Opasraportti

LTK - Health Science Teacher (2010 - 2011)

TEACHER TRAINING PROGRAMME IN HEALTH SCIENCES (nursing science) 2010-2011

1. General descriptions

Qualification awarded

The teacher training in health sciences (nursing science) is based on the regulation of university degrees (794/2004). The education leads to degree of Bachelor of Health Sciences (BHSc) 180 ECTS and also to degree of Master of Health Sciences (MHSc) 120 ECTS. The Institute of Health Sciences is in charge of managing the education.

Admission requirements

The right to study in the teacher training in health sciences (nursing science) can be received in a yearly held student choosing process. There will be the students selected to the teacher training in health sciences (nursing science) to pass both the Bachelor's degree program (BHSc) and to the Master's degree program (MHSc).

Educational and professional goals

The goals for the lower academic degree (Bachelor of Health Sciences):

The education must give to the student:

1) The basic knowledge of the field of Health Sciences and the capacity to follow the development of the field
2) Capability for scientific thinking and scientific working methods
3) Qualifications for higher academic degree and continuous learning
4) Personal capacity for using the knowledge in work
5) Sufficient communication and language skills

The goals for the higher academic degree ( Master of Health Sciences )

The education must give to the student:

1) Good knowledge of the overall of the major studies and basics of the minor studies
2) Capability of applying scientific information and methods
3) Capability to act as a professional and developer of one's own subject
4) Capability for scientific post-graduate education
5) Good communication and language skills

The purpose of the Teacher Training of Health Sciences is that the student will attain expertise in teaching and development tasks in the field of health and social care. After finishing the studies the student can 1) work independently as teacher and pedagogue,
2) evaluate the development of one's own field of studies and adjust scientific information and methods to the work, 
3) use research to plan the work and education of one's field.

Access to further studies

Higher academic degree (MHSc) gives eligibility for post-graduate education for Licentiate of Health Sciences and for Doctor of Health Sciences. To apply for a post-graduate student, student must leave post-graduate study plan for the department before 30.4. (Institute of Health Sciences/SHOOT, PL 5000, 90014 University of Oulu). The selection criteria for post-graduate education can be seen in the web-pages of the Institute of Health Sciences.

2. Course structure

The Bachelor of Health Sciences degree consists of 180 credits. The degree consists of general studies, basic and intermediate studies of a major subject, studies of a minor subject and optional studies. Intermediate studies of the major subject include a Bachelor's thesis. The Master of Health Sciences degree consists of advanced studies of the major subject, minor subjects and the optional studies. The advanced studies of the major subject include a Master's thesis.

Major studies in the teacher training of health sciences

Nursing science is the major subject in the teacher training of health sciences. The basic, intermediate and advanced studies are the same as in the master degree in health sciences.

Minor subjects

The minor subject of the teacher training of health sciences is the didactic of nursing science (60 credits). The didactic of nursing science studies (60 credits) are included partially in Bachelor’s and in Master’s degree. The Bachelor of health sciences includes the basic studies of educational science (25 credits) and the Master of health sciences includes the intermediate studies of didactics (35 credits).

The didactics of Nursing Science 60.0

The Bachelor's degree program (BHSc) 
41000P The basic studies of educational science 25.0

The Master's degree program (MHSc)
The intermediate studies of didactics 35.0
352119A Planning the content and methods of instruction 5.0
352121A Evaluation of instruction and learning 3.0
352122A Educational administration and planning of instruction and learning 5.0
352124A Teacher training 16.0
352207A Evaluation of the impressiveness of healthcare education 3.0
352208A Introduction to didactics of the Nursing Science 3.0

Responsible person: Hannele Lukkarinen

Optional studies
Optional studies are basic, intermediate or advanced studies from some other science field that are done in the University of Oulu or in some other university. In the teacher training of health sciences student chooses (30 credits) optional studies from the other faculties or other universities for the Bachelor's degree and (25 credits) for the Master's degree. If a student has a higher vocational diploma he/she will be credited for 30 credits.

The training programme for the teacher training of health sciences can be seen in figure X.

Bachelors degree (180 ECTS)

General studies 52 ECTS General Studies
Orientation courses 40 ECTS
350001Y Study planning and tutorial 2.0
350003Y Philosophical foundations for scientific research 6.0
350005Y Statistic 6.0
350007Y Applied statistics and ADP 5.0
350008Y Academic learning skills 3.0

Language and communication studies 12 ECTS
900007Y Elements of written communication ** 1) 2.0
900008Y Elements of oral communication** 2.0
901007Y Swedish 1) 3.0
902008Y Foreign language, English** 1) 3.0
350006Y Informatics in health sciences 2.0

1) Language center handles the courses which are compensated by Polytechnic degree

If the student have accomplished earlier social service -or health care-degree (post-secondary or polytechnic) 18.0* credits of below courses will be compensated.

