

# **Health and Biosciences Doctoral Programme (HBS-DP)**

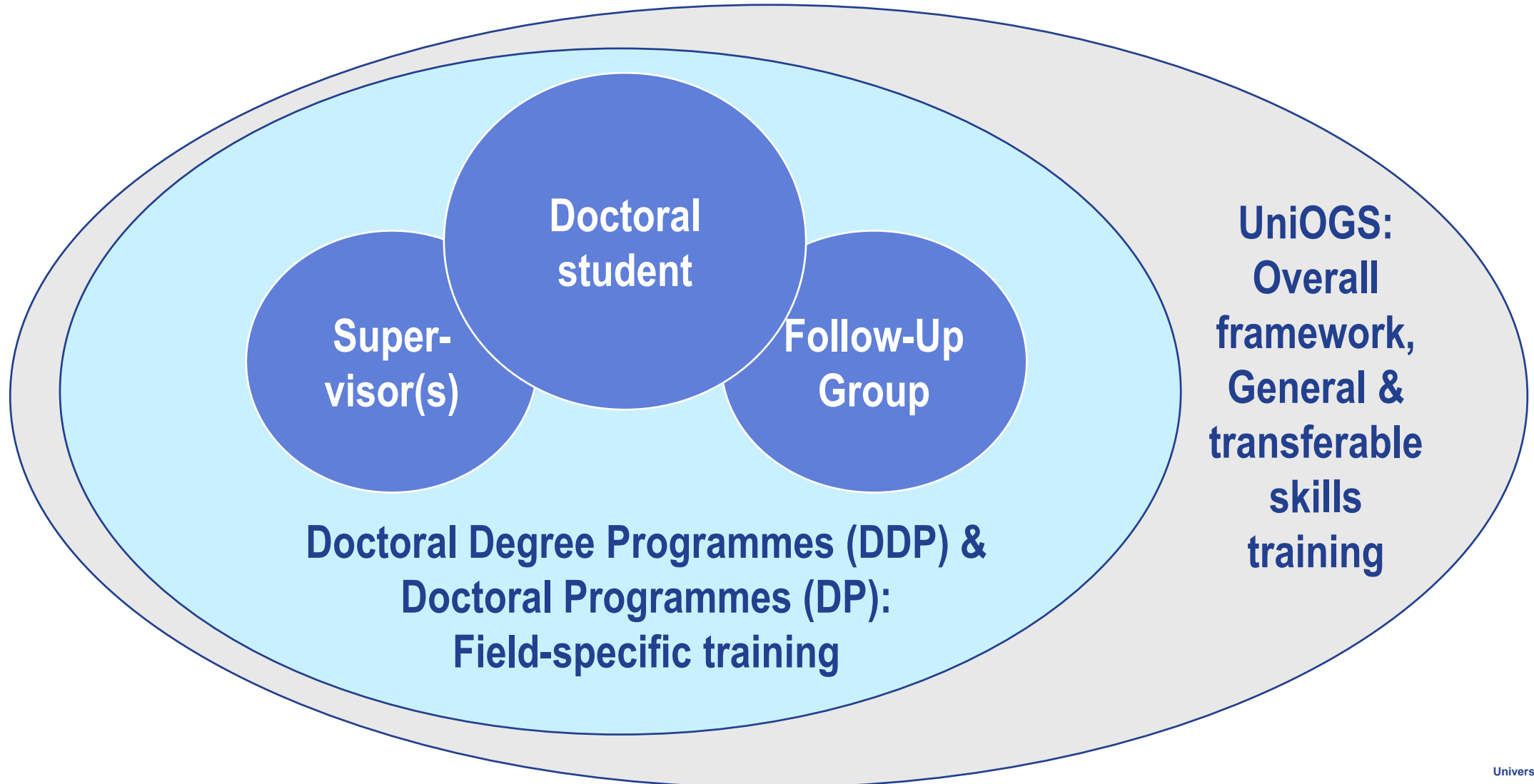
## **Terveys- ja biotieteiden tohtoriohjelma**

