# Opasraportti

## LTK - Medicine (2011 - 2012)

DEGREE PROGRAMME IN MEDICINE 2011-2012

#### Admission requirements

The admission requirements for the degree programme in Medicine comprise the Matriculation Examination Certificate or the upper secondary vocational education and an entrance examination. Equivalent foreign education also give general eligibility for degree programme in medicine. Foreign applicant's admission is based exclusively on the results of the entrance examination.

All applicants to the degree programme in Medicine have to attend an entrance examination, which is held in Finnish or in Swedish and is based on Finnish or Swedish literature. If a foreign applicant wants to answer in Swedish to the entrance examination, she/he has to demonstrate language proficiency in Finnish. The teaching is given in Finnish language.

#### Qualification awarded

The degree programme in Medicine leads to the degree of Licentiate of Medicine (lääketieteen lisensiaatti), which Corresponds M.D. degree in Angloamerican countries.

#### Educational and professional goals

The goal of the studies towards the degree of Licentiate of Medicine is to provide the students with such knowledge, skills and psycho-social abilities that will enable them, after graduation, to successfully function as experts, developers and team participants and leaders in hospitals as well as in primary health care. An additional goal is that a graduate will have the prerequisite skills for research work and post-graduate study as well as the ability and motivation for lifelong learning. The instruction, which emphasizes the regular updating of knowledge, has a strong connection to scientific research. The contents of instruction have been derived from the goals, and they are under constant evaluation and development.

#### Access to further studies

In Finland a student may obtain the degree of a Doctor of Medical Science (lääketieteen tohtori) or / and the Specialist degree in Medicine (erikoislääkärin tutkinto). Students can apply for doctoral studies after the completion of the higher academic degree (Licentiate of Medicine).

The degree of a Doctor of Medical Science is a postgraduate degree in medicine. The doctorate may take 3 - 4 years full time study. An accepted thesis is required as well as theoretical studies.

The Specialist degree is a professional postgraduate degree. In Finland there are 49 specialist degree programmes. The specialist education in medicine takes 5 to 6 years after permission granted by the National Supervisory Authority for Welfare and Health (Sosiaali- ja terveysalan lupa- ja valvontavirasto, Valvira) to practice as a physician in Finland. It consists of theoretical lectures, working in hospitals and health centers and an examination.

For more information on postgraduate studies at the Faculty of Medicine contact:

Head of Postgraduate Affairs Eija Ruottinen Faculty of Medicine P.O. Box 5000 Fin-90014 University of Oulu E-mail: forename.surname@oulu.fi Tel. +358-8-537 5106 Fax +358-8-537 5111

Structure of the degree programme

The minimum extent of the Licentiate of Medicine degree is 360 credits. One Finnish credit equals to one ECTS credit. The average input of 1600 working hours needed for studies of one academic year is equivalent to 60 credits. Medical studies are pre-scheduled and the training is organized in such a manner that with full-time attendance the degree can be taken in six years.

The degree programme consists of basic, intermediate and advanced studies, optional studies, language studies and compulsory practical training.

The preclinical stage lasts for two years (Semesters 1-4) and mostly consists of general studies. The completion of clinical studies takes four years (Semesters 5-12). During this phase students focus on the occurrence, onset, diagnostics, treatment and prevention of various diseases. Bed-side teaching is part of students' daily routine.

Most of the courses are compulsory for all students. Some study modules, especially thesis in advanced studies, can be chosen according to the student's own interests. It is also possible to begin scientific research work before graduation.

The total amount of practical training is 30 credits. Obligatory clerkship means two weeks' practical training in Internal Medicine and two weeks in Surgery (total 6 credits). Elective clerkship can be chosen according to the interests of the student (total 24 credits). Four weeks of the practical training is done in the health centres and is included in the curriculum.

#### **Examination and Assessment Regulations**

Assessment is based on examinations, exercises, essays, field work, clinical work, reports or any other method determined pedagogically appropriate for the particular course. All the exams can be retaken. Additional information is given from the organizing subject.

Grades used for assessment of the courses are: 5 (excellent, ECTS A), 4 (very good, ECTS B), 3 (good, ECTS C), 2 (satisfactory, ECTS D), 1 (sufficient, ECTS E), 0 (fail); pass or fail.

#### ECTS departmental Coordinator

Ms. Virpi Parkkila (leave of absence) Ms. Pirkko Lumme University of Oulu Department of Internal Medicine P.O.Box 5000 FIN - 90014 University of Oulu E-mail: forename.surname@oulu.fi Tel. +358-8-315 4125 Fax +358-8-315 4139

## Tutkintorakenteisiin kuulumattomat opintokokonaisuudet ja jaksot

080600A: Acute and chronic pain, 2,5 op 080601A: Anaesthesiology I, 3 - 4 op 040201A: Anatomy and medical cell and developmental biology, 21 - 22 op 040105Y: Basic Epidemiology, 1,5 op 040005Y: Biostatistics, 3 op 080503A: Child psychiatry, 3 op 080603A-04: Clinical chemistry, 2,5 op 080603A-05: Clinical chemistry, endocrinology, 1.5 op 080505A: Clinical genetics, 2 op 040126A: Clinical pharmacology, 2,5 op 903008Y: Conversational Skills in German, 1.5 op 080699A: Course for Clinical Examination of Patients, 3 op 080203A: Dermatology and venereology, 5 op 040401A: Dissection, 3 op 080722A: Elective Course of Surgery, 1 op 041002Y: Environment, Lifestyle and Health Studies, 4 op 040119Y: Environmental health care, 1 op 041001Y: Evidence Based Medicine, 3.5 - 5 op 040405S: Experimantal pharmakology, 1,5 op 040006Y: First aid, 1 op 080202A: Forensic medicine, 4 op 040108A: General Pathology, 3,5 - 5 op 080417A: General Practitioner and Public Health, 9,5 op 040015Y: Health Care Ethics, 1 - 3,5 op 080415A: Health centre practice, 4,5 op 080700A: Infectious diseases, 5 op 080713A: Internal Medicine II, (Additional Studies of Internal Medicine), 3 - 9 op 080713A-02: Internal Medicine, Theme days, 0 op 080711A: Internal medicine I. 4.5 - 21 op 040117Y: Interviewing and examining patients, 4 op 040013Y: Introduction to Medical Studies, 2 op 040007Y: Introduction to scientific research, 1,5 op 040419S: Management of acute pain - simulation trainig, 0,5 op 040300A: Maturity exam (native language), 0 op 040103A: Medical Biochemictry and Molecular Biology, 14 - 15 op 903007Y: Medical German Text Workshop, 1,5 op 040112Y: Medical biophysics, 2,5 op 040011Y-01: Medical informatics, module 1, information and Communication Technology, 0,5 op 040011Y-02: Medical informatics, module 2, literature retrieval, 1 op 040011Y-03: Medical informatics, module 3, clinical information systems, 0.5 op 080005Y: Medical latin, 1,5 op 080001Y: Medical rescue work, 4 - 5 op 040118A: Microbiology, 9,5 - 10 op 080301A: Neurology, 6 - 6,5 op 080304A: Neurosurgery, 3 op 080510A: OSCE, 0 op 080401A: Obstetrics and gynecology, 10 op 080410A: Occupational health, 2 op 080204A: Oncology, 4 op 080303A: Ophthalmology, 4 op 080211A-02: Organ pathology, 2,5 op 080201A: Organ pathology I, 9,5 op 080302A: Oto-rhino-laryngology, 6 op 080502A: Pediatrics, 14 op 040106A: Pharmacology and toxicology, 10 op 080703A: Physiatry, 3 op 040112A: Physiology, 15 op 040112A-021: Physiology, practicals entry examination, 1 op 080206A: Prescriptions, 0.5 op 041003Y: Professional Development in Medicine Studies, 3 op 080103A: Psychiatry, 12 - 14 op 040104A: Psychology, 4 - 4,5 op

040116Y: Public health and interprofessional collaboration, 5 op 080205A: Pulmonary diseases, 3 op 080623A: Radiation physics, biology and safety, 1 op 080802A: Radiology I, 3 op 080622A-02: Radiology II, 3 op 902006Y: Reading for Academic Purposes, 1,5 op 040415S: Refresh course of resuscitation, 1,5 op 902007Y: Scientific Communication, 1,5 op 901006Y: Second Official Language (Swedish), 3 op 080713A-01: Small group classes, 0 op 080712A: Surgery I, 16 - 24 op 080712A-04: Surgery II, 6 op 080723A: Surgical operations-optional course, 1 op 080705S: Thesis, 20 op 080705S-01: Thesis, Study plan, 4 op

## Opintojaksojen kuvaukset

# Tutkintorakenteisiin kuulumattomien opintokokonaisuuksien ja -jaksojen kuvaukset

#### 080600A: Acute and chronic pain, 2,5 op

Opiskelumuoto: Intermediate Studies Laji: Course Vastuuyksikkö: Medicine Arvostelu: 1 - 5, pass, fail Opettajat: Alahuhta, Seppo Matias Opintokohteen kielet: Finnish

**ECTS Credits:** 2.5 study points. Language of instruction: Finnish. Timing: C 7&8 (Fourth year) Learning outcomes: The students have theoretical knowledge of pain treatment both in acute and chronic pain. Can start treatment to acute and chronic pain. Can treat cancer pain. **Contents:** Basics of pain mechanisms and types of pain. Diacnostics of chronic pain. Principles of pain treatment in acute and chronic pain. Treatment of cancer pain. Special pain treatment methods with medicines, central blocs and combination theraby. Learning activities and teaching methods: Lectures, theme days, practicing in small groups. **Recommended or required reading:** Given during the course Assessment methods and criteria: Taking part into lectures, theme days and group teaching events. Grading: The evaluation scale is pass/fail. Person responsible: Professor Seppo Alahuhta

#### 080601A: Anaesthesiology I, 3 - 4 op

Opiskelumuoto: Intermediate Studies Laji: Course Vastuuyksikkö: Medicine Arvostelu: 1 - 5, pass, fail Opettajat: Alahuhta, Seppo Matias Opintokohteen kielet: Finnish

ECTS Credits: 3.0 study points. Language of instruction: Finnish. Timing: C 5&6 (Third year) Learning outcomes:

The students recognize cardiac arrest and can resuscitate. Know what belongs to advanced life support both in adults and children. Recognize life threatening cardiac arrhythmias. Can pre-operative examination. Have basic of fluid and nutritional therapy. Have basics of pain treatment. Can normal infusion and airway managements.

#### **Contents:**

Resuscitation and first aid. Pre-operative examination and treatment. Anesthetics and methods. Treatment of pain Nutrition and fluid therapy. Intubation. Infusion technique.

Learning activities and teaching methods:

Lectures, theme days, practicing in small groups, practicing in operation theatres.

**Recommended or required reading:** 

Textbook: Miller's Anesthesia, vol. 1-2 Ed. Miller. 6th Edition 2005

Assessment methods and criteria:

Taking part into the group teaching events and practice. Web exam of resuscitation. Written end examination. **Grading:** 

The end examination gives the end marking (0-5) **Person responsible:** Professor Seppo Alahuhta

#### 040201A: Anatomy and medical cell and developmental biology, 21 - 22 op

Voimassaolo: 01.08.2010 -Opiskelumuoto: Basic Studies Laji: Course Vastuuyksikkö: Medicine Arvostelu: 1 - 5, pass, fail Opettajat: Tuukkanen, Kaarlo Juha Kullervo Opintokohteen kielet: Finnish

ECTS Credits: 21 credits Language of instruction: Finnish Timing: C1 Autumn term of the 1 <sup>st</sup> year Learning outcomes:

Upon completion of the medical cell and developmental biology part of the course the student should be able to: - describe the structure of various cell types (especially mammalian cells) and the structure and function of cell organelles

- describe cell growth and cell division

- present the principles of the regulation of cell function and genetic regulation

- list the common research techniques in cell biology

- display an understanding of gametogenesis, fertilization, embryonal development (0-40days) and its regulation as well as the development of embryonal malformations.

- display an understanding of human growth and development.

- identify and describe the basic tissues of the human body and the microscopic structure of the tissues for understanding their normal and pathological function

Upon completion of the anatomy part of the course the student should be able to:

- understand the structure, development and function of the human body in order to manage the rest of the preclinical and clinical studies

- identify and describe the structures essential for all medical doctors in diagnostics and treatment, especially for first aid.

- display common anatomical knowledge for understanding medical theory and research and for dealing with evidence based medicine.

#### **Contents:**

Cell evolution and cell biology, human embryonal development (embryology), basic tissues which make up the organs (histology).

Systemic anatomy: blood, cardiovascular system and lymphatic system, thorax and respiratory system, abdomen and alimentary system, urinary system and integument, pelvis and genital systems, endocrine system, musculoskeletal system and nervous system and sensory organs. Regional anatomy and topographical anatomy, organ development and histology integrated with the previous titles. Examples of the applications of the anatomical knowledge in clinical cases.

#### Learning activities and teaching methods:

The course consists of

-Lectures 142 h (in Finnish)

-Small group exercises 69 h. Small group teaching will be provided in 2-4 h exercises. Each student will have 1-2 exercise sessions per week.

-Writing an essay in cell and developmental biology.

-In addition the dental students have at the 2nd term tooth development, histology and morphology given by the department of Dentistry. Anatomy study module includes an optional course of the anatomical dissection.

#### Recommended or required reading:

Cell Biology: A.L. Kierszenbaum: Histology and Cell Biology: an introduction to pathology. Mosby, St Louis, (the latest edition).

Additional material: H.Lodish, A.Berk, C.A.Kaiser, M.Krieger, M.P.Scott, A.Bretscher, H.Ploegh: Molecular Cell Biology. W.H.Freeman and Co, New York (the latest edition).

Histology: A.L. Kierszenbaum: Histology and Cell Biology: an introduction to pathology. Mosby, St Louis, (the latest edition) or B. Young, J.S. Lowe, A. Stevens, J.W. Heath: Wheater's Functional Histology, A Text and Colour Atlas. Elsevier, Churchill Livingstone

Embryology: T.W. Sadler: Langman's Medical Embryology. Williams&Wilkins co, Baltimore or H. Sariola, M. Filander, T. Heino, J. Jernvall, J. Partanen, K. Sainio, M. Salminen, I. Theseleff: Solusta yksilöksi, Kehitysbiologia. Kustannus Oy Duodecim, 2003

Anatomy textbook: R.L. Drake, A.W. Vogl, A.W.M. Mitchell: Grays Anatomy for students. Elsevier Churchill Livingstone (latest edition) or K.L. Moore: Clinically oriented Anatomy, Williams & Wilkins co (uusin painos) Atlas: R. Putz, R. Pabst: Sobotta, Atlas of human anatomy, Vols I-II. Elsevier Urban&Fischer (latest edition) or F. H. Netter: Atlas of human anatomy.

Neuroanatomy textbook: W.Kahle, H. Leonhardt, W. Platzer: Color atlas and textbook of human anatomy, Vol III, G. Thieme Publ., Stuttgart (latest edition).

Web material:

http://herkules.oulu.fi/isbn9789514293238/ collection of essays written by students from previous courses of Medical cell and developmental biology

http://www.solunetti.fi histology, pathology and embryology (partly under construction)

http://www.bartleby.com/107/ H. Gray: Anatomy of the human body (1918)

http://www.thieme.com/dyn/ebooklibrary/index.php many atlas books, free access from the computers in the internet domain of Oulu University. Handouts of the lectures and practicals.

#### Assessment methods and criteria:

Participation in the small group teaching of macroscopic anatomy and histology. Writing an essay in cell and developmental biology. The anatomy study module includes examinations in cell and developmental biology, in neuroanatomy and the final anatomy examination.

#### Grading:

Anatomy together with cell and developmental biology make the Anatomy course, which is composed of the following grades: a written examination of cell and developmental biology 30 credit points, neuroanatomy 10 credit

points, examinations in small group sessions 30 credit points and final written examination in anatomy 50 credit points, in sum 120 credit points. The evaluation scale is 0-5 (0=fail, 5=excellent). **Person responsible:** Professor Juha Tuukkanen: Anatomy Professor Petri Lehenkari: Medical cell and developmental biology **Other information:** 

The course is the same for medical and dental students.

#### 040105Y: Basic Epidemiology, 1,5 op

Opiskelumuoto: General Studies Laji: Course Vastuuyksikkö: Medicine Arvostelu: 1 - 5, pass, fail Opettajat: Jouni Jaakkola Opintokohteen kielet: Finnish

#### **ECTS Credits:**

1,5 op

#### Language of instruction:

Finnish. Can be offered in English if several English speaking student registered.

#### Timing:

Lectures on 2. Year spring term.

#### Learning outcomes:

Students are expected to learn the basic concepts of epidemiology and basics of epidemiologic methods used in medicine and in general in health sciences.

#### **Contents:**

The course includes a lecture on the following topics: 1) introduction to basic concepts and causality, 2) principles of study design, 3) precision and validity, 4) exposure assessment, 5) assessment of health effects and measures of disease occurrence, association and effect , 6) principles of cohort studies, 7) data analysis in cohort studies, 8) principles of case-control studies, 9) data analysis in case-controls studies and 10) cross-sectional studies. In addition, the course includes two exercise sessions conducted in small groups on: 1) epidemiologic methods based on critical reviews of articles and 2) calculation. Students will also review individually and critically an scientific article.

#### Learning activities and teaching methods:

10 one-hour lectures, two 3-hour exercise sessions and critical review of an articles.

Target group:

Basic course for medical students, but suitable for students planning research in health sciences.

#### Recommended optional programme components:

Closely linked to the course in biostatiistics taught in the same term.

#### Recommended or required reading:

Lecture notes. Recommended books: Hernberg S. Introduction to occupational epidemiology (1992) ja Rothman K. Epidemiology. An Introduction (2002).

#### Assessment methods and criteria:

Lectures highly recommended and exercise sessions compulsory. Written exam.

Grading:

5 - 1 / fail.

#### Person responsible:

Jouni J.K. Jaakkola, professor of public health.