360001Y Psychology* 6.0
360002Y Sociology* 6.0
360003Y Public health science * 6.0

Course structure in the basic, intermediate and advanced studies in nursing science are as follows:
Basic studies in Nursing science (Bachelor’s degree), 25 ECTS:
351008P Research methods (basic) 2.0
51101P Introduction to nursing science 5.0
351102P Theoretical and methodological basis in nursing * 18.0

Intermediate studies in nursing science (Bachelor’s degree) 48 ECTS
352105A Health Care Today 5.0
352107A Research methods I 4.0
352110A Clinical studies in nursing **19.0
352221A theory development and evaluation 5.0
352310A Ethics and Philosophy of nursing 5.0
352114A Bachelor’s thesis 10.0
353205S Written maturity test

The minor subjects (The basic studies of educational science 25.0 )41000P The basic studies of educational science 25.0

Optional studies 30 ECTS

Master’s Degree (120 ECTS)

Advanced studies and pro gradu thesis in nursing science (Master’s degree) 60 credits
353201S Advanced studies in nursing science 8.0
353203S Research methods II 10.0
353204S Research seminars 8.0
353206S Pro gradu thesis 30.0
353112S Evaluation of health care services 4.0
The minor subjects (The intermediate studies of didactics in Nursing Science 35.0)
352119A Planning the content and methods of instruction 5.0
352121A Evaluation of instruction and learning 3.0
352122A Educational administration and planning of instruction and learning 5.0
352124A Teacher training 16.0
352207A Evaluation of the impressiveness of healthcare education 3.0
352208A Introduction to didactics of the Nursing Science 3.0

Optional studies 25 ECTS

General studies per semesters:

The following general studies are included in each degree programme:

Semester 1.
350001Y Study planning and tutorial 1.0
350003Y Philosophical foundations for scientific research 6.0
350005Y Statistics 3.0
900007Y Elements of written communication 2.0
350006Y Informatics in health science 2.0
350008Y Academic learning skills 3.0

Semester 2.
350001Y Study planning and tutorial 0.5
350006Y Statistics 3.0
902008Y English or some other foreign language 3.0
350007Y Applied statistics and ADP 5.0

Semester 3.
350001Y Study planning and tutorial 0.5
900008Y Elements of oral communication 2.0
901007Y Swedish 3.0

Nursing science studies per semesters

Semester 1.
350008 P Research methods* 2.0
351101P Introduction to nursing science 5.0

Semester 2.
352315A Health Care Today 5.0
352107A Research methods I 4.0
352310A Ethics and Philosophy of nursing 5.0

Semester 3.
352114A Bachelor’s thesis & Written maturity test 10.0
352221A Theory development and evaluation 5.0

Semester 4.
353203S Research methods II 10.0
353112S Evaluation of health care services 4.0

Semester 5.
353204S Research seminars 4.0
353206S Pro gradu thesis 10.0
353201S Advanced studies in nursing science 4.0

Semester 6.
353201S Advanced studies in nursing science 4.0
353204S Research seminars 4.0
353206S Pro gradu thesis 10.0
Assessment of studies
Bachelor's and Master's thesis

For the Bachelor's degree student will establish Bachelor's thesis that relates to his/her major subject. For the Master's degree student will establish Master's thesis. Connected to the thesis work student must take a written maturity examination. It shows student's knowledge of the field of the thesis and also tests student's skills in Finnish or Swedish. Student does not have to prove his/her Finnish or Swedish skills in maturity for Master's thesis if he/she has done that in Bachelor's. Student has to prove his/her acquaintance with the field and subject of the thesis. The criteria for evaluating Bachelor's and Master's thesis can be seen from the web pages of Institute of Health Sciences.

Examination and assessment regulations

The studies that belong to the didactics of nursing science (60 credits) are evaluated using a scale from 0 to 5, or by pass/fail. If a study module is evaluated using a pass/fail scale, student must attain at least level 3 (good knowledge). The didactics of the nursing science (60 credits) are valued as average of study modules.

Study materials and way of performance are announced in the presentations of each module. Undone assignments have to be done during the next two semesters at the latest. In other case a study module must be carried out again. Further instructions or possible changes in performing the study modules are informed in the beginning of the module.

ECTS-departmental co-ordinator

Hannele Lukkarinen

**Tutkintorakenteisiin kuulumattomat opintokokonaisuudet ja -jaksot**

353201S: Advanced studies in nursing science (Nursing science II), 7 op
352114A: Bachelor Thesis and Written Maturity Test, 6 op
900008Y: Basics of Oral Communication, 3 op
900007Y: Basics of Written Communication, 2 op
352110A: Clinical studies in nursing, 19 op
352121A: Course in Evaluation, 5 op
352122A: Educational administration and planning of instructions, 5 op
352228A: Elective special research course, 3 - 10 op
902008Y: English, 3 op
353112S: Evaluating of health services, 4 op
352207A: Evaluation of the Impressiveness of healthcare education, 3 op
352315A: Health Care Today, 3 op
350006Y: Informatics of health sciences, 4 op
352208A: Introduction to Didactics of Nursing Science, 5 op
350008Y: Introduction to academic studies, 3 op
351101P: Introduction to nursing science, 5 op
Opintojaksojen kuvauskset

Tutkintorakenteisiin kuulumattomien opintokokonaisuuksien ja -jaksojen kuvauskset

353201S: Advanced studies in nursing science (Nursing science II), 7 op

Opiskelumuoto: Advanced Studies  
Laji: Course  
Vastuuysikkö: Institute of Health Sciences  
Arvostelu: 1 - 5, pass, fail  
Opettajat: Isola Arja  
Opintokohteen kielet: Finnish

ECTS Credits:  
8 ECTS

Language of instruction:  
Finnish

Timing:  
3rd year autumn term

Learning outcomes:
After the course student:  
- is able to analyse and criticise knowledge base of nursing science  
- is able to apply knowledge of nursing science in nursing practice, in education of nursing and in management of nursing  
- is able to assure audience the meaning of nursing science knowledge for health care and society nowadays and future

Contents:
Position and meaning of nursing science in health care and in society in national and international level. Applying knowledge of nursing science in nursing practice, in education of nursing and in management of nursing. Challenges of future in nursing science.