Ritva Saastamoinen & Mirja Peltola

27.2.2018 Info & Brainstorming

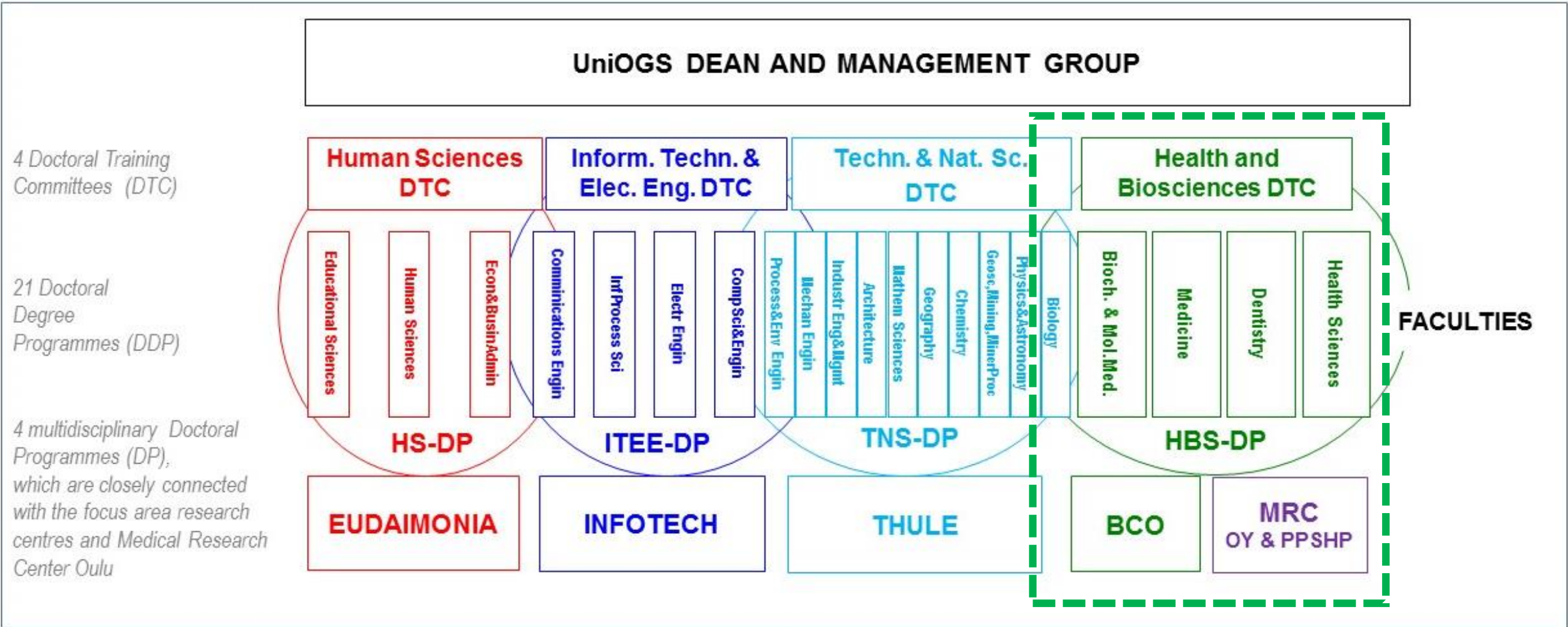


# Key players in doctoral training





# Our playground: Organization of Doctoral Training at UO





# HBS-DP: How to get in?

## Admission to UniOGS:

Opintopolku.fi/Studyinfo.fi online system –  
current call open until April 30

See also: <http://www oulu.fi/uniogs>

## Doctoral Degree Programmes (4 years):

Medicine

Dentistry

Health Sciences

Biochemistry and Molecular Medicine

Biology

+ occasional students from other DDPs

## Doctoral Training Committee for Health and Biosciences (HBS DTC)

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Automatically to Health and Biosciences

Doctoral Programme (HBS-DP)