#### 040005Y: Biostatistics, 3 op

Opiskelumuoto: General Studies Laji: Course Vastuuyksikkö: Medicine Arvostelu: 1 - 5, pass, fail

#### Opettajat: Pentti Nieminen Opintokohteen kielet: Finnish

| ECTS Credits:      |
|--------------------|
| 3 credits          |
| Timing:            |
| C4                 |
| Learning outcomes: |

By the end of the course the student should be able to:

- plan study designs and statistical computing in medical and dental research,
- obtain and analyze data with basic statistical methods,
- use basic statistical significance tests and inference methods,
- evaluate critically medical research reports

#### **Contents:**

Aims and phases of statistical research, planning statistical research, obtaining data, variable distributions (frequencies, graphs and statistics), basics in statistical inference and methods (estimates, significance tests and confidence limits), basic methods in comparing groups and estimating associations between variables, specific methods applied in medical research.

#### Learning activities and teaching methods:

Lessons 18 h, study-group sessions 12 h, practical projects and home-works 30 h.

#### **Recommended or required reading:**

Uhari M ja Nieminen P: Epidemiologia ja biostatistiikka. Duodecim, 2001.

#### Assessment methods and criteria:

Regular and active participation in the small group lessons and completion of a practical project. Written examination.

Grading: 0-5 Person responsible: Docent Pentti Nieminen Other information: This course is a part of the studies in research skills.

#### 080503A: Child psychiatry, 3 op

Opiskelumuoto: Intermediate Studies Laji: Course Vastuuyksikkö: Medicine Arvostelu: 1 - 5, pass, fail Opettajat: Ebeling, Hanna Elina Opintokohteen kielet: Finnish

ECTS Credits: 3.0 op Timing: C 9-10 Learning outcomes:

The student who has passed the course of Child Psychiatry is able to describe the normal psychological development of children, knows child psychiatric health care organization, legislation and is able to diagnose and treat the most common child psychiatric disorders. The students will have readiness to work as a physician in the health center and as a junior trainee in the hospital.

#### Learning activities and teaching methods:

1) Lectures:

- the diagnostics and treatment of the most common child psychiatric disorders and child psychiatric health care organization as well as the main legislation.

2) Special themes:

- sexual abuse and child molestation

- intoxications: drugs and alcohol

3) In-patient teaching:

- getting acquainted with the child psychiatric in-patient treatment by participating to the representation of the inpatient department and to the representation of the patient cases

- getting acquainted with the own patient case and present the case in the study group

- participating to the presentation of the patient cases of the other students in the study group

4) Out-patient teaching:

- following of the two out-patient sessions

5) Problem based learning:

- solving and representing the example patient cases in the study group

- getting acquainted with the evidence based practices

#### Recommended or required reading:

Moilanen I, Räsänen E, Tamminen T, Almqvist F, Piha J, Kumpulainen K. Lasten- ja nuorisopsykiatria. Kustannus Oy Duodecim, 2004, 3. p.

or

Barker P: Basic child psychiatry. Oxford, Blackwell Science, last edition

Assessment methods and criteria:

- Admission exam: textbook

- Final exam: textbook, lectures and study group teachings

- Objective structured clinical examination at the end of the spring term including all courses of the fifth academic year

Grading:

- The admission exam is evaluated from 0 to 25 points (the approval limit is 15 points)

-The final exam is evaluated from 0 to 10 points (the approval limit is 5 points)

- The course is approved when all exams are approved and the student has attended to all compulsory teaching,

Person responsible:

Professor Hanna Ebeling (hanna.ebeling@ppshp.fi)

#### 080603A-04: Clinical chemistry, 2,5 op

Voimassaolo: 01.08.2001 -Opiskelumuoto: Intermediate Studies Laji: Partial credit Vastuuyksikkö: Medicine Arvostelu: 1 - 5, pass, fail Opettajat: Risteli, Juha Opintokohteen kielet: Finnish

ECTS Credits: 2,5 op Timing: C5-6

#### Learning outcomes:

By the end of the course the student can list the most frequently used tests in clinical chemistry and haematology and their indications and critical interpretation. The student can specify the facts that affect the deviation of the laboratory tests, biological variation, pre-analytical and analytical factors, and understand their importance in interpreting the test results. The student can standardize sample taking so that the above facts that increase the deviation in test results can be eliminated. The student can specify the basics of the quality control of the laboratory tests.

#### Contents:

Lectures contain following subjects: Clinical Chemistry as a medical speciality, diagnostics of heart and vascular disorders, examination of kidneys and urinary tracts, clinical enzymology, examination of liver and gastrointestinal tract, laboratory tests in haematology, tests to analyze water, sodium and potassium balance, therapeutic drug monitoring and chemical toxicology, most frequently used laboratory test and their indications and use of radioactive isotopes in medical diagnostics. Contents of small group practical courses: taking blood samples and preparation of samples for different tests, results of laboratory tests in healthy individuals, reference ranges, sources of errors and their origin and quality controls of laboratory tests, basic blood cell count and microscopic examination of blood cells and commonly used isotope methods in patients.

Goal of the theme day: The students can perform to point of care tests.

#### Learning activities and teaching methods:

Lectures 18 h, small group practical courses 8 h and one theme day. In addition the student has independent preparation for small group practical courses and for the theme day.

#### **Recommended or required reading:**

Textbook: Clinical Chemistry, 5th edition, Mosby, W.J. Marshall, S.K. Bangert 2004. Other textbooks: Veritaudit, Kustannus Oy Duodecim, T. Ruutu, A Rajamäki, R Lassila, K Porkka 2007; Kliininen fysiologia ja isotooppilääketiede, Kustannus Oy Duodecim, A. Sovijärvi, A. Ahonen, J. Hartiala, E. Länsimies, S. Savolainen, V. Turjanmaa, E. Vanninen, 2003.

#### Assessment methods and criteria:

Assessment is based on materials given in lectures, small group practical courses, in textbooks and other materials given to the students.

Grading:

The evaluation is based on examination which gives 2/3 of total score of clinical chemistry. Total evaluation scale is 0 - 5.

Person responsible:

Professor Juha Risteli

#### 080603A-05: Clinical chemistry, endocrinology, 1,5 op

Voimassaolo: 01.08.2001 -

**Opiskelumuoto:** Intermediate Studies

Laji: Partial credit Vastuuyksikkö: Medicine Arvostelu: 1 - 5, pass, fail Opettajat: Risteli, Juha Opintokohteen kielet: Finnish

#### **ECTS Credits:**

1,5 op **Timing:** C9-10

#### Learning outcomes:

By the end of the course the student understands the feedback control systems in endocrinology and on this bases can diagnose the common endocrine disorders and their reasons. The student can the hormone determinations and indications to use them. The student can the common weaknesses and disturbing factors of hormone determinations.

#### Contents:

Theoretical background of clinical endocrinology, hormone determinations, adrenal function and its disorders, hirsutism and virilism disorders, galactorrhea and amenorrhea disorders, ectopic hormone production, the follow up of pregnancy by clinical chemical methods, hormonal contraception, endocrinology of aging, thyroid function and its disorders and calcium metabolism and its disorders.

#### Learning activities and teaching methods:

Lectures 16 h, small group practical course 2 h and independent preparation for small group practical course of patient cases.

#### **Recommended or required reading:**

Textbook: Endokrionlogia, Kustannus Oy Duodecim, M. Välimäki, T. Sane, L. Dunkel, 2000. Lectures and other materials given to the students.

#### Assessment methods and criteria:

Assessment is based on materials given in lectures, small group practical course and textbook.

#### Grading:

The evaluation is based on examination which given 1/3 of total score of clinical chemistry. Total evaluation scale is 0-5.

#### Person responsible:

Professor Aimo Ruokonen

#### 080505A: Clinical genetics, 2 op

Opiskelumuoto: Intermediate Studies Laji: Course Vastuuyksikkö: Medicine Arvostelu: 1 - 5, pass, fail ECTS Credits: 1.5 ECTS credits Language of instruction: Finnish. Timing: C9-C10 (5th year) Learning outcomes:

Upon completion the student should be able to:

- identify/suspect a genetic disease in the patient/family

- identify patients who need genetic counselling and refer them further to a clinical genetics unit

- describe the structure of chromosomes and genes, their examination and to interpret the results of a chromosome or DNA examination

- explain the recurrence risks in different modes of inheritance and to discuss their significance for family members and the possibilities of

prenatal diagnostics

- explain the unique spectrum of genetic disease in Finland

understand the special nature of genetic disease and recognize the ethical problems related to genetic testing, and to recognize the need of special care for families with a child suffering from congenital malformations/genetic disease and adult patients with serious genetic conditions.

#### **Contents:**

Clinical genetics as a medical speciality. Examination of the patient and family, drawing the pedigree. Chromosomal disorders, principles and indications of chromosome studies. Principles and clinical applications of DNA studies. Population genetics and "Finnish Disease Heritage". Hereditary cancer, diagnosis, examination and counselling. Congenital malformations, basics of dysmorphology and syndrome identification. Prenatal diagnostics, genetic screening and counselling. Genetics of complex diseases. Genetic ethics. Principles and practice of genetic counselling, genetic services.

Learning activities and teaching methods:

Lectures (16h), Seminar (4h), Small group teaching (2h)

Recommended or required reading:

Textbook: Aula P, Kääriäinen H, Palotie A: Perinnöllisyyslääketiede. Duodecim 2006.

Recommended additional reading: Read A, Donnai D: New Clinical Genetics. Scion 2010.

#### Assessment methods and criteria:

Lectures, seminar, small group teaching (obligatory). Written examination based on lectures and textbook. **Grading:** 

The evaluation scale is pass/fail.

#### Person responsible:

Jukka Moilanen, Clinical Lecturer in Clinical Genetics

#### 040126A: Clinical pharmacology, 2,5 op

**Opiskelumuoto:** Intermediate Studies

Laji: Course

Vastuuyksikkö: Medicine

Arvostelu: 1 - 5, pass, fail

Opettajat: Miia Turpeinen

**Opintokohteen kielet:** Finnish

ECTS Credits: 2,5 credits Language of instruction: Finnish Timing: C8-9 Learning outcomes:

After passing the course the student should have ability to safe, efficient and cost effective drug therapy. The student should understand the basis for drug therapy from the point of view of general practitioner and the treatment of most common intoxications.

Contents:

Factors affecting drug selection, dosage and therapy will be discussed applying knowledge of basic pharmacology. Furthermore, the common problem cases of drug therapy will be discussed. Individualized therapy, use of major classes of drugs, special treatment situations and most common intoxications will also be discussed.

#### Learning activities and teaching methods:

Introductory lecture 2 hours. Clinical pharmacology patient case report and discussion with tutor. Thematic seminars (11 x 2 h) will cover major areas of drug therapy and special situations of drug treatment and most common intoxications. Final exam.

#### Recommended or required reading:

Book: Neuvonen, Backman, Himberg, Huupponen, Keränen, Kivistö (eds.) Kliininen farmakologia ja lääkehoito, Kandidaatikustannus Oy (latest edition). Materials of the thematic seminars.

#### Assessment methods and criteria:

Preparation of acceptable clinical pharmacology patient case, discussion with the tutor and passing of the final exam. Grading: Pass/fail Person responsible: Miia Turpeinen (miia.turpeinen@oulu.fi)

#### 903008Y: Conversational Skills in German, 1,5 op

Voimassaolo: 01.08.1995 -

**Opiskelumuoto:** Language and Communication Studies

Laji: Course

Vastuuyksikkö: Language Centre

Arvostelu: 1 - 5, pass, fail

Opintokohteen kielet: German

#### **Proficiency level:**

Eurooppalaisen viitekehyksen taitotaso A2-B1. Jos opiskelija suorittaa tämän kurssin pakollisena kurssina, täytyy hänen osoittaa saavuttaneensa taitotaso B1.

#### Status:

Kurssi hyväksytään osasuorituksena opintojaksoon vieras kieli. Sen voi suorittaa myös vapaaehtoisena.

#### Required proficiency level:

Vähintään 3 vuotta saksaa koulussa tai vastaavat tiedot. Jos valitset saksan kieleksi, josta suoritat pakolliset vieraan kielen opinnot, vaaditaan saksa koulussa joko B2, A2 tai A1 - kielenä tai vastaavat tiedot.

- **ECTS Credits:**
- 1,5 op

Language of instruction: saksa

Timing:

Kurssi järjestetään syyslukukaudella.

#### Learning outcomes:

Kurssin jälkeen opiskelija selviytyy sekä yleisissä että lääketieteellisen alan työtehtävien tyypillisissä viestintätilanteissa vuorovaikutteisesti. Hän pystyy aktiivisesti osallistumaan lääketieteellisiä aiheita koskeviin keskusteluihin. Hän osaa perustella näkökantansa eri teemoihin ja esittää eri vaihtoehtojen edut ja haitat. Contents:

Kurssin sisältö koostuu pääasiallisesti suullisista harjoituksista, joiden muotoja voivat olla parikeskustelut, ryhmäkeskustelut, roolisuoritukset, simulaatiot jne. Kurssilla harjoitellaan mm. erilaisia tilanteita sairaalassa ja lääkärin vastaanotolla, keskustellaan ajankohtaisista lääketiedettä koskevista aiheista sekä aiheista, jotka on sovittu osanottajien kanssa kurssin alussa.

#### Learning activities and teaching methods:

Opetusta on noin 2 tuntia viikossa ja itsenäistä työskentelyä.

#### Target group:

Lääketieteellisen tiedekunnan opiskelijat.

#### Recommended or required reading:

Opettajan valmistama materiaali. Jaetaan tunnilla.

#### Assessment methods and criteria:

Kurssin suorittaminen edellyttää aktiivista osallistumista harjoituksiin ja sovittujen tehtävien tekemistä. **Grading:** 

Numeroarviointi arvoasteikolla 1-5, opiskelija voi saada myös hyväksytty/hylätty (jos kurssi ei ole pakollinen). Person responsible:

#### Sabine Grasz

#### Other information:

Kurssi järjestetään Aapistiellä. Ilmoittautuminen: Syyskuussa järjestetään infotilaisuus, jossa voi ilmoittautua kurssille. Infotilaisuuden päivämäärä ilmoitetaan optimassa. Ilmoittautua voi myös sähköpostin kautta suoraan opettajalle sabine.grasz(at)oulu.fi.

#### 080699A: Course for Clinical Examination of Patients, 3 op

Voimassaolo: 01.08.2008 - 31.07.2013 Opiskelumuoto: Intermediate Studies Laji: Partial credit Vastuuyksikkö: Medicine Arvostelu: 1 - 5, pass, fail Opettajat: Savolainen, Markku Opintokohteen kielet: Finnish

#### **ECTS Credits:**

3 ECTS (80 hours) Language of instruction: Finnish Timina: Year 3, Semesters 5 and 6 Learning outcomes: Student gets acquainted with patient examination and after the course he/she is able to examine patients independently. **Contents:** Anamnesis and status of patient, anamnesis and status of cardiology, anamnesis and status of gastroenterology, respiratory examination and classes of medical procedures. Learning activities and teaching methods: Lectures 24 h Small group classes 11 h. Attendance is compulsory. Recommended optional programme components: Student must pass the course in order to participate in the course of Internal Medicine I. Recommended or required reading: Mustajoki P., Saha H., Sane T: Potilaan tutkiminen (2009), Kustannus Oy Duodecim. (Book must be read before the course) Assessment methods and criteria: Attendance at compulsory teaching. Written exam of clinical examination. Grading: pass / fail Person responsible:

Professor Markku Savolainen (markku.savolainen@oulu.fi)

#### 080203A: Dermatology and venereology, 5 op

Opiskelumuoto: Intermediate Studies Laji: Course Vastuuyksikkö: Medicine Arvostelu: 1 - 5, pass, fail Opettajat: Oikarinen, Aarne Iisakki Opintokohteen kielet: English

#### **ECTS Credits:**

5,5 ECTS credits (148 hours) Timing: C9-C10

#### Learning outcomes:

Objective of the course expressed in terms of learning outcomes: After this course the student has the knowledge and skills in diagnostics and treatment of common skin diseases in order to be able to work as a general practitioner or house officer. Furthermore, the student has the basic skills to diagnose and treat allergological and venereal diseases.

#### Contents:

*Theoretical teaching*: Special features of status and anamnesis. Structure of skin. Basics of local treatments. Basics of allergology. Common skin diseases and their clinical findings. Hereditary skin sideases. Dermatolopathology. Venereal and paravenereal disease.. *Practical teaching:* Demonstrations, patient examination, small group teaching, bedside teaching, policlinic, self study (material available in the Optima) Learning activities and teaching methods:

#### Theoretical teaching 49 h

1. Lectures 42 h

- 2. Interactive lectures 3 h
- 3. Examinations 4 h

Practical teaching 14 h

- 3. Small group teaching in the outpatient ward 6 h
- 4 Small group teaching in the inpatient ward 6 h
- 5. Consultative small group teaching 2 h

Self study 85 h

6. Self study using material available in the Optima.

#### Recommended or required reading:

**Books:** Hannuksela, M., Karvonen, J., Reunala, T., Suhonen, R. (eds.). Ihotaudit. Kustannus Oy Duodecim. Reunala T, Paavonen J, Rostila T (eds.): Sukupuolitaudit. Kustannus Oy Duodecim,. **Recommed reading:** Haahtela T., Hannuksela M., Terho, E.O.: Allergologia. Kustannus Oy Duodecim.

#### Assessment methods and criteria:

Initial examination in the Optima has to be passed before starting the practical teaching. The end-of-course examination: books, lectures and small group teaching. Obligatory presence in the theme day teaching of sexology and venereology.

#### Grading:

The end-of-course examination contains 10 questions which are graded from 0-3. Maximal grade is 30 points and the level of acceptance is 15 points. The theme day of sexology and venereology, evaluation: pass/fall.