Learning activities and teaching methods:  
Lectures 8h, active participation in group working 24h, independent working 178h and group exam 4h.
Recommended optional programme components:
All previous courses in nursing science

Recommended or required reading:

You can check the literature availability at this link
Grading:
5-1 / Fail

Person responsible:
Professor in nursing science

352114A: Bachelor Thesis and Written Maturity Test, 6 op

Opiskelumuoto: Intermediate Studies
Laji: Course
Vastuuysikkö: Institute of Health Sciences
Arvostelu: 1 - 5, pass, fail
Opintokohteen kielet: Finnish
Leikkaavuudet:
ay352114A Bachelor Thesis 6.0 op

ECTS Credits:
10 ECTS
Language of instruction:
Finnish
Timing:
2nd year autumn term
Learning outcomes:
The student gets familiar with scientific writing and principles of scientific research. With this knowledge she/he can do written scientific research based on research literature or empirical data. The student is able to present the research.

Learning activities and teaching methods:
Individual studying.

Recommended optional programme components:
Elementary course in research, Research methods in nursing science I.

Recommended or required reading:
Literature connected to research proposal.

Assessment methods and criteria:
Presentation of own raport. Written maturity test.

Grading:
Pass / Fail

Person responsible:
Doctoral candidate

900008Y: Basics of Oral Communication, 3 op

Voimassaolo: 01.08.1995 -
Opiskelumuoto: Language and Communication Studies
Laji: Course
Vastuuysikkö: Language Centre
Arvostelu: 1 - 5, pass, fail
Opintokohteen kielet: Finnish
Leikkaavuudet:
ay900008Y Basics of Oral Communication (OPEN UNI) 3.0 op
900007Y: Basics of Written Communication, 2 op

Voimassaolo: 01.08.1995 -
Opiskelumuoto: Language and Communication Studies
Laji: Course
Vastuuyksikkö: Language Centre
Arvostelu: 1 - 5, pass, fail
Opettajat: Outi Mikkola
Opintokohteen kielet: Finnish

Leikkaavuudet:
ay900007Y Basics of Written Communication (OPEN UNI) 2.0 op

352110A: Clinical studies in nursing, 19 op

Opiskelumuoto: Intermediate Studies
Laji: Course
Vastuuyksikkö: Institute of Health Sciences
Arvostelu: 1 - 5, pass, fail
Opintokohteen kielet: Finnish

352121A: Course in Evaluation, 5 op

Opiskelumuoto: Intermediate Studies
Laji: Course
Vastuuyksikkö: Institute of Health Sciences
Arvostelu: 1 - 5, pass, fail
Opintokohteen kielet: Finnish

ECTS Credits:
3 ECTS
Language of instruction:
Finnish
Timing:
2nd year autumn term (Department of Educational Sciences)
2nd year spring term (Institute of Health Sciences, Nursing science)
Learning outcomes:
Upon completion the student should be able to:
Use evaluation methods as a fundamental part of planning the curriculum and teaching. Be able to use evaluation when developing teaching and also as a tool in student counseling. Be capable of using different teaching and learning evaluation methods and be able to execute evaluation process.
Contents:
The evaluation of curriculum, studying, learning and teaching. The self-evaluation of the teacher as a part of the evaluation of teaching. The special questions of evaluation.
Learning activities and teaching methods:
Lectures 10 hours (will be planned in a collaboration with students, Department of Educational Sciences), workshops 16 hours (The Department of Health Education), small group and individual working 54 hours.
Recommended optional programme components:
Compulsory previous studies:
Major subject
41000P Basic studies of the Educational Sciences
352208A Introduction to didactics of the Nursing Science
352119A Planning the content of and methods of instruction

Recommended or required reading:
When applicable:


Also chosen scientific publications or scientific publications that are based on occupational practice.
Topical literature and research about the evaluation.

Assessment methods and criteria:
Participation to the teaching and workshops. Exam or essay (Department of Educational Sciences). The written group project (Institute of Health Sciences).

Grading:
The evaluation is based on a numeric evaluation in a 0-5 scale. The exam or essay (Department of Educational Sciences, 50%) and written group project (Institute of Health Sciences, 50%).

Person responsible:
The lecturer from Didactic Nursing Science. The lecturer from the Department of Educational Sciences.

352122A: Educational administration and planning of instructions, 5 op

Voimassaolo: 01.08.2006 -
Opiskelumuoto: Intermediate Studies
Laji: Practical training
Vastuuysikkö: Institute of Health Sciences
Arvostelu: 1 - 5, pass, fail
Opintokohteen kielet: Finnish

ECTS Credits:
5 ECTS

Language of instruction:
Finnish

Timing:
2nd year autumn term (Part I)
2nd year spring term (Part II)

Learning outcomes:
Part I: Upon completion the student should be able to:
analyse organization, phases of development, administration system and operation of health care education. Be able to analyse laws concerning nursing teacher's work and health care education. Be able to describe principles of curriculum planning in health care education.
Part II: see Educational Administration (Department of Educational Sciences).

Contents:

Learning activities and teaching methods:
Part I: (3 ECTS): expert lectures and field excursion 4 hours, PBL-work 13 hours, independent work 64 hours.
Part II (2 ECTS): see Educational Administration (Department of Educational Sciences).

