Opasraportti


TEACHER EDUCATION DEGREE PROGRAMME IN HEALTH SCIENCES CURRICULUM 2016-2017

The Bachelor's degree (BHSc) and Master's degree (MHSc) in Health Sciences in the University of Oulu are based on the Government Decree on University Degrees 794/2004. The degree programme in Teacher Education leads first to the degree of Bachelor of Health Sciences (180 ECTS cr) and further to the degree of Master of Health Sciences (120 ECTS cr). The studies are multidisciplinary in the degree programme of Bachelor of Health Sciences (first-cycle university degree), so that the curriculum of the three different degree programs (Teacher Education Programme in Health Sciences, Nursing Sciences and Health Management Sciences) is identical to all undergraduate health science students irrespective of chosen specialization. Students selected to the degree programme in Teacher Education have nursing science as their major subject. Additionally students need to complete the compulsory minor subjects, basic studies in education and/or adult education and didactics of nursing science. The students do their Bachelor thesis and learning tasks in their field of specialization. The degree of Master of Health Sciences (second-cycle university degree) is differentiated according to the chosen specialization. After completing the Master's degree, the student is eligible for applying for further academic education (doctoral degree).

Those who have completed the Degree Programmes in Teacher Education, qualify for various positions in social welfare and public health care. These include such positions in teaching, planning, development, research, entrepreneurship and management on both national and international level.

The degrees of Bachelor and Masters in Health Sciences include a minimum of 60 ECTS cr of pedagogical studies in accordance with the Government Decree on University Degrees (794/2004), which provides the qualification indicated in the law (986/1998) regarding qualification criteria for personnel in the various offices of teaching.

In the beginning of the studies, the student is linked with a tutor who acts as a small group supervisor and as a personal teacher for the student. All students draft their own personal study plan (e-HOPS). The implementation of teaching is in accordance with the decision by Oulu University (KN 17.9.2014) regarding four teaching periods during the time period 29.8.2016 -12.5.2017. Additionally there is a period for examinations and for catching up 15.5.-26.5.2017. Furthermore, it is possible to take a part of the courses during the summer term. A separate announcement is made of the courses offered during the summer term by the end of February.

All students of Oulu University may become exchange students if they so wish and to take a part of their courses (e. g. free choice studies, practice) in an institution of higher education abroad. The time period for studies as an exchange student is 3-12 months and a student may become an exchange student when they have finished one year of studies at Oulu University. The student and the coordinator for international affairs made a decision together regarding the time period for studies as an exchange student and for an individual study plan. In case the student is doing the practice unit of their studies as an exchange student, the student first agrees about this with the teacher responsible for the practice unit and with the person responsible for international affairs. After this the student is in contact with the student centre in order to apply for the place of practice and in order to apply for possible funding.

During their studies the students are asked to give feedback for each study unit, for each academic year, in connection with small group supervision and with a nationwide BA-feedback form. The feedback is processed in the planning committee for education in the Research Unit of Nursing Sciences and Health Management and it is used for developing the quality of study units, curriculum and education.
MULTIDISCIPLINARY BACHELOR’S DEGREE PROGRAMME IN HEALTH SCIENCES (BHSc) 180 ECTS credits

The Bachelor’s degree in health sciences includes a wide range of scientific, theoretical and methodology studies, and studies grounded in expertise of professional working communities.

Learning Objectives for the Degree Programme Bachelor of Health Sciences

The learning objectives of the Degree Programme correspond to the aims of the Finnish National Framework for Qualifications and Other Learning.

Having obtained the degree of Bachelor of Health Sciences the students are able:

- to explain the foundations of health science in the changing and multicultural environment of health care and to observe and interpret the development of health care and health sciences;

- to use scientific and critical thinking, technology and scientific methods and approaches creatively in obtaining, producing and evaluating relevant research data;

- to apply gained knowledge critically and creatively in professional situations and problem solving;

- to work as an expert in one’s own field in multidisciplinary settings of social welfare and health care services in a cooperative manner;

- to make independent decisions and act independently according to the ethical principles of health sciences;

- to take responsibility for the development and evaluation of own, other individuals’ and groups’ competences;

- to have competence in communicating in one’s mother tongue, in one additional official language spoken in Finland and in at least one foreign language;

- to further qualify for a postgraduate degree and continued learning.

Structure of the Multidisciplinary Bachelor’s Degree Programme in Health Sciences

Course Structure Diagram 2016-2017

In University of Oulu Bachelor’s Degree Programme consists of following areas of competencies: Development in Academic Expertise, Language and Communication Skills, Health Sciences, Scientific Practice and Research Skills, Minor Subject and Optional Studies. The students do their Bachelor thesis in their field of specialization so that they can apply their expertise in the field.

GENERAL STUDIES 25 ECTS cr

Development in Academic Expertise 6 ECTS cr

Having completed this area of competence student will be able to operate in the community of the university and in professional networks. The student will be able to explain the relation between education and professional life in the development of expertise.

Studies included in the area of competence:

350041Y Academic Study and Expertise in Health Sciences, part I-III 6 ECTS cr:

350001Y Academic Study and Expertise in Health Sciences, part I: Guidance for Study and Working Experience, Study Tutorials 1 ECTS cr

350044Y Academic Study and Expertise in Health Sciences, part II: Academic Study and Working Life Training 5 ECTS cr
**Language and Communication Skills 19 ECTS cr**

Having completed this area of competence the student has the needed skills in writing and presenting according to the principles for scientific communication. The student recognizes the properties of scientific information, understands the research process, and is able to obtain, apply, report and evaluate scientific knowledge. Additionally, the student will have the ability to communicate at a satisfactory level in the second national language and one foreign language.

**Studies included in the area of competence:**

- 901040Y Second Official Language (Swedish), Written Skills 1 ECTS cr
- 901041Y Second Official Language (Swedish), Oral Skills 2 ECTS cr
- 902008Y Academic English 3 ECTS cr
- 900008Y Basics of Oral Communication 3 ECTS cr

A500105 Knowledge and Research I-III 10 ECTS cr including

- Knowledge and Research I-II 6.5 ECTS cr
- Knowledge and Research III 3.5 ECTS cr

A500105 Knowledge and Research I-II 6.5 ECTS cr:

- 040021Y Knowledge and Research I: Tools 1 ECTS cr
- 040022Y Knowledge and Research I: Written assignment 1.5 ECTS cr
- 040024Y Knowledge and Research II: Literature retrieval 4ECTS cr

A500105 Knowledge and Research III 3.5 ECTS cr:

- 040025Y Knowledge and Research III: Lessons and written examination 1.5 ECTS cr
- 040026Y Knowledge and Research III: Small group exercises 1 ECTS cr
- 040027Y Knowledge and Research III: Practical project 1 ECTS cr

**BASIC STUDIES 25 ECTS cr and INTERMEDIATE STUDIES 45 ECST cr**

**Health Sciences 60 ECTS cr**

The Research Unit of Nursing Science and Health Management in the University of Oulu deals with areas of individual and communal interest in health from the perspectives of health care, education and management. Having completed this area of competence the student knows the foundations and foundational operational principles of Finnish health care and Finnish health care education. The student is able to define objects of research in nursing science and health management science in evidence based operation of health care and the student gains preliminary knowledge in theory development in health sciences.

The intermediate studies in health sciences include 45 ECTS credits. If the student has completed equivalent studies in health sciences 35 ECTS credits previously, the additional 10 ECTS credits should be supplemented.
Basic studies included in the area of competence:

351203P Introduction to Health Sciences 5 ECTS cr
351204P Foundations of Philosophy and Research Methods in Health Sciences 5 ECTS cr
351205P Foundations of Health Care Education 5 ECTS cr
351206P Health Care Systems in Finland and Inter-professional Networking 5 ECTS cr
351207P Foundations of Health Care Legislation 5 ECTS cr

Intermediate studies included in the area of competence:

351138A Legal Aspects of Health Care 5 ECTS cr
352232A Health Management Science 10 ECTS cr
352233A Nursing Science 10 ECTS cr
352114A Bachelor Thesis and Written Maturity Test 10 ECTS cr (separate code for maturity test 352514A 0 ECTS cr)

Scientific Practices and Research Skills 10 ECTS cr

Having completed this area of competence the student will know the foundations of philosophy of science in health sciences and the most common methods of collecting and analyzing research data with further skills in planning, executing, and reporting health sciences research.

Studies included in the area of competence:

352251 Qualitative Research Methods in Health Sciences 5 ECTS cr
352252A Methods of Statistical Analysis in Health Sciences 5 ECTS cr

MINOR SUBJECT 25 ECTS cr

The minor subject studies for the undergraduate degree in Bachelor of Health Sciences need to include at least one study module of university level with not less than 25 ECTS cr. Also study modules (basic or subject studies) of at least 25 ECTS cr completed at other universities or Open University may be credited in the minor subject. For students of the Teacher Education Degree Programme in Health Sciences Basic Studies in Education 25 ECTS cr or Basic Studies in Adult Education 25 ECTS cr are compulsory.

Student may start minor subject for their later degree in Master of Health Sciences during their undergraduate studies according to their Personal Study Plan (e-PSP).

OPTIONAL STUDIES 60 ECTS cr

Optional studies are basic studies, intermediate studies or advanced studies and study modules completed at the Research Unit of Nursing Sciences and Health Management or other units of the University of Oulu and at other national/international universities. Optional studies may include single study units.
Arrangements for Recognition of Prior Learning

Recognition of prior learning (RPL) follows the main principles as defined by the University of Oulu. According to regulations of the University of Oulu, paragraph Accreditation of studies taken elsewhere and recognition of prior learning (§ 27), the principles concerning accrediting studies taken in other Finnish and foreign universities and other educational institutions are stipulated in the curriculum or other regulations, unless they have not been stipulated elsewhere. Decision on recognition of prior learning for each student is made by the responsible of the degree programme in question.

http://www.oulu.fi/english/studying/supporting-your-studies/recognition-prior-learning-rpl

Provisions of Prior Learning Recognition at the Institute of Health Sciences

Studies to be credited from a vocational college and university of applied sciences in health care (length of studies at least 3.5 years) do not require separate application procedure in the recognition of prior learning (RPL).

Basic and intermediate study modules completed and registered as module at the Open University or other universities than University of Oulu will be credited on the basis of witnessed certificate. There is no set time limit for the accreditation of study modules. Accredited studies need to correspond with university level and be applicable to the relevant studies of the degree programme.

Individual study units completed at the Open University or other universities than University of Oulu require separate application procedure in RPL. Individual study units older than five years will not be accredited. During the implementation process of the new curriculum (2014-2017) these cases may be dealt with individually.

Studies, which are registered as a part of a previous degree may not be credited towards a new degree. However, through the RPL-process previously acquired knowledge may be identified and recognized.

Accreditation application forms can be found in web-pages of the Faculty of Medicine, Oulu University http://www.oulu.fi/ltk/node/1617.

Accreditation application has to be submitted to the teacher responsible for the study unit and further dealt with by the head of the Degree Programme of Nursing Science Professor Helvi Kyngäs. The decisions on credit transfer for language and communication studies are made through the Languages and Communication Extension School.

Studies to be credited towards Bachelor’s Degree in Health Sciences

Language and Communication Skills

901040Y Second Official Language (Swedish), Written Skills 1 ECTS cr

901041Y Second Official Language (Swedish), Oral Skills 2 ECTS cr

Earlier language studies can be credited in following cases:

1) Student has completed corresponding study unit in other university than University of Oulu or in other faculty of the University of Oulu. For accreditation the completed study unit has to correspond to study units in question in number of ECTS cr, level and content. Acceptable difference in number of ECTS cr between completed and to be credited study unit can be 1 ECTS cr.

2) Student has completed corresponding study unit in Summer University or in Open University. For accreditation the completed study unit has to correspond to study units in question in number of ECTS cr, level and content provided by the degree requirements of the faculty. Acceptable difference in number of ECTS cr between completed and to be credited study unit can be 1 ECTS cr.

