



Johan G. Eriksson graduated from medical school in 1986 and defended his doctoral thesis in 1988, focusing upon psychosomatic aspects of coronary artery bypass surgery.

He became professor in General Practice at the University of Helsinki in 2006 and holds specialties in general practice and internal medicine. He is also chief physician at Helsinki University Hospital and Director for the Program of Public Health Research at Folkhälsan Research Centre. He also has an adjunct professorship in experimental endocrinology at University of Helsinki.

He has published over 500 articles in internationally peer-reviewed journals primarily around the pathogenesis of type 2 diabetes, prevention of type 2 diabetes and programming of health and disease. His h-index is 84.

He has initiated the Helsinki Birth Cohort Study and is the PI of that study and he is also the PI of the GDM prevention study RADIEL. The Finnish DPS-study was the first randomized lifestyle intervention study showing that prevention of Type 2 diabetes is possible while the RADIEL study was the first randomized study showing that prevention of GDM by lifestyle intervention is possible. He has been closely involved in both studies.

He works clinically mainly in the field of diabetes and gastric bypass surgery and is the chairperson for the Finnish Diabetes Association's Doctors Board.