Recommended optional programme components:
Compulsory previous studies:
Major subject
41000P Basic studies of the Educational Sciences
352208A Introduction to didactics of the Nursing Science

Recommended or required reading:
Assessment methods and criteria:
Part I: To take part actively to the PBL-working. Part II: see Educational Administration (Department of Educational Sciences).
Grading:
Pass/failed
Person responsible:
Lecturer of the didactics in nursing science

352228A: Elective special research course, 3 - 10 op

Voimassaolo: 01.08.2010 -
Opiskelumuoto: Intermediate Studies
Laji: Course
Vastuuysikkö: Institute of Health Sciences
Arvostelu: 1 - 5, pass, fail
Opintokohteen kielet: Finnish

ECTS Credits: 
1-5 credits
Language of instruction:
Finnish or English
Timing:
According to a personal study plan.
Learning outcomes:
Student has got acquainted with phases of research process and doing research according to a personal study plan.
Contents:
According to a personal study plan.
Learning activities and teaching methods:
Student plans an individual learning task with the responsible teacher.
Assessment methods and criteria:
According to a personal study plan.
Grading:
pass-fail
Person responsible:
Responsible person of the research project.
Other information:
The course suits for bachelor's and master's degree studies as elective studies.

902008Y: English, 3 op

Voimassaolo: 01.08.1995 -
Opiskelumuoto: Language and Communication Studies
Laji: Course
Vastuuysikkö: Language Centre
Arvostelu: 1 - 5, pass, fail
Opintokohteen kielet: English
Leikkaavuudet:
ay902008Y Academic English (OPEN UNI) 3.0 op

ECTS Credits: 
3 credits
Person responsible:
Riitta Sallinen
Other information:
See description of part 1 (902008Y-01) and part 2 (902008Y-02).
353112S: Evaluating of health services, 4 op

Voimassaolo: 01.08.1990 -
Opiskelumuoto: Advanced Studies
Laji: Course
Vastuuysikkö: Institute of Health Sciences
Arvostelu: 1 - 5, pass, fail
Opintokohteen oppimateriaali:
Outinen, M., Lempinen, K., Holma, T. & Haverinen, R., 1999
Övretveit, John, 2000
Leino-Kilpi, Helena, 1992
Opintokohteen kielet: Finnish

ECTS Credits:
4 ECTS
Language of instruction:
Finnish
Timing:
2nd year spring term
Learning outcomes:
The student gets familiar with different quality evaluation approaches, methods, concepts, and planning process of caring quality evaluation.
Contents:
Basics of quality evaluation, concepts of quality of service. Quality checks, evaluation and measuring.
Learning activities and teaching methods:
Lectures 10 hours and exam.
Recommended or required reading:
1) Lectures
You can check the literature at this link
Assessment methods and criteria:
Participation in teaching and exam.
Grading:
1-5/ fail
Person responsible:
Lecturer in nursing science Satu Elo.

352207A: Evaluation of the Impressiveness of healthcare education, 3 op

Opiskelumuoto: Intermediate Studies
Laji: Course
Vastuuysikkö: Institute of Health Sciences
ECTS Credits:
3 ECTS

Language of instruction:
Finnish

Timing:
3th year autumn term

Learning outcomes:
Upon completion the student should be able to:
Use, analyze and interpret research of healthcare training, teaching and learning. Be able to make conclusions that are based on the field of healthcare research. Be able to make a teaching portfolio and evaluate own teaching merits by using developing evaluating principles.

Contents:
The impressiveness of healthcare training, teaching, learning and didactic. Teaching portfolio. The development of teaching-self.

Learning activities and teaching methods:
Lectures 3 hours, preparation for study circle 8 hours, study circle 4 hours, preparation for seminars 14 hours, seminar 7 hours and making a teaching portfolio 45 hours.

Recommended optional programme components:
Compulsory previous studies:
Major subject
41000P Basic studies of the Educational Sciences
352208A Introduction to didactics of the Nursing Science

352119A Planning the content of and methods of instruction
352121A Evaluation of instruction and learning
352124A Teacher training
352122A Educational administration and planning of instruction and learning

Recommended or required reading:
Current research.

Assessment methods and criteria:
Participation to the teaching and to the seminars and working as an opponent. A written group project. The construction of own teaching portfolio.

Grading:
The evaluation is based on a numeric grading in a 0-5 scale. The written group project assignment (50%) and teaching portfolio (50%).

Person responsible:
Lecturers of the didactics in nursing science
Learning outcomes:
Upon completion the student should be able to:
- know topical questions of health care, content of main concepts in health care
- participate in a discussion about topical questions of health care
- search the scientific information for topic of health care

Contents:
Current questions of health care

Learning activities and teaching methods:
Lectures and practice 16 hours, group-working 30 hours, self-working and written essays 89 hours.

Recommended or required reading:
Current national and international scientific articles (about 200 pages).

Assessment methods and criteria:
Participation in lectures and practice, group-working, written essays

Grading:
Pass / Fail

Person responsible:
Senior lectures in nursing science and health administration

350006Y: Informatics of health sciences, 4 op

Opiskelumuoto: General Studies
Laji: Course
Vastuuysikkö: Institute of Health Sciences
Arvostelu: 1 - 5, pass, fail
Opettajat: Pentti Nieminen

Opintokohteen kielet: Finnish

ECTS Credits:
2 ECTS
Language of instruction:
Finnish
Timing:
First year autumn term

Learning outcomes:
The student is able to use electronic databases and information services in her/his studies at the University of Oulu.

Contents:

Learning activities and teaching methods:
Lectures 6 hours, practise 15 hours and self-study.

Recommended or required reading:
List given during the course.

Assessment methods and criteria:
Written essay, participation in workgroups.

