Welcome to Oulu!

Orientation for International Degree Students
Please...

- Switch off your camera – you can use it when talking
- Mute your microphone when you are not talking
- Use the chat for your questions, comments etc.

- We’ll pause for questions during and at the end of the session
- Any polls are anonymous and work best in your computer browser
- Whiteboard works best in your computer browser
- Session will be recorded
- Slides will be shared afterwards on the orientation website: https://www.oulu.fi/en/for-students/new-students-welcome-university-oulu/orientation-international-students
Programme

14.00-15.00 Welcome to Oulu!
- University services (Library, Sport services…)
- The City of Oulu
- Health services and insurance
- Registration (Finnish identity code)

15.00 Introduction to Student Union

15.15 Finnish Language Courses

15.30 PSOAS Housing
University of Oulu

#unioulu #arcticattitude

8 Faculties or Schools

- Science (Fsci)
- Biochemistry and Molecular Medicine (FBMM)
- Medicine (Fmed)
- Business (OBS)
- Technology (FTEch)
- Information Technology and Electrical Engineering (ITEE)
- Education (Fedu)
- Humanities (Fhum)

University of Oulu founded 1958

13,500 Students
3,400 Staff
1,060 Int. Degree Students
352 Exchange Students
City of Oulu

- Oulu has over 200,000 inhabitants
  - The fifth most populous city in Finland
  - Around 30,000 students

- Considered one of Europe's "living labs" (where residents use and explore the new technology)

- Lots of nature attractions nearby (sea, river, lakes)

- Winter sports possibilities (skiing, skating, hiking)

- Exceptionally good biking pathways (more than 600 kilometres!)

- Comprehensive local bus network

- See more info:
  - www.visitoulu.fi
  - www.ouka.fi/oulu/english
Welcome to Oulu

Sept 2, 2021
at 13-17
Mannerheim Park

• Event is organised by Multicultural Centre Villa Victor together with 20 partners

• Local services, freetime activities, etc. presented in English

• Opportunity to participate in a city walking tour in English (free of charge). English group will leave at 16:30. The whole walking tour will take about 2 hours. Departure is from the Tourist Information Stand in Mannerheim Park.

  o Walking tour requires registration at https://www.lyyti.in/Guided_walking_tour_in_Oulu_City...
  o 25 places available for the walking tour
Oulu at Your Service
Online event
Wednesday, 6 October
at 14-16

• Event organised by the City of Oulu, University of Oulu and Oulu University of Applied Sciences

• Get useful tips on
  o Attractions in Oulu
  o Leisure Time Activities in Oulu
  o Tickets for Buses and Culture Events
  o Employment advice
  o Studying Finnish at the Multicultural Centre
  o Ask questions on topics that interest you

• More information will follow later.
• All faculties have their own Academic Affairs service teams. See locations and opening hours: https://www.oulu.fi/en/students/contact-information-students/academic-affairs-service-teams
  -> select your faculty from the "For you" drop down menu

• All study related matters are handled at your own faculty with your tutor teacher, education designer or degree programme representative (and Academic Service Team staff) depending on the case

• Make sure you attend all the infos during the orientation and know who is the person to contact, if you have questions.

• Academic Affairs service team contact emails:
  - study.fbmm@oulu.fi
  - study.education@oulu.fi
  - study.humanities@oulu.fi
  - study.business@oulu.fi
  - study.science@oulu.fi
  - study.medicine@oulu.fi
  - study.itee@oulu.fi
  - study.technology@oulu.fi
• Study Psychologists help University of Oulu and UniOGS students in cases when:
  o you need help with study related problems such as learning or time or stress management
  o Other student advising services (Academic Service team staff, tutor teachers) have not been helpful

• In other than study related issues, please contact the student health care services or City of Oulu services in acute matters.