#### Person responsible:

Clinical lecturer Erika Wikström (erika.wikstrom@oulul.fi)

#### Other information:

Research projects / Department of Dermatology

1. Skin connective tissue and wound healing

Responsible person: Professor Aarne Oikarinen

1 or 2 student per year

2. Molecular biology of skin connective tissue diseases

Responsible person: lecturer, MD, PhD, Kaisa Tasanen-Määttä

- 1 student per year
- 3. Glucocorticoid receptors

Responsible person: Päivi Hägg, MD, PhD

- 1 student per year
- 4. Veneral diseases

Responsible person: Erika Wikström, clinical lecturer

1 studenti/year

#### 040401A: Dissection, 3 op

Opiskelumuoto: Advanced Studies Laji: Course Vastuuyksikkö: Medicine Arvostelu: 1 - 5, pass, fail Opettajat: Tuukkanen, Kaarlo Juha Kullervo Opintokohteen kielet: Finnish

#### Timing:

C1. The course is optional and organized in the end of C1.

#### Learning outcomes:

The learning outcomes are to understand the topographical structure of the human body.

#### **Contents:**

The course concentrates in musculoskeletal system, cardiovascular system, thorax and respiratory system, abdomen and gastrointestinal system, urinary system, pelvis and genital systems, skull and brains. The dissection course may compensate the obligatory small group teaching of extremities in the end of the anatomy course. Learning activities and teaching methods:

The students will study the regional anatomy in advance before the following dissection sessions. The dissection is performed during 2 weeks in 4 to 6 hours sessions under supervision of the teachers.

#### **Recommended or required reading:**

The material of the anatomy study module.

#### Assessment methods and criteria:

Participation in all the dissection sessions is obligatory. The course is performed by cadaver dissection. **Grading:** 

The course is not graded.

#### Person responsible:

Professor Petri Lehenkari (Professor Juha Tuukkanen, leave of absence)

#### Other information:

The course is the same for medical and dental students.

#### 080722A: Elective Course of Surgery, 1 op

Opiskelumuoto: Advanced Studies Laji: Course Vastuuyksikkö: Medicine Arvostelu: 1 - 5, pass, fail Opettajat: Juvonen, Tatu Sakari Opintokohteen kielet: Finnish

ECTS Credits: One study point Language of instruction: Finnish Timing: C 11-12 (Sixth year) Learning outcomes: The student will be familiar with the symptoms, diagnostics and treatment of the most usual surgical diseases. Contents: The repetition concerning most problems in important surgical diseases. Lessons during two days of Orthopedics, Thoracic and Vascular surgery, Pediatric surgery, Gastroenterological surgery and Urology. Learning activities and teaching methods: Lessons 20h Assessment methods and criteria: Obligatory study Person responsible: Professor Tatu Juvonen and professor Jyrki Mäkelä

#### 041002Y: Environment, Lifestyle and Health Studies, 4 op

Voimassaolo: 01.08.2011 -Opiskelumuoto: General Studies Laji: Course Vastuuyksikkö: Medicine Arvostelu: 1 - 5, pass, fail Ei opintojaksokuvauksia.

#### 040119Y: Environmental health care, 1 op

Opiskelumuoto: General Studies Laji: Course Vastuuyksikkö: Medicine Arvostelu: 1 - 5, pass, fail Opettajat: Jouni Jaakkola

**Opintokohteen kielet:** Finnish

#### **ECTS Credits:**

1,5 op Language of instruction: In Finnish. Can be offered in English if several English speaking student registered.

#### Timing:

Lectures on 2. Year spring term.

#### Learning outcomes:

Students are expected to learn most important health effects of environmental exposures and to understand the role of physicians and other professionals in municipal environmental health.

#### **Contents:**

Thematic day in environmental health includes lectures on the following topics: 1) Environment and health, 2) Ambient air 3) Indoor environment, 3) 4hemical actors in drinking water, 5) Microbial factors in food and drinking water, 6) municipal environmental health and 7) Physicians in environmental health care.

#### Learning activities and teaching methods:

Participation in the thematic day and a written exam.

#### Target group:

Basic course for medical students, but suitable for students planning research in health sciences.

#### **Recommended or required reading:**

Lecture notes.

Textbook in English will be defined later.

#### Assessment methods and criteria:

The course requirements include active participation in thematic day and a written examination. **Grading:** pass / fail. **Person responsible:** Jouni J.K. Jaakkola, professor of public health.

#### 041001Y: Evidence Based Medicine, 3,5 - 5 op

Voimassaolo: 01.08.2011 -Opiskelumuoto: General Studies Laji: Course Vastuuyksikkö: Medicine Arvostelu: 1 - 5, pass, fail Opettajat: Marjo Renko Opintokohteen kielet: Finnish

Ei opintojaksokuvauksia.

#### 040405S: Experimantal pharmakology, 1,5 op

**Opiskelumuoto:** Advanced Studies Laji: Course Vastuuyksikkö: Medicine Arvostelu: 1 - 5, pass, fail Opettajat: Jaana Rysä Opintokohteen kielet: Finnish **ECTS Credits:** 1.5 p Language of instruction: Finnish Timing: C4 Learning outcomes: The student will get familiar with clinical-pharmacological testing. The student will learn basic experimental protocols of pharmacological testing by participation in laboratory exercises in which the effects of drugs are studied. Contents: Ocular effects of drugs, measurement of pain and analgesia, cardiovascular effects of drugs, drugs that affect the activity of the central nervous system and mental alertness, the use of medicinal charcoal. Learning activities and teaching methods: Lectures 2 hours, 5 laboratory exercises (20 hours), a written exam. Target group: Medical students. Recommended optional programme components: The course is organized concurrent with the course of pharmacology and toxicology. **Recommended or required reading:** Lecture materials and laboratory exercise handbook. Assessment methods and criteria: Acceptable performance requires participation to all laboratory exercises and passing the final exam. Grading: The evaluation scale is pass/fail Person responsible: Senior assistant Jaana Rysä (jaana.rysa@oulu.fi). Other information: Maximum number of students is 24. The course is voluntary and is aimed at medical students.

#### 040006Y: First aid, 1 op

**Opiskelumuoto:** General Studies

Laji: Course

Vastuuyksikkö: Medicine

Arvostelu: 1 - 5, pass, fail

Opettajat: Alahuhta, Seppo Matias

Opintokohteen kielet: Finnish

#### **ECTS Credits:**

1.0 study points.
Language of instruction:
Finnish.
Timing:
C 2 (First year)
Learning outcomes:

The students will know the most important lifesaving manouvers. Knows the legal points of first aid, Can do the most urgent first aid and knows how to organize the follow up. Can basic life support and resuscitation. The students are willing to continuous training in resuscitation and first aid **Contents**:

Purpose of first aid and legal aspects. Cardiopulmonary resuscitation, major bleeding, shock. Airway managemen, forein bodies. Burns. Accidents an multi patient situations, estimation an priorities.

Learning activities and teaching methods: Lectures and practicing in small groups. Recommended or required reading: Given during the course Assessment methods and criteria: Taking part into the group teaching events. Grading: The evaluation scale is pass/fail. Person responsible: Professor Seppo Alahuhta

#### 080202A: Forensic medicine, 4 op

Opiskelumuoto: Intermediate Studies Laji: Course Vastuuyksikkö: Medicine Arvostelu: 1 - 5, pass, fail Opettajat: Kortelainen, Marja-Leena Opintokohteen kielet: Finnish

#### **ECTS Credits:**

4

Language of instruction: Finnish Timing: C8 Learning outcomes:

The student gets acquainted with legislation and legal status concerning doctor and patient, learns how to write medical certificates and statements, gets acquainted with the principles of death investigation and especially investigation of unexpected and violent deaths, and gets familiar with forensic way of thinking, e.g. how to act as a medical authority.

#### Contents:

The organization of forensic medicine in Finland. Forensic medicine as a medical speciality. Legal status and supervision concerning doctors, complaints against doctors. Professional secrecy. Medical certificates and statements, especially forensic statements. The organization of death investigations, causes of death and circulation of death certificates. Mechanisms of death and declaration of legal death. Legal status of the deceased and his/her relatives. Sexual forensic medicine. Traffic medicine. Homicides and suicides. Fatal intoxications and deaths related to drug abuse. Molecular biology in forensic medicine. Injuries by stabbing, incisive wounds, and injuries by blunt force. Fatal firearm injuries, burns and electrical fatalities. Hypothermia, suffocation and asphyxia, fatal pressure on the neck. Drowning and decompression. Pediatric forensic medicine. Death certificates, medical examinations for driving license, medical certificate of physical assault injuries and in sexual offences, certificate after an external post mortem examination, clinical drunkenness examination.

#### Learning activities and teaching methods:

Lectures 28 h. Autopsy demonstrations and slide shows 8 h, medical certificates 8 h. A visit to Oulu police department 1.5 h.

#### **Recommended or required reading:**

Penttilä A, Hirvonen J, Saukko P, Karhunen P (Eds). Oikeuslääketiede . 1st edition. Kustannus Oy Duodecim 2000. The contents of the lectures, demonstrations and practical training on medical certificates.

#### Assessment methods and criteria:

Obligatory participation in autopsy demonstrations. Lectures, slide shows and practical training on medical certificates. Examination.

#### Grading:

Examination with 7 questions. The evaluation scale of each question is from 0 to 6. The evaluation scale of the examination is 0-5, according to the total sum of the 7 questions (0-42). The student will not pass the examination if two or more of the answers are graded as 0. Three examinations are arranged each year.

#### Person responsible:

Professor Marja-Leena Kortelainen

#### 040108A: General Pathology, 3,5 - 5 op

Voimassaolo: 01.08.2014 -**Opiskelumuoto:** Basic Studies Laii: Course Vastuuyksikkö: Medicine Arvostelu: 1 - 5, pass, fail Opettajat: Karttunen, Tuomo Juhani Opintokohteen kielet: Finnish

#### **ECTS Credits:**

4.5 op Timing: C3 (DC3) Learning outcomes:

Upon completion the student should know the basic mechanisms of diseases (etiology and pathogenesis), their basic morphological, functional and clinical characteristics, and terminology related with diseases. The student should be able to recognize the most common macroscopical and microscopical features of diseases and be able to reason the relationship between these features of the diseases and their symptoms and other clinical manifestations.

#### **Contents:**

Cellular adaptation; cell and tissue injury; genetic and environmental causes of diseases; infections and immunological mechanisms in disease; inflammation; healing; disorders of fluid balance and circulation; basic pathology of neoplastic diseases; basics of medical post-mortem investigation.

#### Learning activities and teaching methods:

Lectures 23 hours, practicals 33 hours, Self study, Written examination 3 hours,

#### Target group:

Medical and dental students.

#### Recommended or required reading:

Books:Underwood JCE: General and systematic pathology, 4 <sup>th</sup> ed. (2004; sections: Basic pathology and General disease mechanisms); or Kumar V. et al.: Robbins Basic Pathology, 8 <sup>th</sup> ed. (2007, or 7 <sup>th</sup> ed. 2003). Alternatives: Kumar et al.: Robbins and Cotran, Pathologic basis of disease, 7<sup>th</sup> ed. (2005); Rubin & Strayer; Rubin's Pathology (2005). In Finnish: lecture handouts; Guidebook for microscopy practicals; Guidebook for autopsy practicals. Web-based material (in Finnish): http://www.medicine.oulu.fi/pato/opetus/YP ATK JOHDANTO.htm

#### Assessment methods and criteria:

The course requirements include participation in the compulsory practicals and passing in the end-of-course examination.

#### Grading:

The evaluation scale is 1-5/fail. Person responsible: Professor Ari Ristimäki

#### 080417A: General Practitioner and Public Health, 9,5 op

Voimassaolo: 01.08.2007 -**Opiskelumuoto:** Intermediate Studies Laji: Course Vastuuyksikkö: Medicine Arvostelu: 1 - 5, pass, fail Opettajat: Markku Timonen Opintokohteen kielet: Finnish

**ECTS Credits:** 9.5 study credits Timing: Semester 11 (C11) Learning outcomes: The student will understand the principles of health at population level, and as applicable to a particular disease. The student will have knowledge of the most important public health schemes and programmes, and is able to apply them at a local level.

The student will know the principles and organisation of insurance and rehabilitation medicine, and is able to apply their knowledge into clinical practice. The student will understand the aetiological factors of disease both at an individual and population level and is competent at diagnosis and management of the common diseases. The student is able to critically assess and interpret findings of public health research, and to act as an expert of preventative medicine in primary care. The student will learn the ability to adopt and apply methods of health promotion and disease prevention at an individual-, family-, and population level, therein also considering the expertise role of the multidisciplinary team.

Student will have an appreciation of the doctor-patient relationship and the role of communication between family members as applicable to patient management, and is able to use and apply communication skills in different clinical scenarios. The student is able to evaluate the quality and economics of all his/her work.

#### Contents:

Population health, health promotion and recognising health problems; preventative medicine; encouragement of health behaviour that will promote health. Epidemiology, social- and health service and economics as part of patient management. Medical law, application of social security law in clinical practice, medical certificates and medical statements. Introduction to rehabilitation, environmental medicine and nutrition at population level. Team working with expert members of the multi-disciplinary team.

#### Learning activities and teaching methods:

Lectures, theme days, seminars and workshops. One-week practical training module at a primary health care centre, which includes a set of learning tasks.

#### **Recommended or required reading:**

Koskenvuo K. (toim) Sairauksien ehkäisy. Duodecim 2003, soveltuvilta osin; Yleislääketiede, Kumpusalo E, Ahto M, Eskola K, Keinänen-Kiukaanniemi, S, Kosunen E, Kunnamo I, Lohi J (toim) Kustannus Oy Duodecim 2005, soveltuvilta osin; Laki potilaan asemasta ja oikeuksista 17.8.1992/785; Laki terveydenhuollon ammattihenkilöistä 28.6.1994/559; Sosiaali- ja terveysministeriön asetus potilasasiakirjojen laatimisesta sekä niiden ja muun hoitoon liittyvän materiaalin säilyttämisestä. 99/2001; SosTMA lääkkeen määräämisestä 726/2003; L sähköisestä lääkemääräyksestä 2.2.2007/61; a SosTMA sähköisestä lääkemääräyksestä 25.6.2008/485.

Availability of course materials can be checked here.

#### Assessment methods and criteria:

Written examinations. Participation in seminars, workshops, theme days and practical training module at a primary health care centre.

#### Grading:

Medical law exam will be graded as pass/fail. Final grade of this course will consist of final written exam and seminar assessment, the latter graded on a scale of 0 to 5. The final grade will be calculated as 2/3 of the grade from final exam + 1/3 seminar grade. Final exam will contain a medical certificate, graded as pass / fail.

#### Person responsible:

Professor Markku Timonen

#### Other information:

The course forms part of the following learning modules of public health and general practice: 1) disease prevention and health promotion 2) multidisciplinary leadership and management 3) examination and management of the patient 4) effect-based contributions to the society & rehabilitation and social security, and 5) research knowledge and skills & interpretation and application of research (Appendix 4).

#### 040015Y: Health Care Ethics, 1 - 3,5 op

**Opiskelumuoto:** General Studies Laji: Course Vastuuyksikkö: Medicine Arvostelu: 1 - 5, pass, fail Opintokohteen kielet: Finnish Voidaan suorittaa useasti: Kyllä

Language of instruction:

Finnish Timing: Part 1: 1st year spring term Part 2: 4th year spring term Part 3: 6 th year autumn term Learning activities and teaching methods: Part 1: Lectures 3 x 90 min, 1 small group meeting with tutor Part 2: Lectures 1 x 90min and theme day Part 3: Lectures 1 x 90min and theme day **Recommended or required reading:** Lääkärin etiikka (2005) Finnish Medical Association (in Finnish). In addition other scientific literature according to student's choice. Assessment methods and criteria: Part 1: Lectures, small group meetings, learning diary Part 2: Lectures and theme day Part 3: Lectures and theme day Grading:

Pass/fail

#### 080415A: Health centre practice, 4,5 op

Opiskelumuoto: Intermediate Studies Laji: Course Vastuuyksikkö: Medicine Arvostelu: 1 - 5, pass, fail Opettajat: Markku Timonen Opintokohteen kielet: Finnish

#### **ECTS Credits:**

4,5 study credits **Timing:** Semester 10 (C10) **Learning outcomes:** 

The student is able to use history taking and clinical examination as primary sources of information, and to use information obtained from these to request appropriate further examinations and tests. The student is familiar with the main examination and management strategies used in general practice, and understands the role which the probability of disease has for the selection of a management strategy.

The student gains experience in: management of a range of clinical problems which present to primary care; coordination and organization of treatment; and working using a patient-centred approach.

The student gains insight into: disease prevention and health promotion in paediatric, antenatal-care and schoolbased health care settings; main examination and treatment strategies in general practice; issuing expert statements in matters of social security system, rehabilitation and employment; time management and coordination of clinical work in primary care; multidisciplinary team work.

#### Contents:

Theoretical learning of the "key principles" of general practice. Practical learning in different areas of general practice: scheduled and acute appointment at the health centre; antenatal- and maternity-, paediatric-, family-planning- and school services, inpatient care on the health care centre wards, inpatient care on long-term wards, community care, and occupational health care.

#### Learning activities and teaching methods:

Group work 20 hours, practical module in health care centres (2 weeks).

#### **Recommended or required reading:**

Recommended literature: Kumpusalo E, Ahto M, Keinänen-Kiukaanniemi S, Kosunen E, Kunnamo I, Lohi J (toim.): Yleislääketiede, Kustannus Oy Duodecim, Karisto Oy Hämeenlinna 2005, sections of content as applicable to this learning module.

Availability of course materials can be checked here.

Assessment methods and criteria:

Participation in group work and practical training module is mandatory.

Grading: pass / fail Person responsible: Professor Markku Timonen Other information: The course starts in its current form in academic year 2010-2011. The course forms part of the following learning modules of public health and general practice: 1) disease prevention and health promotion 2) multidisciplinary leadership and management 33) examination and

prevention and health promotion 2) multidisciplinary leadership and management 33) examination and management of the patient 4) Rehabilitation and social security 5) research knowledge and skills & interpretation and application of research (Appendix 4).