Grading:
Pass / failed

352208A: Introduction to Didactics of Nursing Science, 5 op

Voimassaolo: 01.08.2005 -
Opiskelumuoto: Intermediate Studies
Laji: Course
Vastuuysikkö: Institute of Health Sciences
Arvostelu: 1 - 5, pass, fail

Opintokohteen oppimateriaali:
Tynjälä, Päivi , , 1999
Opintokohteen kielet: Finnish

ECTS Credits:
3 ECTS

Language of instruction:
Finnish

Timing:
1st year spring term

Learning outcomes:
Upon completion the student should be able to analyse her/his own learning theory/conception. Student should also be able to explain different learning styles, processes and teaching strategies as well as be able to identify the issues of teacher's ethics.

Contents:

Learning activities and teaching methods:
Organized instruction 16 hours, online learning and independent work 65 hours.

Recommended optional programme components:
Compulsory previous studies:
Major subject
41000P Basic studies of the Educational Sciences

Recommended or required reading:

Assessment methods and criteria:
To take part to the organized teaching and online learning. Written teamwork. Self-evaluation. Peer evaluation. Oral exam or essay.

Grading:
1-5/failed

Person responsible:
Lecturer of the didactics in nursing science

350008Y: Introduction to academic studies, 3 op

Voimassaolo: 01.08.2005 -
Opiskelumuoto: General Studies
Laji: Course
Vastuuysikkö: Institute of Health Sciences
Arvostelu: 1 - 5, pass, fail
Opintokohteen kielet: Finnish

ECTS Credits:
3 ECTS

Language of instruction:
Finnish

Timing:
1st year autumn term

Learning outcomes:
The student is able to assess himself as a student and a member of science community. He becomes conscious of the meaning of learning outcomes in planning his own studies. The student develops the readiness of writing and reading the academic writings. The student understands the ethical principles of students and teachers.

Contents:

Learning activities and teaching methods:
Lectures, group working, web-based working and individual studying 80h.

Recommended or required reading:
Literature and articles, the Ethical Guidelines for Teachers and Students, University of Oulu.

Assessment methods and criteria:
Participating in lectures and accomplishing the tasks.

**Grading:**
Pass / Fail

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**351101P: Introduction to nursing science, 5 op**

**Opiskelumuoto:** Basic Studies  
**Laji:** Course  
**Vastuuysikkö:** Institute of Health Sciences  
**Arvostelu:** 1 - 5, pass, fail  
**Opettajat:** Isola Arja  
**Opintokohteen oppimateriaali:**  
**Opintokohteen kielet:** Finnish  
**Leikkaavuudet:**  
ay351101P Nursing science I (OPEN UNI) 5.0 op

**ECTS Credits:**  
5 ECTS

**Language of instruction:**  
Finnish

**Timing:**  
1st year autumn term

**Learning outcomes:**  
After the course the student:
- is able to define what are science and scientific knowledge
- is able to describe the development of nursing science
- is able to tell the meaning of nursing science
- is able to describe the objectives of research, methodology and methods in nursing science
- is able to explain evidence based nursing practise
- is able to discuss about future of nursing science

**Contents:**  

**Learning activities and teaching methods:**  
lectures 25 hrs, active participation in group working 12 hrs and writing essay independently 98 hrs

**Recommended or required reading:**  
Articles from Journal of Hoitotiede and internationals nursing science journals 100 pages

You can check the literature at [this link](#)

**Grading:**
5-1 / fail

**Person responsible:**  
Professor in nursing science

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**353206S: Master’s thesis and thesis seminars, 30 op**

**Opiskelumuoto:** Advanced Studies  
**Laji:** Diploma thesis  
**Vastuuysikkö:** Institute of Health Sciences  
**Arvostelu:** 1 - 5, pass, fail  
**Opintokohteen kielet:** Finnish
ECTS Credits: 30 ECTS
Timing: 3rd year autumn term to 4th year autumn term
Learning outcomes: The student is able to write the Master's thesis
Learning activities and teaching methods: Individual study or pair work under supervision of 1-2 teachers. Thesis can be written also as a scientific article.
Assessment methods and criteria: The student writes pro gradu thesis or corresponding work. If the student have not taken part to the written maturity test in context of the Bachelor's thesis, the written maturity have to be performed. Student will get guidance app. three times.
Grading: 1-5

352224A: Nursing Science - Health Care System, 6 op
Voimassaolo: 01.08.2006 -
Opiskelumuoto: Intermediate Studies
Laji: Course
Vastuuysikkö: Institute of Health Sciences
Arvostelu: 1 - 5, pass, fail
Opintokohteen kielet: Finnish

ECTS Credits: 6 ECTS

350003Y: Philosophical foundations for scientific research, 5 op
Opiskelumuoto: General Studies
Laji: Course
Vastuuysikkö: Institute of Health Sciences
Arvostelu: 1 - 5, pass, fail
Opintokohteen oppimateriaali:
Haaparanta, Leila , 1986, pakollinen
Sajama, Seppo , , 1993, pakollinen
Opintokohteen kielet: Finnish
Leikkaavuudet:
ay350003Y Philosophical foundations for scientific research (OPEN UNI) 5.0 op

ECTS Credits: 6 ECTS
Language of instruction: Finnish
Timing: 1st year autumn
Learning outcomes: Upon completion the student know the most important traditions of philosophy, and their background, knows the philosophical principle of theory development in order to understand scientific methodological studies later.
Learning activities and teaching methods: Lectures, 20 hour and two books.
Recommended or required reading:
Lectures and two books of following:

You can check the literature availability at this link

Assessment methods and criteria:
Examination of lectures and literature.