• Study psychologists' webpage contains a lot of useful self-study material, e.g.:
  o Moodle courses on study skills
  o Webinars on stress control and time management
  o Study tips

• See also: Information on accessibility in studies
University
Services 3/8

ICT Services 1

- ICT Services for students: https://www.oulu.fi/ict/students
- ICT Helpdesk email: helpdesk@oulu.fi
tel. 0294 483 080
- Service hours: Mon-Fri 8-11 and 12-15:45
- Location: room 7D103 (in Oamk premises)
- UniOulu O365 account and email 
  (firstname.lastname@student.oulu.fi)
- User-ID and password
- You should have received your user ID via e-mail and password by SMS in early August. If you have not received these, or are unable to access your UniOulu account, contact ICT-services at helpdesk@oulu.fi
• PanOulu Wireless Network (open network, not secure)

• EduRoam Wireless Network on campus (UniOulu login required)

• Laptop Vendors
  o University students can borrow a laptop for four (4) hours at a time.
  o Laptop Vendors are available on both campuses (Linnanmaa and Kontinkangas).
  o More info (locations, directions for use, etc.): https://www.oulu.fi/ict/vendor

• Printing, scanning, copying
  o https://www.oulu.fi/ict/printing
  o Your printing quota per term is 4 €. You can purchase more quota at https://prints.oulu.fi if necessary.
  o Get a printing sticker from ICT services or a reception servicepoint on campus.
  o Activate your printing sticker according to instructions, sticker is directly connected to your UniOulu account
  o Canon devices around campus can be used for printing, copying and scanning.
Students can purchase a personal campus access card (cost 20 €) that gives access 24/7 to parts of the campus premises (Linnanmaa or Kontinkangas).

Purchase the card at https://shop.oulu.fi

More info about 24/7 Campus and instructions on card purchase at https://www.oulu.fi/ict/24/7

Source: Finland’s official emoji "White Nights"
University Sports offers wellbeing services for the students and staff of University of Oulu, Oamk and other institutions in Oulu.

- Selection of about 90 different disciplines and services.

- In order to access the services, you need a **Sports Pass**.

- Two options to purchase the Sports Pass
  - **Electronic Card** card for your smartphone at University's webstore: [https://shop.oulu.fi/](https://shop.oulu.fi/). (Log in with Oulu University credentials).
  - **Sports Pass sticker** for your Student Card or personal ID card from Student Union Office, University of Oulu in Linnanmaa. (Payment in cash / credit card)

- Many disciplines are available simply with the Sports Pass, some services require an additional fee.

- More info and contact information for the sports coordinators available at [https://www.oulunkorkeakoululiikunta.fi/en](https://www.oulunkorkeakoululiikunta.fi/en)
There are several restaurants and cafes of Juvenes at Linnanmaa campus, as well as Uniresta's restaurant Kastari. At Kontinkangas campus there are Uniresta's restaurant and café Medisiina.

- Restaurants operated by Juvenes
- Restaurant Kastari
- Restaurant Medisiina

- Student priced meals (standard meal 2.70 EUR)

- Getting the student discount requires that you have paid the student union fee

- Menus also on Tuudo

Source: Finland's official emoji "Four seasons of bbq"
Peppi and WebOodi Systems

- Peppi for course catalogues and course information

- WebOodi for:
  - Course registrations (can also be done in Tuudo)
  - Credits and grades
  - Transcripts (a copy ordered through WebOodi is an official, electronically signed transcript)
  - Personal Contact info (remember to check and update your information)

- During the autumn term **Peppi will replace WebOodi** and become the only system to use. More information will be provided as the transition becomes timely.

