.2014 -
Opiskelumuoto: Intermediate Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Tervonen, Osmo Antti, Jaakko Niinimäki
Opintokohteen kielet: Finnish

Proficiency level:
-

Status:
-

Required proficiency level:
-

ECTS Credits:
2 ECTS credits / 53 hours of work

Language of instruction:
Tuition shall be arranged in Finnish.

Timing:
The course unit is held in the autumn semester of 6th year.

Learning outcomes:
Upon completion of this second curricular unit of radiology, the student should be able to take the principle of justification in account while ordering radiologic studies. Student should master the indications and methods for
selected investigations in radiology within general practices clinical context. After the study unit, student should master also the basics of interpretation of radiographs and recognizes the typical findings.

**Contents:**
Musculoskeletal radiology, thoracic radiology, abdominal radiology, neuroradiology, urogenital radiology, interventional radiology and pediatric radiology.

**Mode of delivery:**
The mode of delivery for the course unit is face-to-face teaching.

**Learning activities and teaching methods:**
The implementation methods of the course vary.

Lectures consist of 18 hours. There will be 10 hours of guided small group teaching events (image interpretation and Ultrasound anatomy) c. 25 hours of studying privately or in a group (ultrasound facility available for self-learning).

**Target group:**
Target groups are 6th year medical students (MD).

**Prerequisites and co-requisites:**
Prerequisite for participation to the course unit is the completion of Radiology I course.

**Recommended optional programme components:**
There are no alternative courses.

**Recommended or required reading:**
100-tärkeintä rtg-kuvaa (National teaching image base): Distributed through university Optima online.

**Assessment methods and criteria:**
This course unit utilizes exam assessment.

**Grading:**
The course unit utilizes a numerical grading scale 1-5. In the numerical scale zero stands for a fail. The grade will not be given until all the obligatory teaching courses are completed.

**Person responsible:**
Osmo Tervonen, Professor
Jaakko Niinimäki, Professor

**Working life cooperation:**
No

**Other information:**
-

080712A: Surgery I, 16 - 24 op

**Voimassaolo:** 01.08.2005 -

**Opiskelumuoto:** Intermediate Studies

**Laji:** Course

**Vastuuyksikkö:** Medicine

**Arvostelu:** 1 - 5, pass, fail

**Opintokohteen kielet:** Finnish

**ECTS Credits:**
16 ECTS/428 hours of work

**Language of instruction:**
The tuition shall be arranged in Finnish.

**Timing:**
During third year.
C 5-6

**Learning outcomes:**
The students will be made familiar with surgical thinking, working in the first aid clinic, in the operating room and surgical ward. They will learn: 1) How to speak to and examine a surgical patient, 2) The diagnostics of surgical diseases, 3) The basics of surgical care, and 4) The most common surgical procedures at public health care level.

**Contents:**
Theoretical part:
The basics in General surgery, Gastroenterological surgery, Urology, Orthopedics and Traumatology and in Thoracic and Vascular surgery.

Practical part:
Supervised and independent clinical examination and planning of treatment strategy, the surgical rounds in different surgical divisions, the seminar days, the surgical wound care, teaching in OR, teaching in the surgical outpatients clinic and the practice in surgical wards.

Mode of delivery:
The tuition will be implemented as blended teaching (mainly face-to-face teaching, but there might be some web-based teaching).

Learning activities and teaching methods:
Lessons from different field of surgery, seminar days concerning important surgical topics, the group teachings of specific topics, clinical practices in wound care, teaching in the operating theatres, practice and teaching in surgical out-patients clinics. Preoperative care of the surgical patient.
The practice at surgical wards (both in University hospital and in some Central hospital of the Northern Finland) includes clinical examination of 6 surgical patients and the practice in operating theatres assisting in 3 operative procedures.
Contact teaching 214 h and independent teaching 214 h.

Target group:
This course of surgery is focused for medical students in the clinical phase of their studies.

Prerequisites and co-requisites:
The required prerequisite is the completion of the following courses prior to enrolling for the course unit:
040201A Anatomy
040103A Medical biochemistry and molecular biology
040106A Pharmacology and Toxicology
000119A Microbiology
040112A Physiology

Recommended optional programme components:
The other medical courses planned to be performed at the same time are as follows: Internal medicine, pathology, radiology, clinical chemistry and anesthesiology.

Recommended or required reading:
Textbooks:
Lecture material and other materials too.

Assessment methods and criteria:
Participating in the group teaching, seminar days and training in surgical wards and operating rooms, propedeutic test, intermediate test I, reports of clinical examinations of surgical patients, assisting in 3 surgical operations, service at the surgical emergency room (3 times and OR (1 time). Contact teaching approximately 214 hours and independent work approximately 214 hours.