3) Language studies completed in the Universities of Applied Sciences can be credited if they correspond to study units in question in number of ECTS cr, level and content provided by the degree requirements of the faculty. Acceptable difference in number of ECTS cr between completed and to be credited study unit can be 1 ECTS cr.
The student can take the final exam of the study unit without participation in the lessons provided that she/he has worked or lived lengthy in Swedish speaking linguistic area or she/he is from a bilingual family. The exam consist of written and oral assignment.

Student with Swedish as her/his mother tongue will complete corresponding studies in Finnish. Should the student have been excused from the Swedish language studies already in comprehensive school, she/he will apply for corresponding exemption from one’s own faculty.

902008Y Academic English 3 ECTS cr

The course is accepted based on prior qualification in health care from university of applied sciences.

900008Y Basics of Oral Communication 3 ECTS cr

The course is accepted based on prior qualification in health care from university of applied sciences.

Health Sciences

The basic studies in Health Sciences 25 ECTS cr can be credited with applicable study module in health sciences based on prior qualification in health care from university of applied sciences or other universities.

Optional Studies

Based on prior qualification in health care from university of applied sciences and on vocational qualifications optional studies of Bachelor’s Degree in Health Sciences can be credited with 60 ECTS cr.

Studies of Bachelor Degree in Health Sciences per Term

1st term / autumn

Development in Academic Expertise

General studies

350001Y Academic Study and Expertise in Health Sciences, part I: Guidance for Study and Working Experience, Study Tutorials 1 ECTS cr

Language and Communication Skills

General studies

A500105 Knowledge and Research I – II 6.5 ECTS cr including

040021Y Knowledge and Research I: Tools 1 ECTS cr
Health Sciences

Basic Studies

351203P Introduction to Health Sciences 5 ECTS cr
351204P Foundations of Philosophy and Research Methods in Health Sciences 5 ECTS cr

Intermediate studies

351138A Legal Aspects of Health Care 5 ECTS cr
352232A Health Administration Science 10 ECTS cr
352233A Nursing Science 10 ECTS cr

Minor Subject

Basic Studies in Education 12 ECTS cr

2nd term / spring

Development in Academic Expertise

General studies

350044Y Academic Study and Expertise in Health Sciences, part II: Academic Study and Working Life Training 5 ECTS cr

Language and Communication Skills

General studies

902008Y Academic English 3 ECTS cr
900008Y Basics of Oral Communication 3 ECTS cr

A500105 Knowledge and Research I-II 6.5 ECTS cr:
040024Y Knowledge and Research II: Literature retrieval 4 ECTS cr

A500105 Knowledge and Research III 3.5 ECTS cr:
040025Y Knowledge and Research III: Lessons and written examination 1.5 ECTS cr
040026Y Knowledge and Research III: Small group exercises 1 ECTS cr
040027Y Knowledge and Research III: Practical project 1 ECTS cr

**Health Sciences**

**Basic studies**
- 351205P Foundations of Health Care Education 5 ECTS cr
- 351206P Health Care Systems in Finland and Inter-professional Networking 5 ECTS cr
- 351207P Foundations of Health Care Legislation 5 ECTS cr

**Scientific Practices and Research Skills**

**Intermediate studies**
- 352251A Qualitative Research Methods in Health Sciences 5 ECTS cr

**Minor Subject**

**Basic Studies in Education 13 ECTS cr**

**Didactics of Nursing Science**
- 352208A Introduction to Didactics of the Nursing Science 5 ECTS cr

3rd term / autumn

**Language and Communication Skills**

**General studies**
- 901040Y Second Official Language (Swedish), Written Skills 1 ECTS cr
- 901041Y Second Official Language (Swedish), Oral Skills 2 ECTS cr

**Health Sciences**

**Intermediate studies**
- 352114A Bachelor Thesis and Written Maturity Test 10 ECTS cr (special code for maturity test 352514A 0 ECTS cr)

**Scientific practices and research skills**

**Intermediate studies**
- 352252A Methods of Statistical Analysis in Health Sciences 5 ECTS cr
Minor Subject

Didactics of Nursing Science* 15 ECTS cr

352122A Educational Administration and Practical Teacher Training part I, 5 ECTS cr
352119A Planning the Content and Methods of Instruction 5 ECTS cr
352121A Evaluation in Teaching and Education 5 ECTS cr

* The studies include a compulsory Minor Subject Didactics of the Nursing Science of Master Degree, which starts during Bachelor Degree studies.

MASTER OF HEALTH SCIENCES (MHSc) 120 ECTS Credits

Learning Objectives for the Degree Programme Master of Health Sciences

The learning objectives of the Degree Programme correspond to the aims of the Finnish National Framework for Qualifications and other Learning.

Having attained the degree of Master of Health Sciences students are able:
to have extensive and highly specialized knowledge of the concepts, theories and methods in nursing science and are able to use them independently as a basis for nursing science research;
to analyze critically the issues related to nursing science and closely related disciplines;
to plan, act and evaluate according evidence based knowledge in expert positions of teaching and educating in social and health care;
to solve demanding problems relating to education, research, development and innovation in the field of social and health care;
to work independently and cooperatively in demanding expert positions of teaching and educating in social and health care;
to manage and develop complex, original and new strategic approaches in the operating environment of social and health care;
to manage issues at hand and lead people, to plan and evaluate an appropriate field of operation for other persons and groups, and to draw useful conclusions based on observation in the field of social and health care;
to communicate well both orally and in writing to audiences consisting of colleagues and the general public, and are capable of international communication and interaction in the second national language in Finland, and in at least one foreign language;
to have the competence required for postgraduate studies in Health Sciences and for continuous learning.

Structure of the Master’s Degree Programme in Health Sciences

Course Structure Diagram 2016-2017
The Degree Programme Master of Health Sciences consists of following areas of competencies: Nursing Sciences, Scientific Practices and Research Skills, Health Science’s Teacher’s Professional Development and Optional Studies.

**ADVANCED STUDIES IN NURSING SCIENCE 62 ECTS cr**

*Nursing science 52 ECTS cr*

Studies included in the area of competence:

- 353101S Nursing Science II 5 ECTS cr
- 353201S Nursing Science III 7 ECTS cr
- 353225S Master Thesis and Research Seminars 40 ECTS cr including part I and II:
  - 353226S Master Thesis and Research Seminars Part I 15 ECTS cr
  - 353227S Master Thesis and Research Seminars part II 25 ECTS cr
- 353205S Written Maturity Test 0 ECTS cr

**Scientific Practices and Research Skills 10 ECTS cr**

Studies included in the area of competence:

- 353203S The Application of Research Methods in Health Sciences 10 ECTS cr

**MINOR SUBJECT IN DIDACTICS OF NURSING SCIENCE 35 ECTS cr**

The Degree in the Teacher Education Programme includes obligatory studies in didactics 35 ECTS cr, which are completed as minor studies during the studies for a Master’s degree. The Minor Subject Didactics of the Nursing Science starts during Bachelor Degree studies. In addition, the students may orient their studies according to their personal objectives and their Personal Study Plan (e-PSP) by including in the degree study modules of different sciences completed / to be completed in Finland or abroad.

**Teachers’ Professional Development 35 ECTS cr**

Studies included in the area of competence:

- 352208A Introduction to Didactics of the Nursing Science 5 ECTS cr
- 352122A Educational Administration and Practical Teacher Training part I, 5 ECTS cr
- 352119A Planning the Content and Methods of Instruction 5 ECTS cr
- 352121A Evaluation in Teaching and Education 5 ECTS cr
- 352210A Practical Teacher Training part II, 10 ECTS cr
- 352211A Practical Teacher Training part III, 5 ECTS cr

**OPTIONAL STUDIES 23 ECTS cr**
Optional studies are basic studies, intermediate studies or advanced studies and study modules completed at the Research Unit of Nursing Science and Health Management or other units of the University of Oulu and at other national/international universities.

Following studies arranged by the Research Unit of Nursing Science and Health Management may be included in Optional Studies:

**Clinical Nursing Science:**

- 351180P Fundamentals of clinical care and nursing science 5 ECTS cr
- 352227A Leadership in Evidence Based Practice 5 ECTS cr

**Health Promotion 25 ECTS cr:**

- 352261A Health Promotion 10 ECTS cr
- 353113S The Effective Patient Education in Nursing and Nursing Science 8 ECTS cr
- 352262A Supportive Environments for Health and Wellbeing 7 ECTS cr

Registration for studies in Clinical Nursing Science and Health Promotion in WebOodi by Sept 30, 2016.

**Other study units:**

- 354202A Research Ethics in Health Sciences 5 ECTS cr
- 354205A Health Sciences Marketing 2 - 5 ECTS cr
- 352228A Elective Course on Advanced Research 3 – 10 ECTS cr

**Arrangements for Recognition of Prior Learning**

Recognition of prior learning (RPL) follows the main principles as defined by the University of Oulu. According to regulations of the University of Oulu, paragraph Accreditation of studies taken elsewhere and recognition of prior learning (§ 27), the principles concerning accrediting studies taken in other Finnish and foreign universities and other educational institutions are stipulated in the curriculum or other regulations, unless they have not been stipulated elsewhere. The decision for accreditation of studies by individual students is made by the head of the degree programme in nursing science Professor Helvi Kyngäs.


Studies to be credited from Master’s degree in health care from university of applied sciences, and other universities requires separate application procedure. Application form can be found in web-pages of the Faculty of Medicine, University of Oulu [http://www.oulu.fi/ltk/node/1617](http://www.oulu.fi/ltk/node/1617).

Application to have credits accepted has to be submitted to the teacher responsible for the study unit and the decision on accreditation will be made by the head of the Degree Programme in nursing science Professor Helvi Kyngäs.

**Studies to be credited towards Master’s Degree in Health Sciences**
Based on a previous Master's degree from a university of applied sciences not more than 13 ECTS cr may be accepted for Optional studies by the head of the degree programme of nursing science. The recognition of the previous studies requires separate application procedure (RPL-process).

Studies of Master Degree in Health Sciences per Term

4th term / spring

*Nursing Science*

353101S Nursing Science II 5 ECTS cr
353226S Master Thesis and Research Seminars Part I 5 ECTS cr

*Scientific Practices and Research Skills*

353203S The Application of Research Methods in Health Sciences 10 ECTS cr

*Minor Subject*

*Teachers’ Professional Development*

352210A Practical Teacher Training part II 10 ECTS cr

*Optional Studies 4 ECTS cr*

5th term / autumn

*Nursing Science*

353101S Nursing Science III 7 ECTS cr
353226S Master Thesis and Research Seminars Part I 10 ECTS cr

*Minor Subject*

*Teachers’ Professional Development*

352211A Practical Teacher Training part III 5 ECTS cr

*Optional Studies 11 ECTS cr*

6th term / spring
Nursing Science

353227S Master Thesis and Research Seminars part II 25 ECTS cr
353205S Written maturity test 0 ECTS cr

Optional Studies 8 ECTS cr

Tutkintorakenteet

Undergraduate Multidisciplinary Degree Programme in Health Sciences, BHSc

Tutkintorakenteen tila: published
Lukuvuosi: 2016-17
Lukuvuoden alkamispäivämäärä: 01.08.2016

General Studies (25 op)

Development in Academic Expertise 6 ECTS cr

350041Y: Academic Study and Expertise in Health Sciences, 2 - 6 op
350001Y: Academic Study and Expertise in Health Sciences, part I: Guidance for Study and Working Experience, Study Tutorials, 1 - 3 op
350044Y: Academic Study and Expertise in Health Sciences, part II: Academic study and Working Life Training, 5 op

Language and Information Management Studies (19 op)

Language and Communication Skills 19 ECTS cr

902008Y: Academic English, 3 op
900008Y: Basics of Oral Communication, 3 op
A500105: Knowledge and Research, 3.5 - 10.5 op
040024Y: Knowledge and research II, Literature retrieval, 4 op
040025Y: Knowledge and research, Lessons and written examination, 1,5 op
040027Y: Knowledge and research, Practical project, 1 op
040026Y: Knowledge and research, Small group exercises, 1 op
040021Y: Knowledge and research, Tools, 0,5 - 1 op
040022Y: Knowledge and research, Written assignment, 1,5 op
901041Y: Second Official Language (Swedish), Oral Skills, 2 op
901040Y: Second Official Language (Swedish), Written Skills, 1 op