#### 080700A: Infectious diseases, 5 op

**Opiskelumuoto:** Intermediate Studies

Laji: Course

Vastuuyksikkö: Medicine

Arvostelu: 1 - 5, pass, fail

Opettajat: Timo Hautala

Opintokohteen kielet: Finnish

ECTS Credits:

5 ECTS (140 hours) Language of instruction: Finnish Timing: Year 4, Semester 7

#### Learning outcomes:

After this course the student is able to treat common infectious diseases. The student learns problem solving and critical thinking skills and is able to study the field independently.

#### Contents:

Most common infectious diseases and treatments.

#### Learning activities and teaching methods:

1. Lectures 20 h.

2. Small group classes 2 h. Attendance is compulsory.

3. Seminars 4 h. Attendance is compulsory.

#### Recommended optional programme components:

Student must have completed preclinical studies.

#### Recommended or required reading:

• Huovinen P., Meri S., Peltola H., Vaara M., Valtonen V. (toim.): Mikrobiologia ja infektiosairaudet, osa I (2003), Kustannus Oy Duodecim

• Huovinen P., Meri S., Peltola H., Vaara M., Valtonen V. (toim.): Mikrobiologia ja infektiosairaudet, osa II (2003), Kustannus Oy Duodecim

#### Assessment methods and criteria:

Attendance at compulsory teaching. Exam of infectious diseases. **Grading:** pass / fail

Person responsible: Dr. Timo Hautala (timo.hautala@oulu.fi)

#### 080713A: Internal Medicine II, (Additional Studies of Internal Medicine), 3 - 9 op

Voimassaolo: 01.08.2010 -Opiskelumuoto: Intermediate Studies Laji: Course Vastuuyksikkö: Medicine

#### Arvostelu: 1 - 5, pass, fail Opettajat: Savolainen, Markku Opintokohteen kielet: Finnish

#### ECTS Credits: 3 ECTS Language of instruction: Finnish Timing: Year 6, Semester 11

#### Learning outcomes:

This course gives the student advanced knowledge in internal medicine and skills of critical thinking. The student is able to treat the patients appropriate way in health care system. The student understands the significance of different levels of health care.

#### Contents:

Essential issues of internal medicine and geriatrics.

#### Learning activities and teaching methods:

Internal medicine

- 1. Lectures 9 h.
- 2. Seminars 6 h. Attendance is compulsory.
- Geriatrics
- 1. Small group classes 2 h. Attendance is compulsory.
- 2. Seminars 16 h. Attendance is compulsory.

#### Recommended optional programme components:

Student must have completed the course of Internal Medicine I.

#### Recommended or required reading:

Tilvis, R, Hervonen A, Jäntti P, Lehtonen A, Sulkava A: Geriatria (2001), Kustannus Oy Duodecim

#### Assessment methods and criteria:

Attendance at compulsory teaching. Final exam of internal medicine.

#### Grading:

Exam consists of eight short essays. Six points is maximum / essay. Exam is failed if the total points are less than 20 or if one of the essays is worth of 0 points.

The final grade of internal medicine consists of the final exam and the exams of endocrinology and metabolic diseases, cardiology and ECG, kidney diseases, haematology, rheumatology and gastroenterology. Proportion of final exam is 50% and proportion of smaller exams is 50% in the final grade of internal medicine. Total points of exams and the grading scale:

51.7 -60.0 # 5, 43.4 - 51.6 # 4, 35.1 - 43.3 # 3, 26.8 - 35.0 # 2, 18.5 - 26.7 # 1.

#### Person responsible:

Professor Antero Kesäniemi (antero.kesaniemi@oulu.fi)

#### 080713A-02: Internal Medicine, Theme days, 0 op

Voimassaolo: 01.08.2010 -Opiskelumuoto: Intermediate Studies Laji: Partial credit Vastuuyksikkö: Medicine Arvostelu: 1 - 5, pass, fail Opettajat: Savolainen, Markku Opintokohteen kielet: Finnish

Ei opintojaksokuvauksia.

### 080711A: Internal medicine I, 4,5 - 21 op

Voimassaolo: 01.08.2014 -

**Opiskelumuoto:** Intermediate Studies

Laji: Course

Vastuuyksikkö: Medicine

Arvostelu: 1 - 5, pass, fail

Opettajat: Savolainen, Markku

Opintokohteen kielet: Finnish

Voidaan suorittaa useasti: Kyllä

**ECTS Credits:** 

15 ECTS (400 hours) Language of instruction: Finnish Timing: Year 3, Semesters 5 and 6 Learning outcomes:

After this course the student is familiar with diseases of internal medicine as well as diagnostics and treatment of these diseases. The student understands the connection between internal medicine and other medical specialities. The student learns independent problem solving and critical thinking and also to cooperate with healthcare professionals.

#### **Contents:**

Endocrinology and metabolic diseases, cardiology, ECG, kidney diseases, haematology, rheumatology, gastroenterology and emergencies in internal medicine.

#### Learning activities and teaching methods:

1. Lectures 81 h

2. Patient history and physical examination. Student writes accurate anamnesis and status of six patients that he /she has examined carefully.

3. Guided medical procedures and examinations. Carried out in small group classes and in ward practice.

4. Small group classes 24 h. Student participates in small group classes in various wards. Each class lasts 2 hours. Attendance is compulsory.

5. Practice in outpatient clinic 4 h. Attendance is compulsory.

6. Practice in the Department of Emergency (Internal Medicine) 3 x 6 h. Attendance is compulsory.

7. Ward practice 80 h. Organised in two one week sessions. Attendance is compulsory. Part of practice is carried out in the hospitals of Northern Finland.

8. Seminars 53 h. Problem-oriented discussions about wider thematic entities. Attendance is compulsory.

#### Recommended optional programme components:

Student must have completed preclinical studies and propedeutics of internal medicine.

#### **Recommended or required reading:**

- Axford JS, O'Callaghan C. Medicine, 2<sup>nd</sup> Edition, (2004), Wiley.
- Elonen E, Mäkijärvi M, Vuoristo M. Akuuttihoito-opas (2008), Kustannus Oy Duodecim
- Mustajoki P, Saha H, Sane T. Potilaan tutkiminen (2003), Kustannus Oy Duodecim.

Recommended reading:

- Vauhkonen I & Holmström P. Sisätaudit (2006), Kustannus Oy WSOY (Recommended reading before the course)
- Heikkilä J, Mäkijärvi M. EKG (2003), Kustannus Oy Duodecim
- Heikkilä J, Kupari M, Airaksinen J, Huikuri H, Nieminen MS, Peuhkurinen K. Kardiologia (2008), Kustannus Oy Duodecim
- Höckerstedt K, Färkkilä M, Kivilaakso E, Pikkarainen P. Gastroenterologia ja hepatologia (2007), Kustannus Oy Duodecim
- Koskenvuo K. (toim.): Sairauksien ehkäisy (2003), Kustannus Oy Duodecim
- Leirisalo-Repo M, Hämäläinen M, Moilanen E. Reumataudit (2002), Kustannus Oy Duodecim
- Ruutu T, Rajamäki A, Lassila R, Porkka K. Veritaudit (2007), Kustannus Oy Duodecim
- Mäkijärvi M, Parikka H, Raatikainen P, Heikkilä J. EKG-tulkinnan työkirja (2006) Kustannus Oy Duodecim
- Thaler M. The only EKG book you'll ever need. 4th ed (2003). Lippincott Williams & Wilkins
- Välimäki M, Sane T, Dunkel L. Endokrinologia (2009), Kustannus Oy Duodecim

#### Assessment methods and criteria:

Attendance in compulsory teaching.

Exams of endocrinology and metabolic diseases, cardiology and ECG, kidney diseases, haematology, rheumatology and gastroenterology.

**Grading:** Grading scale in exams is 1-5 and the lowest accepted points are 20/40. **Person responsible:** Professor Markku Savolainen (markku.savolainen@oulu.fi)

#### 040117Y: Interviewing and examining patients, 4 op

Opiskelumuoto: Basic Studies Laji: Course Vastuuyksikkö: Medicine Arvostelu: 1 - 5, pass, fail Opettajat: Markku Timonen Opintokohteen kielet: Finnish

#### **ECTS Credits:**

2.5 credits
Language of instruction:
Finnish
Timing:
C4, autumn term
Learning outcomes:

A student is able to distinguish the basic concepts of doctor- and patient-centered communication and to describe the principles of clinical examination of patients. In addition, a student is able to describe interprofessional collaboration in the work of doctor and dentist.

#### **Contents:**

The course includes introduction to basic concepts of doctor-centered and patient- centered communication, as well as clinical examination of patients.

#### Learning activities and teaching methods:

Start seminar, exercise session for doctor-patient communication, practical period in health care center (3 days), and closing work-shop.

#### **Recommended or required reading:**

Kumpusalo E, Ahto M, Eskola K, Keinänen-Kiukaanniemi S, Kosunen E, Kunnamo I, Lohi J (ed.): Yleislääketiede, Kustannus Oy Duodecim, Karisto Oy, Hämeenlinna 2005. Pages 93-104, 105-115 and 116-123. Campbell, T.L. & Larivaara, P. 2004. Working with Families in primary care. Teoksessa: Jones R & ym. (ed.). Oxford Textbook of Primary Medical Care. Oxford University Press, 2004 s. 299-303. Larivaara, P, & Taanila, A. Towards interprofessional family-oriented teamwork in primary services:evaluation of an education programme. Journal of Interprofessional Care, 2004, 18/2:153-163. Mustajoki, P., Saha, H. & Sane, T. (ed.): Potilaan tutkiminen. Kustannus Oy Duodecim, Saarijärvi 2003. Pages 7-64.

#### Assessment methods and criteria:

Participation in the start seminar, exercise session for doctor-patient communication, practical period in health care center (3 days), and in closing work-shop.

#### Grading:

Accepted/fail

Person responsible:

Professor Markku Timonen

#### Other information:

Included in the study modules of the Public Health Science and General Practice, 3) Clinical examination and treatment, 4) Rehalibition and social care

#### 040013Y: Introduction to Medical Studies, 2 op

Opiskelumuoto: General Studies Laji: Course Vastuuyksikkö: Medicine Arvostelu: 1 - 5, pass, fail

#### **Opettajat:** Olli Vainio **Opintokohteen kielet:** Finnish

#### ECTS Credits: 2 ECTS-credits Language of instruction:

#### Finnish

#### Learning outcomes:

Part 1: Introduction to university studies (1. semester): Student knows the structure and goals of the medical education, and orientates to the University of Oulu and Faculty of Medicine as a learning environment. Part 2: Teacher tutorial (semesters 2-12): Student is able to plan the progression of studies, and builds up his/her professional identity and expertese in medicine.

#### Contents:

Structure and goals of the medical education, personal study plan (eHOPS), the University of Oulu and the Faculty of Medicine as a learning environment, studying at the university, and becoming a doctor.

#### Learning activities and teaching methods:

Lectures, small group meetings, peer and teacher tutoring, planning and evaluating a personal study plan (eHOPS), independent studying, learning diary.

#### Recommended or required reading:

Study guide for the Degree Programme in Medicine and University's <u>Guide for Degree Students</u>. Assessment methods and criteria:

Introduction to university studies: active participation to peer tutoring, writing a personal study plan. Teacher tutorial: active participating to teacher tutoring and evaluation of the personal study plan. **Grading:** 

pass / fail

#### Person responsible:

Academic coordinator Tuula Kaisto

#### 040007Y: Introduction to scientific research, 1,5 op

Opiskelumuoto: General Studies

Laji: Course Vastuuyksikkö: Medicine Arvostelu: 1 - 5, pass, fail Opettajat: Pentti Nieminen Opintokohteen kielet: Finnish

ECTS Credits: 1,5 credits Timing: C2 Learning outcomes: By the end of the course the student will have practiced the following skills: - understanding scientific research process

- obtaining data

- exploring research methods and analyzing data

- reporting research findings in medical and dental journals

#### Contents:

Scientific communication, study planning, study designs, analyzing research data and reporting. Special points in medical research: ethics in research, regulations in clinical research and use of animals in scientific research. Learning activities and teaching methods:

Lessons 10 h, homework and learning tasks 24 h. **Assessment methods and criteria:** Participation in the Faculty of Medicine Science Day and completion of homework. **Grading:** Pass/Fail **Person responsible:** Docent Pentti Nieminen

### 040419S: Management of acute pain - simulation trainig, 0,5 op

Opiskelumuoto: Advanced Studies Laji: Course Vastuuyksikkö: Medicine Arvostelu: 1 - 5, pass, fail Opettajat: Alahuhta, Seppo Matias Opintokohteen kielet: Finnish

ECTS Credits: 1,5 op Timing: C 8 Learning outcomes:

The students learn that the management of emergencies requires good communication, leadership and team work besides knowing clinical guidelines.

**Contents:** 

The students will practice clinical skills as a group in emergency situations.

Learning activities and teaching methods:

Simulation training will be carried out in groups of 3-4 students and it includes introduction, simulation scenario and debriefing.

Recommended or required reading: Handout Assessment methods and criteria: Participation in simulation training. Grading: Participation in simulation training. Person responsible: Professor Seppo Alahuhta

#### 040300A: Maturity exam (native language), 0 op

Opiskelumuoto: Advanced Studies Laji: Course Vastuuyksikkö: Medicine Arvostelu: 1 - 5, pass, fail Opettajat: Outi Mikkola Opintokohteen kielet: Finnish

**Contents:** 

Student writes an essay in his/her native language about the topic of the thesis to show a good command of the language and the content of the thesis. If the student's native language is another than Finnish or Swedish the Faculty will define separately the requirements for the language test. Learning activities and teaching methods: Writing an essay. Assessment methods and criteria: The essay is examined first by the supervisor of the thesis and then by the language teacher. **Grading:** Pass / fail

#### 040103A: Medical Biochemictry and Molecular Biology, 14 - 15 op

Opiskelumuoto: Basic Studies Laji: Course Vastuuyksikkö: Medicine Arvostelu: 1 - 5, pass, fail Opettajat: Johanna Myllyharju Opintokohteen kielet: Finnish

ECTS Credits: 15 ECTS Timing: C2 Learning outcomes: Aim of this module is 1

Aim of this module is to learn the function of the cells at the molecular level and recognize the basic biochemical compounds, reactions and the overall regulation of various metabolic pathways, especially those which are meaningful for Medicine. Students will also learn the basics of chemistry, molecular biology and common methodology used in molecular biology.

#### **Contents:**

General and inorganic chemistry: Basic concepts of chemistry; structure of atom; chemical bond; chemical formula, reaction and equations, stoichiometry; thermodynamics; phase equilibrium; reaction kinetics; chemical equilibrium; acid/base equilibrium; electrochemistry. Organic chemistry: nomenclature of organic compounds; carbon bonds; stereochemistry; properties and reactions of organic compounds; Structure of carbohydrates, amino acids, lipids and nucleic acids; metabolism of the carbohydrates, amino acids, lipids and nucleic acids; metabolism of the carbohydrates; regulation of gene expression; recombinant DNA technology; stem cells; intracellular messengers; energy metabolism; hormones; hypoxia response of the cells; components and function of extracellular matrix.

#### Learning activities and teaching methods:

Lectures 117 h. Optional possibility to practice calculations. Laboratory work including tutorial teaching and verbal evaluation, 5 works and 24 h. Essays. Theme day containing preliminary preparations 9 h.

#### **Recommended or required reading:**

Murray, R.K. (ed.): Harper's Illustrated Biochemistry, 28th edition, 2009.

R. Laitinen ja J. Toivonen: Yleinen ja epäorgaaninen kemia, soveltuvin osin. Otakustantamo. Harold Hart: Organic Chemistry. A short Course (soveltuvin osin), Houghton Mifflin Company, 6. (1983) tai uudempi painos. Luennot ja harjoitukset. Kemian opintojakson 39 työt -moniste (LTK/lääketieteellisen biokemian ja molekyylibiologian laitos).

R. Laitinen ja J. Toivonen: Yleinen ja epäorgaaninen kemia, soveltuvin osin. Otakustantamo. Harold Hart: Organic Chemistry. A short Course, Houghton Mifflin Company, 6. (1983) or updated edition. Lectures and laboratory work. Kemian opintojakson työt -moniste (LTK/lääketieteellisen biokemian ja molekyylibiologian laitos).

#### Assessment methods and criteria:

Medical biochemistry and molecular biology course includes 4 different intermediate exams; the first exam with principle of fail or accepted, and the rest exams will be graded (4 essays, 0-2.5 p/essay, points needed for passing 4.75). Final exam consist of 5 essays (0-10 p/essay). In final exams only 1 essay from 5 can have points lower than 4.5, otherwise exam will be failed. All the intermediate exams should be passed before participation in final exam.

**Grading:** 5 = 42,5 or more; 4 = 37,5-42; 3 = 32,5-41,75; 2 = 27,5-32,25; 1 = 23-32. **Person responsible:** Professor Johanna Myllyharju

#### 903007Y: Medical German Text Workshop, 1,5 op

Voimassaolo: 01.08.1995 -

**Opiskelumuoto:** Language and Communication Studies

Laii: Course

Vastuuyksikkö: Language Centre

Arvostelu: 1 - 5, pass, fail

#### Opintokohteen kielet: German

#### **Proficiency level:**

Eurooppalaisen viitekehyksen taitotaso A2-B1. Jos opiskelija suorittaa tämän kurssin pakollisena kurssina, täytyy hänen osoittaa saavuttaneensa taitotaso B1.

#### Status:

Kurssi hyväksytään osasuorituksena opintojaksoon Vieras kieli. Sen voi suorittaa myös vapaaehtoisena.

#### **Required proficiency level:**

Vähintään 3 vuotta saksaa koulussa tai vastaavat tiedot. Jos valitset saksan kieleksi, josta suoritat pakolliset vieraan kielen opinnot, vaaditaan saksa koulussa joko joko B2, A2 tai A1 - kielenä tai vastaavat tiedot. **ECTS Credits:** 

1.5 op

Language of instruction:

saksa

Timing:

Kurssi järjestetään kevätlukukaudella. Kurssi kestää yhden lukukauden.