Grading:
Pass / Fail

Person responsible:
Lecturer

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**352310A: Philosophy and ethic of nursing, 3 op**

Opiskelumuoto: Intermediate Studies
Laji: Course
Vastuuyksikkö: Institute of Health Sciences
Arvostelu: 1 - 5, pass, fail
Opintokohteen kielet: Finnish

**ECTS Credits:**
3 ECTS

**Language of instruction:**
Finnish

**Timing:**
1st year spring term

**Learning outcomes:**
Upon completion student knows basic theories, concepts and problems of philosophy and ethics of nursing thereby she/he can understand them from point of view of researcher, manager or teacher. Student knows her/his ethical development and get readiness to handle ethical problems.

**Contents:**
Aspects of nursing philosophy and ethics, goal of nursing. Moral models as a point of departure for tackling ethical questions in health care. Ethical and justice principals in nursing.

**Learning activities and teaching methods:**
Literature examination.

**Recommended or required reading:**
Literature agreed with the teacher.

**Assessment methods and criteria:**
Literature examination.

**Grading:**
1-5/fail

**Person responsible:**
Doctoral candidate of nursing science.

**Other information:**
Previous degree of social and health care replaces this course.

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**352119A: Planning of the content and methods of instruction, 5 op**

Opiskelumuoto: Intermediate Studies
Laji: Course
Vastuuyksikkö: Institute of Health Sciences
Arvostelu: 1 - 5, pass, fail
Opintokohteen kielet: Finnish

**ECTS Credits:**
5 ECTS

**Language of instruction:**
Finnish

**Timing:**
2nd year spring term

**Learning outcomes:**
Upon completion the student should be able to:
- use theories concerning the curriculums and analyse the curriculums planning her/his own teaching.
- plan a concept map concerning the content and methods of her/his own teaching.
- construct learning collaboratively in organized instruction and online learning environment.
- give feedback and receive it.

**Contents:**

**Learning activities and teaching methods:**
Organized instruction 17 hours, online learning and independent work 118 hours.

**Recommended optional programme components:**
Compulsory previous studies:
Major subject
41000P Basic studies of the Educational Sciences
352208A Introduction to didactics of the Nursing Science

**Recommended or required reading:**
Topical literature and researches concerning the content of teaching in teacher training, concept map and curriculum work. The curriculums.

**Assessment methods and criteria:**
To take part to the organized instruction and online learning. To construct three version of concept map concerning the content of her/his own teaching.

**Grading:**
Pass/failed

**Person responsible:**
Lecturers of the didactics in nursing science

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**360001Y: Psychology, 6 op**

**Opiskelumuoto:** General Studies

**Laji:** Course

**Vastuuysikkö:** Institute of Health Sciences

**Arvostelu:** 1 - 5, pass, fail

**Opintokohteen kielet:** Finnish

**ECTS Credits:**
6 ECTS

**Other information:**
The course will be compensated by the students earlier degree.

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**360003Y: Public health science, 6 op**

**Opiskelumuoto:** General Studies

**Laji:** Course

**Vastuuysikkö:** Institute of Health Sciences

**Arvostelu:** 1 - 5, pass, fail

**Opintokohteen kielet:** Finnish

**ECTS Credits:**
6 ECTS

**Other information:**
The course will be compensated by the students earlier degree.
351008P: Research methods (basic), 2 op

Opiskelumuoto: Basic Studies
Laji: Course
Vastuuyksikkö: Institute of Health Sciences
Arvostelu: 1 - 5, pass, fail
Opintokohteen oppimateriaali:
Paunonen, M. & Vehviläinen-Julkunen, K., 1997, pakollinen
Hirsjärvi, Sirkka, , 2007, pakollinen
Opintokohteen kielet: Finnish
Leikkaavuudet:
ay351008P Research methods (basic) (OPEN UNI) 2.0 op

ECTS Credits:
2 ECTS
Language of instruction:
Finnish
Learning outcomes:
The student gets familiar with aims and principles of scientific research and she/he knows the phases of research process.
Contents:
Methodological foundations for scientific research.
Learning activities and teaching methods:
Independent studying
Recommended optional programme components:
If the student has studied this course in another context, e.g. health administrarion science, student has to study course 351303P Nursing Science Today 2 ECTS.
Recommended or required reading:

You can check the literature availability at this link
Assessment methods and criteria:
Exam
Grading:
5-1/ fail
Other information:
The course is substitused to those students who have accomplished the university of applied sciences.

352107A: Research methods I, 6 op

Opiskelumuoto: Intermediate Studies
Laji: Course
Vastuuyksikkö: Institute of Health Sciences
Arvostelu: 1 - 5, pass, fail
Opintokohteen oppimateriaali:
Polit, Denise F., , 2004, pakollinen
Opintokohteen kielet: Finnish
Leikkaavuudet:
ay352107A Research methods I (OPEN UNI) 6.0 op

ECTS Credits:
6 ECTS
Language of instruction:
Finnish
Timing:
1st year spring term
Learning outcomes:
The student gets familiar with methodological issues and the process of scientific research. Upon completion the student should be able to:

- formulate a research problem and research purpose and design a research
- review and evaluate scientific literature
- design qualitative and quantitative research methods
- know main questions of reliability and validity
- take care of ethical considerations
- know how to write a research proposal

Contents:
The overview of research process, literature reviews, data collection, analysis of research data, reliability, addressing ethical issues, writing a research proposal.