Health Sciences Preliminary Studies (25 op)

Health Sciences 25 ECTS cr

351205P: Foundations of Health Care Education, 5 op
351207P: Foundations of Health Care Legislation, 5 op
Health Sciences Subject Studies (45 op)

Health sciences 35 ECTS cr

Scientific Practices and Research Skills 10 ECTS cr

352114A: Bachelor thesis, 6 op
352232A: Health Administration Science, 10 op
351138A: Legal Aspects of Health Care, 3 - 5 op
352514A: Maturity test, 0 op
352252A: Methods of Statistical Analysis in Health Sciences, 5 op
352233A: Nursing Science, 10 op
352251A: Research Methods in Health Science, 5 op

Minor Subjects (vähintään 25 op)

Following study module, organized by the Research Unit of Nursing Science and Health Management (University of Oulu) may be included in Minor Studies

Health Promotion 25 ECTS cr:

352261A Health promotion 10 ECTS cr
353113S The Effective Patient Education in Nursing and Nursing Science 8 ECTS cr
335562A Supportive Environments for Health and Wellbeing 7 ECTS cr

Optional Studies (60 op)

Teacher Education Degree Programme in Health Sciences, MHSc

Tutkintorakenteen tila: published
Lukuvuosi: 2016-17
Lukuvuoden alkamispäivämäärä: 01.08.2016

Advanced studies in nursing science (vähintään 62 op)

Health Sciences 52 ECTS cr

Scientific Practices and Research Skills 10 ECTS cr

353226S: Master Thesis and Research Seminars Part I, 15 op
353227S: Master Thesis and Research Seminars part II, 25 op
353225S: Mater Thesis and Research Seminars, 40 op
Minor Subject Didactics in Nursing Science (35 op)

Teachers’ Professional Development 35 ECTS cr

352122A: Educational Administration and Practical Teacher Training part I, 5 op
352121A: Evaluation in Teaching and Education, 5 op
352208A: Introduction to Didactics of Nursing Science, 5 op
352119A: Planning the Content and Methods of Instruction, 5 op
352210A: Practical Teacher Training part II, 10 op
352211A: Practical Teacher Training part III, 5 op

Optional Studies (vähintään 23 op)

Following studies arranged by the Research Unit of Nursing Science and Health Management may be included in Optional Studies:

Clinical Nursing Science:

351180P Fundamentals of clinical care and nursing science 5 ECTS cr
352227A Leadership in Evidence Based Practice 5 ECTS cr

Health Promotion 25 ECTS cr:

352261A Health Promotion 10 ECTS cr
353113S The Effective Patient Education in Nursing and Nursing Science 8 ECTS cr
352262A Supportive Environments for Health and Wellbeing 7 ECTS cr

Registration for studies in Clinical Nursing Science and Health Promotion in WebOodi by Sept 30, 2016.

Other single study units:

354202A Research Ethics in Health Sciences 5 ECTS cr
354205A Health Sciences Marketing 2 - 5 ECTS cr
352228A Elective Course on Advanced Research 3 – 10 ECTS cr

352228A: Elective special research course, 3 - 10 op
351180P: Fundamentals of clinical care and nursing science, 5 op
352261A: Health Promotion, 10 op
352227A: Leadership in Evidence Based Practice, 5 op
354205A: Marketing in Health Sciences, 0 - 2 op
354202A: Research ethics in health sciences, 5 op
352262A: Supportive Environments for Health and Wellbeing, 7 op
353113S: The effective patient education in nursing and nursing science, 8 op
Tutkintorakenteisiin kuuluvien opintokohteiden kuvaukset

350041Y: Academic Study and Expertise in Health Sciences, 2 - 6 op

Voimassaolo: 01.08.2014 -
Opiskelumuoto: General Studies
Laji: Course
Vastuuysikkö: Health Sciences
Arvostelu: 1 - 5, pass, fail
Opintokohteen kielet: Finnish

ECTS Credits:
6 ECTS cr

350001Y: Academic Study and Expertise in Health Sciences, part I: Guidance for Study and Working Experience, Study Tutorials, 1 - 3 op

Opiskelumuoto: General Studies
Laji: Course
Vastuuysikkö: Health Sciences
Arvostelu: 1 - 5, pass, fail
Opintokohteen kielet: Finnish

ECTS Credits:
1 ECTS cr
Language of instruction:
Finnish
Timing:
Autumn term. Obligatory study unit for the first year students.

Learning outcomes:
The student will integrate into the university, the multi-disciplinary scientific community and student group of one’s own discipline. The student will learn to plan one’s studies and career, and to evaluate one’s expertise and actions as learner and in accordance with one’s career plans. The student will receive a clear conception of one’s studies as a part of a lifelong learning process.

Contents:
University of Oulu and the Research Unit of Nursing Science and Health Management as learning environment. Student’s status, rights and obligations. Student organizations. Presentation of degree programmes, planning and assessment of one’s studies, study techniques, and tutorials with one’s teacher. Planning of own career - goals, recognition of one’s own strengths/weaknesses, development and orientation of working life skills with the help of degree studies.

Mode of delivery:
Blended teaching

Learning activities and teaching methods:
Tutorials with one’s senior tutor 3h. Contact teaching 10h including small group counselling, info-meetings. Participation in and planning of events of research unit 10h including learning development day and alumni meetings. Independent studying 4h.

Target group:
Undergraduate health science students.

Recommended or required reading:
Current scientific literature and research.

Assessment methods and criteria:
This course unit utilizes continuous assessment. Active participation in contact teaching and events, preparing of the Personal Study Plan (e-PSP) and its evaluation.
Read more about assessment criteria at the University of Oulu webpage.

Grading:
Pass / fail
Person responsible:
University teacher / doctoral candidate

350044Y: Academic Study and Expertise in Health Sciences, part II: Academic study and Working Life Training, 5 op

Voimassaolo: 01.08.2016 -
Opiskelumuoto: General Studies
Laji: Practical training
Vastuuysikkö: Health Sciences
Arvostelu: 1 - 5, pass, fail
Opintokohteen kielet: Finnish

ECTS Credits:
5 ECTS cr
Language of instruction:
Finnish
Timing: spring term
Learning outcomes:
The student will be able to consider the grounds of academic expertise and professional career planning as a basis of growth and development of one’s own expertise. As a part of development of academic expertise the student will be able to inventively plan one’s career and related activities including practical training, possibilities for employment, also in connection with preparing one’s thesis. The student will be able to evaluate development of one’s expertise in relation to one’s previous education and professional skills. Additionally, the student is able to discuss demands and challenges of working life and possibilities for work life collaboration in the field of health care, education and management.

Contents:
Academic expertise and career planning. Professional networks and possibilities for work life collaboration.

Mode of delivery:
Blended teaching

Learning activities and teaching methods:
Lectures by experts 5 h, practical training 100 h and a portfolio 30 h.

Target group:
Undergraduate students in health sciences.

Recommended or required reading:
Current scientific literature and research.

Assessment methods and criteria:
Practical training and preparing a portfolio. The study unit includes continual self-assessment, peer-assessment and teacher’s assessment.

Read more about assessment criteria at the University of Oulu webpage.

Grading:
Pass / fail

Person responsible:
University teacher / university lecturer

902008Y: Academic English, 3 op

Voimassaolo: 01.08.1995 -
Opiskelumuoto: Language and Communication Studies
Laji: Course
Vastuuysikkö: Languages and Communication
Arvostelu: 1 - 5, pass, fail
Opintokohteen kielet: English
Leikkaavuudet:
ay902008Y Academic English (OPEN UNI) 3.0 op

Proficiency level:
CEFR B2/C1

**Status:**
Compulsory course

**Required proficiency level:**
Students are expected to have had English as their A1 or A2 language at school or have acquired equivalent skills.

**ECTS Credits:**
3 ECTS credits

**Language of instruction:**
English

**Timing:**
1st year spring term

**Learning outcomes:**
Having completed the course, students will be able to
- understand and summarize academic/scientific texts of in health sciences
- use appropriate academic/scientific vocabulary of their own field in writing short text types (bio, cover letter, questionnaire, survey, summary/abstract),
- use English to communicate knowledge and express opinion in conversations related to their profession,
- respond appropriately and convincingly to the contribution of other speakers in a professional or academic conversation, meeting and/or conference,
- give a presentation on a professional or academic topic related to their field.

**Contents:**
-

**Mode of delivery:**
Contact and online teaching

**Learning activities and teaching methods:**
-

**Target group:**
Students in the degree programs of Health Sciences (nursing science, teacher education program in health sciences, and health management science).

**Prerequisites and co-requisites:**
-

**Recommended optional programme components:**
-

**Recommended or required reading:**
Specific texts and material prepared by the teacher. Information will be provided at the beginning of the course. Material will be available in Optima during the course for students to download and bring a print-out into class.

**Assessment methods and criteria:**
The course requirements include active participation in classroom work (24 hrs) and completion of home assignments (Reading journal and glossary: 20 hrs), presentation of self-selected literature (16 hrs), writing task (20 hrs). Alternatively, an end-of-course examination may be offered. Some course work can be completed online.

Read more about assessment criteria at the University of Oulu webpage.

**Grading:**
pass/fail

**Person responsible:**
Eva Braidwood

**Working life cooperation:**
-

**Other information:**
In line with the recognition of prior learning regulations in place at the university (see: [http://www.oulu.fi/kielikoulutus/ahot](http://www.oulu.fi/kielikoulutus/ahot)), other language courses completed in a higher educational institution will be accepted provided they cover the relevant field and level of communication (B2 on the CEFR scale). Students who completed their upper secondary or higher education in an English language programme/country, and/or IB- diploma, or passed the English language exemption test (reading comprehension and written / oral production) will be exempted from the course in accordance with the recognition of prior learning process. (See: AHOT [http://www.oulu.fi/kielikoulutus/ahot](http://www.oulu.fi/kielikoulutus/ahot))

Students who wish to be exempted from attendance can take an exemption test in reading field-related academic texts and give an academic presentation. In this way students can obtain the credits without attendance. The exemption exam is voluntary and can be taken only once. Students who wish to do this should inform the contact teacher (Eva.Braidwood(at)oulu.fi) by the end of January. The exemption test and presentation of oral production will be organised during February-March. Students not exempted in the above ways are required to participate in the course.

Information on the time and place of the classes is provided on the home pages of the Department of Health Sciences.
900008Y: Basics of Oral Communication, 3 op

Voimassaolo: 01.08.1995 -
Opiskelumuoto: Language and Communication Studies
Laji: Course
Vastuuysikkö: Languages and Communication
Arvostelu: 1 - 5, pass, fail
Opintokohteen kiele: Finnish
Leikkaavuudet:

Proficiency level:
-
Status:
-
Required proficiency level:
-
ECTS Credits:
3 ECTS
Language of instruction:
Finnish
Timing:
2nd year spring term
Mode of delivery:
Contact teaching
Learning activities and teaching methods:
26 hours of contact teaching and approximately 55 hours of independent study.
Recommended optional programme components:
-
Recommended or required reading:
Material provided by the teacher.
Grading:
pass / fail
Person responsible:
Mikkola, Outi
Working life cooperation:
-
Other information:
-

A500105: Knowledge and Research, 3,5 - 10,5 op

Voimassaolo: 09.01.2015 -
Opiskelumuoto: Other Entity
Laji: Study module
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Pentti Nieminen
Opintokohteen kiele: Finnish
Voidaan suorittaa useasti: Kyllä

Ei opintojaksokuvauksia.

040024Y: Knowledge and research II, Literature retrieval, 4 op

Voimassaolo: 01.08.2014 -
Opiskelumuoto: General Studies
Learning outcomes:
The student is familiar with the research process and with the characteristics of scientific information including an ability to obtain and process scientific information, and to report and apply the results especially in the fields of medicine, dentistry and health sciences.
The student knows the role of scientific publications, can use and evaluate information sources critically. The student will be able to search research articles using basic literature retrieval methods and to use bibliographic databases available at the Medical Faculty.
The student knows basic principles in research ethics and good scientific practice.