#### Learning outcomes:

Opintojakson suoritettuaan opiskelija ymmärtää lääketieteellisen alan yleisluonteista sekä tieteellistä tekstiä, hän hallitsee eri lukustrategioita. Opiskelija tuntee saksalaisen kirjallisen ilmaisun erityispiirteet.

#### **Contents:**

Tekstinymmärtämisharjoituksia erilaisista lääketieteen alan aiheista sekä tavallisimmissa

kommunikaatiotilanteissa esiintyvän sanaston ja tarpeellisten keskeisten rakenteiden harjoittelua.

#### Learning activities and teaching methods:

Harjoitus ja itseopiskelua.

#### Target group:

Lääketieteellisen tiedekunnan opiskelijat

#### **Recommended or required reading:**

Opettajan valmistama materiaali. Jaetaan tunnilla.

#### Assessment methods and criteria:

Kurssin suorittaminen edellyttää aktiivista osallistumista harjoituksiin ja sovittujen tehtävien tekemistä.

#### Grading:

Numeroarviointi arvoasteikolla 1-5, opiskelija voi saada myös hyväksytty/hylätty (jos kurssi ei ole pakollinen). Person responsible:

#### Sabine Grasz

#### Other information:

Kurssi järjestetään Aapistiellä. Kurssista järjestetään infotilaisuus torstaina 20.1.2011, klo 12.00 - 12.30 lääketieteellisen tiedekunnan päärakennuksessa, salissa 116B.

Ilmoittautuminen: WebOodin kautta. Ilmoittautua voi myös sähköpostin kautta suoraan opettajalle sabine.grasz(at) oulu.fi.

#### 040112Y: Medical biophysics, 2,5 op

**Opiskelumuoto:** General Studies

Laji: Course

Vastuuyksikkö: Medicine

Arvostelu: 1 - 5, pass, fail

Opettajat: Weckström, Matti Tapani

Opintokohteen kielet: Finnish

Ei opintojaksokuvauksia.

# 040011Y-01: Medical informatics, module 1, information and Communication Technology, 0,5 op

Opiskelumuoto: General Studies Laji: Partial credit Vastuuyksikkö: Medicine Arvostelu: 1 - 5, pass, fail Opettajat: Paadar, Matti Reino Isak Opintokohteen kielet: Finnish

#### Timing:

C1

#### Learning outcomes:

By the end of the course the student will have practiced the following skills:

- using information and communication technology resources in the University of Oulu,

- using workstations available in the Medical Faculty,
- applying basic software necessary in the studies

#### Contents:

Workstations, information security and confidentiality, networks, office software **Learning activities and teaching methods:** 

Lectures 2 h, group work in computer class-room 6-8 h and completion of a practical project 4 h. Group works include practical work with the university network, web-learning environment and software installed in the workstations.

#### Assessment methods and criteria:

Regular and active participation in the small group lessons and completion of a practical project. **Grading:** Pass/Fail **Person responsible:** Docent Pentti Nieminen **Other information:** This course is a part of the studies in research skills.

#### 040011Y-02: Medical informatics, module 2, literature retrieval, 1 op

Opiskelumuoto: General Studies

Laji: Partial credit

Vastuuyksikkö: Medicine

Arvostelu: 1 - 5, pass, fail

Opettajat: Pentti Nieminen

Opintokohteen kielet: Finnish

#### **ECTS Credits:**

1 cr

Timing: C2

#### Learning outcomes:

By the end of the course the student will have practiced the following skills:

- search research articles using basic literature retrieval methods

- use bibliographic databases available at the Medical Faculty

#### Contents:

1. Library information systems, 2. Medical and dental publications, 3. Scientific online journals, 4. Medline, 5. Medic, 6. Scopus, 7. Cochrane, 8. Electronic books, 9. Reference management software.

#### Learning activities and teaching methods:

Lectures 4 h, group lessons in computer class-room 9 h and completion of practical projects 10 h. **Assessment methods and criteria:** 

Regular and active participation in the small group lessons and completion of practical projects. **Grading:** 

Pass/Fail **Person responsible:** Docent Pentti Nieminen **Other information:** This course is a part of the studies in research skills.

#### 040011Y-03: Medical informatics, module 3, clinical information systems, 0,5 op

Opiskelumuoto: General Studies Laji: Partial credit Vastuuyksikkö: Medicine Arvostelu: 1 - 5, pass, fail Opettajat: Pentti Nieminen Opintokohteen kielet: Finnish

**ECTS Credits:** 

0,5 credits Timing: C5 Learning outcomes:

By the end of the course the student will have practiced the following skills:

- providing clinical knowledge
- using electronic patients information systems
- using health care classification systems
- using workstations and network for clinical work

#### Contents:

Medical databases, critical appraisal of medical research article, electronic patients records and information systems.

Learning activities and teaching methods: Lessons 12 h and completion of a practical project.4 h. Assessment methods and criteria: Regular and active participation in the lessons and completion of a practical project. Grading: Pass/Fail Person responsible: Docent Pentti Nieminen Other information: This course is a part of the studies in research skills

#### 080005Y: Medical latin, 1,5 op

Opiskelumuoto: Language and Communication Studies Laji: Course Vastuuyksikkö: Medicine Arvostelu: 1 - 5, pass, fail Opettajat: Timo Sironen Opintokohteen kielet: Finnish

**ECTS Credits:** 

1 study point. Timing: Spring term Learning outcomes:

The ability to understand Latin terminology, especially in anatomy and diagnostics. During the course, students will be introduced to the structures of Latin, as well as the inflection of nouns and adjectives. After completing the course, students will be more familiar with the vocabulary of medical Latin. They will also be able to use Latin correctly in their work.

#### **Contents:**

Pronunciation of medical Latin. Inflection of nouns and adjectives. Adjective and genitive attributes. Prepositions. Terminology in anatomy and diagnostics. Basic vocabulary in anatomy and medicine.

#### Learning activities and teaching methods:

Lectures 10 h

#### **Recommended or required reading:**

Hand-outs. The following books are recommended but not necessary: Pitkäranta Reijo ja Mikkonen Laura: Lääketieteen sanakirja latina-suomi-latina WSOY, 2009. Pekkanen Tuomo: Ars grammatica - latinan kielioppi 2004. Pitkäranta Reijo: Latina medicorum, Latinaa lääkäreille 1980.

#### Assessment methods and criteria:

80 % compulsory attendance and exam.

Grading:

Pass / fail

#### Person responsible:

Dr. Timo Sironen. The course teachers are Mika Nevalainen (BM) and Jukka Ahola (BA)

#### Other information:

50 students are admitted to the course. The course will be convened if 20 or more students enrol. The course is a joint project between the Department of Anatomy and the Faculty of Humanities

#### 080001Y: Medical rescue work, 4 - 5 op

Opiskelumuoto: Intermediate Studies Laji: Course Vastuuyksikkö: Medicine Arvostelu: 1 - 5, pass, fail Opettajat: Alahuhta, Seppo Matias Opintokohteen kielet: Finnish

#### ECTS Credits: 1.5 study points. Language of instruction: Finnish Timina: C 11&12 (Sixth year) Learning outcomes: The students have knowledge of doctors duty and role in mass accidents. Can do triage. Is motivated to continuous learning and training in emergency medicine. **Contents:** General organisation of rescue work and doctors role in it. Medical rescue work planning and the role of continuous training. Triage. Refreshning of resuscitation skills. Learning activities and teaching methods: Lectures, theme days, practicing in small groups, simulation. Recommended or required reading: Given during the course Assessment methods and criteria: Taking part into themetheme days, group teaching events and simulation. Grading: The evaluation scale is pass/fail. Person responsible: Professor Seppo Alahuhta

#### 040118A: Microbiology, 9,5 - 10 op

Voimassaolo: 01.01.2011 - 31.12.2011 Opiskelumuoto: Basic Studies Laji: Course Vastuuyksikkö: Medicine Arvostelu: 1 - 5, pass, fail Ei opintojaksokuvauksia.

#### 080301A: Neurology, 6 - 6,5 op

**Opiskelumuoto:** Intermediate Studies

Laji: Course

Vastuuyksikkö: Medicine

Arvostelu: 1 - 5, pass, fail

Opettajat: Majamaa, Kari Gunnar

Opintokohteen kielet: Finnish

Voidaan suorittaa useasti: Kyllä

#### **ECTS Credits:**

6.5 credits in ECTS

#### Language of instruction:

The main course and lectures will be given in Finnish. The neurology course offered for the exchange students is modified from and partly overlaps with that offered for the Finnish students. In the Finnish curriculum the neurology course is in the fourth year of medical education (i.e. second year of clinical education).

#### Timing:

0.5 credits in the autumn term of the 3rd year (August-September)

6.0 credits in the spring term of the 4th year) (January-May)

#### Learning outcomes:

The course focuses on pathogenesis, diagnostics, treatment and prevention of common neurological diseases and rehabilitation of neurological patients. After completing this course the student should

- be able to carry out the neurological examination of the patient;
- be familiar with the diagnosis and management of common neurological illnesses;
- be familiar with ancillary investigations that are used for neurological evaluation;
- be familiar with current developments in the clinical neurosciences.

#### **Contents:**

The neurology course consists of an introductory course on clinical neurological examination and the main neurology course. Lectures will be given in Finnish and are voluntary. Small group sessions will be held in outpatient neurology clinic and neurology ward. Each student also participates in the clinical evaluation of patients at the emergency department and at the neurology ward and examines patients under supervision at the outpatient clinic. Attendance is mandatory in small group sessions and emergency service. Course also includes seminars, three of them are mandatory. There is a written final exam in the end of the course.

#### Learning activities and teaching methods:

Neurology course consists of the following activities Lectures 19,5 h (in Finnish) Introductory course of clinical neurological examination 6 h. Small group sessions at the outpatient clinic and neurology ward 12 h. Service at neurology ward 12h Service at emergency department 5 h. Seminars 29,5 h.

#### Recommended or required reading:

Soinila S, Kaste M, Somer H (eds.): Neurologia (2. Ed.). Duodecim, Helsinki 2006 (695 pages).

#### Assessment methods and criteria:

Attendance to small group sessions and clinical examination of patients in neurology ward and emergency department, attendance to three seminars and passed examination.

#### Grading:

A written final examination consists of five questions. The requirements of the final exam include the textbook, issues raised in the lectures, small group sessions and seminars. Zero points is allowed only in one question. In order to pass the exam the student must obtain half of the total points. The evaluation scale is 0-5 (0=fail, 5=excellent).

#### Person responsible:

Prof. Kari Majamaa

#### 080304A: Neurosurgery, 3 op

**Opiskelumuoto:** Intermediate Studies Laji: Course Vastuuyksikkö: Medicine Arvostelu: 1 - 5, pass, fail Opintokohteen kielet: Finnish

#### **ECTS Credits:**

**3.0 ECTS** Timing: C8 Learning outcomes:

After the course the student knows the clinical manifestations, diagnostics and treatment of neurosurgical diseases from the general practitioner's point of view.

#### Learning activities and teaching methods:

Lectures (14h) including patient demonstrations. Mandatory small group patient rounds and discussion /8h). Four symposia.

#### **Recommended or required reading:**

Neurosurgical hand-out: Ukkola Veijo, koivukangas John, Heikkinen Esa, 50 pages (also available in the internet). Lindsay-Bone: Neurology and Neurosurgery Illustrated, latest edition.

#### Grading:

Final examination (6 essay and multiple choice questions). At least half of the total points are needed to pass the test, and minimum of 1 point per question must be achieved. One month of clinical internship can enhance the arade.

#### Person responsible:

Professor John Koivukangas

#### Other information:

Alternatively, international students can also get full ETCS credits through the Erasmus program clinical elective. This requires full time (8.00 am - 3.45 pm) participation in all clinical activities for a minimum of four weeks. For ETCS credits the above textbook final examination must be passed: it is usually taken during the last week of practice.

#### 080510A: OSCE, 0 op

**Opiskelumuoto:** Intermediate Studies Laji: Course Vastuuyksikkö: Medicine Arvostelu: 1 - 5, pass, fail Opettajat: Uhari, Matti Kalervo Opintokohteen kielet: Finnish Voidaan suorittaa useasti: Kyllä

**ECTS Credits:** 0.0 op Language of instruction: Finnish Timing: 5th year spring Learning outcomes: To assess the abilities of student performance on the subjects of the 5th year curriculum. Contents: A joined examination of the subjects on the fifth year. Learning activities and teaching methods: Each student makes a circuit of 15 stations comprising of practical tests in different disciplines. 8 minutes/station, 2 minutes for transferring between stations.

**Recommended or required reading:** 

Textbooks and manuscripts of the fifth year. **Assessment methods and criteria:** The examiner on each station assesses the performance of the student. **Grading:** Passed/failed **Person responsible:** Professor Matti Uhari **Other information:** Each student has to be participated in every course of the fifth year.

#### 080401A: Obstetrics and gynecology, 10 op

Opiskelumuoto: Intermediate Studies Laji: Course Vastuuyksikkö: Medicine Arvostelu: 1 - 5, pass, fail Opettajat: Juha Tapanainen Opintokohteen kielet: Finnish

ECTS Credits: 11 op Language of instruction: Lectures will be given in Finnish. Timing:

5 th study year C 9-10

#### Learning outcomes:

After completing the course *Obstetrics and Gynecology* the student will have sufficient theoretical and practical knowledge in obstetrics and the most common gynecological illnesses, as well as the diagnostics, treatments and prevention thereof. Furthermore, the student will learn about a normal pregnancy, childbirth and puerperium. The course will provide the student skills required to work in a public health center as a general practitioner and to handle the treatment of acute cases

#### Contents:

#### Main Contents of Obstetrics and Gynecology in Basic Studies

Introduction: patient's anamnesis and examination, diagnosis and treatment plan, ultrasonography and other medical procedures, sexology, and violence against women.

Obstetrics: physiology of a pregnancy, planning and monitoring of pregnancy, monitoring of childbirth, puerperium, birth control, sterilization, and termination of pregnancy.

Pregnancy complications: miscarriage and gynecological hemorrhage, pre-eclampsia or eclampsia, multiple pregnancy, fetal growth retardation, premature delivery and preterm loss of amniotic fluid, infections during pregnancy, 3 <sup>rd</sup> trimester hemorrhaging and ablation, postpartum hemorrhaging, diabetes and pregnancy. Gynecology: menstrual cycle, leucorrhea and abnormal menstrual bleeding, sexually transmitted diseases and infections, gynecological endocrinology and infertility.

Gynecological abnormalities: pelvic inflammatory disease (PID), uterine prolapse and incontinence, endometriosis, abnormal gynecological bleeding, infertility, tumors, hormonal replacement therapy and osteoporosis.

#### Learning activities and teaching methods:

An online exam (www.oulugyn.net) must be completed prior to taking this course.

Group instruction will be provided at policlinics, where 1-2 students at a time participate in running the practice of a specialist doctor or an intern. The students will be able to interview and examine patients under supervision. The group will spend a week in the maternity room, during which time each student will participate in a minimum of 4 deliveries. Furthermore, students will examine patients on the day prior to their scheduled surgeries and participate in these operations. There will be two ultrasonogram demonstrations for each student. All specialist doctors and interns at the clinic have been recruited for instruction.

Instruction at public health centers and maternity-child health centers will be conducted in small groups of 2-3 students in the following health centers: Kempele Health Center (gynecological patients), and Höyhtyä and Haukipudas Maternity-Child Health Center (maternity care). One student at a time will interview and examine a

patient and perform necessary procedures (ultrasonogram, PAP smear and Pipelle sample, fluid loading, inserting an IUD). The student will make a suggested diagnosis, as well as suggest possible further examinations and treatment, which are later discussed in the group. The patient will also participate in the counsel regarding herself. Prior to the in-group work the students will participate in **Fantom** 

instruction (1,5 hrs), which will prepare the students for patient examinations.

#### Lectures 31 hrs.

**Morning meetings.** Wednesday mornings at 8.15 - 9.00. Students may wish to participate in the scientific meetings of the clinic.

Problem-Based-Learning (PBL): (10 sessions, 2 hrs each, and literature research, total of 30 hrs.)

Students will work on actual patients' cases, set learning goals for themselves and learn by using professional literature and information from the internet.

Group instruction: 9 times, 2 hrs each, total of 18 hrs.

- Kempele Health Center, Höyhtyä and Haukipudas Maternity-Child Health Centers, 3 hrs each, total of 9 hrs.
- Maternity and Gynecology Policlinics and Wards, included in group instruction.
- Maternity Room instruction, included in group instruction.
- Examining patients scheduled for surgery and participating in the operation, included in group instruction.
- Ultrasonogram demonstration / examination ward, included in group instruction .

#### Hospital On-Call

Students will participate in on-call duties with the on-call Ob Gyn doctor at the Oulu University Hospital, total of 6 hrs.

#### Theme Days

Acute abdomen: carried out in co-operation with the Clinic for Surgery and Radiology, total of 3 hrs. Students will be introduced to the main illnesses leading to an acute situation, as well as examining and treating them. Pediatrics' Theme Day: toxication, narcotics and alcohol, 4 hrs.

Students will learn about the effects of substance abuse on the mother and fetus / child.

Sexology: carried out in co-operation with the Dermatology Clinic, total of 4 hrs.

Students will be divided into 6 groups; each group will prepare a 10 minute PowerPoint presentation on a given subject (sexually transmitted diseases). The group will also prepare commentary statements about two of the other groups' presentations. Students will also participate in 2 hrs of lectures on sexology.

Minisymposium Gynecological cancer, 3 hrs.

#### **Course Congress**

Students are divided into 6 groups. Each group will prepare a poster and a 10 minute PowerPoint presentation on a given subject. The presentation will be given by one member of the group. Furthermore, the group will prepare commentary statements about two of the other groups' presentations.