# HBS players: Responsible people



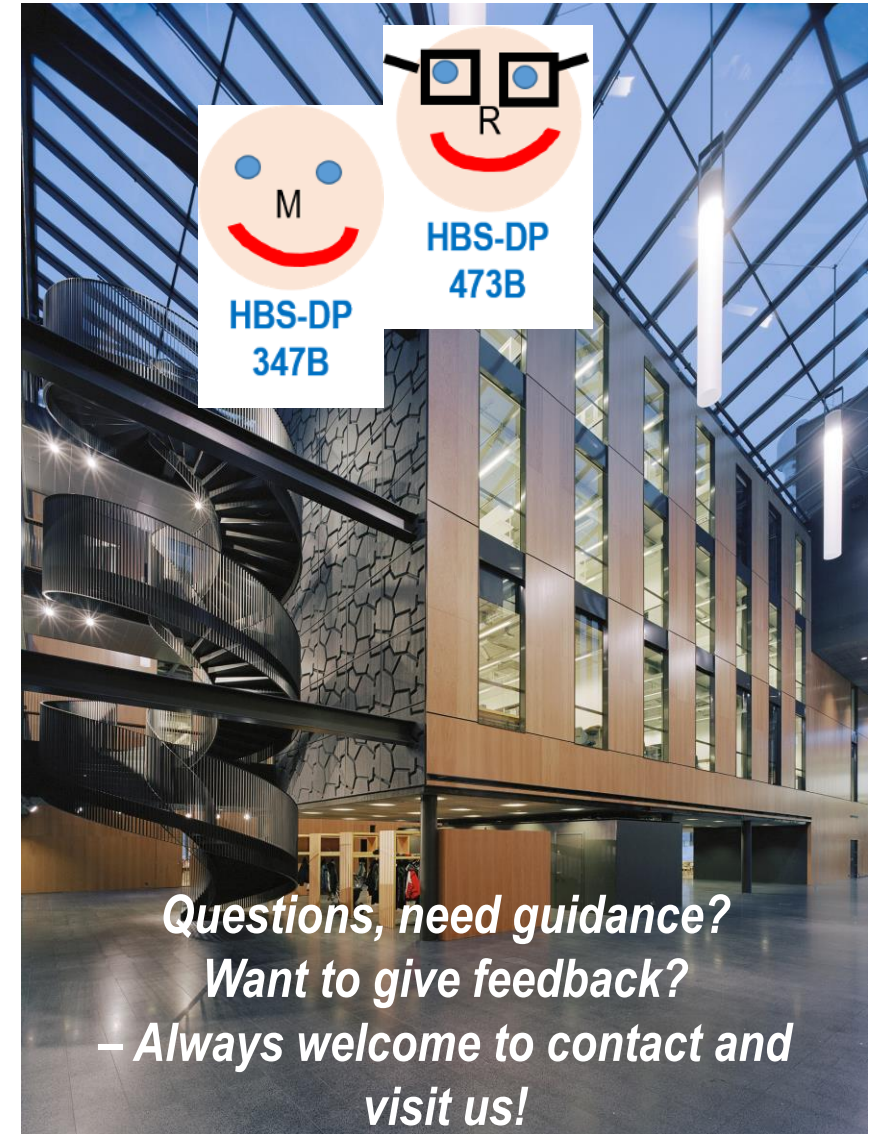
UniOGS Dean	Harri Oinas-Kukkonen	Head of UniOGS
UniOGS Vice-Dean	Jouko Miettunen	General training
HBS-DTC Chair	Seppo Alahuhta (vice-chair Risto Kerkelä)	Leads HBS-DP
Degree Programme Directors:	Petri Lehenkari (MD) & Jouko Miettunen (PhD) Pekka Ylöstalo Thomas Kietzmann Maria Kääriäinen Laura Kvist	Degree requirements, course curriculum, admin
HBS UniOGS coordinator	Anthony Heape	Guidance, general administration
HBS-DP coordinators	Mirja Peltola & Ritva Saastamoinen	First-hand contact, field specific training
Chief of Postgraduate Education (Johtava koulutusasiantuntija)	Titta Koski (Faculty of Medicine, FBMM) (on leave during 15.3. – 31.12.2018; substitute TBA) Katri Suorsa (Faculty of Science)	End processes!