Contents:
Guidelines for written assignments and word processing:
Structure of assignments and thesis, reporting of findings, tables and figures, citing and references.
Scientific information:
Principles of scientific research, ethics in research, research methods in the main disciplines (clinical medicine, epidemiology, biomedicine and health sciences).
Scientific communication:
Scientific journals, research articles, critical evaluation of research findings, ethics in scientific publication and bibliometrics.
Literature retrieval:
Library information systems, medical and dental publications, scientific online journals, Medline, Medic, Scopus, Cochrane Library, electronic books, reference management software.
Special issues in medical research:
Ethics in research, regulations in clinical research and use of animals in scientific research, research groups.

Mode of delivery:
Blended teaching.

Learning activities and teaching methods:
040024Y (4 op) Knowledge Management and Research II

Target group:
Medical, dental, health sciences and medical wellness technology students

Prerequisites and co-requisites:
None.

Recommended optional programme components:
Knowledge Management and Research II
041001Y Evidence Based Medicine
902006Y Reading for Academic Purposes
902007Y Scientific Communication

Recommended or required reading:
Material in lessons small group lessons.

Assessment methods and criteria:
Regular and active participation in the small group lessons and completion of practical projects.

Grading:
1,2,3,4,5, fail

Person responsible:
Associate professor Pentti Nieminen

040025Y: Knowledge and research, Lessons and written examination, 1,5 op

Voimassaolo: 01.08.2014 -
Opiskelumuoto: General Studies
Learning outcomes:
The student knows the role of scientific publications, can use and evaluate information sources critically. The student is familiar with statistical computing in the fields of medicine, dentistry and health sciences. Further, the student is able to analyze data with basic statistical methods, use basic statistical significance tests and inference methods, and evaluate critically scientific research reports.

Contents:
Scientific communication:
Research articles, critical evaluation of research findings and reporting.
Statistical methods:
Aims and phases of statistical research, planning statistical research, obtaining data, variable distributions (frequencies, graphs and statistics), basics in statistical inference and methods (estimates, significance tests and confidence limits), basic methods in comparing groups and estimating associations between variables, specific methods applied in medical research.

Mode of delivery:
Blended teaching.

Target group:
Medical, dental, health sciences and medical wellness technology students

Prerequisites and co-requisites:
None.

Recommended or required reading:
Material in lessons small group lessons.

Grading:
1-5, fail

Person responsible:
Associate professor Pentti Nieminen


040027Y: Knowledge and research, Practical project, 1 op

Voimassaolo: 01.08.2014 -
Opiskelumuoto: General Studies
Laji: Course
Vastuuksikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Pentti Nieminen
Opintokohteen kielet: Finnish
Leikkaavuuudet:

ECTS Credits:
1 ECTS
Timing:
2nd year

Contents:
Use of statistical software, basic methods in comparing groups and estimating associations between variables, reporting of statistical findings

**Mode of delivery:**
Blended teaching

**Learning activities and teaching methods:**
Practical project

**Target group:**
Medical, dental, health sciences and medical wellness technology students

**Prerequisites and co-requisites:**
None

**Recommended or required reading:**
Material in lessons small group lessons.

**Assessment methods and criteria:**
Completion of practical projects.

**Grading:**
Pass/fail

**Person responsible:**
Associate professor Pentti Nieminen

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**040026Y: Knowledge and research, Small group exercises, 1 op**

**Voimassaolo:** 01.08.2014 -

**Opiskelumuoto:** General Studies

**Laji:** Course

**Vastuuyksikkö:** Medicine

**Arvostelu:** 1 - 5, pass, fail

**Opettajat:** Pentti Nieminen

**Opintokohteen kielet:** Finnish

**Leikkaavuudet:**
- ay040026Y Knowledge and research, Small group exercises (OPEN UNI) 1.0 op

**ECTS Credits:**
1 ECTS

**Timing:**
2nd year

**Learning outcomes:**
The student is familiar with statistical computing in the fields of medicine, dentistry and health sciences. Further, the student is able to analyze data with basic statistical methods, use basic statistical significance tests and inference methods, and evaluate critically scientific research reports.

**Contents:**
Obtaining data, variable distributions (frequencies, graphs and statistics), basics in statistical inference and methods (estimates, significance tests and confidence limits), basic methods in comparing groups and estimating associations between variables.

**Mode of delivery:**
Blended teaching

**Learning activities and teaching methods:**
Small group exercises

**Target group:**
Medical, dental, health sciences and medical wellness technology students

**Prerequisites and co-requisites:**
None

**Recommended or required reading:**
Material in lessons small group lessons.

**Assessment methods and criteria:**
Regular and active participation in the small group lessons

**Grading:**
Pass/fail

**Person responsible:**
Associate professor Pentti Nieminen
040021Y: Knowledge and research, Tools, 0,5 - 1 op

Voimassaalo: 01.08.2014 -
Opiskelumuoto: General Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Pentti Nieminen
Opintokohteen kielet: Finnish

ECTS Credits:
1 ECTS
Timing:
1st year.

Learning outcomes:
By the end of the course the student has practiced the following skills: using information and communication technology resources in the University of Oulu, using workstations available in the Medical Faculty, applying basic software necessary in the studies. The student knows basics in scientific writing.

Contents:
Information and communication technology:
Workstations, information security and confidentiality, networks, and office software.
Guidelines for written assignments and word processing:
Structure of assignments and thesis, reporting of findings, tables and figures, citing and references.

Mode of delivery:
Blended teaching.

Learning activities and teaching methods:
040021Y (1 ECTS) Knowledge Management and Research, Tools

Target group:
Medical, dental, health sciences and medical wellness technology students

Prerequisites and co-requisites:
None.

Recommended optional programme components:
Knowledge Management and Research II
902006Y Reading for Academic Purposes
902007Y Scientific Communication

Recommended or required reading:
Material in lessons small group lessons.

Assessment methods and criteria:
Regular and active participation in the small group.

Grading:
Pass/fail

Person responsible:
Associate professor Pentti Nieminen

040022Y: Knowledge and research, Written assignment, 1,5 op

Voimassaalo: 01.08.2014 -
Opiskelumuoto: General Studies
Laji: Course
Vastuuysikkö: Medicine
Arvostelu: 1 - 5, pass, fail
Opettajat: Pentti Nieminen
Opintokohteen kielet: Finnish

ECTS Credits:
1,5 ECTS
Timing:
1st year
Learning outcomes:
By the end of the course the student has practiced the following skills: using information and communication technology resources in the University of Oulu, using workstations available in the Medical Faculty, applying basic software necessary in the studies. The student knows basics in scientific writing. The student is familiar with the research process and with the characteristics of scientific information including an ability to obtain and process scientific text, and to report and apply the results especially in the fields of medicine, dentistry and health sciences.

Contents:
Information and communication technology:
Workstations, information security and confidentiality, networks, and office software.
Guidelines for written assignments and word processing:
Structure of assignments and thesis, reporting of findings, tables and figures, citing and references.
Scientific communication:
Scientific journals, research articles, critical evaluation of research findings.

Mode of delivery:
Blended teaching.

Learning activities and teaching methods:
040022Y (1,5 ECTS) Knowledge Management and Research I, Written and teaching methods assignment

Target group:
Medical, dental, health sciences and medical wellness technology students

Prerequisites and co-requisites:
None.

Recommended optional programme components:
Knowledge Management and Research II
902006Y Reading for Academic Purposes
902007Y Scientific Communication

Recommended or required reading:
Material in lessons small group lessons.

Assessment methods and criteria:
Completion of practical project.

Grading:
Pass/fail.

Person responsible:
Associate professor Pentti Nieminen.

901041Y: Second Official Language (Swedish), Oral Skills, 2 op

Voimassaolo: 01.08.2014 -
Opiskelumuoto: Language and Communication Studies
Laji: Course
Vastuuyksikkö: Languages and Communication
Opintokohteen kielet: Swedish
Leikkaavuudet:
ay901041Y Second Official Language (Swedish), Oral Skills (OPEN UNI) 2.0 op

901040Y: Second Official Language (Swedish), Written Skills, 1 op

Voimassaolo: 01.08.2014 -
Opiskelumuoto: Language and Communication Studies
Laji: Course
Vastuuyksikkö: Languages and Communication
Opintokohteen kielet: Swedish
Leikkaavuudet:
ay901040Y Second Official Language (Swedish), Written Skills (OPEN UNI) 1.0 op
351205P: Foundations of Health Care Education, 5 op

Opiskelumuoto: Basic Studies
Laji: Course
Vastuuysikkö: Health Sciences
Arvostelu: 1 - 5, pass, fail
Opintokohteen kielet: Finnish
Leikkaavuudet:

ay351205P  Foundations of Healath Care Education (OPEN UNI)  5.0 op

ECTS Credits:
5 ECTS cr
Timing:
Autumn term
Learning outcomes:
Student is able to define and describe the general principles of Finnish social and healthcare education system (ISCED-classification) and main features of the programmes of the Finnish National Board of Education. The student is able to recognize the main goals, strategies, international collaboration and partners of the Finnish Ministry of Education and Culture. The student is able to structure achieved knowledge in learning diary and in assessment of one’s learning.

Contents:
Social and health care education system. Objectives, goals and different education and training policies of Finnish education/education system. Legislation of Finnish higher education. Internationalization in Finnish higher education institutions.

Mode of delivery:
Supervised studying in the e-learning environment Optima.

Learning activities and teaching methods:
Independent studying, reading of literature 60 h, peer evaluation of learning diaries 17 h, evaluating received information and preparing written assignments 58 h.

Target group:
Undergraduate health science students.

Recommended or required reading:
Materials/reports on website of the Ministry of Education and Culture, legislation related to higher education, publications of Central Statistical Office of Finland/ISCED.

Assessment methods and criteria:
Independent studying, familiarizing with literature and completion of written assignments. This course unit utilizes continuous assessment. Read more about assessment criteria at the University of Oulu webpage.

Grading:
Pass / fail

Person responsible:
University teacher / Doctoral candidate (nursing science)

351207P: Foundations of Health Care Legislation, 5 op

Opiskelumuoto: Basic Studies
Laji: Course
Vastuuysikkö: Health Sciences
Arvostelu: 1 - 5, pass, fail
Opintokohteen kielet: Finnish
Leikkaavuudet:

ay351207P  Foundations of Health Care Legislation (OPEN UNI)  5.0 op

ECTS Credits:
5 ECTS cr
Timing:
Autumn term
Learning outcomes:
Student is able to define general foundations of Finnish health care legislation. Student is able to describe and critically evaluate foundations of health care management.

**Contents:**
Legislation in health care (promotion of health, social and health services, staff of social and health care services, equality). Legislation in health care administration, basics of health care management.

**Mode of delivery:**
Supervised studying in the e-learning environment “Optima”.

**Learning activities and teaching methods:**
Independent studying, reading of literature 77h, evaluation of received information and completion of a written assignment 58h.

**Target group:**
Undergraduate health science students.

**Recommended or required reading:**
Websites and publications of the Parliament of Finland, the Ministry of Social Affairs and Health, Finland, the Central Statistical Office of Finland and the Ministry of Justice, Finland. Finnish legislation. Other relevant national and international scientific literature.

**Assessment methods and criteria:**
Active and independent studying. Familiarizing with literature and completion of a written assignment. This course unit is assessed on the basis of the written assignment.

Read more about [assessment criteria](#) at the University of Oulu webpage.

**Grading:**
Pass / fail

**Person responsible:**
Doctoral candidate (health management science)

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**351204P: Foundations of Philosophy and Research Methods in Health Sciences, 5 op**

**Opiskelumuoto:** Basic Studies

**Laji:** Course

**Vastuuysikkö:** Health Sciences

**Arvostelu:** 1 - 5, pass, fail

**Opintokohteen kielet:** Finnish

**Leikkaavuudet:**
- ay351204P  Foundations of Philosophy and Research Methods in Health Sciences (OPEN UNI)  5.0 op

**ECTS Credits:**
5 ECTS cr

**Timing:**
Autumn term

**Learning outcomes:**
The student is able to
- define the philosophy, ethics and values of health care services.
- identify and define the norms and ethical principles, which are related to status of the client and are guiding the operations in health care
- recognize the most central ethical problems in health care, compare the ethical norms and regulations revealed in health care and patient care and related to different professional and work cultures.
- critically evaluate ethical decision making in the health care.
- define Evidence Based Practice
- identify different stages of a research process
- define special characteristics of qualitative and quantitative research.
- recognize the main ethical principles of research in health sciences
- choose references relevant to one’s research
- apply basics of scientific writing in one’s own work

**Contents:**
Ethical principles and professional ethics in health care, discussion of ethical questions from different perspectives and the effect of culture in health care. Evidence-based practice. Preparation of literature review. Special characteristics of qualitative and quantitative research. Stages of a research process. Basics of scientific writing and referencing.