#### Instruction at a Central Hospital

Working at a central hospital will give students good insight on the praxis of our specialty outside the university hospital. It will also help students in learning practical skills and procedures. Each student will work at a central hospital under the supervision of local chief physicians for one week. At the hospital students will gain experience in the practices of the specialty as well as gradation of care.

#### Recommended optional programme components:

Theme Days are carried out in co-operation with other clinics.

#### Recommended or required reading:

#### <u>Primary</u> :

Ylikorkala O, Kauppila A. Naistentaudit ja synnytykset. Kustannus Oy Duodecim, 2001. (New edition in the fall 2004)

#### Alternative, for foreigners :

Callahan T, Caughey A, Heffner L. Blueprints in Obstetrics & Gynecology, ISBN 0-86542-505, 1998 Blackwell Science, USA

Campbell S, Monga A, Gynaecology by Ten Teachers, ISBN 0 340 74081 7, 2000, Oxford University Press, New York, USA, http://www.arnoldpublishers.com
Campbell S, Lees C. Obstetrics by Ten Teachers, ISBN 0 340 74082 5, 2000, Oxford University Press, New York, USA, <u>http://www.arnoldpublishers.com</u>

Lambrou N, Morse A, Wallach E. The Johns Hopkins Manual of Gynecology and Obstetrics, ISBN 0-7817-1890-2, Lippincot Williams & Wilkins, USA

## Complementary:

Martin L Pernoll. Current obstetric and gynaecologic diagnosis and treatment. Prentice-Hall Internat. Inc. (latest edition).

E Malcolm Symonds. Essential obstetrics and gynaecology. Churchill Livingstone (latest edition).

## Assessment methods and criteria:

Participating in lectures is voluntary; however, other instruction is mandatory. To complete the course, the student must submit a logbook, showing the his/her attendance in mandatory instruction. All examinations (pre-course exam, weekly exam, multiple choice and patient case exams) must be passed. The student also must return the mandatory feedback form. **Grading:** 

The final grade consists of a two part final exam (multiple choice and patient case). Grading: 0=fail, 1-5=pass

Person responsible: Professor Markku Ryynänen

Other information:

A prerequisite for participation is completing all previous study units.

## 080410A: Occupational health, 2 op

Opiskelumuoto: Intermediate Studies Laji: Course Vastuuyksikkö: Medicine Arvostelu: 1 - 5, pass, fail Opettajat: Leena Ala-Mursula Opintokohteen kielet: Finnish

## **ECTS Credits:**

1,5
Timing:
C11
Learning outcomes:
The student knows service system in occupational health and the role of occupational health services. The student understands the basic facts about the relationship between work and health and is able to recognize work related diseases and occupational diseases.
Contents:
Elementary knowledge in occupational health care

- Assessment of the relationship between work and health

- Basis of work related diseases and occupational diseases

Learning activities and teaching methods:

Lectures, group works and seminars

## Recommended or required reading:

Antti-Poika M: Työperäiset sairaudet [Work related diseases]. Työterveyslaitos, Helsinki.

# Hand-outs of the course **Assessment methods and criteria:**

Participation in group works and seminars and written examination

## Grading:

The evaluation scale: pass/fail

#### Person responsible: Professor Hannu Virokangas Other information: In the Institute of Health Sciences the course is included in the learning branch of - prevention of diseases and health promotion and - examination of patient and health strategies

## 080204A: Oncology, 4 op

Opiskelumuoto: Intermediate Studies

Laji: Course

Vastuuyksikkö: Medicine

Arvostelu: 1 - 5, pass, fail

Opettajat: Turpeenniemi-Hujanen, Taina Marjatta, Karihtala, Peeter Johannes

Opintokohteen kielet: Finnish

#### **ECTS Credits:**

4.0 op **Timing:** C 11

#### Learning outcomes:

After the course the student should have comprehensive knowledge of ethiology, diagnosis, prognosis, treatment, rehabilitation and follow-up of different cancers. They should also understand the role of different levels of health care system during this process.

#### Contents:

Lectures covering clinical oncology and radiation therapy, different cancer treatment modalities and their eppliement in different malignant diseases and during palliative and terminal phases of these diseases. Special cancer types will be covered during lectures according to separate lecture schedule. Treatment of cancer associated pain is thaught in pain symposium organized by the department of anaesthesiology. Teaching of cancer epidemiology and screening is integrated into the curriculum of global health and teaching of prostate and breast cancer are integrated into surgical curriculum.

#### Learning activities and teaching methods:

Lectures 30 t, group teaching 24 t, including 6 t on ward teaching, 6 t on out-patient unit, seminars 10 t and demonstration of radiotherapy palning 2 t.

During instructed outpatient working the student will familiarize with examination, treatment, rehabilitation and follow-up of cancer patients. The aim is to train students into independent work among cancer care. During seminar working the student will familiarize themselves with clinically relevant topics (palliative care, oncological acutology, problem solving and discussing with patients) trough problem based learning.

#### **Recommended or required reading:**

Joensuu, Roberts, Teppo, Tenhunen: Syöpätaudit, 2007, Kustannus Oy Duodecim; UICC: TNM-luokituskirja ja UICC Clinical Oncology, viim.painos. Suositeltavaa kirjallisuutta: Joensuu H, Kouri M, Ojala A, Tenhunen M, Teppo L: Kliininen sädehoito. Duodecim viim.painos. Vainio A, Hietanen P: Palliatiivinen hoito. Duodecim viim. painos. Lahtinen T, Holsti LR: Kliininen säteilybiologia. Duodecim viim.painos. MacDonald IS: Palliative Medicine. Oxford Univ Press 1998. Bomford CK & Kunkler IH: Walter and Miller's Textbook of Radiotherapy. Radiation Physics, Therapy and Oncology. Churchill Livingstone 2003. Elonen E, Järviluoma E: Solunsalpaajaopas. Duodecim viim.painos. Kallanranta T, Rissanen P, Vilkkumaa I: Kuntoutus. Duodecim viim.painos. Hänninen: Saattohoito. Duodecim viim.painos.

#### Assessment methods and criteria:

Final exam may be performed in finnish, swedish, english or germany. before entering final exam the student must have passed the entrance exam. Before the whole course can be accepted the student must have had an accepted final exam and performed all the group teachings. suoritukseen vähintään 50% maksimipistemäärästä. Lopputentti järjestetään 4 kertaa lukuvuodessa.

Grading:

0-5

#### Person responsible:

prpfessor Taina Turpeenniemi-Hujanen

## 080303A: Ophthalmology, 4 op

ECTS Credits: 4 ECTS Credits Language of instruction: Lectures are in Finnish and group sessions in English Timing: C8 Learning outcomes:

The course of ophthalmology is based on learning basic ophthalmology and skills needed for the work of general practitionist. After this course the student will recognize symptoms of ophthalmic diseases, diagnostics and choose correct treatment options .The student will identify the connection between systemic diseases and ophthalmic problems. After completion of the course the student can perform visual and ophthalmic examination needed for health check-up, screening of child's visual acuity, to treat general ophthalmic diseases and to assess the need and urgency for further care

#### Contents:

Examination of eyes and visual acuity and treatment of ophthalmic diseases based on learning skills needed for the work of general practitionist

#### Learning activities and teaching methods:

Lectures 38 h, group sessions 14 h, exams 2h + 4 h

**Recommended or required reading:** 

Book: Harper RA (ed.). Basic Ophthalmology (9th ed) American Academy of Ophthalmology, San Fransisco, 2010. Assessment methods and criteria:

The completion of the course includes participation in all group sessions and passed exams.

Grading:

Preliminary examination: pass/fail; final examination 0-5.

Person responsible:

Clinical lecturer Johanna Liinamaa

Other information:

Two optional group sessions are provided.

## 080211A-02: Organ pathology, 2,5 op

Voimassaolo: 01.08.2005 - 31.07.2010 Opiskelumuoto: Intermediate Studies Laji: Partial credit Vastuuyksikkö: Medicine Arvostelu: 1 - 5, pass, fail Opettajat: Karttunen, Tuomo Juhani Opintokohteen kielet: Finnish

ECTS Credits: 2,5 credits Timing: C9-10 Learning outcomes:

Upon completion the student should know, for each organ system included, the basic mechanisms of diseases (etiology and pathogenesis), their basic morphological, functional and clinical characteristics, and terminology related with diseases. The student should be able to regocnize and classify the most common diseases of the organ systems, understand the relationship between these features of the diseases and their symptoms and other clinical manifestations. The student should know the most important sources of error in histopathological diagnostics, and be familiar with the collaboration between clinician and pathologists needed in every day clinical work.

#### Contents:

Gynecopathology. Dermatopathology

#### Learning activities and teaching methods:

Lectures 45 hours; theme days 14 hours practicals 39 hours. Self study, written examination.

Target group:

Medical students.

#### Recommended optional programme components:

040108A General pathology; 080211A-01 Organ Pathology I

#### **Recommended or required reading:**

Books:Underwood JCE: General and systematic pathology, 4<sup>th</sup> ed. (2004; sections: Basic pathology; General disease mechanisms); or Kumar V. et al.: Robbins Basic Pathology, 8<sup>th</sup> ed. (2007, or 7<sup>th</sup> ed. 2003). Alternatives: Kumar et al.: Robbins and Cotran, Pathologic basis of disease, 7<sup>th</sup> ed. (2005); Rubin & Straver; Rubin's Pathology (2005). In Finnish: lecture handouts; Guidebook for microscopy practicals; Guidebook for autopsy practicals. Web-based material (in Finnish): http://www.medicine.oulu.fi/pato/opetus/YP\_ATK\_JOHDANTO.htm

#### Assessment methods and criteria:

The course requirements include participation in compulsory practicals and passing in the mid-term and end-ofcourse examinations.

#### Grading:

The evaluation scale is 1-5/fail. Final grade for Organ pathology is based on the grades of Organ pathology 1 and 2, weighted according to proportions of credit points.

Person responsible: Professor Tuomo Karttunen

## 080201A: Organ pathology I, 9,5 op

**Opiskelumuoto:** Intermediate Studies Laji: Course Vastuuyksikkö: Medicine Arvostelu: 1 - 5, pass, fail Opettajat: Karttunen, Tuomo Juhani Opintokohteen kielet: Finnish

#### **ECTS Credits:**

**13 ECTS Credits** Timing: C5

#### Learning outcomes:

This course focuses on the essential features of etiology, pathogenesis and structural changes of diseases of the different organ systems. Pathophysiological aspects of diseases are reviewed as well as relationship between the abnormal function and structure and the clinical manifestations of disease, such as symptoms and clinical findings. Session on cell and molecular biology of cancer deals with pathogenesis of malignant neoplasms and the utilization of molecular biological techniques in the evaluation of neoplasms.

After the course, students should be able to describe etiology and pathogenesis of the most important diseases of each organ system, and the structural abnormalities of such diseases. The student should be able to explain how structural and functional abnormalities manifest themselves as clinical symptoms and signs. In addition, students should be able to identify and classify the most common types of macroscopic and microscopic abnormalities in different organ systems. He/she should know the most important sources of error in surgical pathological and cytological diagnostics, and be prepared on a proper teamwork with pathologists in his/her clinical work, for the best of his/her patients.

#### Contents:

Methods of pathology. Sources of errors in surgical pathology and diagnostic cytology. Pathology of systemic diseases. Pathology of the circulatory system. Pathology of the liver, biliary tract and pancreas. Pathology of the oral tissues, salivary gland and the gastrointestinal tract. Pathology of the respiratory tract and the lungs. Hematopathology including pathology of the lymph nodes and the spleen. Oto-, rhino- and laryngolocical pathology. Ophthalmic pathology. Pathology of the kidney, urinary tract and male genitals. Pathology of the soft tissue, bone, joints and tendons. Endocrine pathology. Neuropathology. Pathology of the muscular system. Breast pathology. Cellular and molecular biology of cancer.

#### Learning activities and teaching methods:

Lectures 48 h, theme days 12 h, practical training 33 h, exam 3 t

#### Recommended or required reading:

Text books: Underwood JCE: General and Systematic Pathology, 2009 or 2004 (organ pathology section) or: Kumar V et al.: Basic Pathology, 2007 tai 2003. Alternative text books : Cotran et al.: Pathologic basis of disease 2010 or 2004 ; Rubin & Farber: Pathology, 2005 or 1999). Manuals for the practical trainings (in Finnish), available in electronic form in Optima: Mikroskooppiharjoitusten opas (A guide for microscopy practicals), Obduktiotekniikan opas (A guide for autopsy technique). Lecture notes (mostly in Finnish).

#### Assessment methods and criteria:

Participation in the practicals, theme days and passing the final exam.

#### Grading:

0-5. Final grade in Organ pathology (0-5) will be calculated on the basis of grades in Organ pathology part I and Organ pathology part II, both affecting the grade in proportion of the amount of credits of both of these courses.

#### Person responsible:

Professor Tuomo Karttunen

## 080302A: Oto-rhino-laryngology, 6 op

Opiskelumuoto: Intermediate Studies

Laji: Course

Vastuuyksikkö: Medicine

Arvostelu: 1 - 5, pass, fail

Opettajat: Alho, Olli-Pekka

Opintokohteen kielet: Finnish

#### **ECTS Credits:**

6.0 credits

#### Language of instruction:

The lectures are given in Finnish, but the material provided for the students is translated into English. **Timing:** 

C7-8

#### Learning outcomes:

The student gains the skills and knowledge in Otorhinolaryngology he or she needs to work as an independent general practitioner

#### Contents:

The course deals with diseases of the ear, the nose and the paranasal sinuses, the mouth, the throat, the salivary glands and the larynx as well as injuries of the face. The epidemiology, diagnostics, treatment also rehabilitation are handled. The student also gets acquainted with hearing rehabilitation. An introduction into phoniatrics is provided. The group instructions focus on diagnostics and treatment of ear, nose and throat diseases in practice and well as techniques of ambulatory operations. One seminar on vertigo is given in collaboration with several other specialties.

The lectures are given in Finnish but the material provided for the students is translated into English.

## Learning activities and teaching methods:

52 h of lectures, out of these 8 h propedeutical lectures at the beginning of the course. The lectures focus on themes, and also on problem based reviews. 28 h of group instructions per student. The students are divided into 12 groups, 2 of these work at the department in each occasion. On an average, a student works for 2 h per week at the department. The group instructions include patient work at the outpatient department; 4 occasions deal with the most common ear, nose and throat diseases, and in addition one occasion (2 h) on phoniatrics.

#### **Recommended or required reading:**

Textbook: Korva-, nenä- ja kurkkutautioppi ja Foniatrian perusteet. Korvatieto Oy (the most recent edition) Becker, Naumann, Pfalz: Ear, Nose and Throat Diseases, Thieme 1994

Boenninghaus, Lenarz: Hals-Nasen-Ohrenheilkunde, Springer-Verlag 2005

#### Assessment methods and criteria:

All group instructions, entering examination and final examination **Grading:** 

The entering examination is based on the material of the propedeutical lectures. The entering examination deals with anatomy, physiology examination techniques. The final examination consists of a written and an oral part (which also serves as feed back for the written part). 6 questions in the written examination, each giving 0 to 6 points. The result of the entering examination has a weight of 1/7 in the final evaluation. The final evaluation is scored from 0 to 5 **Person responsible:** 

Professor Olli-Pekka Alho

## 080502A: Pediatrics, 14 op

Opiskelumuoto: Intermediate Studies Laji: Course Vastuuyksikkö: Medicine Arvostelu: 1 - 5, pass, fail Opettajat: Mikko Hallman

Opintokohteen kielet: Finnish

ECTS Credits: 13.5 op Language of instruction: Finnish Timing: C 9-10 Learning outcomes:

Upon completion the student should be able

- to diagnose and treat the most common pediatric diseases as a general practioner or as a first-year resident in a hospital

- to provide first aid to acutely and critically ill children

- to understand pediatric preventive health care and health education

#### **Contents:**

Growth and development; medical history and clinical exmaination of a child; allergology; endocrinology; diabetology, gastroenterology, hematology, infectious diseases; cardiology, pediatric surgery; pediatric neurology, nephrology, neonatology; oncology; emergency medicine

#### Learning activities and teaching methods:

1. Ward rounds and small group learning at wards, in four small group sessions problem-based learning is promoted by using a peer consultation method, topics of other small group sessions include the treatment of juvenile diabetes mellitus, the interpretation of complete blood count, treatment and handling of a newborn, heart auscultation, examination of a child with juvenile rheumatoid arthritis.

2. The lectures cover the essentials of pediatrics. Interactive audience response system is used in the lectures in order to activate students and receive feedback. Printed handout version of lecture slides in Finnish is available for students before the course.

3. Outpatient clinic learning includes the examination and treatment of children in the referral clinic under supervision of a clinical teacher.

4. Topics of special theme days include poisonings in children, drug and alcohol abuse, violence and sexual abuse.

5. Every student attends the pediatric emergency room for 2-3 evenings and examines patients under supervision of doctor on-call.

6. Student visits to the School of Lohipato, a special school for children with neurological illnesses and to

Tahkokangas Service Center for mentally retarded people are arranged.

7. There are four seminars on different topics during the course.

8. Staff meetings on interesting patient cases are open for students.

9. Four examinations (please see assessment methods)

#### Recommended or required reading:

Book: Rudolph A., Kamei R. & Overby K. (edit.) Rudolph's Fundamentals of Pediatrics. Third Edition. McGraw-Hill Companies, Last Edition.

Or: Lissaurer T. & Clauden G. Illustrated textbook of paediatrics. Mosby. London, Last Edition.

Printed version of lectures.

Materials can be freely used also during examinations.

