### **Opasraportti**

# FMed - Minor subject, Management of Health and Wellbeing Promotion (2018 - 2019)

## Tutkintorakenteisiin kuulumattomat opintokokonaisuudet ja - jaksot

A540315: Basic Studies in Management of Health and Well-being Promotion, 25 op

Compulsory

352701P: Introduction to the Management of Health and Wellfare Promotion, 5 op

352702P: Multiprofessional Work and Management, 5 op 352703P: Participation, Agency and Collaboration, 5 op

352704P: Knowledge as Part of the Management of Health and Well-being Promotion, 5 op 352705P: The Management of Health and Well-being Promotion in Changing Environments, 5 op

### Opintojaksojen kuvaukset

## Tutkintorakenteisiin kuulumattomien opintokokonaisuuksien ja -jaksojen kuvaukset

A540315: Basic Studies in Management of Health and Well-being Promotion, 25 op

Voimassaolo: 01.01.2019 - Opiskelumuoto: Basic Studies

Laji: Study module

Vastuuyksikkö: Health Sciences Arvostelu: 1 - 5, pass, fail Opintokohteen kielet: Finnish

Compulsory

352701P: Introduction to the Management of Health and Wellfare Promotion, 5 op

Voimassaolo: 01.01.2019 - Opiskelumuoto: Basic Studies

Laji: Course

Vastuuyksikkö: Health Sciences

Arvostelu: 1 - 5, pass, fail

Opintokohteen kielet: Finnish

#### **ECTS Credits:**

5 ECTS

#### Language of instruction:

**Finnish** 

#### Timing:

Spring 2019 /3rd period

#### Learning outcomes:

Upon completion of the course, the student is able to

- classify the most essential ways of the examination of health and well-being promotion
- locate the management of health and well-being promotion as a branch of science and as a practice
- describe the structures and courses of action of the management of health and well-being promotion
- analyse the meaning of the management of health and well-being promotion welfare in the society
- identify the management of health and well-being promotion as strategic and cooperative
- identify the main preconditions and areas of development of the management of health and well-being promotion

#### Contents:

Dimensions and levels of examination of the health and well-being promotion, preconditions of the management of health and well-being promotion in changing service structures; local, regional and national preconditions of the implementation of the management of health and well-being promotion, strategy practices and strategy analysis of the management of health and well-being promotion.

#### Learning activities and teaching methods:

10 hours of web-based lectures, and getting familiar with the materials informed in the course. Completing web-based assignments independently or in pairs.

#### Assessment methods and criteria:

Active participation in web-based lectures ja conversations.

Web-based learning assignment A (2 ECTS cr)

Web-based learning assignment B (3 ECTS cr)

#### **Grading:**

1-5

#### Other information:

Responsible party: University of Lapland

#### 352702P: Multiprofessional Work and Management, 5 op

Voimassaolo: 01.01.2019 - Opiskelumuoto: Basic Studies

Laji: Course

Vastuuyksikkö: Health Sciences

**Arvostelu:** 1 - 5, pass, fail **Opintokohteen kielet:** Finnish

#### **ECTS Credits:**

5 ECTS

#### Language of instruction:

Finnish

#### Timing:

Spring 2019/4th period

#### Learning outcomes:

Upon completion of the course, the student is able to

- recognize the background, preconditions and challenges related to multiprofessional work and management
- use the concepts related to multiprofessional co-operation and management
- apply problem solving skills in finding alternative solutions to challenges related to multiprofessional work
- understand phenomena related to multiprofessional work in the context of the management of health and well-being promotion

#### Contents:

Phenomena related to multiprofessional work, preconditions and challenges in multiprofessional cooperation and management, the focus areas of management in the promotion of multiprofessional cooperation in the context of the management of health and well-being promotion.

#### Learning activities and teaching methods:

Getting familiar with the materials informed in the course and web-based recordings independently. Completing written learning assignments in pairs. Students will have feedback from teacher via web-based recordings. Completing final learning assignment independently.