**Mode of delivery:**
Supervised studying in e-learning environment Optima.
Learning activities and teaching methods:
Independent studying and reading literature 80h, evaluating the received information and writing of the assignment 40h. Preparation for and completion of an on-line exam 15h.

Target group:
Undergraduate students in health science.

Recommended or required reading:
Materials/reports from webpages of the National Advisory Board on Social Welfare and Health Care Ethics ETENE, Ethical grounds for the social and health care field (publication 32/ETENE), and other relevant national and international scientific literature provided for in Optima.

Assessment methods and criteria:
Active and independent studying is required. Familiarizing with literature and completion of a written assignment. This course unit will be assessed based on written assignment and on-line exam. A including self-evaluation and teacher’s evaluation. This course unit utilizes continuous assessment including self-evaluation and teacher’s evaluation.

Read more about assessment criteria at the University of Oulu webpage.

Grading:
Pass / fail

Person responsible:
Doctoral candidate (nursing science)

351206P: Health Care Systems in Finland and Inter-professional Networking, 5 op

Opiskelumuoto: Basic Studies
Laji: Course
Vastuuysikkö: Health Sciences
Arvostelu: 1 - 5, pass, fail
Opintokohteen kielet: Finnish
Leikkaavuudet:
  ay351206P   Health Care Systems in Finland and Inter-professional Networking (OPEN UNI)   5.0 op

ECTS Credits:
5 ECTS cr
Timing:
Autumn term

Learning outcomes:
Student is able to define the principles of the Finnish health care system and public health programs and compare them to those of the World Health Organization. The student is able to identify main functions and forms of inter-professional networking in health care. The student is able to deepen the knowledge achieved and apply it in one´s written assignment. The student is able to plan and structure a new health promotion program and justify it ethically, scientifically and from a client´s health perspective.

Contents:

Mode of delivery:
Supervised studying in the e-learning environment “Optima”.

Learning activities and teaching methods:
Independent studying in “Optima”. During the first part of the course: reading of literature and on-line exam 81 h. During the second part of the course: reading of literature 40h, writing an essay and designing a health promotion leaflet 20h.

Target group:
Undergraduate health science students.

Recommended or required reading:
Materials/reports on the websites of the Ministry of Social Affairs and Health, the National Institute for Health and Welfare, the World Health Organization. Finnish legislation of social and health care, relevant scientific literature.

Assessment methods and criteria:
Independent studying. During the first part: reading of literature and on-line exam. During the second part: creating a health promotion leaflet and preparation of a written assignment. In the written assignment the student gives grounds to chosen approach in the leaflet and describes the progress of the work. This course unit utilizes continuous assessment based on self-evaluation and teacher’s assessment.

Read more about assessment criteria at the University of Oulu webpage.
351203P: Introduction to Health Sciences, 5 op

Opiskelumuoto: Basic Studies
Laji: Course
Vastuuysikkö: Health Sciences
Arvostelu: 1 - 5, pass, fail
Opintokohteen kielet: Finnish
Leikkaavuudet:
  ay351203P Introduction to Health Sciences (OPEN UNI) 5.0 op

ECTS Credits:
5 ECTS cr
Timing:
Autumn term

Learning outcomes:
The student is able to use the online learning environment, study independently, and critically evaluate one’s learning philosophy, style and process in health science studies. The student is able to define concept of science and field of sciences. The student is able to define and explain the position of health sciences in the field of sciences. The student is capable of identifying current national and international issues of health sciences from perspective of health management science, nursing science and teacher education in health science.

Contents:

Mode of delivery:
Supervised studying in the e-learning environment Optima.

Learning activities and teaching methods:
Independent studying, learning to manage the e-learning environment Optima 8h, reading literature and producing a mind map 19h, searching of scientific literature and reading 85h, preparation for and completion of on-line exam 23h.

Target group:
Undergraduate students in health science

Recommended or required reading:
Literature and other material provided for in E-learning environment, relevant current scientific articles and literature.

Assessment methods and criteria:
Active and independent study is required. Students familiarize with literature, make literature searches, read current national and international scientific articles, produce a mind map of the course content, and complete on-line exam. This course unit utilizes continuous assessment including self-evaluation and teacher’s evaluation.

Grading:
Pass / fail

Person responsible:
Doctoral candidate (health management science)

352114A: Bachelor thesis, 6 op

Opiskelumuoto: Intermediate Studies
Laji: Course
Vastuuysikkö: Health Sciences
Arvostelu: 1 - 5, pass, fail
Opintokohteen kielet: Finnish
Leikkaavuudet:
  ay352114A Bachelor Thesis 6.0 op

Required proficiency level:
Student has to have completed the courses:
352251A Qualitative Research Methods in Health Sciences 4 ECTS cr
352252A Methods of Statistical Analysis in Health Sciences 5 ECTS cr

ECTS Credits:
10 ECTS

Timing:
Autumn term

Learning outcomes:
Upon completion of the course the student is able to compile a Bachelor thesis based on scientific literature and/or empirical data according to the principles of scientific writing and principals where they demonstrate one’s skills in scientific communication. Student is able to explain and discuss one’s own thesis and to create a Bachelor scientific presentation or/and poster. The student is given a possibility to choose a topic for the Bachelor thesis from the chosen area of expertise in a professional working environment (e.g., it can be customized to suit clients' needs). However, the topic has to be in line with the research projects of the research unit. According to regulations in Government Decree on University Degrees (794/2004), the student must demonstrate that he/she has attained the objectives set for the degree, studies and thesis and the language proficiency. The student must write a maturity essay which demonstrates mastery of the topic of the thesis and skills in the use of Finnish or Swedish.

Contents:
Planning, implementation, evaluation and demonstration of a research process. Writing of a Bachelor thesis based on scientific literature and/or empirical data according to scientific principles. The students make their Bachelor thesis in their major subject. Written maturity test.

Mode of delivery:
Contact teaching and seminar

Learning activities and teaching methods:
Supervision and seminar in small groups 16h, peer evaluation 4h, reading and retrieving of literature 100h, writing of Bachelor thesis 130h, preparation for and completion of the maturity test 12h. Participation and presentation of the thesis in science day 8h.

Target group:
Undergraduate health science students.

Recommended or required reading:
Literature relevant to the Bachelor thesis.

Assessment methods and criteria:
Independent studying, supervision and seminar in small groups, writing of the Bachelor thesis, presenting and discussing the thesis, a written maturity test.

Grading:
Pass / Fail

Person responsible:
Doctoral candidate / university lecturer / research fellow / university teacher

352232A: Health Administration Science, 10 op

Opiskelumuoto: Intermediate Studies

Laji: Course

Vastuuysikkö: Health Sciences

Arvostelu: 1 - 5, pass, fail

Opintokohteen kielet: Finnish

Leikkaavuudet:
ay352232A Health Administration Science (OPEN UNI) 10.0 op

ECTS Credits:
10 ECTS cr

Timing:
Autumn term

Learning outcomes:
The student is able to search for information independently, analyze and critically evaluate information and research field of health management science, its development and history in a way that as a result of a multidisciplinary group work enables formulation of an oral presentation and an essay by utilizing information and communication technology. In the theme discussions the student is able to build a framework of national and international health politics.
Contents:
Health management science as a research field and study subject and the central concepts and approaches.

Mode of delivery:
Contact teaching, independent studying and group work.

Learning activities and teaching methods:
Lectures 8h, independent studying 53h, written assignment 60h; theme discussion group 10h and independent studying 139h.

Target group:
Undergraduate health science students.

Recommended or required reading:
Current literature, and other material on social and health care politics.

Assessment methods and criteria:
An essay synthesizing foundational issues and a theme discussion carried out by students in groups. Essay 50% and theme discussions 50%.

Read more about assessment criteria at the University of Oulu webpage.

Grading:
1-5 / fail

Person responsible:
Professor (health management science)

351138A: Legal Aspects of Health Care, 3 - 5 op

Opiskelumuoto: Intermediate Studies

Laji: Course

Vastuuyksikkö: Health Sciences

Arvostelu: 1 - 5, pass, fail

Opintokohteen kielet: Finnish

Leikkaavuudet:
ay351138A Legal Aspects of Health Care (OPEN UNI) 5.0 op

ECTS Credits: 5 ECTS cr

Timing: Autumn term

Learning outcomes:
Upon completion of this course unit the student is able to define the legislation that regulates production of health services. Student is able to define the judicial basics of the status of health care professionals as well as their rights and obligations. In addition student knows patients’ rights and understands their significance in legal assessment and responsibility of the work of the health care professionals. Student is also able to identify the means of legal protection available to the patient.

Contents:
Production of health services, obligations of health care professionals, control and responsibility, patient’s status, rights and legal protection.

Mode of delivery:
Contact teaching

Learning activities and teaching methods:
Lectures 10h, independent studying 51h, preparation for and completion of an on-line exam 23 h.

Target group:
Undergraduate health science students.

Recommended or required reading:

Following legislation with applied changes during the period of time:
Decree on Health Care Professionals (564/1994)
Act on the Status and Rights of Patients (785/1992)
Potilasvahinkolaki (585/1986) – “Treatment injury act”; currently there is no translation of this document;
Health Care Act (1326/2010)
Mental Health Act (1116/1990)
Laki yksityisestä terveydenhuollosta (152/1990) – “Act on Private Health Care“ currently there is no translation of this document

Assessment methods and criteria:
Written questioning, exam.
Read more about assessment criteria at the University of Oulu webpage.

Grading:
1-5 / fail

Person responsible:
Part-time teacher Mirva Lohiniva-Kerkelä

352514A: Maturity test, 0 op

Voimassaolo: 01.08.2016 -
Opiskelumuoto: Intermediate Studies
Laji: Course
Vastuuysikkö: Health Sciences
Arvostelu: 1 - 5, pass, fail
Opettajat: Kristina Mikkonen
Opintokohteen kielet: Finnish

Required proficiency level:
Is part of the 352114A Bachelor Thesis and Written Maturity Test 10 ECTS cr participation in which requires completion of 352251A Qualitative Research Methods in Health Sciences 5 ECTS cr and Methods of Statistical Analysis in Health Sciences 5 ECTS cr.

ECTS Credits:
0 ECTS cr

Learning outcomes:
According to regulations in Government Decree on University Degrees (794/2004), the student must demonstrate that he/she has attained the objectives set for the degree, studies and thesis and the language proficiency. The student must write a maturity essay which demonstrates mastery of the topic of the thesis and skills in the use of Finnish or Swedish.

Assessment methods and criteria:
Read more about assessment criteria at the University of Oulu webpage.

352252A: Methods of Statistical Analysis in Health Sciences, 5 op

Opiskelumuoto: Intermediate Studies
Laji: Course
Vastuuysikkö: Health Sciences
Arvostelu: 1 - 5, pass, fail
Opintokohteen kielet: Finnish
Leikkaavuudet:
  ay352252A Methods of Statistical Analysis in Health Sciences (OPEN UNI) 5.0 op

Required proficiency level:
In order to participate, student has to have completed the courses included in A500105 Knowledge Management and Research (10op).

ECTS Credits:
5 ECTS cr

Timing:
Autumn term

Learning outcomes:
Upon completion of this course the students are able to plan the collection of data, to transfer the data into a form which can be processed with a computer and are able independently to use statistical software for processing and analysis of data. The students are able to apply basic statistical methods in analyzing research questions. The students know multivariate and other special statistical methods used for analysis of data in health sciences. Additionally, the students are able to report research results and to recognize the issues which are important in interpreting the results published in international publications of health sciences.