# Where are we: Everyday contacts in HBS-DP

## Doctoral Programme coordinators:

- Mirja Peltola
- Ritva Saastamoinen
- [firstname.lastname@oulu.fi](mailto:firstname.lastname@oulu.fi)





# Doctoral training: **Individually** tailored curriculum

<b>Total number of credits required for most Degree Programmes/ Majors of HBS-DP students: 20 ECTS</b>	
	<ul style="list-style-type: none"><li>➤ General studies: 4 ECTS</li><li>➤ Field-specific studies: 16 ECTS</li></ul>
<b>Obligatory studies</b>	<ul style="list-style-type: none"><li>➤ Introduction to Doctoral Training (1 ECTS, UniOGS)</li><li>➤ Scientific Research and Ethics (2 ECTS, UniOGS)</li><li>➤ Doctoral training plan (3 ECTS, UniOGS) – During year 1</li><li>➤ Research plan seminar (1 ECTS, HBS-DP) – By the end of year 1</li><li>➤ Annual reporting and follow-up group meetings (1 ECTS, UniOGS)</li></ul>
<b>Optional studies, examples – Take advantage as much as possible!</b>	<ul style="list-style-type: none"><li>➤ <b>HBS-DP field-specific training – Calendar of Events!</b></li><li>➤ Oral and poster presentations in conferences</li><li>➤ UniOGS optional studies (transferable skills, entrepreneurial skills!)</li><li>➤ Courses given by other UO DPs or outside of Oulu (e.g. other Finnish Universities, NorDoc, EMBO)</li></ul>



# HBS-DP Training framework



<b>Field specific studies</b>	<b>Practical courses, lecture courses, seminars, symposia, workshops, conferences, other (scientific) events</b>
	<b>Language:</b> Mainly in English, some in Finnish
<b>Collaboration</b>	<b>Local:</b> Faculties; other UO doctoral programmes and organizations; Research Centres: MRC Oulu, Biocenter Oulu
	<b>National:</b> National Graduate School of Clinical Investigation (VKTK) network (Helsinki, Turku, Kuopio, Tampere), FinBionet
	<b>International:</b> NorDoc, Ulm University Germany, ...
<b>Trainings and events are announced in:</b>	<a href="http://www oulu fi/uniogs/dp/hbsd p">http://www oulu fi/uniogs/dp/hbsd p</a>
	Mailing list <a href="mailto:hbsd p@lists oulu fi">hbsd p@lists oulu fi</a> (HBS-DP doctoral students) and other relevant mailing lists + campus ads