Grading:
The course unit utilizes a numerical grading scale from 1 to 5. In the numerical scale zero stands for a fail. The course grades are according to the criteria of the exam Surgery I (intermediate exam of Surgery). Passing the intermediate exam requires a score which is half of the total amount of scores.

Person responsible:
Professor Tatu Juvonen and professor Jyrki Mäkelä

Working life cooperation:
Yes.

The course of surgery includes one week surgical ward practice in OYS or other hospitals in Northern Finland and one week (four days) of practice in operation rooms of OYS.

Other information:
The final exam of Surgery will be held during the fourth year. The total score of the exam of Surgery (C5-8) is according to the score of the final exam of Surgery and this can be increased by the total scores of the intermediate exam of Surgery (Surgery I) and of Abdominal Surgery.
080714A: Surgery II, 1 - 8 op

Voimassaolo: 01.08.2010 -
Opiskelumuoto: Intermediate Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opintokohteen kielet: Finnish

ECTS Credits:
8 ECTS
Language of instruction:
Finnish.

Timing:
During fourth year
C 7- C 8

Learning outcomes:
The students will be made familiar with surgical thinking, working in the first aid clinic, in the operating room and surgical ward. They will learn: 1) How to speak to and examine a surgical patient, 2) The diagnostics of surgical diseases, 3) The basics of surgical care, and 4) The most common surgical procedures at public health care level.

Contents:

Mode of delivery:
The tuition will be implemented as blended teaching (mainly face-to-face teaching, but there might be some web-based teaching).

Learning activities and teaching methods:
Lessons from different field of surgery, seminar days concerning important surgical topics, the group teachings of specific topics, clinical practices in wound care, teaching in the operating theatres, practice and teaching in surgical out-patients clinics. Preoperative care of the surgical patient.
The practice at surgical wards (both in University hospital and in some Central hospitals of Northern Finland) includes clinical examination of 6 surgical patients and the practice in operating theatres assisting in 3 operative procedures.

Target group:
This period is for medical students in the clinical phase of their studies.

Prerequisites and co-requisites:
The required prerequisite is the mainly completion of the following courses prior to enrolling for the course unit:
Surgery 1

Recommended optional programme components:
The course units that are recommended for completion simultaneously: Internal medicine, pathology and anesthesiology.

Recommended or required reading:
Textbooks:
Lecture material and other materials too.

Recommended textbooks:

Assessment methods and criteria:
Taking part into the group teaching events, seminar days, final examination, reports of examinations of surgical patients, assisting in surgical operations, practices in surgical wards and surgical operative units and in emergency room.

Grading:
The course unit utilizes a numerical grading scale from 1 to 5. In the numerical scale zero stands for a fail. The course grades are according to the criteria of the final exam of course of Surgery II. Passing the final exam requires a score which is half of the total amount of scores.

The total score of Surgery (C5-8) is according to the score of the final exam of Surgery and this can be increased by the total scores of the intermediate exam of Surgery (Surgery I) and of Abdominal Surgery. 

Person responsible:
Professor Tatu Juvonen and professor Jyrki Mäkelä

Working life cooperation:
Yes.

The course of surgery includes one week surgical ward practice in OYS or other hospitals in Northern Finland.

Other information:
No other information

080723A: Surgical operations-optional course, 1 op

Voimassaolo: 01.08.2008 -
Opiskelumuoto: Advanced Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Maarit Valkealahti, Leppilahti, Juhana Ilmari
Opintokohteen kielet: Finnish

Proficiency level:
-
Status:
-
Required proficiency level:
-
ECTS Credits:
2 ECTS credits /54 hours of work
Language of instruction:
The tuition shall be arranged in Finnish and only some lectures shall be given in English.
Timing:
During sixth year, in the end of the autumn semester
C 11(-12 )
Learning outcomes:
Upon completion of the course, the student will have more confident in tissue handling when performing small surgical operations at the primary health care; treatment, revision and suturing techniques of the deep wounds and easy extensor tendon repair and some useful plastias (v-y and z-plasty). The student will have opportunity to practice useful clinical skills like, application of the pleura-drain, application of the urinary catheter and stabilizing the multi-trauma patient for transport.
Contents:
Training of the surgical skills needed in the primary health care
- Suturing techniques
- Revision of the wound
- Minor subcutis operation to the patient
- Stabilizing the multi-trauma patient to be ready for a transport to the central hospital, as a simulation
- Luxations of the joint and clinical examination
- Scopia practicing; recto-, sigmoideos-, gastroscopy
- Application of the catheter and application of the cystofix
- Life saving procedures
Mode of delivery:
Face-to-face teaching
Learning activities and teaching methods:
Lectures 8 hours
Guided practical training 13 hours
Practical training with patients 1.5 hours
Simulation training 3 hours
Training with the cadaver 1.5 hour
Self-study 27 hours and 7 hours of the independent work is done as on-line work

**Target group:**
Total of 12 students can be included into the course unit.

**Prerequisites and co-requisites:**
The required prerequisite is the completion of the following courses prior to enrolling for the course unit: Surgery 1 and Surgery 2

**Recommended optional programme components:**

**Recommended or required reading:**
The lesson material, which will be given during the course unit: the course unit is mainly practical training. The lectures held during the course will be available in Optima.