Contents:

**Mode of delivery:**
Contact teaching and group exercise.

**Learning activities and teaching methods:**
Lectures 28h, group exercise 21h and written assignments.

**Target group:**
Undergraduate health science students.

**Recommended or required reading:**

**Assessment methods and criteria:**
Final examination, accepted written assignments and participation in group exercises

Read more about [assessment criteria](#) at the University of Oulu webpage.

**Grading:**
Pass / fail

**Person responsible:**
University lecturer Pentti Nieminen

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**352233A: Nursing Science, 10 op**

Opiskelumuoto: Intermediate Studies  
Laji: Course  
Vastuuysikkö: Health Sciences  
Arvostelu: 1 - 5, pass, fail  
Opintokohteen kielet: Finnish

**Leikkaavuudet:**  
ay352233A Nursing Science (OPEN UNI) 10.0 op

**ECTS Credits:**
10 ECTS cr

**Timing:**
Autumn term

**Learning outcomes:**
The student is able to identify fundamentals of the philosophy and ethics of science, is able to describe the development of health sciences, schools of thought and various emphases within health sciences, and research areas. The student is able to define evidence based practice and to discuss the importance of evidence in health sciences in the development of health care.

**Contents:**
Fundamentals of the philosophy and ethics of science. Development of health sciences. Schools of thought and emphases, research areas. The importance of theoretical knowledge in health sciences and in the development of evidence based practice of health care.

**Mode of delivery:**
Blended teaching

**Learning activities and teaching methods:**
Lectures 20h, expert group work 20h, independent studying 115h and cooperative written assignment 115h.

**Target group:**
Undergraduate health science students.

**Recommended or required reading:**
Other current national and international scientific literature.

**Assessment methods and criteria:**
Active participation in lectures and expert group work (at least 80% of required participation). Cooperative written assignment. Self-evaluation.

Read more about [assessment criteria](#) at the University of Oulu webpage.

**Grading:**
352251A: Research Methodos in Health Science, 5 op

Opiskelumuoto: Intermediate Studies
Laji: Course
Vastuuysikkö: Health Sciences
Arvostelu: 1 - 5, pass, fail
Opintokohteen kielet: Finnish
Leikkaavuudet:
   ay352251A Qualitative Research Methods in Health Sciences (OPEN UNI) 5.0 op

ECTS Credits:
5 ECTS cr
Timing:
Spring term
Learning outcomes:
Student is able in multiprofessional small groups, collaborative to choose critically evaluated and relevant research methods for the subject of research; knows requirements of good scientific writing; is able to develop problem solving skills and use creativity in evaluating and applying basic ethical issues related to research and researchers; is able to evaluate reliability of qualitative research. Student is able to write a research plan with work-life orientation and apply it in previous studies on research methods.

Contents:
Data collection and analysis in qualitative research, evaluation of reliability, ethical principles, writing of a research plan and a research report.

Mode of delivery:
Blended teaching.

Learning activities and teaching methods:
Lectures and exercises 25h, independent and group work 110h.

Target group:
Undergraduate health science students.

Prerequisites and co-requisites:

Recommended or required reading:
Current scientific literature and articles.

Assessment methods and criteria:
Active participation in exercises and group work. Self evaluation, peer evaluation. Read more about assessment criteria at the University of Oulu webpage.

Grading:
1-5 / fail

Person responsible:
University lecturers in nursing and health management sciences

353226S: Master Thesis and Research Seminars Part I, 15 op

Opiskelumuoto: Advanced Studies
Laji: Course
Vastuuysikkö: Health Sciences
Arvostelu: 1 - 5, pass, fail
Opintokohteen kielet: Finnish

ECTS Credits:
15 ECTS cr

Language of instruction:
Finnish

Timing:
Autumn term

Learning outcomes:
Having completed the course the student is able to independently and critically justify and present one’s research topic with working life orientation and its methodological choices in the different stages of the research process. The student is able to apply the methods and produce acceptable research plan.

Contents:
Drafting an idea paper and research plan. Scientific group discussions and peer-evaluation.

Mode of delivery:
Blended teaching

Learning activities and teaching methods:
Seminars and small group work 17h, public defenses of a doctoral thesis 3h+3h, guided discussion in the e-learning environment 8h, and independent studying 374h.

Target group:
Master Degree students in nursing science and in teacher education programme.

Prerequisites and co-requisites:
The required prerequisite is the completion of the following courses prior to enrolling for the course unit: Bachelor Thesis and Methods of Statistical Analysis in Health Sciences.

Recommended or required reading:
National and international scientific literature relevant for the topic and methods of the Master thesis.

Assessment methods and criteria:
Preparing of an idea paper. Participation in public defenses of a doctoral thesis and writing of a report. Seminars, small group work, work in e-learning environment. Peer-evaluation of research plan. Accepted research plan. Read more about assessment criteria at the University of Oulu webpage.

Grading:
Pass / fail

Person responsible:
University lecturer

353227S: Master Thesis and Research Seminars part II, 25 op

Opiskelumuoto: Advanced Studies
Laji: Diploma thesis
Vastuuysikkö: Health Sciences
Arvostelu: 1 - 5, pass, fail
Opintokohteen kielet: Finnish

ECTS Credits:
25 ECTS cr

Language of instruction:
Finnish

Timing:
Spring term

Learning outcomes:
The student as a specialist is able to independently or as a member of a research project group apply the information and skills gained during one’s study for preparation of a scientific study. The student demonstrates his/her skills in the chosen research methods. The student is able to produce a thesis or a scientific article according to the criteria set to a scientific study on planned schedule. The student is able to evaluate theses, take part in scientific discussions and justify decisions made within one’s thesis.

Contents:
Familiarizing with international scientific research related to the subject and research methods of Master thesis. Producing a Master thesis and assignment or article in accordance with criteria set for scientific research. Critical discussion on thesis and presentation of results.

Mode of delivery:
Blended teaching

Learning activities and teaching methods:
Individual instruction and small group work in seminars 30h (presentation of thesis, participation in discussions and practice of being an opponent for another student’s thesis), reading of national and international literature 300h, writing of thesis 345h.

Target group:
Master Degree students in nursing science and in teacher education programme.

Prerequisites and co-requisites:
The required prerequisite is the completion of the following courses prior to enrolling for the course unit: Bachelor Thesis, Methods of Statistical Analysis in Health Sciences and Master Thesis and Research Seminars part I.

**Recommended or required reading:**
Relevant scientific literature related to topic of the thesis.

**Assessment methods and criteria:**
Individual work or work in pairs under supervision of one to two teachers. Participation in seminars. The Master Thesis may also be produced as a scientific article. If the student has not written the maturity test in connection with the Bachelor's thesis, the written maturity test has to be written in connection with the Master thesis. Read more about assessment criteria at the University of Oulu webpage.

**Grading:**
1-5 / fail

**Person responsible:**
University lecturer

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### 353225S: Mater Thesis and Research Seminars, 40 op

- **Opiskelumuoto:** Advanced Studies
- **Laji:** Course
- **Vastuuysikkö:** Health Sciences
- **Arvostelu:** 1 - 5, pass, fail
- **Opintokohteen kielet:** Finnish

**ECTS Credits:**
40 ECTS cr

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### 353101S: Nursing Science II: Scientific knowledge within nursing science as a basis for developing social and health care, 5 op

- **Voimassaolo:** 01.08.2013 -
- **Opiskelumuoto:** Advanced Studies
- **Laji:** Course
- **Vastuuysikkö:** Health Sciences
- **Arvostelu:** 1 - 5, pass, fail
- **Opintokohteen kielet:** Finnish

**ECTS Credits:**
5 ECTS cr

**Timing:**
Spring term

**Learning outcomes:**
Having completed the study unit the student is able to 1. discuss relevant questions of research and development projects in nursing science, 2. find and use up-to-date and reliable information of nursing sciences, 3. evaluate the quality of information within nursing sciences, 4. apply theories and research results of nursing sciences for solving problems in professional settings based on evidence based practice.

**Contents:**

**Mode of delivery:**
Blended teaching

**Learning activities and teaching methods:**
Contact teaching 20h, small group work 45h and written assignment 70h.

**Target group:**
Master Degree students in nursing science and in teacher education programme.

**Prerequisites and co-requisites:**
The required prerequisite is the completion of the following courses prior to enrolling for the course unit: Bachelor Thesis and Nursing Science I.

**Recommended or required reading:**
3. Current international scientific articles.

Assessment methods and criteria:
Active participation in contact teaching (80%) and written assignment.
Read more about assessment criteria at the University of Oulu webpage.

Grading:
1-5 / fail

Person responsible:
Professor/university lecturer

353201S: Nursing Science III, 7 op

Opiskelumuoto: Advanced Studies
Laji: Course
Vastuuysikkö: Health Sciences
Arvostelu: 1 - 5, pass, fail
Opettajat: Kyngäs, Helvi Aulikki
Opintokohteen kielet: Finnish

ECTS Credits:
7 ECTS cr

Language of instruction:
Finnish

Timing:
Autumn term

Learning outcomes:
The student is able to analyze and critically evaluate nursing science and research, and to apply it to the field of social and health care. Student is able to solve demanding problems independently and collaboratively in health care research and innovation according to evidence based practice. Student is able to manage issues and draw conclusions on operations in the field of health care. Student is able to evaluate actions of other persons and groups.

Contents:
Extensive and diverse knowledge and research in nursing science and research. Applying of nursing science.

Mode of delivery:
Blended teaching

Learning activities and teaching methods:
Guided exercises 20h, small group work, independent study, data acquisition, production, evaluation 145h, oral group examination and feedback in groups.

Target group:
Master Degree students in nursing science and in teacher education programme.

Recommended or required reading:
Current international and national scientific articles.

Assessment methods and criteria:
Lectures/guided exercises, active participation in group work and oral group examination. The students will be compiling collectively an assignment and an oral examination, which will be assessed using self-evaluation, peer evaluation and teacher’s evaluation.
Read more about assessment criteria at the University of Oulu webpage.

Grading:
1-5 / fail

Person responsible:
Professor

353203S: The Application of Research Methods in Health Sciences, 10 op

Opiskelumuoto: Advanced Studies
Laji: Course
Vastuuysikkö: Health Sciences
Arvostelu: 1 - 5, pass, fail
Opettajat: Satu Elo
Opintokohteen kielet: Finnish

ECTS Credits: 10 ECTS cr

Language of instruction: Finnish

Timing: Spring term

Learning outcomes:
Upon completion of the course the student:
- is able to apply one’s previously gained knowledge in research methods in an assignment based on previous studies
- is able to define characteristics and main methodological issues of quantitative and qualitative research
- is able to organize one’s actions as a member of a small group for reaching a joint goal and is able to choose and apply different types and approaches of research in one’s own research plan and written assignment
- is able to execute in one’s assignment different stages of a research process and solve problems related to the process
- is able to assess questions of reliability and validity of quantitative and qualitative research and apply them in planning and implementing his / her own research plan and assignment;
- is able to assess main ethical questions in research;
- is able to write a research proposal with working life orientation

Contents:
Methodological characteristics of quantitative and qualitative research, types of / approaches in research, phases of research process, assessment of reliability, ethical issues in research. Writing a research proposal and research report.

Mode of delivery: Blended teaching.

Learning activities and teaching methods:
Lectures and guided exercises 50h, independent studying 220h. Writing in a group a research plan and assignment on the basis of topics with working life orientation.

Target group:
Master Degree students in health management science, in nursing science and in teacher education programme.

Prerequisites and co-requisites:
The required prerequisite is the completion of the following courses prior to enrolling for the course unit: Research method studies completed during Bachelor studies.

Recommended or required reading:
Relevant scientific articles and other literature.

Assessment methods and criteria:
Lectures and active participation in practical exercises and group work, preparing a written assignment and a research plan.
Read more about assessment criteria at the University of Oulu webpage.

Grading:
1-5 / fail, self-evaluation / peer evaluation

Person responsible:
University lecturers of nursing and health management sciences

353205S: Written maturity test, 0 op

Opiskelumuoto: Advanced Studies
Laji: Course
Vastuuyksikkö: Health Sciences
Arvostelu: 1 - 5, pass, fail
Opintokohteen kielet: Finnish

Assessment methods and criteria:
Maturity test for the Master’s degree in Health Sciences. Student writes an essay in his/her native language about the topic of the Master's thesis to show a good command of the language and the content of the thesis. The abstract of the Master's thesis can be accepted as a maturity test if the student has written a maturity test earlier in Bachelor's degree. If the student's native language is another than Finnish or Swedish the Faculty will define separately the requirements for the language test.