#### Assessment methods and criteria:

Passed written learning assignments and getting familiar with the course materials independently. Intermediate assignments (2.5 ECTS cr)

Final learning assignments completed independently (2 ECTS cr)

Getting familiar with the materials informed in the course and web-based recordings independently (0,5 ECTS cr)

#### **Grading:**

Pass/Fail

#### Person responsible:

Moona Huhtakangas

#### Other information:

Responsible party University of Oulu

#### 352703P: Participation, Agency and Collaboration, 5 op

Voimassaolo: 01.01.2019 - Opiskelumuoto: Basic Studies

Laji: Course

Vastuuyksikkö: Health Sciences

**Arvostelu:** 1 - 5, pass, fail **Opintokohteen kielet:** Finnish

#### **ECTS Credits:**

5 ECTS

#### Language of instruction:

Finnish

#### Timing:

Spring/Summer 4th-5th period 13.5.-14.6.2019

#### Learning outcomes:

Upon completion of the course, the student is able to

- outline the theoretical and conceptual bases for participation, agency and collaboration
- utilize and develop customer inclusive courses of action in the health and well-being promotion work, and in multi-agency collaboration and service structures of health and well-being promotion
- identify the preconditions, risks and possibilities of multi-agency collaboration
- identify the meaning of participation, local and regional multi-agency and collaboration as part of the management of health and well-being promotion

#### **Contents:**

Multi-agency services and their executions related to the health and well-being promotion work, the service structures and practices supporting customers' implication and multi-agency, management of multi-agency collaboration.

#### Learning activities and teaching methods:

4 hours of web-based lectures and web-based recordings, and getting familiar with the materials informed in the course. Conducting a learning assignment in pairs and participating in web-based seminar where the learning assignments are discussed. Conducting a web-based learning assignment independently.

#### Assessment methods and criteria:

Active participation in web-based lectures.

Learning assignment and participating in web-based seminar (3 ECTS cr)

Independent web-based learning assignment (2 ECTS cr)

#### Grading:

1-5

#### Other information:

Responsible party: University of Lapland

#### 352704P: Knowledge as Part of the Management of Health and Well-being Promotion, 5 op

Voimassaolo: 01.01.2019 - Opiskelumuoto: Basic Studies

Laji: Course

Vastuuyksikkö: Health Sciences

Arvostelu: 1 - 5, pass, fail
Opintokohteen kielet: Finnish

#### **ECTS Credits:**

5 ECTS

#### Language of instruction:

Finnish

#### Timing:

Autumn 2019/ 1st period 2.9-25.10.2019

#### Learning outcomes:

Upon completion of the course, the student is able to

- define the basic concepts related to knowledge as well as to information management and management
- identify the meaning of knowledge, knowledge-based and knowledge management in the operation of an organization
- identify and gather evidence based information about management
- outline, analyze, utilize, apply and document evidence based information of health and well-being promotion as part of management, decision making and service development
- understand the preconditions and restrictions of information management in the framework of legislation

#### Contents:

The concepts of knowledge-based and evidence based management. The preconditions of information management and coordination. Identification, gathering, application and utilization of evidence based need for information. Legislation and ethical norms affecting behind the management and sharing of information.

#### Learning activities and teaching methods:

4 hours of lectures

Conducting learning assignments in small groups

Opponency of written assignments in small groups in web-based learning environment

#### Assessment methods and criteria:

Learning assignment (4 ECTS cr)

Participantion in opponency and utilization of peer feedback (1 ECTS cr)

#### **Grading:**

Pass/Fail

#### Person responsible:

Moona Huhtakangas

#### Other information:

Responsible party University of Oulu

#### 352705P: The Management of Health and Well-being Promotion in Changing Environments, 5 op

Voimassaolo: 01.01.2019 - Opiskelumuoto: Basic Studies

Laji: Course

Vastuuyksikkö: Health Sciences

Arvostelu: 1 - 5, pass, fail
Opintokohteen kielet: Finnish

#### **ECTS Credits:**

5 ECTS

#### Language of instruction:

Finnish

#### Timing:

Autumn 2019/2nd period

#### Learning outcomes:

Upon completion of the course, the student is able to

- identify and place changes taking place in organizations and their environments as part of the functioning and development of administration and services
- outline the role of changes in management, courses of action, and in the interaction taking place within different arenas
- identify and evaluate the possibilities of changes in the development and management of health and well-being promotion services
- analyze the possibilities and challenges of changing operational environments from the points of view of agency, agency relationships, digitalization and responsibility

#### Contents:

Changes of operational environments as part of organisational functioning, and health and well-being promotion services. Preconditions, possibilities and challenges of organizations and their operational environment from the points of view of customers, employees, management and organizational structures. Functional culture and ways of the management of health and well-being promotion promoting controlled changes and responsibility.

#### Learning activities and teaching methods:

10 hours of web-based lectures and web-based recordings, and getting familiar with the materials informed in the course. Completing a learning assignment independently and completing an analytical essay related to the management of health and well-being promotion.

#### Assessment methods and criteria:

Active participation in web-based lectures Learning assignment (2 ECTS cr) Analytical essay on the study module (3 ECTS cr)

#### Grading:

1-5

#### Other information:

University of Lapland, Administrative sciences and management, and Social work; University of Oulu, Nursing science, and Health management