Source: Finland's official emoji "Four seasons of bbq"
Tuudo Mobile App

• We recommend you start using the app immediately

• Tuudo has information on:
  o Your timetable (courses you have registered for)
  o Possibility to register for courses
  o Received credits and grades
  o Information on upcoming and ongoing courses and exams
  o Location of lecture rooms
  o Information on changed/cancelled lectures
  o Student card
  o Library card
  o Campus restaurant menus
  o Bus timetables

• More information at https://www.oulu.fi/en/students/supporting-your-studies/student-account-and-software/tuudo-mobile-app

Source: Finland's official emoji "Four seasons of bbq"
Student Union Fee and University registration

- Remember to registrate to the university! **Deadline for new Bachelor and Master's students is September 30, 2021.**

- For detailed instructions on how to register as present or absent, please see [https://www.oulu.fi/en/for-students/annual-registration/new-students-study-place-confirmation-and-registration](https://www.oulu.fi/en/for-students/annual-registration/new-students-study-place-confirmation-and-registration)

- Students registering as present are required to pay the **Student Union fee.** For the academic year 2021-2022 the fee is **57€.**

- Different methods for payment are explained at [https://www.oyy.fi/for-students/membership/?lang=en#1541964911278-a86c1c8a-ecca](https://www.oyy.fi/for-students/membership/?lang=en#1541964911278-a86c1c8a-ecca) (kide.app probably the easiest option)

- Remember to send the receipt to your faculty's Academic Affairs service address

- Academic Affairs service team will mark the payment to our student database.

- More information about the Student Union and student benefits later during the orientation

Source: [Finland's official emoji](https://dev.finnish.gov/en/emoji) "Headbanger"
Studying at university 1/2

- Academic freedom: different interpretations
  - to study what you want
  - not to study
  - to attend lectures
  - not to attend lectures

- Voluntary “membership” entails RESPONSIBILITY and ACCOUNTABILITY

- Communication between students, professors and teachers:
  - Informal yet still polite
  - Finns usually do no show a lot of emotions

Source: Finland’s official emoji “Education” (Kuortti 2006)
Studying at university 2/2

- **Forms of work**
  - lecture attendance: ask the teacher
  - group projects: active engagement required
  - labs, seminar work: usually mandatory attendance
  - individual essays or other written work
  - exams

- Always consult the teacher first about the requirements
- In written works **language** and **content** assessed

- **Cheating and plagiarism are not accepted!**
  - Loss of face and credibility
  - Failing the course with no option for re-take

**Code of conduct for the prevention and processing of misconduct in studies at University of Oulu**

(Kuortti 2006)
Our university promotes equality and non-discrimination on all levels.

In Finland, everyone is entitled to be treated equally regardless of their background or gender. Discrimination is a crime.

Bullying and harassment is not tolerated.

Inappropriate behaviour will be punished.

Further information:
- University of Oulu
- Equality.fi, This is Finland
- InfoFinland.fi (Equality, Discrimination)

Source: Finland's official emoji "Gathering together"
Health services for degree students are provided by Finnish Student Health Service (FSHS)

- **Address:** Yliopistokatu 1A, 90570 Oulu
- **Opening hours:** Mon-Thu 8-15, Fri 8-14
- **To make an appointment:** [https://www.yths.fi/en/service-units/oulu-2/](https://www.yths.fi/en/service-units/oulu-2/)

In order to use the FSHS services, you have to pay the health care fee (35.80€/term) to Kela. Fee has to be paid for each term for the duration of your degree studies.

- **Payment instructions on Kela webpage**

Outside FSHS opening hours you can use health care services provided by the public and private sector

- **Make sure that you have a valid health and accident insurance**

Get to know the Finnish health care system and services in Oulu:

- Emergency services
- Covid-19
- Public and private health care

Source: [Finland's official emoji “Woolly socks”](https://www.flickr.com/photos/finnishembassy/53310391614)
In Case of Emergency

- **Emergency services, for immediate help:**
  - Police, ambulance, or fire rescue: **call 112**
  - Free of charge from any phone with no need for an area code.
  - [https://112.fi/en/erc-number](https://112.fi/en/erc-number)