#### Assessment methods and criteria:

Preliminary test (multiple choice questions), Book by Rajantie et al. Lastentaudit. Duodecim, 2010. Examinations: a) 10 patient cases as slides and medical history; 0-20 points (approved >5 p.). Grading: 1-5 / Fail. b) Final examination: 10 patient scenarios, 0-6 points/patient (max. 60 points, approved>35 points). Grading: 1-5 / Fail Grading:

The final grade of the course: Scale 1-5 Final examination (85 %) ja patient examination (i.e. slide show) (15 %). **Person responsible:** Professor Matti Uhari (matti.uhari@oulu.fi)

## 040106A: Pharmacology and toxicology, 10 op

Opiskelumuoto: Basic Studies Laji: Course Vastuuyksikkö: Medicine Arvostelu: 1 - 5, pass, fail Opettajat: Hakkola, Jukka Antti Tapio Opintokohteen kielet: Finnish

#### **ECTS Credits:**

10.0 p Language of instruction: Finnish

#### Timing: C4 / DC4

#### Learning outcomes:

The student will learn fundamentals of pharmacology and toxicology. After passing the course the student should know how the *body* affects a specific drug after administration and physiologic effects of drugs and their mechanisms of action. The student should get familiar with major drug classes and their role in the treatment of disease. Furthermore, the student understands the basis of individualized drug therapy. After passing the course, the student should have ability to safe and efficient drug therapy.

#### Contents:

The basic terminology of pharmacology: pharmacodynamics and pharmacokinetics. Systematic review of major classes of drugs: drugs affecting cardiovascular system, gastrointestinal drugs, drugs affecting the respiratory tract, drug treatment of pain, drugs used to treat endocrinological disorders, affecting the central nervous system, anesthetic agents, antimicrobial drugs, anticancer drugs. Details of key drugs in each class will be discussed including route of administration, drug effects, drug interactions and most common adverse effects. Toxicology: the basics of toxicology, the most common poisonings, tissue specific toxic responses in most important organs and fundamentals of risk assessment.

#### Learning activities and teaching methods:

Lectures (77 h) and tutorials (compulsory, 18 h). In tutorials, students discuss with tutor about the topics of lectures. A web-based exam and three written exams.

#### Recommended or required reading:

Olavi Pelkonen and Heikki Ruskoaho (eds.) Lääketieteellinen farmakologia ja toksikologia (Kustannus Oy Duodecim) (latest edition) or equivalent textbook.

#### Assessment methods and criteria:

Lectures, tutorials, web-based exam, written examination.

#### Grading:

The evaluation scale is 5-1/fail

#### Person responsible:

Professor Heikki Ruskoaho, professor Jukka Hakkola and lecturer Jaana Rysä

#### Other information:

At the beginning of the course students study independently for a test evaluating the required level of knowledge of pharmacokinetics and pharmacodynamics. In addition, two essay examinations ( worth one-third of the final grade) and final exam (worth two-thirds of the final grade) are included.

## 080703A: Physiatry, 3 op

Laji: Course Vastuuyksikkö: Medicine Arvostelu: 1 - 5, pass, fail Opettajat: Karppinen, Jaro Ilari Opintokohteen kielet: Finnish

ECTS Credits: 3 op Language of instruction: Finnish Timing: Spring term of the 4th year. Learning outcomes: After the xourse a student can recognize and is able to treat common musculoskeletal disorders.

#### **Contents:**

The pathophysiology, diagnostics and conservative treatment of common musculoskeletal disorders. Basic knowledge on rehabilitation of various diseases. The efficacy of physical modalities and physiotherapy. **Learning activities and teaching methods:** 

Lectures 32 hours, course examination 2 h. Demonstrations 8 hours (clinical examination of spine, upper extremity and lower extremity, upper extremity injections)

#### **Recommended or required reading:**

Course book: Arokoski J et al. (ed.) Physiatrics, latest edition.

Extra readings: Musculoskeletal disorders. Ed: Karl-August Lindgren, Helsinki: Duodecim, 2005.

Functional ability: assessment and clinical use.Ed.: Esko Matikainen et al. Helsinki: Duodecim, 2004

#### Assessment methods and criteria:

Demonstrations and accepted course examination. **Grading:** accepted/rejected **Person responsible:** Professor Jaro Karppinen **Other information:** A pre-course exam in Optima (obligatory)

### 040112A: Physiology, 15 op

Voimassaolo: 01.08.2005 -Opiskelumuoto: Basic Studies Laji: Course Vastuuyksikkö: Medicine Arvostelu: 1 - 5, pass, fail Opettajat: Vuolteenaho, Olli Jaakko Tuomas Opintokohteen kielet: Finnish

ECTS Credits: 15op Language of instruction: Mainly Finnish, part of lectures and practical in English Timing: C3 Learning outcomes:

After completion of the course the student:

- knows the principles of the function, regulation, and interrelations of the cells, tissues and organ systems of the healthy human being, as required for independent work as a physician or dentist

- can evaluate the knowledge and apply it for investigations of clinical physiological problems and mechanisms of diseases

- can follow and evaluate the development of physiology as a science, and maintain and improve knowledge in it

- can apply knowledge in physiology for acquiring, evaluating and reporting scientific medical and dental information

After reaching the learning aims the student has sufficient knowledge and skills in physiology for studies leading to the degrees of Licenciate of Medicine and Licenciate of Dentistry, and for continuous learning.

#### Contents:

- 1. Cell physiology
- 2. Organ physiology
- 3. Physiological regulation and integrative physiology
- 4. Clinical physiology

#### Learning activities and teaching methods:

Guidance and tutorial (3 h), lectures (100 h), practicals (28 h), English-language group discussion (2 h), term papers (6 h), independent study (255 h), interim ja final examinations (6 h)

#### Recommended or required reading:

Textbook: Ganong's Review of Medical Physiology (most recent edition). The availability of the textbook in the library can be checked <u>here</u>.

Practicals Textbook (in Finnish): Fysiologian harjoitustyöt (Oulun yliopiston oppimateriaalia-sarja, Lääketiede D 3, most recent edition)

Lecture notes can be found in Optima Environment (http://optima.oulu.fi

### Assessment methods and criteria:

Lectures, attending the English-language group discussion and practicals, completing the term papers, passing the examinations. There are three attempts for each examination.

#### Grading:

Numerical grades for interim & final examinations and term paper II (1-3/fail). Assessment of practicals and term paper (pass/fail). Attending the final examination requires prior passing of the interim examination, both term papers, practicals, and English-language group discussion. The final grade for Physiology (1-5/fail) is based on the grades obtained from term paper II (weight 10%), interim examination (30%) and final examination (60%). Corresponding studies abroad are assessed case-by-case on the basis of official documentation.

#### Person responsible:

Professor Olli Vuolteenaho

#### Other information:

Physiology for Medical and Dental curricula

## 040112A-021: Physiology, practicals entry examination, 1 op

Voimassaolo: 01.08.2014 -Opiskelumuoto: Basic Studies Laji: Partial credit Vastuuyksikkö: Medicine Arvostelu: 1 - 5, pass, fail Opettajat: Vuolteenaho, Olli Jaakko Tuomas Opintokohteen kielet: Finnish

Ei opintojaksokuvauksia.

## 080206A: Prescriptions, 0,5 op

Opiskelumuoto: Intermediate Studies Laji: Course Vastuuyksikkö: Medicine Arvostelu: 1 - 5, pass, fail Opettajat: Viitala, Pirkko Liisa Opintokohteen kielet: Finnish

ECTS Credits: 1.0 p Language of instruction:

#### Finnish Timing: C5 / DC5 Learning outcomes:

The student will learn correct prescription skills and will get familiar with the official regulations and restrictions concerning prescription, delivery and reimbursement of the drugs. Additionally the student will get a general view to chemist's role in drug delivery.

#### Contents:

Structure and content of prescription. Different types and uses of prescription. Regulations of prescription and drug delivery and reimbursement. Cooperation of doctor/dentist, chemist's and Kela (The Social Insurance Institution of Finland) for safe and efficient drug therapy. Introduction to drug registration, licensing, quality control and preservation.

#### Learning activities and teaching methods:

Lectures 8 h. Prescription writing practice 2 h.

#### Recommended or required reading:

Book: Ilari Paakkari: Käytännön reseptioppi (Kandidaattikustannus Oy, latest edition). Course material and appropriate lists and regulations in the Pharmaca Fennica.

#### Assessment methods and criteria:

Written exam. Acceptable performance requires good knowledge on the theory and satisfactory prescription ability. **Grading:** 

#### Pass/fail

#### Person responsible:

Pirkko Viitala (pirkko.viitala@oulu.fi)

## 041003Y: Professional Development in Medicine Studies, 3 op

Voimassaolo: 01.08.2011 -Opiskelumuoto: General Studies Laji: Course Vastuuyksikkö: Medicine Arvostelu: 1 - 5, pass, fail Opettajat: Olli Vainio Opintokohteen kielet: Finnish

Ei opintojaksokuvauksia.

## 080103A: Psychiatry, 12 - 14 op

Voimassaolo: 01.01.2009 -Opiskelumuoto: Intermediate Studies Laji: Course Vastuuyksikkö: Medicine Arvostelu: 1 - 5, pass, fail Opintokohteen kielet: Finnish Voidaan suorittaa useasti: Kyllä

ECTS Credits: ECTS credits 14.0 Language of instruction: Finnish. Timing: S7-S8, 4th year, autumn and January Learning outcomes: To give basic facts on psychiatric nose

To give basic facts on psychiatric nosology and care, especially in basic health care. Students should be able to identify common mental disorders (axis I and axis II) and to know how to treat them among adult patients according to the Treatment Recommendations (psychotherapy, psychopharmacology) in basic and specialist level

health care. Students should learn to identify also severe mental disorders in adolescents, adults and elderly and be able to send the patients to the psychiatric emergency and psychiatric care, also involuntary if necessary. The student should also know how to identify patients with psychosis and also at risk for suicide or violent act. Contents:

Major psychiatric illnesses in adults and adolescents, their first aid and care. Examining a psychiatric patient. Patient-doctor relationship. Nosology, diagnostics and treatment of most common psychiatric diseases. Psychiatric legislation and forensic psychiatry. Psychopharmaceutical treatment. Psychotherapy and its applications. Clinical psychology. Psychosomatics. Substance abuse. Adolescent psychiatry; identification of mental disorders in adolescence, like psychoses, depression and eating disorders, treatment principles. Psychiatry among elderly people. Ante and postnatal mental disorders, Offspring of parents with mental disorders, for example with depression and psychosis. Doctor-patient interaction, team work, management, coping with physician's profession.

#### Learning activities and teaching methods:

Lectures from various themes in psychiatry (psychiatric epidemiology, schizophrenia and other psychoses, depression, anxiety disorders, substance use disorder, perinatal mental disorders, psychiatry in health care center, adolescent psychiatry etc). Besides lectures, the education consists mainly of group education, several seminars and also clinical practice which includes following clinical work in psychiatric units and emergency duty. There is the final written examination. Question time and feedback, including questionnaire in Optima. The student has to understand and speak Finnish fluently in order to be able to participate in the course.

#### **Recommended or required reading:**

Lönngvist J, ym (toim.). Psykiatria. Kustannus Oy Duodecim, Helsinki, 2007. Material from lecturers, seminars and group education. Recommended reading also Evidence based treatment (Käypä hoito) -guidelines in psychiatry and adolescent psychiatry (for example www.terveysportti.fi), Legislation, especially Mental Health Act and Decree, Child Welfare Act (www.finlex.fi-ajantasainen lainsäädäntö) and Huttunen MO. Psyykenlääkeopas, Kustannus Oy Duodecim, 2008, Helsinki

#### Grading:

The evaluation scale for the final examination is 0-5 (and in the intranet Optima: pass/fail). The best grading is 5. Person responsible:

Senior lecturer Pirjo Mäki, Psychiatry, Institute of Clinical Medicine

### 040104A: Psychology, 4 - 4,5 op

**Opiskelumuoto:** Basic Studies Laji: Course Vastuuyksikkö: Medicine Arvostelu: 1 - 5, pass, fail Opettajat: Karl-Erik Wahlberg Opintokohteen kielet: Finnish

#### **ECTS Credits:** 4.5 ects Timing: C3 Learning outcomes:

A student learns to see a human comprehensively, from biopsychosocial frame of reference, finds new ways to observe and to influence with psychological methods on patients and their behaviour. Furthermore, an objective is, to help future medical and dental doctor to observe their influence on the behaviour of patients and on operations of health caring system. Finally, a goal is to develop interactional skills of future doctors and to prevent their vicarious traumatisation.

#### **Contents:**

During lectures the following topics will be presented: Biopsychosocial approach, psychoanalytic personality theory, attachment theory, human lifespan, significance of learning theory in changing man's behaviour, basics of system theory, medical and dental doctor as a participant in the mental health care system, different kind of families and their phases of development, well functioning family, roles of family members. Furthermore vicarious traumatisation and exhaustion and how to manage them will be described. Topics of small groups are for instance problem solving therapy, use of hypnosis, traumatic crises, familial and cultural influence on behaviour of a human, clinical neuropsychology and cognitive functions, youth psychology, parenthood and forensic psychology. Learning activities and teaching methods:

Lectures 28 hrs, obligatory small group participation 12 hrs, obligatory seminar participation 20 hrs, peer group participation 10 hrs and self studying.

Target group:

Medical and dental students **Recommended or required reading:** Contents of the lectures and written and oral presentations of the works of small groups. **Assessment methods and criteria:** End of course examination **Grading:** 5-1/fail **Person responsible:** lecturer Karl-Erik Wahlberg

## 040116Y: Public health and interprofessional collaboration, 5 op

Opiskelumuoto: Basic Studies Laji: Course Vastuuyksikkö: Medicine Arvostelu: 1 - 5, pass, fail Opettajat: Taanila, Anja Marjatta

Opintokohteen kielet: Finnish

#### **ECTS Credits:**

5,0 Language of instruction: Finnish Timing: C1

### Learning outcomes:

After the study module students are able to identify the essential challenges of Finnish public health and to describe Finnish health and social welfare systems and national strategies guiding them. In addition students are able to identify the factors that improve doctor-patient relationship and interprofessional collaboration in the work of doctor and dentist.

#### **Contents:**

Public health and sickness and inequality in health, concepts of health and sickness, concepts and means of health promotion, concept of positive health, essential concepts and theories of health sociology, essential features of social and health care systems and their relation to the community, doctor-patient relationship and interprofessional collaboration.

#### Learning activities and teaching methods:

Lectures, demonstrations, e-learning, practical period in health care center (3 days), small group working, participating in student congress and preparing the presentations for the congress. Part of the teaching is carried out in collaboration with the students from Oulu University of Applied Sciences.

#### Target group:

The students from medicine and dentistry and the students from Oulu University of Applied Sciences. **Recommended or required reading:** 

Rekommended literature: Isoherranen K. Moniammatillinen yhteistyö. Porvoo Helsinki : WSOY , 2005. Karisto A, Lahelma E, Rahkonen O (toim.), Terveyssosiologia. 1996. Kumpusalo E, Ahto M, Eskola K, Keinänen-Kiukaanniemi S, Kosunen E, Kunnamo I, Lohi J (toim.): Yleislääketiede, Kustannus Oy Duodecim, Karisto Oy Hämeenlinna 2005, ss. 18-66, 105-115 ja 249-407. Larivaara P. Potilas-lääkärisuhde. Kirjassa: Koskenvuo K (toim.). Lääkärin työ ja laki. Kustannus Oy Duodecim, Helsinki, 2000, s. 78-87. Taipale V, Lehto J, Mäkelä M, Kokko S, Kling T, Viialainen R (toim.): Sosiaali- ja terveydenhuollon perusteet. 4. Painos, WSOY 2001. **Assessment methods and criteria:** 

Participation in the demonstrations, group works, e-learning, practical period in health care center and in student congress, examination.

Grading:

Accepted/fail

#### Person responsible:

Professor Anja Taanila

#### Other information:

Included in the study modules of the Public Health Science and General Practice 1) Prevention of sickness and heath promotion, 2) Interprofessional management and administration, 3)

Clinical examination and treatment, 4) Rehalibition and social care, 5) Researcher's knowledge and skills.

## 080205A: Pulmonary diseases, 3 op

Opiskelumuoto: Intermediate Studies Laji: Course Vastuuyksikkö: Medicine Arvostelu: 1 - 5, pass, fail Opettajat: Maritta Jaakkola Opintokohteen kielet: Finnish

#### **ECTS Credits:**

3 ECTS Language of instruction: Finnish Timing: Year 3, Semesters 5 and 6

Learning outcomes:

After this course the student is able to treat common respiratory diseases. The student has basic knowledge about respiratory diseases, pathophysiology of these diseases and common lung function tests. The student knows how to deal with problems that are not resolved and treated in primary care.

#### **Contents:**

Respiratory medicine and clinical cases. Measurements of lung function, performance of common lung function tests and the assessment of the test results.

#### Learning activities and teaching methods:

1. Lectures 16 h.

- 2. Small group classes 4 h. Attendance is compulsory.
- 3. Practice in outpatient clinic 4 h. Attendance is compulsory.
- 4. Seminars 11 h. Attendance is compulsory.

#### Recommended optional programme components:

Student must have completed preclinical studies and propedeutics of internal medicine.

#### Recommended or required reading:

Kinnula, V.L., Brander, P.E., Tukiainen, P.: Keuhkosairaudet (III uudistettu painos 2005), Kustannus Oy Duodecim. Assessment methods and criteria:

Attendance at compulsory teaching. Exam of respiratory medicine.

#### Grading:

Grading scale in exams is 1-5.

36-40=5, 32-35=4, 28-31=3, 24-27=2, 20-23=1

Exam consists of five short essays. Six points is maximum / essay. Exam is failed if the total points are less than 13 or if one of the essays is worth of 0 points.

#### Person responsible:

Professor Maritta Jaakkola (maritta.jaakkola@oulu.fi)

### 080623A: Radiation physics, biology and safety, 1 op

Voimassaolo: - 01.08.2012 Opiskelumuoto: Intermediate Studies Laji: Course Vastuuyksikkö: Medicine Arvostelu: 1 - 5, pass, fail Opettajat: Koivula, Kalle Antero Opintokohteen kielet: Finnish

ECTS Credits: 1 credits Timing: C3 Learning outcomes: The student knows the inter-

The student knows the interactions of ionizing radiation and the dose response of influence. She or he is familiar with radiation sickness and injuries, with their symptoms and treatment. The student knows the legislation of radiation usage, and how it is possible to be shielded from radiation risks.