# HBS-DP: Upcoming courses/ events, spring 2018

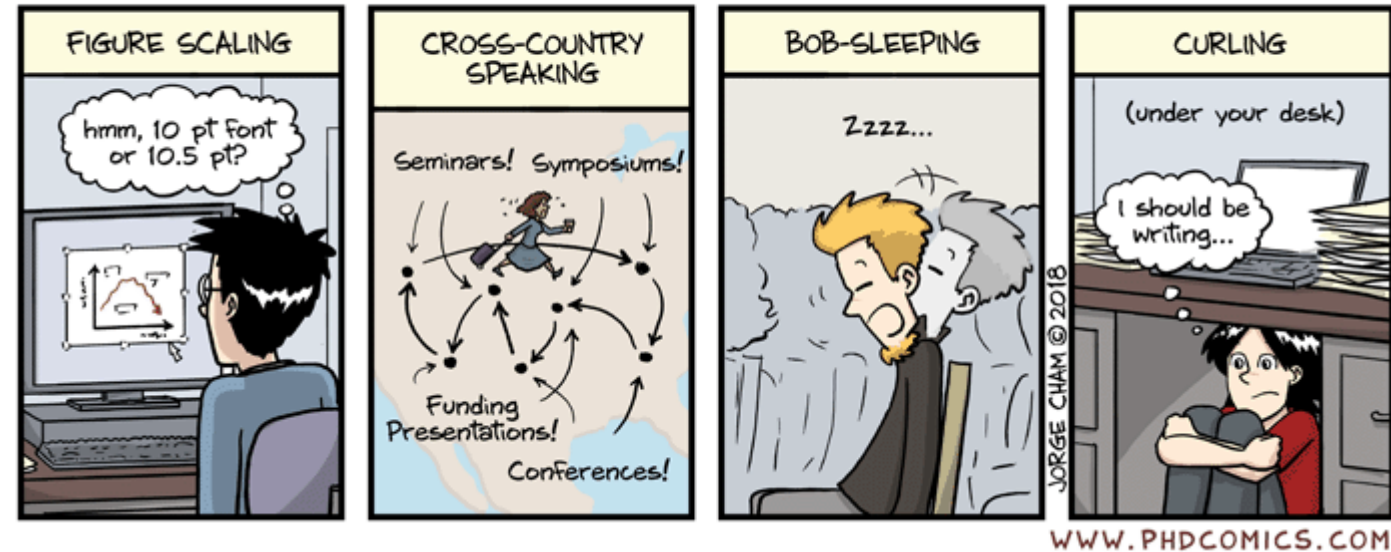
March 2	Oral diseases Symposium
March 15-16	Introduction to Doctoral Training (obligatory UniOGS course)
March 21	Biocenter Oulu Day 2018: Hitchhiker's Guide to Bioinformatics- Navigating Through Big Data
March 26	HBS-DP Research Plan Seminar
April 12	Oulu BioImaging Network OBI Day
April 23	HBS-DP Research Plan Seminar
May 17-18	Advanced SPSS-course (in Finnish). Tilastollisten analyysien jatkokurssi SPSS-ohjelmistolla
May 28	HBS-DP Research Plan Seminar
June 13-15	The 3rd Paula Rantakallio Symposium on Birth Cohorts and Longitudinal Studies
June 15	Symposium of Sudden Cardiac Death and Cardiac Arrhythmias
	<b>+ Others TBA</b>

Follow updates in the Calendar of events <http://www oulu.fi/uniogs/dp/hbsdpcalendar-of-events> , see ads around the campus and read our emails!



# Seminars

## ACADEMIC WINTER OLYMPIC SPORTS



<b>Includes</b>	<b>HBS Guest Seminars</b> (Spring 2018: April-June)
	<b>Research Plan Seminars</b> (monthly)
	<b>Other symposia and events organized by HBS-DP</b> (regular and occasional)
<b>Credits</b>	Sign up for seminar
	Record the attendance on seminars (date, seminar title, duration, place)
	Credits: either as indicated in the course programme, or hour-based 0,5 ECTS / 10 h
<b>When</b>	<b>HBS-DP Calendar of Events</b> , <a href="http://www oulu fi/uniogs/dp/hbsdpcalendar-of-events">http://www oulu fi/uniogs/dp/hbsdpcalendar-of-events</a>
	<b>HBS-DP email list</b> <a href="mailto:hbsdplists oulu fi">hbsdplists oulu fi</a>
<b>Why</b>	<b>Not only for ECTS, but also: networking, updating, innovating, collaboration!</b>



# Research Plan Seminars



<b>Where</b>	HBS-DP research plan seminars
	Group/faculty/research unit meetings or seminars
<b>When</b>	HBS-DP seminars in Spring 2018: <b>Feb 26, March 26, April 23, May 28</b>
<b>Why</b>	<b>Not only because it's obligatory but also: presentation skills, publish your research, comments, networking, collaboration...</b>
<b>How</b>	HBS-DP Research Plan seminars: 1) Presentations preferably in English 2) Supervisors participation 3) Registration: via website (Calendar of events) or email to Mirja



# NorDoc



**Nordic Doctoral Training in Health Sciences Network** (Denmark, Sweden, Norway, Finland, Iceland)

<https://www.nordochealth.net/>

**Open course market:** courses available in the partner organizations

**Annual Nordic PhD Summit:**

– Next: Helsinki, Finland, August 23-24 (Doctorla programme travel support will be available)