Learning activities and teaching methods:
Lectures and practice 30 hours, independent studying and exam 130 hours.

Recommended optional programme components:
Research methods (basic).
If the student has studied Research methods I in another context, e.g. Health administration science, Student has to study course 352224A Nursing Science - Health Care System.

Recommended or required reading:
Topical scientific articles.

You can check the availability of literature at this link

Assessment methods and criteria:
Participation in exercises, working groups and exam.

Grading:
1-5/fail

Person responsible:
Senior lecturers

Other information:
No substitution by earlier studies

353203S: Research methods II, 10 op

Opiskelumuoto: Advanced Studies
Laji: Course
Vastuuysikkö: Institute of Health Sciences
Arvostelu: 1 - 5, pass, fail
Opettajat: Tarja Pölkki

Opintokohteen oppimateriaali:
Polit, Denise F. . . 2004, pakollinen
Morse, Janice M. . . 1995, pakollinen
Janhonen, S & Nikkonen, M , , 2003, pakollinen
Karma, Kai , , 1990, pakollinen
Perttula J. & Latomaa T, , 2005, pakollinen

Opintokohteen kielet: Finnish

ECTS Credits:
10 ECTS

Language of instruction:
Finnish

Timing:
2nd year spring term

Learning outcomes:
Upon completion the student should be able to:
- know in deeply the features and methodological issues in quantitative and qualitative research
- know types/designs for nursing research and apply them in own research
- have a good command of the research process as a whole
- assess questions of reliability and validity and apply them in planning and implementing own research
• being aware of main questions of the ethical issues  
• write a research proposal and research report  

Contents:  
Methodological issues in quantitative and qualitative research, types/designs for nursing research, phases of  
research process, reliability and validity assessment, ethical issues. Writing a research proposal and research  
report.  

Learning activities and teaching methods:  
Lectures and practice 50 hours, group-working 30 hours, independent studying and written essays 190 hours.  

Recommended optional programme components:  
Research methods (basic), research methods I, candidate thesis. No substitution by earlier studies.  

Recommended or required reading:  
Williams & Wilkins, Philadelphia (in applied parts).  
Janhonen & Nikkonen (eds.) Laadulliset tutkimusmenetelmät hoitotieteessä. WSOY. Helsinki (in applied parts).  
Topical literature and scientific articles.  

You can check the literature availability at this link  
Assessment methods and criteria:  
Participation in exercises, group-working, written essay/examination.  
Grading:  
5-1/fail  

Person responsible:  
Senior lectures in nursing science and health administration

353204S: Research seminars, 5 - 8 op  

Opiskelumuoto: Advanced Studies  
Laji: Course  
Vastuuyksikkö: Institute of Health Sciences  
Arvostelu: 1 - 5, pass, fail  
Opintokohteen kielet: Finnish

ECTS Credits:  
8 ECTS  
Language of instruction:  
Finnish  
Timing:  
3rd year autumn and spring term  
Learning outcomes:  
Student can argue her/his research process. The student writes research proposal.  

Contents:  
The student participate on three public defence on doctoral thesis, she/he will write (1 page) rapport of each of  
them. Rapports are given to supervisor of the seminars. The student participates on two research seminars at  
department. Writing of research proposal.  

Learning activities and teaching methods:  
Lectures 30 hours.  

Recommended optional programme components:  
Finished courses: Candidate thesis, Research course and Research methods I and II.  

Recommended or required reading:  
Literature connected to research proposal.  

Assessment methods and criteria:  
Research proposal. Writing of three rapports of public defense. The participation of seminars.  

Grading:  
Pass / Fail  

Person responsible:  
Lecturer

901007Y: Second Official Language (Swedish), 3 op  

Voimassaolo: 01.08.1995 -
Opiskelumuoto: Language and Communication Studies  
Vastuuysikkö: Language Centre  
Opintokohteen kielet: Swedish  
Leikkaavuudet:  
  ay901007Y  Second Official Language (Swedish) (OPEN UNI)  3.0 op  
Ei opintojaksojakuvausia.

360002Y: Sociology, 6 op  
Opiskelumuoto: General Studies  
Laji: Course  
Vastuuysikkö: Institute of Health Sciences  
Arvostelu: 1 - 5, pass, fail  
Opintokohteen kielet: Finnish  

ECTS Credits:  
6 ECTS  
Other information:  
The course will be compensated by the students earlier degree.

350007Y: Statistical computing, 5 op  
Opiskelumuoto: General Studies  
Laji: Course  
Vastuuysikkö: Institute of Health Sciences  
Arvostelu: 1 - 5, pass, fail  
Opettajat: Pentti Nieminen  
Opintokohteen oppimateriaali:  
Uhari, Matti , , 2001, pakollinen  
Opintokohteen kielet: Finnish  
Leikkaavuudet:  
  ay350007Y  Applied statistics and ADP (OPEN UNI)  5.0 op  

ECTS Credits:  
5 ECTS  
Language of instruction:  
Finnish  
Timing:  
1st year spring term  
Learning outcomes:  
The student can design data collection, she/he can enter the data to computer and can use statistical software to analyze the data. The student is able to report results and can critically read research articles  
Contents:  
Basic concepts. Methods of basic statistical analysis and inference. Statistical software and their use.  
Learning activities and teaching methods:  
Lectures 12 hours, group work 21 hours.  
Recommended or required reading:  
Assessment methods and criteria:  
Exam, written report about data analysis and participation in workgroups.  
Grading:  
Pass / Failed  
Person responsible:  
Pentti Nieminen, Ph.D., Faculty of Medicine
350005Y: Statistics, 6 op

