



# Health and Biosciences Doctoral Programme (HBS-DP) Research Camp

**4-5<sup>th</sup> of October 2018, Oulanka Research Station, Kuusamo**  
**Participants: PhD Students, Post-Docs / Senior Researchers**  
**1 ETCS awarded for participating PhD students**

## PROGRAMME

### Thursday, 4<sup>th</sup> of October 2018

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|--------------|---|
| 8.00         | Departure from Aapistie 5A, Main Building of the Kontinkangas campus<br>Light breakfast will be available in the bus during the ride        |
| 12.00        | Arrival at Oulanka Research Station, Kuusamo.   |
| 12.00- 12.50 | Lunch   |
| 13.00- 14.30 | Workshop I; Competence Mapping and Personal development<br><i>(Päivi Lohikoski, CEO, Directora OY)</i>                                      |
| 14.30- 14.45 | Your partner in Research and Diagnostic<br><i>(Katja-Riikka Louhi; Immuno Diagnostic OY)</i>  |
| 14.45- 15.00 | Coffee break  |
| 15.00- 16.00 | Workshop II; Building blocks of your personal brand<br><i>(Päivi Lohikoski, CEO, Directora OY)</i>  |
| 16.00- 16.15 | Solutions for Life Science Research<br><i>(Eveliina Ihalus, AH Diagnostics)</i>   |
| 16.15- 18.30 | Escape time (Outdoor/indoor activities)   |
| 19.00- 20.00 | Dinner  |
| 20.00- 20.30 | Candle light talk; Becoming a researcher in the fields of biomedical sciences<br><i>(Kalervo Hiltunen, Emer. Prof., University of Oulu)</i> |
| 20.30-       | Social hangout (Music, refreshments and snacks)   |

### Friday, 5<sup>th</sup> of October 2018

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|--------------|---|
| 8.00- 8.30   | Breakfast   |
| 8.30- 10.00  | Workshop III; Scientific writing<br><i>(Pekka Belt, Dr (Tech), University of Oulu)</i>                          |
| 10.00- 11.00 | Presentation; Selected advances in human diagnostics<br><i>(Jouko Haapalahti, CEO, Jouzenet Consulting Ltd)</i> |
| 11.00- 11.30 | Presentation; Growing towards becoming a happy academic<br><i>(Kristina Mikkonen, PhD, University of Oulu)</i>  |
| 11.30-12.30  | Lunch   |
| 12.30- 13.00 | Packup  |
| 13.15        | Leaving from Oulanka  |