- **Conditions requiring urgent care / outside office hours:**
  - [Oulu University Hospital Emergency Department](https://www.oulu.fi/en/medical-expertise/oulu-university-hospital) is open 24/7
  - Address: Kajaanintie 50, entrance A1
  - Call beforehand, tel. +358 116 117 (24 h)
  - Take along:
    - ID document or passport
    - Private insurance document
    - Enrolment or Study Certificate
    - Cash/bank/credit card

Source: Finland’s official emoji "Stuck"
Covid-19

- Study and follow the safety guidelines:
  - Finnish Institute for Health and Welfare (THL)
  - Oulu Region Covid-19 Coordination Team
  - City of Oulu Covid-19 info
  - University of Oulu corona instructions

- Follow the safety recommendations on campuses concerning face masks, safe distances, hygiene etc. A face mask is recommended on the university premises at least in situations where it is difficult to avoid close contact, and always in contact teaching.

- It is not allowed to enter the campuses if you are ill or suspect coronavirus infection.

- If you have symptoms, turn to the health care of the City of Oulu and get tested. The coronavirus test is free of charge. Call Mon-Thu 8-16, Fri 8-15: City of Oulu coronavirus helpline +358 8 558 41414. Evenings/weekends: Oulu Region Emergency Helpline, tel. +358 116 117.

- Use the Koronavilkku app.

Source: Finland's official emoji "Bus stop"
• International students **staying in Oulu longer than 3 months** can get a suitable vaccination or follow-up vaccination for free, depending on the schedule and order of priority for different vaccination groups.

• Oulu is currently vaccinating people who are 12 years or older.

• Advice and appointment booking on the phone:
  - tel. +358 8 558 41415
  - Mon-Thu 8:00-16:00, Fri 8:00-15:00

• For more information, see:
Finnish Personal Identity Code & Registering Your Stay

- The process includes two phases:
  1. Getting your Finnish Personal Identity Code
  2. Registering you stay in Finland

- The process differs a bit depending if you are an EU, Nordic or third country citizen

- Finnish personal identity code (PIC)
  - The PIC is required for all exchange students staying at least, or longer than, 3 months.
  - The PIC is a means of identification (e.g. at service providers)
  - Your PIC is confidential and sensitive data!
  - For more info at https://dvv.fi/en/personal-identity-code

- Example of an artificial PIC:
  - 151200A906K
    (first part = your birth date, A= 21st century, second part = individual number and possibly a letter)
1. **Finnish Personal Identity Code**  
   **(EU, Liechtenstein and Swiss citizens)**

1. **Make an appointment to the Digital and Population Data Services Agency (DVV) in Oulu.**
   - Book the [appointment online](#) > "EN" > “Selected service: Personal law services > International registrations” > “Service location in Oulu”.
   - Ideally, one (1) student should make a reservation for three (3) students at a time. The student making the reservation should enter the names of all three (3) students in the additional information field. You can also book an individual appointment.

2. **Visit the DVV office on Isokatu 4, 90100 Oulu, 2nd floor**
   - Service hours: Mon - Fri 9.00 - 16.15
   - Visits by appointment only! No walk-ins!

3. **Take with you:**
   - Form "[Registration of personal data](#)" (printed out and filled in. It is also available at the agency!)
   - Your ID or Passport
   - Enrolment or Study Certificate

4. **After you have received your PIC**
   Email your PIC to the Academic Affairs Service Team of your faculty. They will add it to student database.
2. Registering Your Stay  
(EU, EEA & Swiss Citizens)

1. Submit your application for EU registration online at [https://enterfinland.fi/eServices](https://enterfinland.fi/eServices)
   - Handling fee 49€ - can be paid online with a credit card
   - Application should be submitted within 2 weeks of your arrival

2. Make an appointment online to the Migri service point in Oulu

3. Visit the Migri service point in Oulu in person
   - Address: [Tutkijankuja 9](https://migri.fi/en/book-an-appointment), 90590 Oulu (in Google Maps as Tutkijantie 5, 90590 Oulu)
   - Open by appointment: Monday–Wednesday and Friday 8–16.15. Closed on Thursdays.