Read more about assessment criteria at the University of Oulu webpage.

Grading:
Pass / Fail

Person responsible:
The essay is examined first by the supervisor of the Master's thesis and then by the teacher of the university's Language Center.

352122A: Educational Administration and Practical Teacher Training part I, 5 op

Voimassaolo: 01.08.2006 -
Opiskelumuoto: Intermediate Studies
Laji: Practical training
Vastuuysikkö: Health Sciences
Arvostelu: 1 - 5, pass, fail
Opintokohteen kielet: Finnish

ECTS Credits:
5 ECTS cr

Language of instruction:
Finnish and English

Timing:
Autumn term, to be completed during BHSc Degree Programme

Learning outcomes:
Having completed the course, the student is able to analyze the organization, administrative system and operation of health care education and work of a health care teacher and identify responsibilities and rights of the student and teacher.

The student is able to evaluate current educational issues in collaborative ways, to lead collaborative work, to present possible solutions in accordance with evidence based knowledge and analyze one’s own learning and group learning. Additionally, the student is able to report and evaluate, by observation, teaching in educational institutions of health care. The student is also able to plan one’s own teaching according to the evidence-based teaching. The student is able to recognize the importance of a continuous follow-up of one’s personal development.

Contents:

Mode of delivery:
Contact teaching in Finnish and English. The students have a possibility to complete part of their teacher training in international Degree programmes or via exchange programme.

Learning activities and teaching methods:
PBL- working 70h. Workshop 13h, observation of teaching 10h, and familiarizing oneself with relevant literature and compiling a learning diary. The written assignments of teacher training, teaching general plan 42h.

Target group:
This study unit is for students in teacher education degree programme.

Prerequisites and co-requisites:
The required prerequisite is the completion of the following courses prior to enrolling for the course unit:
A250504 Education, Basic Studies 25 ECTS cr,
352208A Introduction to Didactics of the Nursing Science 5 ECTS cr.

Recommended optional programme components:
The study unit is completed as the second course of Didactics in Nursing science.

Recommended or required reading:

Teaching materials used for the course include legislation regulating vocational and higher education in the field of health care, curricula in health care education. Scientific national and international literature in educational sciences and in the didactics of nursing science.

Assessment methods and criteria:
Active participation in PBL-working and workshop is required (80%). Students’ collaborative assignments will be assessed using self-evaluation, peer evaluation and teacher’s evaluation. The teaching observed in vocational or applied science institutes of education will be reported in a learning diary. The collaborative assignment, learning diary and general plan for teaching need to be accepted as a pass. Read more about assessment criteria at the University of Oulu webpage.

Grading:
Pass / fail

Person responsible:
University teacher

352121A: Evaluation in Teaching and Education, 5 op

Opiskelumuoto: Intermediate Studies

Laji: Course
Vastuuysikkö: Health Sciences
Arvostelu: 1 - 5, pass, fail
Opintokohteen kielet: Finnish

ECTS Credits:
5 ECTS

Language of instruction:
Finnish and English

Timing:
To be completed during BHSc Degree Programme, autumn term.

Learning outcomes:
Having completed the course, the student is able to use evaluation methods as a part of planning, implementation and development of teaching and also as a tool in supervising students. The student is able to use different teaching and learning evaluation methods and to execute the evaluation process in group work and in collaboration of real working environment, and individually in their teaching practice. Furthermore, the student is able to analyze and critically evaluate health care education, teaching, learning and profession of a teacher according to evidence based knowledge.

Contents:

Mode of delivery:
Blended teaching in Finnish and English.

Learning activities and teaching methods:
The interactive teaching includes lectures, discussions; workshops with role play/drama, questioning, students’ presentations 14h; and independent studying includes familiarizing with scientific literature, collaborative learning in a reading circle, task completion and evaluation 60h.
Evaluation in education includes an activating lecture and discussions 10h, collaborative learning while using benchmarking and critical evaluation 8h and independent studying 43h.

Target group:
Master Degree students in teacher education programme.

Prerequisites and co-requisites:
The required prerequisite is the completion of the following courses prior to enrolling for the course unit:
A250504 Education, Basic Studies 25 ECTS cr,
352208A Introduction to Didactics of the Nursing Science 5 ECTS cr,
35122A Educational Administration 3 ECTS cr,
352119A Planning the Content and Methods of Instruction 5 ECTS cr.

Recommended optional programme components:
Study unit will be completed as the fourth study unit of didactics in nursing science.

Recommended or required reading:

Assessment methods and criteria:
This course unit utilizes continuous assessment. The student takes an active part (80%) in contact teaching and collaborative learning. The student will be compiling two collaborative tasks, which will be assessed using self-
evaluation, peer evaluation and teacher’s evaluation in collaboration with a real working environment. The assessment matrices of the course unit are based on the learning outcomes of the study unit. The grading is compiled of collaborative assignments (50% / 50%).
Read more about assessment criteria at the University of Oulu webpage.

**Grading:**
1-5 / fail  
**Person responsible:**  
University teacher.

### 352208A: Introduction to Didactics of Nursing Science, 5 op

**Voimassaolo:** 01.08.2005 -  
**Opiskelumuoto:** Intermediate Studies  
**Laji:** Course  
**Vastuuysikkö:** Health Sciences  
**Arvostelu:** 1 - 5, pass, fail  
**Opintokohteen kielet:** Finnish

**ECTS Credits:**  
5 ECTS cr  
**Timing:**  
Spring term, to be completed during BHSc Degree Programme  
**Learning outcomes:**  
Having completed the course, the student is able to analyze one’s personal learning theory and evaluate own learning and the learning of one’s peers according to the evidence-based teaching. The student is able to explain different learning theories, strategies, processes and teaching methods and to discuss ethical issues related to teacher’s work. The student can apply collaborative working skills in diverse professional environment of healthcare teacher. The student is able to lead people and manage issues from perspective of development of teachers’ professional wellbeing.

**Contents:**  

**Mode of delivery:**  
Blended teaching methods in Finnish and English.

**Learning activities and teaching methods:**  
Interactive teaching involves discussion, experiential learning, case study and debates 20 h; workshop with professional from work life 4h; group exam 2h / group; independent study 109h including preparatory and learning diary 8h, collaborative assignment 24h, and retrieving, reading and evaluating of current literature and research 77h.

**Target group:**  
Health science students in the teacher education programme.

**Prerequisites and co-requisites:**  

**Recommended or required reading:**  

**Assessment methods and criteria:**  
Active participation (80%) in lectures and workshops, collaborative assignment and oral group examination. During the study unit the students will write evaluation of their personal learning theory. The students will be assessed using continous self-evaluation, peer-evaluation and teacher’s evaluation. For assessment there will be used matrix based on the learning outcomes of the study unit. The grading is based on the evaluation of a written collaborative assignment (50%), team-teaching and teaching others (50%).

Read more about assessment criteria at the University of Oulu webpage.

**Grading:**
1-5 / fail  
**Person responsible:**  
University teacher

### 352119A: Planning the Content and Methods of Instruction, 5 op

**Opiskelumuoto:** Intermediate Studies
**Laji:** Course  
**Vastuuysikkö:** Health Sciences  
**Arvostelu:** 1 - 5, pass, fail  
**Opintokohteen kiele:** Finnish

**ECTS Credits:**  
5 ECTS  
**Language of instruction:**  
Finnish  
**Timing:**  
To be completed during BHSc Degree Programme, autumn term  
**Learning outcomes:**  
Having completed the course, the students are able to use theories relating to curricula and analyze curricula in planning of their own teaching. The students are able to plan learning outcomes. The students are able to plan a concept map relating to the content and methods of their teaching in educational institutes or clinical nursing. The students are able to critically evaluate both their personal learning and that of other students, to give and receive constructive and developing feedback based on evidence based knowledge.

**Contents:**  
Theories relating to the curriculum. The curriculum. Concept mapping.

**Mode of delivery:**  
Blended teaching

**Learning activities and teaching methods:**  
Interactive teaching 11h, cooperative study in e-learning environment 97h. Retrieval and critical analyses of relevant literature 27h.

**Target group:**  
Master Degree students in teacher education programme.

**Prerequisites and co-requisites:**  
The required prerequisite is the completion of the following courses prior to enrolling for the course unit:  
A250504 Education, Basic Studies 25 ECTS cr,  
352208A Introduction to Didactics of the Nursing Science 5 ECTS cr,  
35122A Educational Administration 3 ECTS cr.

**Recommended optional programme components:**  
Study unit will be completed as the third intermediate study unit of the didactics of nursing science.

**Recommended or required reading:**  
Saaranen T. ym. (2016) Terveysalan opettajan käsikirja. Teaching materials used for the course include also current national and international literature and research in nursing related to didactics of teaching and concept mapping methods, curriculum planning and curriculum. Additionally, teaching materials include national and international scientific literature in educational sciences and in the didactics of nursing science.

**Assessment methods and criteria:**  
This course unit utilizes continuous assessment. The students will be compiling three versions of a concept map, and these will be assessed using self-evaluation, peer evaluation and teacher's evaluation all through the study unit. The assessment criteria are based on the learning outcomes of the course unit.

Read more about [assessment criteria](#) at the University of Oulu webpage.

**Grading:**  
Pass / fail.

**Person responsible:**  
University lecturer/University teacher

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**352210A: Practical Teacher Training part II, 10 op**

**Opiskelumuoto:** Intermediate Studies  
**Laji:** Practical training  
**Vastuuysikkö:** Health Sciences  
**Arvostelu:** 1 - 5, pass, fail  
**Opintokohteen kiele:** Finnish

**ECTS Credits:**  
10 ECTS cr  
**Timing:**  
Spring term  
**Learning outcomes:**
Having completed the course, the student is able to plan, practice and critically evaluate evidence-based teaching in educational institutions and in diverse teaching environments. The student is able to analyze and produce learning material and to try out different educational methods. The student is able to apply evidence based knowledge and decision making skills in teaching, and manage issues and lead people also in challenging teaching situations. The student is able to evaluate one’s own teaching and that of others. The student is able to recognize the importance of a continuous follow-up of one’s personal development.

Contents:

Mode of delivery:
The course will be conducted via contact teaching and as practical training in a real working environment. The students have a possibility to complete their teacher training in international Degree programmes or via exchange programme.

Learning activities and teaching methods:
Workshops 15h, planning of teaching and implementing a concept map 60h and teaching practice 15h (10 teaching events), peer evaluation 10h, thematic plans of teacher training, written peer-evaluation and final report 70h, and familiarizing oneself with national and international literature and compiling a learning diary 100h.

Target group:
Master Degree students in teacher education programme.

Recommended or required reading:
Saaranen, T. ym. (2016), Terveysalan opettajan käsikirja. Oermann MH (2013) Teaching in nursing and role of the educator. National and international scientific literature and research in nursing science relating to the subject which the student is going to teach. National and international scientific literature in educational sciences and in the didactics of nursing science.

Assessment methods and criteria:
This course unit utilizes continuous assessment. The students will compile a learning diary. In addition, they will plan teaching in the form of theme plans, which will be assessed. Teaching practice will be completed in an educational institution, which will be assessed using self-evaluation, peer evaluation and teacher’s evaluation. The assessment matrix of the course unit is based on the learning outcomes of the study unit. The students will analyze their learning all through the study unit in the report.

Read more about assessment criteria at the University of Oulu webpage.