Opiskelumuoto: General Studies
Laji: Course
Vastuuysikkö: Institute of Health Sciences
Arvostelu: 1 - 5, pass, fail
Opettajat: Maria Laukkala

Opintokohteen oppimateriaali:
Heikkilä, Tarja, , 2004, pakollinen
Helenius, Hans, , 1989, pakollinen

Opintokohteen kielet: Finnish

Leikkaavuudet:
ay350005Y Statistics (OPEN UNI) 6.0 op

ECTS Credits:
6 ECTS

Language of instruction:
Finnish

Timing:
First year autumn term

Learning outcomes:
Upon completion student get to know quantitative research planning process to get numeric observational data. Student is able to describe things which are examined by tables, figures and parameters. Student knows the principles of distribution and test theory and knows how to use statistic reasoning methods and models in quantitative data.

Contents:

Learning activities and teaching methods:
Lectures 40 hours. Individual and group work 50 hours.

Recommended or required reading:

You can check the literature availability at this link

Grading:
Pass / Fail

350001Y: Study planning and tutorial, 1 - 3 op

Opiskelumuoto: General Studies
Laji: Course
Vastuuysikkö: Institute of Health Sciences
Arvostelu: 1 - 5, pass, fail

Opintokohteen kielet: Finnish

ECTS Credits:
2 ECTS

Language of instruction:
Finnish

Timing:
1st year autumn term - 2nd year autumn term
Learning outcomes:
The student knows the structure and aims of health science education. The student will be able to plan his/her own studies.

Contents:
Introduction to university studies: the structure of the education, its aims and contents. Study methods, individual study plan and learning assessment.

Learning activities and teaching methods:
Information sessions, student tutoring, teacher tutoring, independent studying, and workshops.

Recommended or required reading:
Curriculum

Assessment methods and criteria:
Individual study plan and its continuous self assessment, participation in student tutoring, teacher tutoring and workshops. Individual study plan will be turned in to teacher tutor by the end of autumn term.

Grading:
Pass / fail

Person responsible:
Assistant and teacher tutors

352124A: Teaching practice, 16 op

Opiskelumuoto: Intermediate Studies

Laji: Course

Vastuuysikkö: Institute of Health Sciences

Arvostelu: 1 - 5, pass, fail

Opintokohteen kielet: Finnish

ECTS Credits:
16 ECTS

Language of instruction:
Finnish

Timing:
2nd year autumn and spring term

Learning outcomes:
Upon completion the student should be able to:
- Report, plan, execute and evaluate teaching.
- Analyze and produce learning material.
- Try out different educational methods and use research knowledge when teaching.
- Evaluate own and others teaching.
- Recognize a continuous follow up of the personal development.

Contents:
Curriculums. Reporting, planning and executing of the teaching. The self and peer evaluation. Teaching materials and teaching methods. The personal basic portfolio.

Learning activities and teaching methods:
The following of teaching and reporting for learning diary (30 hours), workshops and written assignments (80 hours), the written assignments of teacher training (100 hours), teaching (40 hours), peer evaluation (30 hours), familiarizing oneself with the literature (132 hours), making a basic portfolio (20 hours).

Recommended optional programme components:
Compulsory previous studies:
Major subject
41000P Basic studies of the Educational Sciences
352208A Introduction to didactics of the Nursing Science

Recommended or required reading:
The research and literature that relates to subject that student is going to teach. The research and literature of the educational science and the didactics of the nursing science.

Assessment methods and criteria:
Independent and group working in teacher training place. Self and peer evaluation. Contributing to workshops. The learning diary. Making a teaching basic portfolio. The overall plan for teacher training and the conclusion evaluation. The plans of teaching events.

Grading:
Pass/failed

Person responsible:
Lecturers of the didactics in nursing science

Other information:
The teacher training starts in the beginning of autumn term. The registration to the teacher training starts in the previous (spring) term (not later than 15.3.). The teacher training will be executed e.g. in polytechnics, welfare- and health institutions and further education institutions for healthcare personnel.

351102P: Theoretical and methodologal basis of nursing, 18 op

Voimassaolo: 01.08.2005 -
Opiskelumuoto: Basic Studies
Laji: Course
Vastuuysikkö: Institute of Health Sciences
Arvostelu: 1 - 5, pass, fail
Opintokohteen kielet: Finnish

Ei opintojaksokuvauksia.

352221A: Theory development and evaluation, 3 - 5 op

Voimassaolo: 01.08.1990 -
Opiskelumuoto: Intermediate Studies
Laji: Course
Vastuuysikkö: Institute of Health Sciences
Arvostelu: 1 - 5, pass, fail
Opettajat: Kyngäs, Helvi Aulikki
Opintokohteen oppimateriaali:
Lauri, Sirkka , 2005, pakollinen

You can check the literature availability at this link

Assessment methods and criteria:
Written exam.
Grading:
5-1/ Fail
Person responsible:
Professor in nursing science.

353205S: Written maturity test, 0 op

Opiskelumuoto: Advanced Studies
Laji: Course
Vastuuysikkö: Institute of Health Sciences
Arvostelu: 1 - 5, pass, fail
Opintokohteen kielet: Finnish

ECTS Credits:
0 ECTS

Language of instruction:
MCH students: finnish / swedish / english

Assessment methods and criteria:
MCH students: written essay on the topic of master Thesis

Grading:
pass / fail

Person responsible:
MCH students: Responsible university; Oulu university. Responsible person; supervisor of master thesis