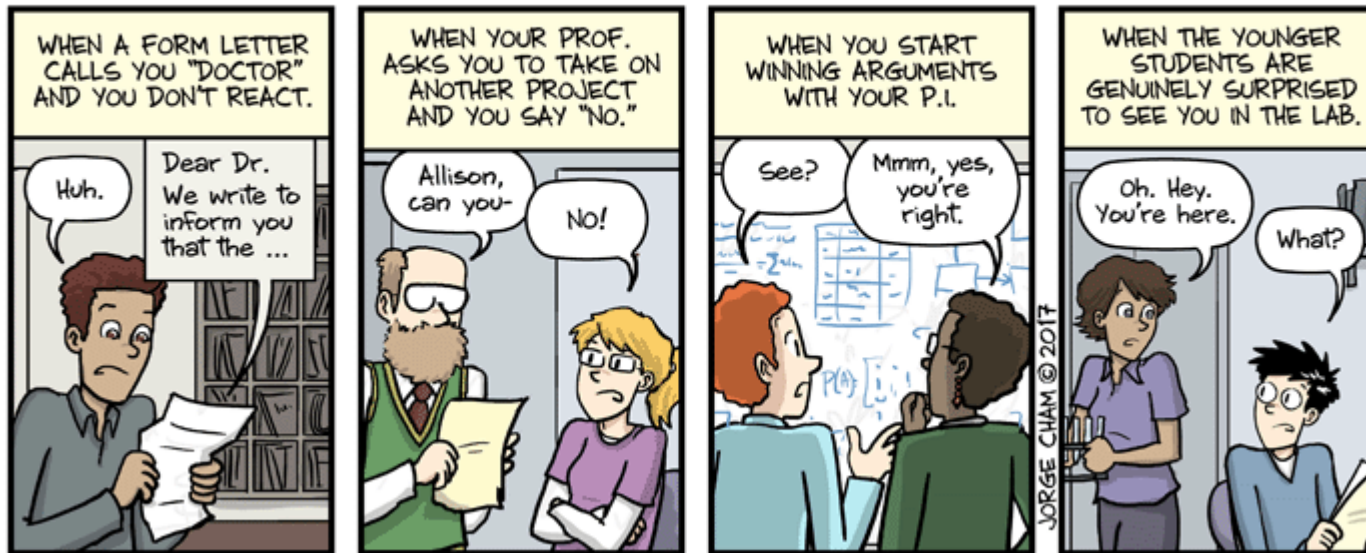
+ Other activities TBA



# Questions? Discussion, Brainstorming for new ideas

What is especially needed that we do not have in our curriculum?  
Do we have something in the curriculum that is not needed?

## SIGNS YOU'RE READY TO GRADUATE

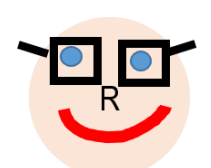


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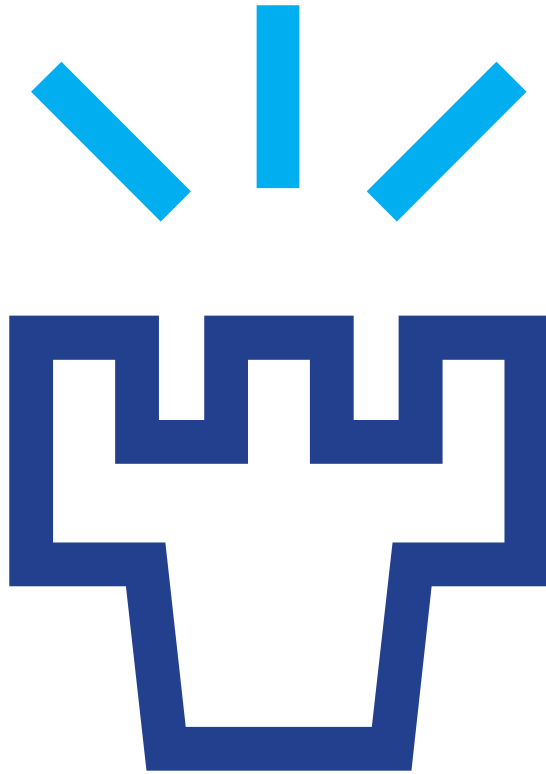
# Thanks!



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