**Assessment methods and criteria:**
Obligatory face-to-face studies.
Read more about [assessment criteria](#) at the University of Oulu webpage.

**Grading:**
Pass/ fail

**Person responsible:**
Professor Tatu Juvonen, professor Jyrki Mäkelä

**Working life cooperation:**
No

**Other information:**
No other information

080705S: Thesis, 20 op

**Opiskelumuoto:** Advanced Studies

**Laji:** Course

**Vastuuysikkö:** Medicine

**Arvostelu:** 1 - 5, pass, fail

**Opintokohteen kielet:** Finnish

**ECTS Credits:**
20 ECTS credits

**Language of instruction:**
Finnish

**Timing:**
1.-6. academic years

**Learning outcomes:**
The thesis in the degree Programmes of Medicine and Dentistry is a scientific work which shows the student's ability to scientific thinking and research. The student gets aquainted with scientific research and is able to evaluate research publications, the student is cabable of independent and responsible work as part of a scientific community, develops his/her problem solving skills as well as critical and ethical thinking, and increases his/her readiness to scientific comminucation.

**Contents:**
Writing a study plan which includes the research plan. Supervised research and writing a thesis or scientific article (student as a first or second writer). Oral presentation of the research.

**Mode of delivery:**
Supervised research work and self-study

**Learning activities and teaching methods:**
Formulation of research plan and independent research work under the supervision of the teacher. Writing a thesis and oral presentation. Maturity exam.

**Target group:**
Graduate students of medicine

**Prerequisites and co-requisites:**
The research plan and teaching agreement form "tutkielman ohjaussopimus" has to be accepted before returning the thesis.

**Recommended optional programme components:**
080705S-01 Thesis, research plan
Recommended or required reading:
As agreed with the mentor teacher

Assessment methods and criteria:
Accepted study and research plan, accepted thesis or scientific article, oral presentation.
Read more about assessment criteria at the University of Oulu webpage.

Grading:
Pass / fail.

Person responsible:
Dean of Education Olli Vainio

Working life cooperation:
According to accepted research plan and as agreed with the mentor teacher.

Other information:
http://www.medicine.oulu.fi/peruskoulutus/laaketieteen-koulutusohjelma/tutkielma-ja-kypsyysnayte.html

080001Y: Treatment of critically ill patient and patient safety, 4 - 5 op

Opiskelumuoto: Intermediate Studies
Laji: Course
Vastuuyksikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Alahuhta, Seppo Matias
Opintokohteen kielet: Finnish

Proficiency level:
-
Status:
-
Required proficiency level:
-
ECTS Credits:
5 ECTS
Language of instruction:
Finnish
Timing:
The sixth year, C11-12

Learning outcomes:
The students will be motivated to refresh his or her knowledge in recognition, diagnostic and initial management of the critically ill patient. The student knows the basics of the patient triage and is motivated to continuous learning and training in emergency medicine. The students will be motivated to refresh his or her skills in communication, team working, leadership, hand-over, treatment of the critically ill patient in a multidisciplinary environment, and knowledge in trauma psychotherapy and patient safety.

Contents:
Recognition, assessment and treatment of critically ill patient. Triage, leadership, situation awareness, communication, hand-over patient data, patient safety and trauma psychotherapy.

Mode of delivery:
Blended teaching.

Learning activities and teaching methods:
OSCE-examination on recognition and initial treatment of the critically ill patient
Multidisciplinary simulation teaching for small groups
OPTIMA-examination
Lectures
Feed-back on examination
Initiative learning
Seminar days

Target group:
For the students of the sixth year.
Prerequisites and co-requisites:
The required prerequisite is the completion of the following courses prior to enrolling for the course unit: Anesthesiology 1 plus preliminary examination.

Recommended optional programme components:
No.

Recommended or required reading:
Given during the course.

Assessment methods and criteria:
Taking part actively to the obligatory studies. Passive participation may result in rejection.

Grading:
pass/fail

Person responsible:
Professor Seppo Alahuhta

Working life cooperation:
No.

Other information:
No other information.