4. Take with you:
   - National proof of identity or a passport
   - Enrolment certificate from the University of Oulu
   - Means of support or funds for yourself
     (e.g. certificate of Erasmus+ or mobility grant. Migri does not require you to have a specific amount of money, but you must have enough funds to support yourself during the exchange. If needed, Migri will ask you to supplement your application.)
   - Certificate of health insurance (e.g. EHIC card or private health insurance policy/certificate)
1. Finnish Personal Identity Code
2. Registering Your Stay
   (Third Country Citizens, including UK Citizens)

You should have applied and received your residence permit before arriving to Finland. Check to back of your residence permit card, as you may already have a Finnish PIC. Regardless, follow the steps below to complete the registration process.

1. Make an appointment to the Digital and Population Data Services Agency (DVV) in Oulu.
   - Book the appointment online
     > "EN" > “Selected service: Personal law services > International registrations” > “Service location in Oulu”.
   - Ideally, one (1) student should make a reservation for three (3) students at a time. The student making the reservation should enter the names of all three (3) students in the additional information field. You can also book an individual appointment.

2. Visit the DVV office on Isokatu 4, 90100 Oulu, 2nd floor
   - Service hours: Mon - Fri 9.00 - 16.15
   - Visits by appointment only! No walk-ins!

3. Take with you:
   - Form “Registration of personal data” (printed out and filled in. It is also available at the agency!)
   - Your ID or Passport
   - Your Residence Permit Card
   - Enrolment or Study Certificate

4. After you have received your PIC
   Email your PIC to the Academic Affairs Service Team of your faculty. They will add it to student database.
1. Finnish Personal Identity Code
2. Registering Your Stay
(Nordic Citizens)

When moving from one Nordic country to another, you must inform the local registration authority in the destination country of your arrival and present identification (e.g. passport, ID card issued by the police) to the authority. When moving to Finland, this means that you need to personally visit the DVV. Please follow the steps below.

1. Make an appointment to the Digital and Population Data Services Agency (DVV) in Oulu.
   o Book the appointment online > "EN" > “Selected service: Personal law services > International registrations” > “Service location in Oulu”.
   o Ideally, one (1) student should make a reservation for three (3) students at a time. The student making the reservation should enter the names of all three (3) students in the additional information field. You can also book an individual appointment.

2. Visit the DVV office on Isokatu 4, 90100 Oulu, 2nd floor
   o Service hours: Mon - Fri 9.00 - 16.15
   o Visits by appointment only! No walk-ins!

3. Take with you:
   o Form "Registration of personal data" (printed out and filled in. It is also available at the agency!)
   o Your ID or Passport
   o Your Residence Permit Card
   o Enrolment or Study Certificate

4. After you have received your PIC
   Email your PIC to the Academic Affairs Service Team of your faculty. They will add it to student database.
If you need to open a Finnish bank account, please contact the bank of your choice (e.g. Nordea). The banks may have different policies for opening a bank account for international students.

Source: Finland's official emoji "The Handshake"
Groceries, pharmacy

- Most **grocery stores** are open 7 days a week and at least until 9 pm
  - Two well stocked supermarkets close to Linnanmaa campus: K-Supermarket Kaijonharju and Prisma Linnanmaa
  - Closet supermarket to Kontinkangas campus: S-market Kastelli

- Delivery services:
    - mobile app available for both

- Closest **pharmacy** to Linnanmaa campus is at Prisma Linnanmaa and closest to Kontinkangas campus in Kastelli

Source: [Finland’s official emoji “Superfood”](https://openclipart.org/detail/310993/superfood)
Current confidence level -
Do you feel like you will make it in Oulu?
KIITOS!

Do you have questions?