#### Contents:

The physical and biological mechanisms related to radiation damage will be approached during course as well as the dose dependence of radiation damage. The legislative and regulatory framework guiding the use of radiation is discussed, and how the practical work of radiation protection it is possible to implement in the radiation work. **Learning activities and teaching methods:** 

Lectures 8 h, exam 2 h **Recommended or required reading:** Lectures, literature in Finnish **Assessment methods and criteria:** Exam on the basis of lectures **Grading:** 1-5 **Other information:** The course is part of the Finnish legal radiation protection education.

## 080802A: Radiology I, 3 op

Voimassaolo: 01.08.2010 -Opiskelumuoto: Intermediate Studies Laji: Course Vastuuyksikkö: Medicine Arvostelu: 1 - 5, pass, fail Opettajat: Tervonen, Osmo Antti Opintokohteen kielet: Finnish

#### **ECTS Credits:**

3.0 Timing: S11, 5rd year Learning outcomes:

Upon completion of the student should be able to understand principles of image interpretation as well as obtain basic image interpretation skills of radiographs. The student should master indications for selected investigations in radiology within general practice's clinical context and understand correct ordering (percipio) and reporting routines.

#### **Contents:**

General introduction to radiology (Techniques), nuclear medicine and radiation protection. Radiology of skeletal system, thorax and viscerae and interventional radiology. Neuroradiology. Learning activities and teaching methods: Tutored film interpretations, demonstrations (Hands-on US practice, radiograph filming, ER-work observance),

#### Recommended or required reading:

self study, written examinations

Soimakallio (Editor): Radiologia or Mettle, FA (Editor): Essentials of Radiology or Brant WE (Editor): Fundamentals of Diagnostic Radiology (voluntary) Mettler, FA (Editor): Essentials of Radiology

#### Grading: Completed written exam is a prerequisite to obtain course credits. Person responsible: Professor Roberto Blanco, Professor Osmo Tervonen, Department of Radiology

## 080622A-02: Radiology II, 3 op

Voimassaolo: 01.08.2005 -Opiskelumuoto: Intermediate Studies Laji: Partial credit Vastuuyksikkö: Medicine

## Arvostelu: 1 - 5, pass, fail Opettajat: Tervonen, Osmo Antti Opintokohteen kielet: Finnish

ECTS Credits: 3.0 Language of instruction: Finnish Timing: S11, 5rd year Learning outcomes: Lucan completion of this second

Upon completion of this second curricular course of radiology, the student should be able to understand principles of image interpretation as well as obtain basic image interpretation skills of radiographs. The student should master indications for selected investigations in radiology within general practices clinical context and understand correct ordering (percipio) and reporting routines in clinical situations.

#### **Contents:**

General introduction to radiology (techniques), nuclear medicine and radiation protection. Radiographic interpretation of skeletal system, thorax and viscerae and interventional radiology. Basics of Neuroradiology, Abdominal radiology, Skeletal radiology, Women's imaging, Pediatric radiology, Thoracic radiology.

### Learning activities and teaching methods:

Tutored film interpretations, demonstrations (Hands-on US practice, radiograph filming, ER-work observance), self study. Lectures.

#### **Recommended or required reading:**

Soimakallio (Editor): Radiologia or Mettle, FA (Editor): Essentials of Radiology or Brant WE (Editor): Fundamentals of Diagnostic Radiology (voluntary) Mettler, FA (Editor): Essentials of Radiology

#### Grading:

Written exam with image interpretation. Evaluation: C11: 0-5 points. **Person responsible:** Professor Roberto Blanco, Professor Osmo Tervonen , Department of Radiology **Other information:** 

Attendance in Film interpretations and demonstrations is complusory and attendace completed before entry to exam is possible. Radiology 1 (Exam) must be passed before entry to Radiology II

## 902006Y: Reading for Academic Purposes, 1,5 op

Voimassaolo: 01.08.1995 -

**Opiskelumuoto:** Language and Communication Studies

Laji: Course

Vastuuyksikkö: Language Centre

Arvostelu: 1 - 5, pass, fail

#### Opintokohteen kielet: English

Leikkaavuudet:

ay902006Y Reading for Academic Purposes (OPEN UNI) 1.5 op

#### Proficiency level:

B2/C1

Status:

This course is compulsory for the students who choose English but are not exempted on the basis of their matriculation exam grade or an exemption exam. An alternative course is 903007Y German.

#### **Required proficiency level:**

Students are expected to have had English as their A1 or A2 language at school or to have acquired equivalent skills.

### **ECTS Credits:**

1,5 credits

#### Timing:

1st year spring term for the students of medicine and dentistry, and 2 <sup>nd</sup> year spring term for wellness technology students.

#### Learning outcomes:

#### Objective: The learning outcomes to be obtained by students include the following skills

- employing appropriate reading strategies (skimming, scanning and strategies of extensive reading) to identify main points, locate information and synthesize knowledge in the academic texts of the student's field of study

- recognizing the discipline and genre -specific conventions of the target texts as manifested in distinctive patterns of text organization, phraseology and word formation

- inferring textual meaning based on an understanding of text organization, cohesive devices, grammatical structures and patterns of word formation

- combining information from various academic sources, creating a synthesis, and summarizing

- critical reading: recognizing the author's communicative purpose and point of view, assessing the validity of textual arguments, recognizing implications, understanding the communicative value of the text

#### Target group:

Students in the degree programs of medicine, dentistry, and wellness technology

#### Recommended or required reading:

Information will be provided at the beginning of the course.

#### Assessment methods and criteria:

The course requirements include active participation in classroom work and completion of home assignments. Alternatively, an end-of-course examination may be offered. The evaluation scale is 1-5.

#### Grading:

The evaluation scale is 1-5.

Person responsible:

Eva Braidwood

### Other information:

Students with the matriculation exam grade laudatur or eximia cum laude approbatur, or who have graduated from an IB -program will be exempted from the course but can participate voluntarily. For the rest of the students **an exemption exam will be offered on December 2nd, 2011 at 9-12 in lecture hall F202.** The exemption exam is voluntary and can be taken only once. Students **sign up for the exam in WebOodi from November 14th - 28th.** The students not exempted in the above ways are required to participate in the course. Students **sign up for the course in WebOodi from February 1st-17th 2012.** Information on the time and place of the classes will be provided in Optima and WebOodi.

## 040415S: Refresh course of resuscitation, 1,5 op

Opiskelumuoto: Advanced Studies Laji: Course Vastuuyksikkö: Medicine Arvostelu: 1 - 5, pass, fail Opettajat: Alahuhta, Seppo Matias Opintokohteen kielet: Finnish

ECTS Credits: 1,0 study points Language of instruction: Finnish Timing: C10 (Fifth year) Learning outcomes: Refresh the skills of resuscitation, understand the principles of resuscitation guidelines and able to use these protocols in practice Contents:

The guidelines for basic life support and advanced life support, theoretical and technical practice

#### Learning activities and teaching methods:

Resuscitation web course of Duodecim, lectures, practising in small groups, simulation, assistant in C1 (first year) basic life support -course

Recommended or required reading:

The guidelines for basic and advanced life support, Duodecim 2006 and ERC guidelines for resuscitation, Resuscitation 2005

#### Assessment methods and criteria:

Taking part into the group teaching events and practice as well as C1 basic life support course as assistant **Grading:** The evaluation scale is pass / fail

Person responsible:

Professor Seppo Alahuhta

Voimassaolo: 01.08.1995 -

Opiskelumuoto: Language and Communication Studies

902007Y: Scientific Communication, 1,5 op

Laji: Course

Vastuuyksikkö: Language Centre

Arvostelu: 1 - 5, pass, fail

Opintokohteen kielet: English

#### Leikkaavuudet:

ay902007Y Scientific Communication (OPEN UNI) 1.5 op

**Proficiency level:** 

B2/C1

Status:

This course is compulsory for the students who have chosen English. An alternative course is 903008Y German. **Required proficiency level:** 

Students are expected to have had English as their A1 or A2 language at school or to have acquired equivalent skills.

ECTS Credits: 1.5 ECTS credits

## Timina:

Students in the degree program of o medicine: 4th year fall term o dentistry: 3rd year spring term o wellness technology: 1st year fall term

#### Learning outcomes:

#### The learning outcomes to be obtained by students include the following skills

- accuracy of pronunciation, word stress and intonation especially in the language used for professional and academic communication in the student's field of study,

- using English fluently and accurately to communicate knowledge and express opinions in a conversation relating to the target field,

- an ability to summarize orally texts on professional and academic topics in the target field,- an ability to give a presentation on a professional or academic topic relating to the student's field of study.

Students with adequate oral skills previously acquired, may choose, as an alternative, **a writing course with learning outcomes including an ability** 

- to write a research article that follows the main discourse conventions of the target field,

- to use grammatical patterns that are stylistically appropriate for the research articles of the target field,
- to use general scientific vocabulary and field specific terminology in an idiomatic way,
- to create field-specific patterns of text structure,
- to develop a systematic argument with supporting detail.

Target group:

Students in the degree programs of medicine, dentistry, and wellness technology

Recommended or required reading:

Information will be provided at the beginning of the course.

Assessment methods and criteria:

Assessment is based on active participation in classroom activities, completion of home assignments and the presentations given/completion of writing assignments.

Grading: The evaluation scale is 1-5. Person responsible: Eva Braidwood Other information: Medical students sign up for the course in WebOodi from August 15th-22nd 2011. Information on the time and place of the classes will be provided in Optima and WebOodi. Wellness technology and dentistry students sign up at their departments.

## 901006Y: Second Official Language (Swedish), 3 op

Voimassaolo: 01.08.1995 -Opiskelumuoto: Language and Communication Studies Laji: Course Vastuuyksikkö: Language Centre Opintokohteen kielet: Swedish

Ei opintojaksokuvauksia.

## 080713A-01: Small group classes, 0 op

Voimassaolo: 01.08.2010 -Opiskelumuoto: Intermediate Studies Laji: Partial credit Vastuuyksikkö: Medicine Arvostelu: 1 - 5, pass, fail Opettajat: Savolainen, Markku Opintokohteen kielet: Finnish

Ei opintojaksokuvauksia.

### 080712A: Surgery I, 16 - 24 op

Voimassaolo: 01.08.2005 -Opiskelumuoto: Intermediate Studies Laji: Course Vastuuyksikkö: Medicine Arvostelu: 1 - 5, pass, fail Opettajat: Juvonen, Tatu Sakari Opintokohteen kielet: Finnish

ECTS Credits: 18 ECTS-credits Language of instruction: Finnish.

Timing: C 5-6 Learning outcomes: After the course the students will be familiar with surgical thinking and be able to work in the first aid clinic, in a surgical operating-room and in a surgical ward. The students will 1) know how to speak to and examine a surgical patient, 2) be able to diagnose surgical diseases, 3) know the basics of surgical care, and 4) be able to utilize the most usual treatment procedures used in the public health centres.

#### Contents:

Theoretical part

The propedeutics in General surgery, Gastroenterological surgery, Urology, Orthopedics and Traumatology and in Thoracic and Vascular surgery.

Practical part

Guided and self-made patient examination and planning of treatment strategy, the group teachings in every surgical speciality, the theme teaching days, the surgical wound care, teaching in operating theatres, teaching in the surgical out-patients clinic and the practice in surgical wards.

#### Learning activities and teaching methods:

Lessons in every surgical speciality, the theme days concerning important surgical topics, the group teachings in surgical wards and policlinics of specific topics, clinical practices in wound care, teaching in the operating theatres, practice and teaching in surgical out-patients clinics, practice at surgical wards.

The practice at surgical wards (both in University hospital and in some Central hospital of the Northern Finland) includes clinical examination of 6 surgical patients and the practice in operating theatres assisting in 3 operative procedures.

#### **Recommended or required reading:**

Roberts, Alhava, Höckerstedt, Kivilaakso: Kirurgia. Kustannus OY Duodecim Helsinki. 1. painos 2004. Rokkanen. Slätis, Alho, Ryöppy, Huittinen: Traumatologia. Kandidaattikustannus. Helsinki. 6. painos Tunturi, Pätiälä, Rokkanen: Kirurgiset pientoimenpiteet. Tampereen Lääketieteellinen Kandidaattiseura. 4. painos Rokkanen, Tervo, Avikainen. Käytännön ortopediaa. 2003.

Nurmi, Lukkarinen, Ruutu, Taari, Tammela: Urologia. Kustannus OY Duodecim. Helsinki. 2002.

#### Assessment methods and criteria:

Taking part into the group teaching events, theme days and practices in surgical wards, intermediate examinations I and II, 6 reports of examinations of surgical patients, assisting in 3 surgical operations, serving three evenings at the surgical emergency room clinic and serving two evenings in surgical operative unit for emergency surgery.

#### Grading:

The final score of surgery is based on final exam. Mid-term exam is accepted if at least 50% of total score is made. Serving as older assistant can raise end marking by 6 points.

#### Person responsible:

Professor Tatu Juvonen and professor Jyrki Mäkelä

#### Other information:

Surgery II (C11-12) and optional courses I and II (C11-12)

## 080712A-04: Surgery II, 6 op

Voimassaolo: 01.08.2005 -Opiskelumuoto: Intermediate Studies Laji: Partial credit Vastuuyksikkö: Medicine Arvostelu: 1 - 5, pass, fail Opettajat: Juvonen, Tatu Sakari Opintokohteen kielet: Finnish

ECTS Credits: 6 study points Language of instruction: Finnish. Timing: C 11-12 (Sixth year) Learning outcomes:

After the course the students will have developed their ability to surgical thinking and are able to diagnose and treat surgical diseases in the areas belonging to the course contets. **Contents:** 

Pediatric surgery, Thoracic and Vascular surgery, Hand surgery and Plastic surgery. Learning activities and teaching methods:

Lessons 40h, group teaching events 2h, theme days 3h.

#### **Recommended or required reading:**

Roberts, Alhava, Höckerstedt, Kivilaakso: Kirurgia. Kustannus OY Duodecim Helsinki. 1. painos 2004. Rokkanen. Slätis, Alho, Ryöppy, Huittinen: Traumatologia. Kandidaattikustannus. Helsinki. 6. painos Tunturi, Pätiälä, Rokkanen: Kirurgiset pientoimenpiteet. Tampereen Lääketieteellinen Kandidaattiseura. 4. painos Rokkanen, Tervo, Avikainen. Käytännön ortopediaa. 2003. Nurmi, Lukkarinen, Ruutu, Taari, Tammela: Urologia. Kustannus OY Duodecim. Helsinki. 2002.

#### Grading:

The end examination of surgery gives the end marking (0-5). The intermediate examinations I and II (0-5) can raise the end marking. Serving as older assistant can raise end marking by 6 points.

#### Person responsible:

Professor Tatu Juvonen and professor Jyrki Mäkelä

### 080723A: Surgical operations-optional course, 1 op

Voimassaolo: 01.08.2008 -Opiskelumuoto: Advanced Studies Laji: Course Vastuuyksikkö: Medicine Arvostelu: 1 - 5, pass, fail Opintokohteen kielet: Finnish

ECTS Credits: One study point Language of instruction: Finnish Timing: C 11-12 (Sixth year) Learning outcomes: The student will be familiar with small surgical procedures, suturing and handling of the tissues. **Contents:** Training of surgical skills in the surgical laboratory Learning activities and teaching methods: Lessons, teaching in the surgical laboratory. Assessment methods and criteria: Personal training. Grading: The evaluation scale is pass/fail Person responsible: Professor Tatu Juvonen and professor Jyrki Mäkelä Other information: 10-20 students

### 080705S: Thesis, 20 op

Opiskelumuoto: Advanced Studies Laji: Course Vastuuyksikkö: Medicine Arvostelu: 1 - 5, pass, fail Opintokohteen kielet: Finnish

Language of instruction: Finnish Learning outcomes:

The thesis in the degree Programmes of Medicine and Dentistry is a scientific work which shows the student's ability to scientific thinking and research. The student gets aquainted with scientific research and is able to

evaluate research publications, the student is cabable of independent and responsible work as part of a scientific community, develops his/her problem solving skills as well as critical and ethical thinking, and increases his/her readiness to scientific comminucation.

#### Contents:

Writing a study plan which includes the research plan. Supervised research and writing a thesis or scientific article (student as a first or second writer). Oral presentation of the research.

## Learning activities and teaching methods:

Independent research work under the supervision of the teacher. Writing a thesis and oral presentation.

#### Assessment methods and criteria:

Accepted study and research plan, accepted thesis or scientific article, oral presentation.

#### Grading:

Pass / fail.

## 080705S-01: Thesis, Study plan, 4 op

**Opiskelumuoto:** Advanced Studies

Laji: Partial credit

Vastuuyksikkö: Medicine

Arvostelu: 1 - 5, pass, fail

Opintokohteen kielet: Finnish

#### **ECTS Credits:**

0 ECTS Credits

#### Learning outcomes:

The student can specify research problems to his/her research, choose the research method and formulate a blueprint for collecting, processing and reporting the matter, and the time scale for the research. Contents:

The student formulates a research plan, in which he/she introduces context of his/her research, research problems, research method and the blueprint for collecting, processing and reporting the matter, and the time scale for the research.

#### Learning activities and teaching methods:

The student establishes with a mentoring teacher a teaching agreement. The agreement form "Tutkielman ohjaussopimus" is found in home page of Faculty of Medicine and in Optima.

#### Assessment methods and criteria:

The student returns the agreement form and the plan for research to office of Faculty of Medicine and copies of them to the mentoring teacher.

#### Grading:

The teacher subscribes the research plan and the teaching agreement form. The accepted plan for research will be registered to completed courses in WebOodi.

#### Other information:

Accepted research plan is one of the requirements to eligibility for 5 <sup>th</sup> year locum post.