Grading:
Pass / fail

Person responsible:
University lecturer / university teacher

352211A: Practical Teacher Training part III, 5 op

Opiskelumuoto: Intermediate Studies
Laji: Practical training
Vastuuysikkö: Health Sciences
Arvostelu: 1 - 5, pass, fail
Opintokohteen kielet: Finnish

ECTS Credits:
5 ECTS cr
Timing:
Autumn term
Learning outcomes:
Having completed the course, the student is able to plan, practice and critically evaluate teaching in the clinical nursing. The student is able to apply evidence based knowledge when teaching. The student is able to analyze and produce learning materials and to try out different educational methods in diverse teaching environments. The student is able to lead and develop complex, original and new approaches in teaching in the clinical nursing operating environment by applying collaborative teaching. The student is able to evaluate one’s own teaching and that of others. The student is able to make a teaching portfolio and evaluate one’s personal teaching merits using principals of developing evaluation. The student is able to recognize the importance of a continuous follow-up of one’s personal development.

Contents:

Mode of delivery:
The course will be conducted via contact teaching and independent learning at work. The students have a possibility to complete their teacher training in the international degree programmes or via international exchange.

**Learning activities and teaching methods:**
Contact teaching 3h, workshop 4h, planning of teaching by familiarizing oneself with relevant national and international literature 15 h, teaching practice 3h (2 teaching events), peer evaluation 2h, the written assignments of teacher training (theme plans, written peer evaluation and final report) 20h, making of own teaching portfolio 80h and compiling a learning diary 8h.

**Target group:**
Master Degree students in the teacher education programme.

**Recommended or required reading:**
National and international scientific literature and research in nursing science relating to the subject which the student is going to teach. National and international scientific literature in educational sciences and in the didactics of nursing science.

**Assessment methods and criteria:**
This course unit utilizes continuous assessment. The students will compile a learning diary and create a basic portfolio. The students will take an active part (80 %) in contact teaching and workshops. The students will teach in teams in the environment of clinical nursing and the teaching will be evaluated using self-evaluation, peer evaluation and teacher evaluation. The assessment matrixes of the course unit are based on the learning outcomes of the study unit. In the end of the course the students will analyze their learning in final evaluation report, which will be assessed. Read more about assessment criteria at the University of Oulu webpage.

**Grading:**
Pass / fail

**Person responsible:**
University lecturer / university teacher

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**352228A: Elective special research course, 3 - 10 op**

**Voimassaolo:** 01.08.2010 -
**Opiskelumuoto:** Intermediate Studies
**Laji:** Course
**Vastuuysikkö:** Health Sciences
**Arvostelu:** 1 - 5, pass, fail
**Opintokohteen kielet:** Finnish

**ECTS Credits:**
3-10 ECTS cr

**Language of instruction:**
Finnish or English

**Timing:**
According to a personal study plan.

**Learning outcomes:**
After completing the course the student is able to do a research or part of the research according to a personal study plan following phases of a research process, and is able to write a research report.

**Contents:**
According to a personal study plan in a research project.

**Learning activities and teaching methods:**
Student plans an individual learning task with the responsible teacher of the research project. The learning tasks connect closely to ongoing research project of the Research Unit of Nursing Science and Health Management according to student’s major subject.

**Target group:**
Students in Degree programs in nursing science and in health management science

**Assessment methods and criteria:**
According to a personal study plan. Read more about assessment criteria at the University of Oulu webpage.

**Grading:**
pass / fail

**Person responsible:**
Responsible person / teacher of the research project.

**Other information:**
The course can be included in elective studies of bachelor's and master's degree studies in health sciences.
351180P: Fundamentals of clinical care and nursing science, 5 op

Opiskelumuoto: Basic Studies  
Laji: Course  
Vastuuysikkö: Health Sciences  
Arvostelu: 1 - 5, pass, fail  
Opintokohteen kielet: Finnish

ECTS Credits:  
5 ECTS cr

Language of instruction:  
Finnish

Timing:  
autumn-spring term during Master studies

Learning outcomes:  
During this study unit student is able to use his/her earlier expertise. After completion of the study unit the student is able to discuss on the fundamentals of clinical care and nursing science, expert roles and task descriptions in the organizations within social and health care. The student is able to build and creatively use his/her know-how in the role of an expert by applying knowledge gained earlier. The student deepens his/her expertise in a chosen area of clinical nursing science and organizes independently a visit to a expert organization.

Contents:  
Fundamentals and special characteristics of clinical care and nursing science. Relevance, roles and tasks of expert in clinical nursing science in organizations within social and health care. Models of expertise.

Mode of delivery:  
Blended teaching

Learning activities and teaching methods:  
Contact teaching 10h, small group work and retrieval of literature 45h, familiarizing independently with expert role and operations of one health care organization 10h, further work on portfolio prepared during Bachelor studies 20h and written assignment 50h

Target group:  
Master Degree students of nursing science. This study unit can also be included in the optional studies of Master students of other degree programmes in health sciences.

Recommended or required reading:  
Current national and international scientific literature.

Assessment methods and criteria:  
Active participation in contact teaching, visit to organization, portfolio and written assignment.  
Read more about assessment criteria at the University of Oulu webpage.

Grading:  
1-5 / fail

Person responsible:  
University lecturer and doctoral student

352261A: Health Promotion, 10 op

Opiskelumuoto: Intermediate Studies  
Laji: Course  
Vastuuysikkö: Health Sciences  
Arvostelu: 1 - 5, pass, fail  
Opettajat: Satu Elo  
Opintokohteen kielet: Finnish

ECTS Credits:  
10 ECTS cr

Language of instruction:  
Finnish/English

Timing:  
autumn term

Learning outcomes:
Having completed the course the student is able to define the central concepts relating to health promotion, the principles, values and approaches of health promotion and is familiar with international and national health programmes. The student recognizes the specific challenges relating to own areas in health promotion. The student is able to apply the practices of health promotion when choosing and evaluating effectual methods for health promotion.

**Contents:**

**Mode of delivery:**
Blended teaching.

**Learning activities and teaching methods:**
Net-based teaching.

**Target group:**
Students in the degree programmes of nursing sciences and teacher education degree programme in health science

**Recommended or required reading:**

**Assessment methods and criteria:**
Completing exercises and a written assignment.

Read more about [assessment criteria](#) at the University of Oulu webpage.

**Grading:**
Pass / fail

**Person responsible:**
Professor and university lecturer of nursing science

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**352227A: Leadership in Evidence Based Practice, 5 op**

**Opiskelumuoto:** Intermediate Studies

**Laji:** Course

**Vastuuysikkö:** Health Sciences

**Arvostelu:** 1 - 5, pass, fail

**Opintokohteen kielet:** Finnish

**ECTS Credits:**
5 ECST cr

**Language of instruction:**
Finnish

**Timing:**
autumn term

**Learning outcomes:**
The student understands the role of the leader in evidence based practice and in developing nursing. The student is able to creatively apply the principles of evidence based practice when solving problems within nursing and in one’s role as an expert.

**Contents:**

**Learning activities and teaching methods:**
Studying literature and exam on literature.

**Target group:**
Master students in nursing science. This study unit can also be included in optional studies of Master students of the other degree programmes in health sciences.

**Recommended or required reading:**
Current national and international scientific literature.

**Assessment methods and criteria:**
Read more about [assessment criteria](#) at the University of Oulu webpage.

**Grading:**
1-5 / fail

**Person responsible:**
University lecturer and doctoral student
**354205A: Marketing in Health Sciences, 0 - 2 op**

**Voimassaolo:** 01.08.2016 -  
**Opiskelumuoto:** Intermediate Studies  
**Laji:** Course  
**Vastuuysikkö:** Health Sciences  
**Arvostelu:** 1 - 5, pass, fail  
**Opintokohteen kielet:** Finnish

**ECTS Credits:**  
2 - 5 ECTS cr  
**Timing:**  
spring term  
**Learning outcomes:**  
After completion of the course the student is able to discuss on basics in marketing communication. Student is able to target-orientated plan, implement and evaluate marketing in health sciences, and lead the marketing team. The student is able to apply marketing communications opportunities in marketing health sciences, future-oriented and in innovative way.

**Contents:**  
Marketing in Health Sciences, basics in marketing communication, communication methods.

**Mode of delivery:**  
Blended teaching  
**Learning activities and teaching methods:**  
Lectures (8 hours), working with marketing teams (46-127h). The student plans, implements and evaluates marketing communication project in co-operation with the marketing team.

**Target group:**  
Bachelor and Master Degree students in each degree programme of health sciences.

**Recommended or required reading:**  
Electronic materials

**Assessment methods and criteria:**  
Participation in class (80% attendance) and active participation in group work. Writing the marketing plan and the final report as well as active implementation of marketing plan.

Read more about [assessment criteria](#) at the University of Oulu webpage.

**Grading:**  
pass / fail  
**Person responsible:**  
doctoral students

**354202A: Research ethics in health sciences, 5 op**

**Opiskelumuoto:** Intermediate Studies  
**Laji:** Course  
**Vastuuysikkö:** Health Sciences  
**Arvostelu:** 1 - 5, pass, fail  
**Opintokohteen kielet:** Finnish

**ECTS Credits:**  
5 ECTS cr  
**Language of instruction:**  
Finnish / English  
**Timing:**  
spring term  
**Learning outcomes:**  
After having completed the course, student is able to discuss key ethical issues related to health science research, to recognize the norms of ethically sound research and is able to assess and apply implementation of research from the point of view of research ethics. The student will demonstrate with essay one`s knowledge of health sciences research ethics.
Contents:
Good scientific practice, basic ethical requirements in research, researcher's responsibility, special ethics-related issues of health science research.

Mode of delivery:
Distance teaching

Target group:
Students in Degree programs in Nursing Science and Health Management Science

Recommended or required reading:
One of the books listed below:

Websites of The National Advisory Board on Social Welfare and Health Care Ethics (ETENE) and the National Advisory Board on Research Ethics.
In addition, current scientific articles in the area chosen by the student for the written assignment. Current national and international scientific literature.

Assessment methods and criteria:
Independent work and accepted completion of written assignment. Current national and international scientific literature.
Read more about assessment criteria at the University of Oulu webpage.

Grading:
Pass / fail

Person responsible:
Doctoral candidate / Lecturer

Other information:
The course can be included in optional studies for the degree of Bachelor and Master of Health Sciences.

352262A: Supportive Environments for Health and Wellbeing, 7 op

Opiskelumuoto: Intermediate Studies
Laji: Course
Vastuuysikkö: Health Sciences
Arvostelu: 1 - 5, pass, fail
Opettajat: Satu Elo
Opintokohteen kielet: Finnish

ECTS Credits:
7 ECTS cr

Language of instruction:
Finnish

Timing:
spring term

Learning outcomes:
The student is able to evaluate and observe the physical, social and symbolic environments and their potential for promoting health in different age groups and in care work. The student is able to discuss different theories relating to environment, effective practices and earlier research.

Contents:
Different levels of observing the environment. Physical, social and symbolic living and working environments supporting wellbeing in health promotion of different age groups. Supportive environment for different age groups.

Mode of delivery:
Blended teaching.

Learning activities and teaching methods:
Contact teaching 12h, small group work 70h, net-based teaching 20h and independent work 80h.

Target group:
Students in the degree programme of nursing sciences and teacher education degree programme in health science

Recommended or required reading:
Current international scientific literature.

Assessment methods and criteria:
Active participation in contact teaching, accepted completion and presentation of net-based exercises and group exercises.
Read more about assessment criteria at the University of Oulu webpage.
353113S: The effective patient education in nursing and nursing science, 8 op

Opiskelumuoto: Advanced Studies
Laji: Course
Vastuuysikkö: Health Sciences
Arvostelu: 1 - 5, pass, fail
Opintokohteen kielet: Finnish

ECTS Credits:
8 ECTS cr

Language of instruction:
Finnish

Timing:
spring term

Learning outcomes:
Student is able to discuss the concepts, theories, process, documentation, methods, learning and effectiveness in patient education. Student is able to design solution for work-related problem concerning patient education. Student is able to assess collaborative learning.

Contents:

Mode of delivery:
Blended teaching
Learning activities and teaching methods:
Lectures 25 hours, collective and independent studying - 191 hours.

Target group:
Students in the degree program in nursing science and teacher education degree programme in health science

Recommended or required reading:
Other current scientific literature.

Assessment methods and criteria:
Active participation in lessons and in collaborative learning. Written assignments should be completed with pass. Read more about assessment criteria at the University of Oulu webpage.

Grading:
pass / fail

Person responsible:
Professor and senior lecturer in nursing science.